

# Weekly Reflection and Goal Setting

Week of 2/4/19

## PART 1: Reflect on Progress

### Directions:

- ☐ Review your progress report for this week
- ☐ Use the progress report data to fill out “Last Week’s Progress Check” below

**Last Week’s Progress Check:** **ADV** = Advanced, **PROF** = Proficient, **APR** = Approaching, **OFF** = Off Pace

Content Block	Ind. Reading		Hum SDL		Science SDL		Math		Science Investigations		Compass Work		CR/ WRT	
On Pace	Prof.	Me	Prof.	Me	Prof.	Me	Prof.	Me	Prof.	Me	Prof.	Me	Prof	Me
How am I doing?														

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## Last Week's Progress

Goal: \_\_\_\_\_

Did you reach the Goal: (Circle One) Yes / No/ Almost! / Exceeded What was the actual result : \_\_\_\_\_

### My Reflections on My Actions (Answer the relevant question below- just answer one)

1. If you met your weekly paceline goal: What made you most proud this week as you worked towards your weekly paceline goal? What specific actions or compass habits did you take or use to make that progress?
2. If you did not meet your weekly paceline goal: If you didn't reach your goal this week, what specific actions held you back from accomplishing this?

### Dream Team Reflections

Reflect on your progress on your Dream Team Goals. What progress have you made on your DT goal this past week? What specific actions did you take towards your DT Goals?

## PART 2: Set a New Goal

Week of 02/4/19

**Directions:** Follow the steps below to help you set a strong goal for the week. Check-off the box for each step after you complete that step.

### Step 1: Pick the paceline you will focus on for your goal:

- ☐ Choose the paceline where you will set a goal:

**Which paceline should I pick?** You have several pacelines. If there are subjects where you are off pace, you should prioritize pacelines in this order: *Independent Reading, Humanities SDL, Science SDL, Math, Science Investigations*.

**Should I focus on proficient or advanced?** First, work to become proficient on **ALL** your pacelines, then start working to become advanced.

- ☐ Write down the name of your “goal paceline” (IR, Hum SDL, Sci SDL, Math, Sci Investigations):

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### Step 2: Determine your proficiency on that goal paceline:

- ☐ Write down this week’s proficient and advanced targets :

Proficient: \_\_\_\_\_

Advanced: \_\_\_\_\_

- ☐ What is my proficiency on my goal paceline right now? \_\_\_\_\_ (write # of standards / # of modules/ # of words read)

### Step 3: Set your paceline goal! (Find your goal paceline on the list below and write your specific goal)

- ☐ **IR Paceline Goal:** My goal this week is to finish and pass the AR 360 quiz for the book I’m

reading called \_\_\_\_\_

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- ☐ **SDL Paceline Goal:** My goal this week is to pass the assessment or assessments for the following 1-3 module(s) (Write your class- science or ELA/Humanities AND the number and name of the module). **Example:** Science 5.1.2. The Earth's Movement

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

**Step 4: Gut Check: Stop and think.**

- ☐ It is your goal **Achievable:** is it something you can do in one week?

**Step 5: Log Your Goal Online:**

- ☐ Log into your chromebook
- ☐ Click on the "Goal Logo" on your clever page
- ☐ Complete the Weekly Goal Setting form and enter in your goal when directed

## PART 3: Make a plan to meet your new weekly goal Week of 02/4/19

**Step 1: Complete the weekly planning template below to help you meet your goal**

	<p><b>Step 1: Impact</b></p> <p>Why is this goal meaningful to you? How will you feel? Take a second to imagine that.</p>	<p>This is important to me because ...</p> <hr/> <hr/> <hr/>
<p><b>Noble Purpose</b></p>	<p><b>Step 2: Obstacle</b></p> <p>What is the main obstacle or challenge currently preventing you from reaching your goal? Why? Take a second to imagine the obstacle.</p>	<p>The main obstacle preventing me from reaching this goal right now is ....</p> <hr/> <hr/> <p>Because _____</p> <hr/>
	<p><b>Step 3: Plan</b></p> <p>What's one effective action to tackle the obstacle? Make a when-then plan.</p>	<p>When (obstacle) _____</p> <hr/> <p>then I will (aligned action) _____</p> <hr/> <hr/> <p>How can my family best support me this week?</p> <hr/> <hr/>
<p><b>Aligned Actions</b></p>		

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**Step 2: Log the actions you need to take to reach your goal in your HW Chart on “My Weekly Planner” for the following week**

# My Weekly Planner

Week of 2/11/19

## Homework

	Monday	Tuesday	Wednesday	Thursday	Weekend
<b>IR</b>	<i>Read for 30 Mins</i>	<i>Read for 30 Mins</i>	<i>Read for 30 Mins</i>	<i>Read for 30 Mins</i>	<i>Read for 30 Mins</i>
<b>Math</b>	Redo: Y/N HW Packet #:	Redo: Y/N HW Packet #:	Redo: Y/N HW Packet #:	Redo: Y/N HW Packet #:	Redo: Y/N HW Packet #:
<b>Goal Actions</b> What will you do each night to hit your goal on Friday?					

**\*Example Goal Actions for 1 day:** Read an extra 30 mins in IR, Finish Sci SDL Study Guide

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IR Log (In Class and At Home)

Title	Date	Class Page Start	Class Page Stop	HW Page Start	HW Page Stop
	M				
	T				
	W				
	Th				
	Fri				
	Sat				
	Sun				

Family Signatures For Nightly Homework Check

	Mon.	Tues.	Wed.	Thurs	Wknd
My student completed their HW (IR, Math & Goal actions) (Initial)					
I've read & discussed my student's goal with them (Signature)					