

Instagram Caption For an Ebook

Sacrifice your health or break the bank for organic foods.

It doesn't have to be an Either-Or.

You can start eating healthy today for LESS than £1.

That's cheaper than your cup of coffee!

If you want to integrate nutritious, mouth-watering, budget-friendly meals into your diet,

Click the link in my bio and say GOODBYE to pricey Whole Foods items.