

CURRICULUM VITAE

REBECCA C. ROBERT, PhD, CPNP-PC
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GENERAL

Office address: The Catholic University of America
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Languages Spoken: English and Spanish

EDUCATION

Pediatric Nurse Practitioner Certificate (post-masters)
The Catholic University of America, Washington, D.C.

Doctor of Philosophy, International Public Health
Social and Behavioral Interventions track
Bloomberg School of Public Health, Johns Hopkins University, Baltimore, MD

Family Nurse Practitioner Certificate (post-masters)
University of California at San Diego, San Diego, CA

Master of Science, Nursing
University of Minnesota, Minneapolis, MN

Bachelor of Science in Nursing
Valparaiso University, Valparaiso, IN

PROFESSIONAL EXPERIENCE

2022- **Associate Professor (with tenure)**, Conway School of Nursing, The Catholic University of America, Washington, DC

2017-2020 **Research Consultant**, Nutrition International, Canada
Formative Research and Behaviour Change Intervention Strategy Support

2017- **Associate Researcher**, Instituto de Investigación Nutricional, Lima, Peru

2015-2022 **Assistant Professor**, Conway School of Nursing, The Catholic University of America, Washington, DC

2014-2016 **Research Consultant**, World Health Organization, Geneva, Switzerland
Development of a field manual of formative research tools to promote healthy growth and prevent stunting

2009-2015	Adjunct Assistant Professor , School of Nursing, The Catholic University of America, Washington, DC
2011-2016	Visiting Investigator , Instituto de Investigación Nutricional, Lima, Peru
2011-2014	Research Consultant , CARE USA and CARE Peru.
2007-2018	Pediatric Nurse Practitioner , Mary's Center for Maternal & Child Care, Washington, DC <ul style="list-style-type: none"> • Primary pediatric care with a majority Latino immigrant population
2005-2009	Lecturer and Clinical Faculty , School of Nursing, The Catholic University of America, Washington, DC
2005-2006	Adjunct Clinical Faculty , College of Nursing and Health Science, George Mason University, Fairfax, VA <ul style="list-style-type: none"> • Undergraduate Course: Community Health Nursing Practicum
2000-2001, 2006-2007	Consultant to World Health Organization , Geneva, Switzerland <ul style="list-style-type: none"> • Development and subsequent follow up/editing of training guide: "Complementary Feeding Counselling: a training course"
2001	Graduate Teaching Assistant , Johns Hopkins University, Bloomberg School of Public Health, Baltimore, MD, 2001 <ul style="list-style-type: none"> • Course: Qualitative Research Methods
1999-2000	Visiting Junior Investigator , Instituto de Investigación Nutricional, Lima, Peru, <ul style="list-style-type: none"> • Co-investigator/site manager of the trial, "Improving child nutrition through a health service and community-based education intervention in Trujillo, Peru"
1996-1999	Family Nurse Practitioner , Greater Baltimore Medical Center, Community & Family Health Center, Baltimore, MD <ul style="list-style-type: none"> • Worked with Latino and African American pediatric and adult populations
1997	Research Intern , Instituto de Investigación Nutricional, Lima, Peru <ul style="list-style-type: none"> • Assisted senior investigators with various projects
1996	Family Nurse Practitioner , Tri-County Community Health Center, Newton Grove, NC <ul style="list-style-type: none"> • Worked with Latino migrant farm workers
1993-1996	Director of Clinic and Village Health Programs , Proyecto Ak'Tenamit (rural NGO), Barra de Lampara, Departamento de Izabál, Guatemala <ul style="list-style-type: none"> • Primary care clinic serving pediatric and adult Q'eqchi' Mayan population • Developed village-based health programs; trained community health workers
1989-1993	Family Nurse Practitioner/Clinical Nurse Specialist/Transplant Coordinator <p>Department of Cardiothoracic Surgery and Heart & Lung Transplantation, University of California at San Diego Medical Center, San Diego, CA</p> <ul style="list-style-type: none"> • Developed/coordinated various aspects of heart and lung transplant program • Provided patient care and trained RNs to care for transplant/cardiac patients

1987-1989	Graduate Research Assistant, University of Minnesota, School of Nursing • Assisted with: Behavioral arm of a multi-site trial of post coronary artery bypass graft patients and pilot study for weight reduction in heart transplant patients
1986-1989	Staff and Mentor RN University of Minnesota Hospital surgical intensive care unit, Minneapolis, MN • Worked with adult cardiothoracic, general and neurological surgery patients
1983-1986	Staff, Charge, and Mentor RN Rochester Methodist Hospital, Rochester, MN • Worked with adult general surgery patients

RESEARCH SUPPORT

Current

2023-	George Mason University Internal mechanism: ORIEI Multidisciplinary Research Seed Funding Opportunity, “Influence of internalized racism on maternal mental health and infant health outcomes in Washington, DC” (Co-Investigator/Consultant) PIs: Dr. Amira Roess, Dr. Jennifer R. Warren (preferred, Akila-Ka Ma’at) (\$99,992)
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Completed Research Support

2018-22	George Washington University Pilot Grants, Redstone Global Center for Prevention & Wellness, “Effect of exclusive breastfeeding on the nasal and gut microbiome in minority infants in Washington DC” (Co-Investigator/Consultant) PIs: Dr. Amira Roess, Dr. Cindy Liu (\$69,640)
2019-20	Sigma Small Grants, “Quantifying responsive feeding of infants and young children: An analysis from three countries: Peru, Nicaragua and Indonesia” (Principal Investigator) (\$5000)
2017-20	Nutrition International, “Formative Research for the ENRICH project” (to develop behaviour change intervention strategies in Tanzania, Kenya, Pakistan and Bangladesh) (Lead Research Consultant) (\$91,403)
2016-18	George Washington University Pilot Grants, Redstone Global Center for Prevention & Wellness, “Improving breastfeeding outcomes with mhealth peer-counseling interventions” (Co-Investigator/Consultant) PI: Dr. Amira Roess (\$31,911)
2016-17	Grant-in-Aid, The Catholic University of America, “The Association of Household and Child Dietary Diversity in Three countries: Peru, Sierra Leone and Bangladesh” (Principal Investigator) (\$4,900)
2013	CARE, USA, “Final Evaluation of the Window of Opportunity program in Peru” (Principal Investigator) for mixed-methods evaluation. (\$41,500)

