

GMHS Track & Field

2025 Top Performances – Girls

100m Dash

Savannah Trotter	12.99
Kara Johnson	13.08w
Mia DiDonato	13.11w
Monica Evans	13.91w
Kaya Betlinska	14.25
Madison Nash	14.83
Nora Rolon	15.35
Reka Holscher	15.90
Elliana Tran	16.65
Marlo McClellan	16.76

200m Dash

Savannah Trotter	27.05
Kara Johnson	27.79
Mia DiDonato	28.26
Kaya Betlinska	29.29
Karina Day	29.65
Gretchen Reinecke	30.03
Madison Nash	30.34
Monica Evans	30.35
Nora Rolon	32.90
Elliana Tran	36.06

400m Dash

Savannah Trotter	1:01.84
Mya McMillon	1:03.13
Makena McMillon	1:03.22
Kaya Betlinska	1:03.72
Holly Yankovich	1:06.35
Karina Day	1:06.61
Maryn Reed	1:11.37
Bella Surganty	1:13.70
Laura Rogers	1:18.06
Madison Nash	1:18.42
Nora Rolon	1:18.47
Marlo McClellan	1:22.48
Elliana Tran	1:24.08

800m Run

Mya McMillon	2:29.46
Holly Yankovich	2:33.25
Karina Day	2:34.48
Lucy Bell	2:41.03
Alison Barrett	2:51.67
Maryn Reed	3:01.65
Fiona Oliver	3:04.03
Laura Rogers	3:09.63
Sophie Oliver	3:10.23

1600m Run

Mya McMillon	5:38.66
Lucy Bell	5:50.31
Holly Yankovich	5:51.20
Karina Day	6:08.82
Makena McMillon	6:09.7
Bella Surganty	6:29.66
Fiona Oliver	6:30.54
Maryn Reed	6:35.77
Alison Barrett	6:38.14
Madelynn Sellers	7:17.29

3200m Run

Lucy Bell	13:11.53
Holly Yankovich	13:14.62
Fiona Oliver	14:53.4
Ali Barrett	16:11.28

100m Hurdles

Savannah Trotter	20.49
Sophie Oliver	20.89
Maryn Reed	22.28
Maddie Sellers	23.45

300m Hurdles

Savannah Trotter	47.48
Bella Surganty	56.82
Maryn Reed	58.04
Maddie Sellers	1:03.53
Marlo McClelland	1:13.54

4 x 100m Relay

Kara Johnson	52.32
Mia DiDonato	
Nina Betlinska	
Savannah Trotter	
Mia DiDonato	53.86
Savannah Trotter	
Kara Johnson	
Gretchen Reinecke	
Kaya Betlinska	53.94
Kara Johnson	
Mia DiDonato	
Gretchen Reinecke	
Savannah Trotter	54.79
Kara Johnson	
Kaya Betlinska	
Nina Betlinska	

4 x 200m Relay

Savannah Trotter 1:52.14
Mia DiDonato
Kara Johnson
Nina Betlinska

Kaya Betlinska 1:52.36
Mia Di Donato
Karina Day
Kara Johnson

Mia DiDonato 1:55.01
Kara Johnson
Gretchen Reinecke
Nina Betlinska

Savannah Trotter 1:56.12
Kaya Betlinska
Gretchen Reinecke
Nina Betlinska

*****Freshman Record*****

Nora Rolon 2:06.64
Madison Nash
Maryn Reed
Karina Day

Karina Day 2:07.68
Madison Nash
Maddie Sellers
Laura Rogers

4 x 400m Relay

Kaya Betlinska 4:13.65
Mya McMillon
Savannah Trotter
Karina Day

*****Freshman Record*****

Kaya Betlinska 4:18.42
Mya McMillon
Makena McMillon
Karina Day

Kaya Betlinska 4:25.88
Mya McMillon
Holly Yankovich
Makena McMillon

Kara Johnson 4:27.21
Kaya Betlinska
Savannah Trotter
Karina Day

Mya McMillon 4:43.55
Makena McMillon
Madison Nash
Maryn Reed

Mya McMillon 4:48.95
Karina Day
Madison Nash
Maryn Reed

4 x 400 Continued

Maryn Reed 4:52.02
Gretchen Reinecke
Alison Barrett
Riona Oliver

Lucy Bell 5:09.58
Laura Roger
Maddie Sellers
Bella Surganty

4 x 800m Relay

Holly Yankovich 10:09.79
Mya McMillon
Makena McMillon
Karina Day

Holly Yankovich 10:30.38
Mya McMillon
Lucy Bell
Karina Day

*****Freshman Record*****

Maryn Reed 11:03.68
Makena McMillon
Mya McMillon
Karina Day

Bella Surganty 12:04.81
Laura Rogers
Lucy Bell
Maryn Reed

Laura Rogers 12:13.33
Karina Day
Maddie Sellers
Ali Barrett

High Jump

Mia DiDonato	4'8"
Sophie Oliver	4'8"
Nina Betlinska	4'5"
Kaya Betlinska	4'2"
Gretchen Reinecke	3'10"

Shot Put

Sharlet Thomsen	21 5.57"
Reka Holscher	21' 1.5"
Elliana Tran	18' 2"
Laura Rogers	16' 8.5"

Long Jump

Nina Betlinska	12'10.25"
Nora Rolon	10' 2"

Triple Jump

Nina Betlinska	30' 4.5"
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Discus

Reka Holscher	61'
Scarlet Thomsen	57' 07"
Gretchen Reinecke	45'8"
Elliana Tran	34'

Pole Vault

Karina Day	6'0"
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