



Skills and Qualities of a Chosen Performer.

Research and study a professional dancer, this can be an individual, a dance group i.e diversity or a singer/performer that dances. I would like you to watch videos of them on You Tube, Instagram etc and then write an A4 side on what styles they perform and the physical and performance skills you think they have.

Below is an example of how you could start to begin to structure your work.

Idney De'Almeida

After watching Idney in class and performance it is clear that he is trained and has experience in a number of dance styles including Poppin, Lockin, Breakin, Jazz, Contemporary, Tap but most of all House Dance. House Dance is his specialist style and you can tell this from his fast footwork, groove, and excellent musicality.

The physical skills I think Idney has as a dancer are core strength. He uses this to help with his alignment, shapes, and balance, especially when turning and moving in different directions with the fast footwork. I also think he has

As a performer I think Idney has excellent musicality, energy, emphasis and expression both in his body and face. This is important as a dancer when performing because



Provide a definition for the key physical and interpretive skills stated below, creating a 'dictionary' of key terminology.

Character

Facial and Body expression

Stylistic Qualities

Timing

Musicality

Rhythm

Emphasis

Phrasing

Projection

Control

Fluency

Breathing

Relationships with other performers

Spatial Awareness

Use of space

Posture

Flexibility

Extension

Focus

Movement memory

Strength

Power

Energy

Exaggeration

Confidence

Dynamics

DANCE - Pre Course PRACTICAL task 3

In preparation for studying the Level 3 Foundation Diploma in Dance I would like you create a dance solo based on Boy Blue's Emancipation of Expressionism. This is a piece of repertoire we study at the beginning of the course so it would be useful for you to get a feel and understanding of the dance.

If you click on the below link this will take you to the you tube video. I would like you to watch the whole dance. As you will see there are a different range of dance styles in this piece.

Link -

https://www.youtube.com/watch?v=Gr81kDSlvoE&list=PLgn0Ch-DkHjs8Gd4hvY_Swf9k134UnpBa

OR

Type in Emancipation of Expressionism Boy Blue on you tube and it will come up

Once you have watched it I would like you to click on another link which takes you to the boy blue you tube page. <https://www.youtube.com/user/boyblueent>

Once you are on this page click on technique. This shows you 6 different dance styles. I would like you to choose one and create a 30 sec solo based on the style you choose and this can be to any song. The styles to choose from are Waacking, Hip Hop, Popping, Krump, Breaking and Locking.

Once created can you film yourself and send the video to the P16 email.

It is important you do this as these solos will be used with our version of Emancipation of Expressionism.