2011-2014	CARE, USA, “Design and quality Control of the CARE Window of Opportunity Program Final Evaluation (Nicaragua, Indonesia, Sierra Leone, Bangladesh, Peru)” (Co-Investigator) PI: Dr. Hilary Creed-Kanashiro. (\$237,380)
2011-2012	CARE, USA, “Final evaluation of Window of Opportunity program Nicaragua: Assessment of design and performance” for the qualitative component of the evaluation (Co-Investigator) PI: Dr. Hilary Creed-Kanashiro. (\$14,824)
1999- 2001	Johns Hopkins Family Health and Child Survival Cooperative Agreement-USAID. “Process evaluation of a health center-delivered, nutrition education intervention to improve infant feeding in Trujillo, Peru” (Principal Investigator) \$26,000)

PUBLICATIONS: Peer Reviewed Journals

(underline denotes student)

1. Roess, A.A. & **Robert, R.C.** (2025). Differences in breastfeeding rates among African Americans, Black immigrants and Black Hispanics compared to other race/ethnicity groups for infants born between 2011-2022, United States. *American Journal of Public Health*, e1-e4. <https://doi.org/10.2105/AJPH.2025.308242>
2. Albashir, S.M., **Robert, R.C.**, Jairath, N.N., Raub, C.B., Mohammed, S., & Alzumai, O.A. (2025). The Rapid Shallow Breathing Index as a Predictor for Extubation Success in Medical and Surgical ICU Patients: A Retrospective Cohort Study. *Heart & Lung*, 70, 321-328. doi: 10.1016/j.hrtlng.2025.01.007
3. Johnson, J.E., Goodman, P., & **Robert, R.C.** (2024). Indicators of rigor in dissertation research. *Journal of Professional Nursing*, 55, 57-64. <https://doi.org/10.1016/j.profnurs.2024.07.011>
4. **Robert, R.C.***, Roess, A.A.* Kuehn, D., & Vinjamuri, S. (2024). Baby-Friendly hospitals, social determinants of health and disparities in breastfeeding initiation in a low-income population, 2017-2020. *Journal of Human Lactation*. <https://doi.org/10.1177/0890334424127430> *co-first authors
5. **Robert, R.C.**, Moody, N., Woody, E., Kuehn, D., Thompson, P., & Roess, A.A. (2024). Enrollment and use of a peer counselor mHealth texting program to support breastfeeding in low-income women: A pilot study in the District of Columbia. *Public Health Nursing*. <https://doi.org/10.1111/phn.13316>
6. Roess, A.A.* **Robert, R.C.***, Kuehn, D., Andrews, C.F., & Vinjamuri, S. (2024). The Impact of COVID-19 on Breastfeeding Initiation and Duration in a Low-income Population. *Breastfeeding Medicine*, 19(2), 120-128. <https://doi.org/10.1089/bfm.2023.0223> *co-first authors
7. **Robert, R.C.**, Penny, M.E., Barbagelatta, G., & Gainer, S.A. (2023). Feeding homemade sugar sweetened beverages in addition to breastfeeding: Survey results from caregivers of infants and young children in peri-urban Lima, Peru, *Maternal and Child Health Journal*. <https://doi.org/10.1007/s10995-023-03668-7>

8. **Gehring, J. & Robert, R.C.** (2023). Predictors of missed school days and military connected families: a feasibility study. *Journal of the American Association of Nurse Practitioners*, 35(1), 32-40. <https://doi:10.1097/JXX.0000000000000783>
9. **Robert, R.C. & Feijoo, B.L.** (2022). Beneficiary and local stakeholder participation in community-based nutrition interventions. *Current Developments in Nutrition*, 6(9), nzac131. <https://doi.org/10.1093/cdn/nzac131>
10. Roess, A., **Robert, R.C.**, Kuehn, D., Ume, N., Ericson, B., Woody, E., Vinjamuri, S., & Thompson, P. (2022). Disparities in breastfeeding initiation among African American and Black immigrant WIC recipients in the District of Columbia, 2007-2019. *American Journal of Public Health*, 112(4), 671-674. <https://doi.org/10.2105/AJPH.2021.306652>
11. **Schindler-Ruwisch, J.***, Roess, A.* & **Robert, R.C.***, Kuehn, D., Woody, E., Vinjamuri, S., & Thompson, P. (2021). Smoking and Race Associated with Decreased Breastfeeding Initiation and Duration among a Low-Income Population. *Breastfeeding Medicine*, 16(11), 878-885. doi: 10.1089/bfm.2021.0136 *co-first authors
12. **Robert, R.C.**, Creed-Kanashiro, H.M., Bartolini, R., & Verney Sward, A. (2020). Using formative research to design context-specific animal source food and multiple micronutrient powder interventions to improve the consumption of micronutrients by infants and young children in Tanzania, Kenya, Bangladesh and Pakistan. *Maternal & Child Nutrition*, 17(2), e13084. doi.org/10.1111/mcn.13084
13. Goodman, P., **Robert, R.C.** & Johnson, J.E. (2020). Rigor in PhD Dissertation Research. *Nursing Forum*, 55(4), 611-620. doi.org/10.1111/nuf.12477
14. **Camp, N.L.**, **Robert, R.C.**, & Kelly, K.P. (2020). Healthy Habits Questionnaire Feasibility and Utility for High-Risk Children. *Clinical Pediatrics*, 59(11), 978-987. doi.org/10.1177/0009922820927030
15. **Schindler-Ruwisch, J.**, Roess, A., **Robert, R.C.**, Napolitano, M.A. (2020). Limitations of Workplace Lactation Support: The Case for DC WIC Recipients. *Journal of Human Lactation*, 36(1), 59-63. doi.org/10.1177/0890334419887369.
16. **Schindler-Ruwisch, J.**, Roess, A., **Robert, R.C.**, Napolitano, M.A., Woody, E., Thompson, P. & Ilakkuvan, V. (2019). Determinants of Breastfeeding Initiation and Duration Among African American DC WIC Recipients: Perspectives of Recent Mothers. *Women's Health Issues*, 29(6), 513-521. doi.org/10.1016/j.whi.2019.07.003
17. Camp, N.L., **Robert, R.C.**, Dawes, C.S., & Kelly, K.P. (2019) Identification of Overweight and Obesity in Low-Income Minority Children by Pediatric Providers and Child Characteristics Associated with Under-Recognition. *Journal of Pediatric Health Care*, 33(2): 162-168. doi.org/10.1016/j.pedhc.2018.07.007
18. **Schindler-Ruwisch, J.**, Roess, A., **Robert, R.C.**, Napolitano, M.A., & Chiang, S. (2018). Social support for breastfeeding in the era of mhealth: A content analysis. *Journal of Human Lactation*, 34(3), 543-555. doi.10.1177/0890334418773302
19. **Camp, N.**, **Robert, R.C.**, Kelly, K. Dawes, C., Nash, J., & Lichtenstein, K. (2017). Modifying provider practice to improve assessment of unhealthy weight and lifestyle in

