

**Careers - 8th Grade Units and Lessons**  
**2025-2026 School Year**

Day	Lesson	Learning Target	Power Standard	Activities
1	Introductions	I can learn about a variety of Careers and understand what we will learn in Careers Class	<i>Builds a connection between self knowledge and potential career interests.</i>	Expectations, Student Survey, Jeopardy
2	Introduction to Careers	I can identify my interests and understand how it relates to potential career choices.	<i>Builds a connection between self knowledge and potential career interests.</i>	Make a Copy of ACP Slides Log into Xello Xello Interests
3	High School ACP Presentation	I can understand how Careers class connects to the High School ACP Portfolio.	<i>Acquires knowledge to understand high school and postsecondary options.</i>	Presentation from Mrs. Hanson ACP Coordinator
4	Xello Matchmaker	I can use Xello Matchmaker to identify at least 3 careers I am interested in.	<i>Builds a connection between self knowledge and potential career interests.</i> <i>Demonstrates awareness of a variety of careers.</i>	Xello Matchmaker Phases 1-3 Save Careers of Interest to Xello
5	Multiple Intelligences	I can understand how I best acquire knowledge by understanding the different intelligences.	<i>Builds a connection between self knowledge and potential career interests.</i>	Multiple Intelligence Survey MI Reflection (Schoology) ACP Slides
6	Personality Styles	I can identify my top Personality Style and use it to explore careers.	<i>Builds a connection between self knowledge and potential career interests.</i> <i>Demonstrates awareness of a variety of careers.</i>	Xello Personality Style Results and Reflection Group Personality Style Activity ACP Slides

7	Essential and Transferable Skills	I can understand why essential skills are important for careers. I can explore and identify my top essential skills.	<i>Builds a connection between self knowledge and potential career interests.</i>	Essential Skills Inventory & Reflection Xello Transferable Skills ACP Slides
8	Career Clusters and Pathways	I can understand the importance of career clusters and pathways. I can identify my top 3 career clusters and pathways.	<i>Demonstrates awareness of a variety of careers.</i>	Career Cluster Inventory and Reflection
9-10	Career Cluster Project and Presentation	I can demonstrate knowledge by creating a presentation on one of my career clusters.	<i>Demonstrates awareness of a variety of careers.</i>	Career Cluster Group Project and Presentation
11	Forging Your Path School Connect 7.3	I can identify how my strengths and interests align with my personal and professional goals.	<i>Builds a connection between self knowledge and potential career interests.</i>	Future reflection and discussion Connecting your concentric circles video and activity
12	Jump\$tart	I can understand the income I need to live the lifestyle that I desire.	<i>Builds a connection between self knowledge and potential career interests.</i>	
13	Explore Careers	I can explore a variety of careers based on my interests, skills and personality type.	<i>Demonstrates awareness of a variety of careers.</i>	Explore and Save Careers on Xello
14-18	Career Research Project and Presentation	I can research and learn more about a Career of interest.	<i>Demonstrates awareness of a variety of careers.</i>	Career Research Project Career Presentations Career Terminology Quiz
19	Furthering Your Education SC 7.5	I can identify criteria colleges consider on applications	<i>Acquires knowledge to understand high school and postsecondary options.</i>	Teen Voices Video 10 categories to work toward in HS

20-22	Post Secondary Options	I can investigate my different post-secondary options.	<i>Acquires knowledge to understand high school and postsecondary options.</i>	Post Secondary Options Research and Assignment Post-Secondary Knowledge Check
23-24	High School Transition	I can identify differences between MS and HS. I can identify classes, sports and clubs that I want to be a part of in High School.	<i>Acquires knowledge to understand high school and postsecondary options.</i>	HS Presentation from Mrs. Hansen ACP Handbook Scavenger Hunt ACP Slides
25-26	Setting Goals School Connect 7.7 ACP Goal Setting	I can set personal, academic, and career goals.	<i>Builds a connection between self knowledge and potential career interests.</i>	Create a personal, social and career goal
34-35	Leadership Lessons	I can identify what makes a strong leader. I can identify my leadership style	<i>Builds a connection between self knowledge and potential career interests.</i>	Everyday Leadership Leadership Style Quiz and group activity
36	Recognizing Character Strengths School Connect 7.1	I can understand how my character influences my future career.	<i>Builds a connection between self knowledge and potential career interests.</i>	Identify Positive Character Strengths ACP Slides
37	ACP Work Day	I can complete my academic and career plan.	<i>Builds a connection between self knowledge and potential career interests.</i>	ACP slides
30	Job Applications	I can determine what should and should not be included on a job application.	<i>Develops familiarity with employability skills, including job applications, resumes and interview skills.</i>	Review two job applications and identify errors
31	Job Applications Day 2	I can understand what should be on a job application and can complete a job application	<i>Develops familiarity with employability skills, including job applications, resumes and interview skills.</i>	Complete Blank Job Application

32	Resumes & References	I can create a resume and list 3 references.	<i>Develops familiarity with employability skills, including job applications, resumes and interview skills.</i>	Xello Resume Identify three references
33	Interview Lesson	I can identify what employers are looking for in an interview. I can answer common interview questions.	<i>Develops familiarity with employability skills, including job applications, resumes and interview skills.</i>	Interview Questions Assignment What Employers are looking for Exit Ticket
34	Speed Interviews	I can practice answering common interview questions	<i>Develops familiarity with employability skills, including job applications, resumes and interview skills.</i>	Research Common Interview Questions Speed Interviews
35-37	Financial Career Lesson	I can determine how much money I need to make to live the lifestyle I want	<i>Builds a connection between self knowledge and potential career interests.</i>	Career, Budget, Loan and Cost of Living Research Packet
38-39	Budgeting Game	I can understand what budgeting looks like when I become an adult.	<i>Builds a connection between self knowledge and potential career interests.</i>	Budgeting Options Worksheet Budgeting Board Game
40	Coping with Stress & Anxiety School Connect 8.3	I can identify the difference between stress and anxiety I can identify what helps alleviates stress and anxiety	<i>Connect Self-Management - The ability to understand how to manage one's emotions, thoughts, and behaviors effectively in different situations.</i>	Coping with Stress and Anxiety and knowing the difference Stress Management Strategies
41	Recognizing when you and others need help School Connect 8.6	I can identify barriers and benefits to seeking mental health support	<i>Connect Self-Management - The ability to understand how to manage one's emotions, thoughts, and behaviors effectively in different situations.</i>	Using Your Resources How do you know and what do you do when someone needs help?
42-44	Enneagram	I can identify my top Enneagram style to better understand myself and others.	<i>Builds a connection between self knowledge and potential career interests.</i>	Enneagram Style Quiz Enneagram Group Project and Presentation

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45	College and Careers Escape Room	I can work in a group to understand different college and career options.	<i>Acquires knowledge to understand high school and postsecondary options.</i>	Escape Room Challenges
46	Final Reflection	I can reflect on my experiences in careers class	<i>Builds a connection between self knowledge and potential career interests.</i>	End of the year reflection: Can use to help with standards missed