young children: translating evidence in a quality improvement initiative for at-risk children. *Childhood Obesity*, 13(3), 173-181. doi.10.1089/chi.2016.0124.

20. **Robert, R.C.**, Creed-Kanashiro, H., Villasante, R., Narro, M.R., & Penny, M.E. (2017). Strengthening health services to deliver nutrition education to promote complementary feeding and healthy growth of infants and young children: Formative research for a successful intervention in peri-urban Trujillo, Peru. *Maternal and Child Nutrition*, 13(2), e12264. doi. 10.1111/mcn.12264.
21. Lutter, C., Iannotti L., Guyon, A., Daelmans, B, Creed-Kanashiro, H., **Robert, R.**, & Haider, R. (2013). Key principles to improve programmes and interventions in complementary feeding. *Maternal and Child Nutrition*, 9(Suppl 2), 101-115. doi.10.1111/mcn.12087
22. **Robert, R.C.**, Gittelsohn, J., Creed-Kanashiro, H.M., Penny, M.E., Caulfield, L.E., Narro, M.R., Steckler, A., & Black, R.E. (2007). Implementation examined in a health center-delivered, educational intervention that improved infant growth in Trujillo, Peru: Successes and challenges. *Health Education Research*, 22(3), 318-331. doi.10.1093/her/cyl078
23. Waters, H.R., Penny, M.E., Creed-Kanashiro, H.M., **Robert, R.C.**, Narro, R., Willis, J., Caulfield, L.E., & Black, R.E. (2006). The cost-effectiveness of a child nutrition education program in Peru. *Health Policy and Planning*, 21(4), 257-264. doi: 10.1093/heapol/czl010
24. **Robert, R.C.**, Gittelsohn, J., Creed-Kanashiro, H.M., Penny, M.E., Caulfield, L.E., Narro, M.R., & Black, R.E. (2006). Process evaluation determines the pathway to success for a health center-delivered, nutrition education intervention for infants in Trujillo, Peru. *The Journal of Nutrition*, 136(3), 634-641. doi.10.1093/jn/136.3.634
25. Penny, M.E., Creed-Kanashiro, H.M., **Robert R.C.**, Narro, R., Caulfield, L.E., & Black, R.E. (2005). Effectiveness of an educational intervention to improve young child nutrition: A cluster-randomised controlled trial. *The Lancet*, 365(9474), 1863-72. doi.10.1016/S0140-6736(05)66426-4
26. Creed-Kanashiro, H.M., Bartolini, R.M., Fukmoto, M.N., Uribe, T.G, **Robert, R.C.**, & Bentley, M.E. (2003). Formative research to develop a nutrition education intervention to improve dietary iron intake among women and adolescent girls through community kitchens in Lima, Peru. *The Journal of Nutrition*, 133, 3987S-3991S. doi.10.1093/jn/133.11.3987S
27. Kriett, J., Smith, C., Hayden, A., **Robert, R.**, Parthasarathy, R., Tarazi, R., & Jamieson, S. (1993). Lung transplantation without the use of anti-lymphocyte antibody preparations. *The Journal of Heart and Lung Transplantation*, 11(4):20-22.
28. Hayden, A., **Robert, R.**, Kriett, J., Smith, C., Nicholson, K. & Jamieson, S. (1993). Primary diagnosis predicts prognosis of lung transplant candidates. *Transplantation*, 55(5):1048-1050.
29. Lindquist, R., **Robert, R.** and Treat, D. (1990). Bridging the gap between research and practice via a clinical journal club. *Focus on Critical Care*, 17(5): 402-406.

ABSTRACTS

1. **Robert, R.** Creed-Kanashiro, H., Marin, M. & Penny, M. (2021). Responsive Feeding Is Associated With Minimum Dietary Diversity in Rural Areas of Peru, Nicaragua and Indonesia. *Current Developments in Nutrition* 5 (Supplement_2), 682. doi: [10.1093/cdn/nzab045_064](https://doi.org/10.1093/cdn/nzab045_064)
2. **Robert, R.C.**, Creed-Kanashiro, H.M., Marin, M., & Penny, M.E. (2021). The Association of Child Self-feeding, a Dimension of Responsive Feeding, and Diarrheal Morbidity in Children 6-23 months in Rural Areas of Peru, Nicaragua and Indonesia. ENRS Supplemental Journal for Conference Abstracts. *Nursing Research*. 70(3), E29-E151. doi: [10.1097/NNR.0000000000000507](https://doi.org/10.1097/NNR.0000000000000507)
3. **Robert, R.C.**, Creed-Kanashiro, H.M., Bartolini, R., Kakoko, D., Lucas, L., & Verney Sward, A. (2019). Identifying eggs and small fish as priority foods in rural Tanzania for pregnant and lactating women, infants and young children: Formative research for the ENRICH project. *Current Developments in Nutrition*, 3(Supplement 1) nzz034.P10-144-19. doi.org/10.1093/cdn/nzz034.P10-144-19.
4. **Robert, R.C.**, Creed-Kanashiro, H.M., Penny, M.E., Marin, M., & Cottrell. B. (2017). Dietary Diversity of Children 6–23 months Is Limited by Age Related Complementary Feeding Practices as well as Household Dietary Diversity in Peru, Bangladesh and Sierra Leone *FASEB Journal*, 31, lb454.
5. Creed-Kanashiro, H. M., Penny, M. E., **Robert, R.C.**, Narro, R., Villasante, R., & Black, R. E. (2001, March). Feeding style messages in nutrition counseling in Trujillo, Peru. *FASEB Journal*, 15(4), A255-A255.
6. Penny, M. E., Creed-Kanashiro, H. M., **Robert, R.C.**, Narro, R., Montoya, V., Caulfield, L., & Black, R. E. (2002, March). Dietary iron sources in small children in Trujillo, Peru. *FASEB Journal*, 16(5), A1028-A1028.

BOOK CHAPTERS

1. **Robert, R.C.** & Marsden, J. Eye trauma. Barnes, K. *Paediatrics A Clinical Guide for Nurse Practitioners*: Butterworth Heinemann, 2003; pp.90-95.

PUBLISHED REPORTS

1. **Robert, R.C.**, Creed-Kanashiro, H., Marin, M. *Quantifying Responsive Feeding of Infants and Young Children: An Analysis from Three Countries: Peru, Nicaragua and Indonesia*. Final grant report for the Sigma Theta Tau International Foundation Nursing Repository, 2020. <http://hdl.handle.net/10755/20988>

2. Nutrition International. (2020). Maternal, Infant, and Young Child Nutrition in Tanzania: Formative research summary report. (for the Enhancing Nutrition Services to Improve Maternal and Child Health (ENRICH) project)

<https://www.nutritionintl.org/learning-resource/maternal-infant-and-young-child-nutrition-in-tanzania-formative-research-summary-report/>

(Robert, R.C., Bartolini, R.M., & Creed-Kanashiro, H.M. as Research Consultants wrote the report)

3. Nutrition International. (2020). Maternal, Infant, and Young Child Nutrition in Kenya: Formative research summary report. (for the Enhancing Nutrition Services to Improve Maternal and Child Health (ENRICH) project)

<https://www.nutritionintl.org/learning-resource/maternal-infant-and-young-child-nutrition-in-kenya-formative-research-summary-report/>

((Robert, R.C., Bartolini, R.M., & Creed-Kanashiro, H.M. as Research Consultants wrote the report)

4. Nutrition International. (2020). Maternal, Infant, and Young Child Nutrition in Bangladesh: Formative research summary report. (for the Enhancing Nutrition Services to Improve Maternal and Child Health (ENRICH) project)

<https://www.nutritionintl.org/learning-resource/maternal-infant-and-young-child-nutrition-in-bangladesh-formative-research-summary-report/>

(Robert, R.C., Bartolini, R.M., & Creed-Kanashiro, H.M. as Research Consultants wrote the report)

5. Nutrition International. (2020). Maternal, Infant, and Young Child Nutrition in Pakistan: Formative research summary report. (for the Enhancing Nutrition Services to Improve Maternal and Child Health (ENRICH) project)

<https://www.nutritionintl.org/learning-resource/maternal-infant-and-young-child-nutrition-in-pakistan-formative-research-summary-report/>

(Robert, R.C., Bartolini, R.M., & Creed-Kanashiro, H.M. as Research Consultants wrote the report)

6. Creed-Kanashiro H, Penny M, **Robert R**; Narro R, Villasante R. Mensajes en la Consejería Nutricional, qué y cómo dar de comer al niño: EESS en Trujillo, Perú. Congreso Virtual, PRISMA, Lima, 2001.

MANUALS

1. **R. Robert**, H Creed-Kanashiro, 2016. Formative Research to Promote Healthy Growth and Prevent Stunting: A Field Manual of Formative Research Tools. Prepared for WHO, Geneva, as part of the Healthy Growth Project, WHO.

2. World Health Organization. Complementary Feeding Counselling a training course (Trainer's Guide, Participant's Manual, Course Director's Guide and Overheads). 2004. Geneva: WHO.

https://apps.who.int/iris/handle/10665/42996?search-result=true&query=Complementary+Feeding+Counselling+a+training+course¤t-scope=10665%2F8&rpp=10&sort_by=score&order=desc

(Creed-Kanashiro H. & Robert, R. were consultants from the Instituto de Investigación Nutricional involved in development of the training course).

SCHOLARLY PRESENTATIONS

International and National

1. Robert, R.C., Long, S., Park, D.E., Horn, C., Liu, C.M., Larios Flores, J., Richards E., Nash, J., & Roess, A.A. *Infant feeding and development of the gut microbiome: A pilot study of low-income African American infants during the first four months of life*. Poster presentation. Council for the Advancement of Nursing Science (CANS), Virtual Advanced Methods Conference “Biosocial Methods to Advance Health Equity,” September 13, 2023.
2. Robert, R.C., Roess, A., Kuehn, D., Woody, E., Vinjamuri, S., & Thompson, P. *Baby-friendly hospitals, sociodemographic factors and breastfeeding initiation in District of Columbia WIC recipients 2017-2020*. Oral presentation. Council for the Advancement of Nursing Science (CANS), State of the Science Congress on Nursing Research in Washington DC, September 15-17, 2022.
3. Robert, R.C., Creed-Kanashiro, H.M. Marquis, G., Verney Sward, A. Bartolini, R. *“La diversidad cultural en la investigación en nutrición: aprendizajes compartidos”* (“Cultural diversity in nutrition research: shared learning”). Webinar Internacional. Instituto de Investigacion Nutritional, Lima, Peru, October 2021.
4. Robert, R.C., Roess, A., Kuehn, D., Woody, E., Vinjamuri, S., & Thompson, P. *Breastfeeding initiation in District of Columbia WIC recipients by race/ethnicity categories 2007-2019 and achievement of Healthy People targets*. Poster presentation. Council for the Advancement of Nursing Science (CANS) Virtual Advanced Methods Conference “Inclusion by Design: Methods and approaches Advancing Diversity, Equity, Inclusivity, and Accessibility in Nursing Research”, October 2021.
5. Robert, R.C., Creed-Kanashiro, H.M. Marin, M., & Penny, M.E. *Responsive feeding is associated with minimum dietary diversity in rural areas of Peru, Nicaragua and Indonesia*. Poster presentation. American Society of Nutrition annual conference (virtual), June, 2021.
6. Creed-Kanashiro, H. & Robert, R. *Avances en alimentación responsiva. [Advances in responsive feeding]*. Lineamientos y Politicas en Alimentacion Infantil. Webinar Internacional. Instituto de Investigacion Nutritional, Lima, Peru, May 2021.
7. Robert, R.C. & Roess, A. *National trends for early initiation of breastfeeding and cesarean births in Sub-Saharan African countries*. Oral presentation. Sigma International Biennium Conference, Washington, D.C., November, 2019.
8. Robert, R.C., Creed-Kanashiro, Bartolini, R., Kakoko, D., Lucas, L., & Verney Sward, A. *Identifying eggs and small fish as priority foods in rural Tanzania for pregnant and lactating women, infants and young children: Formative research for the ENRICH project*. Poster presentation. American Society of Nutrition annual conference, Baltimore, MD, June, 2019.
9. Schindler-Ruwisch, J., Roess, A., Robert, R., Napolitano, M., Woody, E., Thompson, P., & Ilakkuvan, V. *Determinants of breastfeeding initiation & duration among African American DC WIC recipients: Perspectives of recent mothers*. Poster presentation. Society of Behavioral Medicine Annual Meeting and Scientific Sessions, Washington D.C., March, 2019.
10. Camp, N., Robert, R.C., Dawes, C., & Kelly, K. *Identification of overweight and obesity*

in low-income minority children by pediatric providers and child characteristics associated with under-recognition. Poster presentation. NAPNAP conference, New Orleans, LA, March, 2019

11. Robert, R.C., Creed-Kanashiro, Bartolini, R., Verney Sward, A. *Development of a formative research protocol to investigate maternal and child nutrition across rural areas of Kenya, Tanzania, Pakistan and Bangladesh: The ENRICH project.* Poster presentation. American Society of Nutrition annual conference, Boston, MA, June, 2018.
12. Robert, R.C., Creed-Kanashiro, H.M., Penny, M.E., Marin, M., & Cottrell, B. *Dietary diversity of children 6–23 months is limited by age related complementary feeding practices as well as household dietary diversity in Peru, Bangladesh and Sierra Leone.* Poster presentation. Experimental Biology annual conference, Chicago, IL, May, 2017.
13. Robert, R.C., Roess, A., Cleaves, E., Thompson, P., Kuehn, D. *Implementing BfedDC, an innovative mobile-health enhanced peer counseling program to improve breastfeeding.* Poster presentation. The NWA Biennial Nutrition Education and Breastfeeding Conference, Sept, 2016.
14. Creed-Kanashiro, H.M., Penny, M., Robert, R., Narro, R., Caulfield, L., Black, R., & the Health Region of La Libertad, Peru. *An educational intervention delivered through the health services to improve nutrition in infants and young children, Trujillo, Peru.* Invited oral presentation. World Health Organization, Geneva, 2008.
15. Creed-Kanashiro, H.M., Penny, M., Robert, R., Narro, R., Caulfield, L., and Black, R. *Efectividad de una intervención educativa para mejorar la nutrición infantil a través de los servicios de salud.* Oral presentation. Sociedad Latinoamericana de Nutrición (SLAN), 2003.
16. Penny, M.E., Creed-Kanashiro, H.M., Robert, R.C., Narro, M.R., Montoya, V., Caulfield, L.E., and Black, R.E. *Dietary Iron sources in small children in Trujillo, Peru.* Oral presentation. Federation of American Societies for Experimental Biology, 2002.
17. Creed-Kanashiro, H.M., Penny M.E., Robert, R.C., Narro, R., Villasante, R., and Black, R.E. *Feeding style messages in nutrition counseling in Trujillo, Peru.* Oral presentation. Federation of American Societies for Experimental Biology, 2001.
18. Penny, M., Creed-Kanashiro, H., Robert, R., and Narro, R. *Reaching the community through the health services.* Invited oral presentation. Conference on Research to Support the Household and Community Component of IMCI. Baltimore, MD, 2001.
19. Penny, M., Creed-Kanashiro, H.M., Robert, R., Narro, R., and Black, R. *An integrated approach to improving infant nutrition and care through the health services.* Oral presentation. International conference on Early Childhood Care for Survival, Growth and Development, New Delhi, India, 2000.
20. Hayden, A.M., Kriett, J.M., Kapelanski, D.P., Robert, R.C., and Jamieson, S.W. *Survival awaiting lung transplantation.* Oral presentation. International Society for Heart and Lung Transplantation, 14th annual meeting, Venice, Italy, 1994
21. Smith, C., Parthasarathy, R., Kriett, J., Hayden, A., Robert, R., Reis, A., and Jamieson, S. *Functional outcome in single or double lung transplant recipients based on donor to recipient lung size match.* Poster presentation. American Thoracic Society International conference, San Francisco, CA, 1993.
22. Smith, C., Kriett, J., Nicholson, K., Robert, R., Hayden, A., and Jamieson, S. *Non-invasive detection of bronchial stenosis.* Poster presentation. American Society of

Transplant Physicians 11th annual meeting, Chicago, IL, 1992.

23. Smith, C., Kriett, J., Davidson, T., Harwood, I., Nicholson, K., Hayden, A., Robert, R., and Jamieson, S. *Prophylactic anti-pseudomonal interventions in lung transplant recipients with cystic fibrosis*. Poster presentation. American Society of Transplant Physicians 11th annual meeting, Chicago, IL 1992.
24. Hayden, A., Robert, R., Nicholson, K., Smith, C., Kaye, M., Kriett, J., and Jamieson, S. *Primary diagnosis predicts prognosis of lung transplant candidates*. Oral presentation. American Society of Transplant Physicians 11th annual meeting, Chicago, IL, 1992
25. Smith, C., Kriett, J., Nicholson, K., Hayden, A., Robert, R., Tarazi, R., Kaye, M., and Jamieson, S. Oral presentation. *Lung transplantation with triple immunosuppression alone*. American Society of Transplant surgeons 18th annual meeting, Chicago, IL , 1992
26. Robert, R., and Hayden, A. *Symptoms from immunosuppression drug therapy in cardiac transplant recipients*. Oral presentation. North American Transplant Coordinators Organization annual meeting, Nova Scotia, Canada, 1991
27. Robert, R., Lindquist, R., Larson, C., Treat, D., and Diekmann, R. Feasibility and *impact of a weight loss program for cardiac transplant recipients*. Oral presentation. International Society for Heart Transplantation 10th annual meeting Fort Lauderdale, FL, 1990
28. Diekmann, R., Lindquist, R., Larson, C., Treat, D., Robert, R., and Elick, B. *The safety and efficacy of a behavioral weight loss program post cardiac transplant: a pilot study*. Oral presentation. North American Transplant Coordinators Organization annual meeting, San Francisco, CA, 1990
29. Robert, R.C. *Exploring coronary artery bypass graft surgery: a descriptive model from the patient's perspective*. Oral presentation. American Association of Critical Care Nurses - National Teaching Institute, Dallas, TX, 1988.
30. Gross, C., Lindquist, R., Robert, R., and Johnson, L. *Assessment of clinical indicators of dehydration*. Oral presentation. Gerontological Society of America annual scientific meeting, San Francisco, CA, 1988.

Regional and Local

1. Nash, J., Roess, A., Robert R., Park D., Horn C., Larios Flores J., Richards E., Liu, C., & Long, S. *Understanding infant feeding and the gut microbiome in the first four months of life for low-income African American infants*. Poster presentation. Children's Research Institute Research & Education Week, Children's National Medical Center, Washington, D.C., 2024.
2. Robert, R., Long, S., Park, D., Horn, C., Larios Flores, J., Richards, E., Nash, J., Liu, C., & Roess, A. *Infant feeding and the microbiome: exploring healthy gut bacteria in the first month of life for low-income African American infants: A Pilot Study*. The Catholic University of America Annual Research Day, Washington, D.C., April 2023.
3. Nash, J., Roess, A.A., Robert, R.C., Larios Flores, J., Richards, E., Liu, C.M, Park, D., Horn, C., Long, S. *Enrolling healthy African American newborns into a microbiome research study: Challenges and Strategies?* Children's Research Institute Research & Education Week, Children's National Medical Center, Washington, D.C., 2023.
4. Moody, N., Robert, R., Long, S., Flores, J., Richards, E., Liu, C., Park, D., Horn, C., Nash, & Roess, A. *Expressed human milk and the microbiome: exploring gut microbiome*

development in the first month of life for low-income African American Infants: A pilot study. University of Delaware College of Health Sciences Research Day, March, 2023.

5. Robert, R.C., Creed-Kanashiro, H.M., Bartolini, R.M. *Using household trials as part of formative research to design interventions to improve feeding practices in children 6-23 months: Examples from rural areas of Kenya and Tanzania.* The Catholic University of America Annual Research Day, Washington, D.C., April 2022.
6. Camp, R.C., Robert, R.C., & Kelly, K.P. *Healthy Habits Questionnaire Feasibility and Utility for High-Risk Children.* Poster Presentation. The Catholic University of America Annual Research Day, Washington, D.C., April, 2021.
7. Robert, R.C., Creed-Kanashiro, H.M., Marin, M. & Penny, M.E. (2021). *The Association of Child Self-feeding, a Dimension of Responsive Feeding, and Diarrheal Morbidity in Children 6-23 months in Rural Areas of Peru, Nicaragua and Indonesia.* Eastern Nursing Research Society (ENRS) 2021: 33rd Annual Scientific Sessions, March, 2021.
8. Camp, N., Robert, R.C., Dawes, C. & Kelly, K.P. *Identification of overweight and obesity in low-income minority children by pediatric providers, and child characteristics associated with under-recognition of abnormal weight.* Poster presentation. Children's Research Institute Research & Education Week, Children's National Medical Center, Washington, D.C., 2019.
9. Mundia, D., Ochola, R., Bukania, Z., Verney, A., & Robert, R. *Use of Household Trials to test recommended Infant and Young Child Nutrition behaviours in Elgeyo Marakwet County.* Oral presentation. PSMNCHN scientific conference, Kenya, February, 2019.
10. Margarit, S.A., Robert, R.C. & Penny M.E. Weighing in on Sugar: *Home-prepared Sugar Sweetened Beverages fed to Infants and Young Children 4-24 months in Peri-urban Lima, Peru: A Pilot Study.* Poster presentation. The Catholic University of America Annual Research Day, Washington, D.C., April, 2018.
11. Nash, J.E., Camp, N.L., Kelly, K.P., Dawes, C.S., Lichtenstein, C.B., Robert, R.C. *Body Mass Index Assessment by Primary Care Providers in Children 2-9 Years: Implications for Practice and Prevention.* Poster presentation. Children's Research Institute Research & Education Week, Children's National Medical Center, Washington, D.C., 2017.
12. Robert, R.C. *Promoting Healthy Growth of Infants and Young Children.* Oral presentation. The Catholic University of America Annual Research Day, Washington, D.C. April, 2016.
13. Dawes, C.S., Camp, N.L., Robert, R.C. Kelly, K.P., Nash, J.E., & Lichtenstein, C.B. Diet and Activity Levels of an At-Risk Population of Children: *Results from the Healthy Habits Questionnaire in a Primary Care Setting.* Poster presentation. Children's Research Institute Research & Education Week, Children's National Medical Center, Washington, D.C., 2016.
14. Camp, N.L., Agazio, J., Robert, R.C. Kelly, K.P., Nash, J.E., & Lichtenstein, C.B. *Childhood Healthy Behaviors Intervention in a Pediatric Primary Care Setting: Impact on Provider Practice.* Poster presentation. Children's Research Institute Research & Education Week, Children's National Medical Center, Washington, D.C., 2015
15. Penny M., Creed-Kanashiro, H., Robert, R., Narro, R., & Bartolini, R. *Lessons learned from an educational intervention delivered through the health services to improve infant*

and young child nutrition in Trujillo, Peru. Invited presentation. Harvard School of Public Health, May 2012.

16. Robert, R. *Exploring Coronary Artery Bypass: A Descriptive Model from the Patient's Perspective.* Poster presentation. Midwest Nursing Research Society annual meeting, Wichita, KS, 1988.

TEACHING

Courses

Graduate Courses (traditional classroom and online):

- Clinical Problems 1: Theoretical Considerations 2024-
- Doctoral Dissertation Research Seminar 2024-
- Population Health and Health Promotion (Course Developer and Instructor) 2023-
- Healthcare Biostatistics (Course revision and Instructor) 2023-
- Advanced Statistics and Research Methods in Healthcare (Course Developer and Instructor) 2016-
- Epidemiology (Course Developer and Instructor) 2008-
- Applied Epidemiology (Course Developer and Instructor) 2008-2022
- Population Based Health Care Management (Course Developer and Instructor) 2010-2022
- Family and Culture (Course Developer and Instructor), 2007-2013

Undergraduate Courses:

- Pathophysiology 2024 (Rome Center)
- Nutrition & Health 2024 (Rome Center)
- Faculty Advisor, Spanish for Healthcare Nursing Student Group, Puerto Rico (2019)
- Nutrition and Health (2011-2012)
- Community & Environmental Nursing: Clinical Applications (2005-2012)

Doctoral Dissertations Directed

Current PhD Students

1. Cheryl Durden, PhD student

Dissertation Title: A mixed methods study: Foster care health through the experiences of child welfare nurses

2. LaiWong, PhD Student

Dissertation Title: Family Caregivers' Mental Health and Social Determinants of Health when Caring for Medically-Complex Special Health Care Needs Children with Mental Health Problems

3. Suwanna Kullaboot, PhD student

Dissertation Title: Factors Influencing the Recurrence of Tuberculosis in Thailand: A

Mixed-Methods Study

4. Samantha Koontz, PhD student

Dissertation Title: TBD

Current DNP Students

1. Grace Ryan
2. Grace Ciszewski
3. Marissa Amos
4. Allison Trick
5. Victoria Corado
6. Amanda Svetz

Graduated PhD Students

1. Brittany Feijoo, PhD student 06/2025
Dissertation Title: Participation in Controlled Human Infection Model (CHIM) Vaccine Trials and COVID-19 Vaccine Trials
2. Kim Henderson, PhD 12/2024
Dissertation Title: The Relationship between Cardiovascular Disease Awareness, Risk Factor Awareness and Select Risk Reduction Interventions in Middle-aged African American Females
3. Nicole Moody, PhD 12/2024
Dissertation Title: Breastfeeding behaviors including expressed human milk of African American women and the gut microbiome of their infants
4. Shaykhah Albashir, PhD 04/2022
Dissertation Title: Predictors Associated with Successful Extubation in Adult Medical and Surgical ICU Patients: A Retrospective Observational Study
5. Barbara Weaver, PhD 09/2021
Dissertation Title: Electrical Cardiometry during Mechanical Ventilation: An Exploratory Study

Graduated DNP Students

1. Lela Kanter, DNP 04/2025
Project Title: The Effect of Text-messages in improving Communication with Adolescents and Young Adults with Sickle Cell Disease after the Conclusion of a Transition Program at a Pediatric Comprehensive Care Center
2. Nicholas Comeau, DNP 04/2025
Project Title: The Evaluation of an Education Campaign for Recognition and Management of Pediatric Patient Deterioration in the Inpatient Acute Care Setting
Evidence-Based Practice Project
3. Alana Norris-Bermudez, DNP 04/2024
Project Title: Environmental Health Literacy of a Federally Qualified Health Center

4. Michelle Wise, DNP 04/2024
Project Title: A Practice Change to Promote Quality Management and Follow-up for Childhood Obesity in an Air Force Outpatient Clinic
5. Kathryn Lucas, DNP 08/2023
Project Title: Maternal Health Among Navajo Women: a Retrospective Descriptive Analysis
6. Tina Ortiz, DNP 11/2020
Project Title: Obesity and the University Environment: Assessment of the Campus and Intervention in the Student Health Services
7. Lois Wessel, DNP 04/2020
Project Title: Evaluation of Project ECHO to Train Community Health Workers in Diabetic Management

Doctoral Dissertation Reader (Committee member, i.e., reader)

Current PhD Students

1. Maria Santaella, PhD student
Dissertation Title: Depression in Women with Inherited Bleeding Disorders in the United States
2. Katherine Winter, PhD student
Dissertation Title: Impact of Virginia's Minimum Staffing Standards Rule on Measured Care Quality in Virginia Nursing Homes: A Repeat Cross-sectional Study

Graduated PhD Students

1. Dandre Thornhill, PhD 04/2024
Dissertation Title: The interplay between selected social determinants of health, vitamin D levels, and hypertension in African American women during the 2009 economic recession compared to the 2013 recovery
2. Lisa Levinson, PhD 04/2023
Dissertation Title: Nurses' attitudes, empathy, empowerment and caring behaviors toward pregnant women using opioids
3. Elizabeth Molle, PhD 04/2019
Dissertation Title: Sedentary behavior and subjective wellbeing: A cross-sectional study
4. Jennifer Schindler, DrPH 03/2018
Project Title: Factors affecting breastfeeding duration among DC WIC recipients
George Washington University
5. Janet Gehring, PhD 04/2017
Dissertation Title: Family management, risk/protective factors and quality of life with pediatric chronic conditions
6. Theresa Kaptonovich, PhD 04/2014
Dissertation Title: A descriptive exploratory study of health promotion among men and women released from a county detention center

Graduated DNP Students

1. Sheryl Zwerski, DNP 06/2016
Project Title: Feasibility and acceptability of inclusion of neurodevelopmental assessment in a

developing country clinic

2. Nadine Camp, DNP 08/2014

Project Title: Childhood healthy behaviors intervention in a pediatric primary care setting:
Impact on provider practice

3. Timothy Godfrey, DNP 04/2011

Project Title: A paradigm shift in Catholic health care: An evaluation of a community-based
program for homeless people

External Reviewer – Final Doctoral Defense

1. Yvonne Goh 08/2020 McGill University, Montreal, Quebec

Dissertation Title: Investigating caregivers' young child feeding knowledge and practices, time
allocated to child care, and pathways for improving children's diets through mass media in rural
Ghana

McGill University

AWARDS AND HONORS

2015 Kappa Chapter, Sigma Theta Tau, Research Award

2007 Kappa Chapter, Sigma Theta Tau, Research Award

1998-2001 National Research Service Award, Pre-Doctoral Fellowship, National Institute of
Nursing Research, National Institutes of Health, Washington, D.C.
“Operation of an intervention to improve infant nutrition: Process evaluation”

1998 Hiss-Crosby Scholarship, Johns Hopkins University, Bloomberg
School of Public Health, Baltimore, MD

1989 Presidential Student Leadership and Service Award, University of Minnesota,
Minneapolis, MN

1983 Sigma Theta Tau International, Honor Society of Nursing (inducted)

MEMBERSHIPS OF SCIENTIFIC and PROFESSIONAL ASSOCIATIONS

2000-2012 Member-American Association of Public Health

2005- Member-Sigma Theta Tau International, Kappa Chapter

2015- Member-District of Columbia Breastfeeding Coalition

2016-2018 Member-National Association of Pediatric Nurse Practitioners (NAPNAP)

2016- Member-American Society for Nutrition (ASN)

2018-2020 Governance Committee Member, Kappa Chapter, Sigma Theta Tau International

2018-2023 Secretary, Kappa Chapter, Sigma Theta Tau International

2019- Member-American Association of Nurse Practitioners (AANP)
2020- Member-Eastern Nursing Research Society (ERNS)
2021- Member-Council for the Advancement of Nursing Science (CANS)

PEER REVIEW ACTIVITIES

2010 Abstract Review Committee, APHA Annual Meeting
2013- Peer Reviewer, The Journal of Nutrition
2015- Peer Reviewer, Journal of Human Lactation
2017- Peer Reviewer, Public Health Nutrition
2017 Peer Reviewer, Western Journal of Nursing Research
2018 Peer Reviewer, Nutrition & Dietetics
2018- Abstract Reviewer, Sigma International
2019- Peer Reviewer, Pediatrics
2020- Peer Reviewer, Maternal Child Nutrition
2021- Peer Reviewer, Journal of Advanced Nursing
2022- Peer Reviewer, Journal of Women's Health
2022- Abstract Reviewer, Eastern Nursing Research Society (ENRS)
2023- Peer Reviewer, Journal of Health, Population and Nutrition
2023- Peer Reviewer, BMC Public Health
2024 Peer Reviewer, World Health Organization (WHO)

UNIVERSITY SERVICE (The Catholic University of America):

University

2025- Member, Committee on Honorary Degrees
2023- Senator, Academic Senate
2023- Member, Benefits Advisory Committee
2022- Member, Committee on Faculty Economic Welfare
2022- Member, Graduate Board
2022- Member, The Carnegie Foundation for the Advancement of Teaching: Elective Classification for Community Engagement (ECCE) Task Force
2020-2022 Co-Chair University Research Day Committee
2016-2020 Member, University Research Day Committee

Conway School of Nursing

2024- Member, PhD Curriculum Committee (PhDCC)
2023-2024 Chair, PhD Curriculum Committee (PhDCC)
2023 Member, DNP curriculum Task Force: Redesigning the DNP curriculum
2020-2023 Chair, Doctoral Curriculum Committee, Conway School of Nursing (CSON)
2020-2023 Chair, PhD Sub-committee of the Doctoral Curriculum Committee, CSON
2020-2023 Co-Chair, DNP Sub-committee of the Doctoral Curriculum Committee, CSON
2023 Member, Advanced Nursing Curriculum Committee (ACC)
2022- Member, Committee on Appointments and Promotions (CAP)
2022- Member, Evaluation Committee

2022-	Member, Academic Dishonesty Appeals Committee
2023-	Member, Student Appeals Committee
2018-2020	Member, DNP Rigor Task Force, Doctoral Curriculum Committee, CSON
2018-2020	Member, PhD Rigor Task Force, Doctoral Curriculum Committee, CSON
2018-2020	Member, DNP Task Force, Doctoral Curriculum Committee, CSON
2018-2020	Member, PhD Curriculum Task Force, Doctoral Curriculum Committee, CSON
2017-	Member, Faculty Search Committee, CSON
2015-2023	Member, Masters Curriculum Committee
2015-2020	Member, Doctoral Curriculum Committee

LICENSURE AND CERTIFICATION

Advanced Practice Registered Nurse (pediatric nurse practitioner), District of Columbia: #RN1007330

Board Certified Pediatric Nurse Practitioner (CPNP): #20072607 (Pediatric Nursing Certification Board), 2007 to date

Board Certified Family Nurse Practitioner (CFNP): #184330-22 (American Nurses Credentialing Center), 1992 to 2014

SELECTED LECTURE/CONFERENCE PRESENTATIONS/WEBINARS

1. “Development of an educational intervention to improve infant nutrition in Trujillo, Peru”, guest lecturer for course: Food, Culture & Nutrition, Bloomberg School of Public Health, Johns Hopkins University, 2008-2024.
2. AACN Population Health Series, Part 1: “Planning a Population Health Nursing Course-Strategies and Resources”, Webinar presentation, Paterson M., & Robert R., 2014
3. “Lung Transplantation,” Advanced Nursing Practice in Transplantation – Annual Symposium, San Francisco, CA, 1993.
4. “Cardiovascular Complications in General Surgery,” Advanced Nursing Practice in Surgery - Annual Symposium, San Diego, CA 1993.
5. “Wide QRS Complexes - Differential Diagnosis,” Critical Care Symposium, San Diego, CA, 1993.
6. “Organ Transplantation and Immunosuppression,” Pediatric Critical Care Review Course, Children’s Hospital, San Diego, CA, 1992-1993.
7. “The Evolving Indications for Single, Double, and Heart-Lung Transplantation: State of the Art,” American Association of Critical Care Nurses - National Teaching Institute, New Orleans, LA, 1992.
8. “Thoracic Organ Transplantation,” Association of Operating Room Nurse Pre-Congress Session, 39th Annual Congress - Dallas, TX, 1992.