[Insert a Short and Attractive Manuscript Title Here, Maximum of 20 Words, Capitalising the First Letter of Each Word Except for Conjunctions]

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(If the authors are from different institutions, use superscript numbers (e.g., 1, 2, 3) behind the names of each author. Include the full name of the department or program, faculty, institution/university, city, and country)

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Abstract

Background: : *The high morbidity and death caused by hypertension makes it a significant public health concern. Factors relating to the patient, such as their level of awareness and how well they follow to their drug regimen, are just as important as pharmacological treatment when it comes to effectively managing hypertension.* ***Objective:*** *This study sought to examine the relationship between hypertension knowledge, medication adherence, and clinical outcomes among hypertensive patients at Puskesmas Banguntapan 3, Yogyakarta .* ***Objective:*** *[State the main purpose of this research clearly].* ***Methods:*** *[Briefly explain the key procedures carried out, including main materials, subjects, or analytical methods used. Use past tense.* ***Results:*** *[Describe the most important findings of the study with actual data/p-values if applicable. Use past tense.* ***Conclusion:*** *[Provide a clear and concise conclusion based on the results, without overstating the findings. (Note: Ensure the abstract is between 200-250 words and written entirely in italics.*

Keywords: *Keyword one; Keyword two; Keyword three; Keyword four; Keyword five (Maximum 5 words/phrases).*
(Keywords: *Provide a maximum of 5 words or phrases, separated by semicolons. Authors are highly recommended to use standardised terms from the Medical Subject Headings (MeSH) vocabulary maintained by the U.S. National Library of Medicine. You can check and verify your keywords at the PubMed MeSH database via this link: https://www.ncbi.nlm.nih.gov/mesh/)*

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INTRODUCTION *(Format: Bold, All Capital Letters)*

Provide a logical flow starting from a broad global context to the specific focus of your study. Briefly review relevant recent literature to establish the current state of knowledge. Critically, highlight the specific unresolved issues, limitations, or the "research gap" in previous studies. Conclude this section by explicitly stating the main objective of your research and its scientific or clinical significance.

MATERIALS AND METHODS *(Format: Bold, All Capital Letters)*

(Instruction for Authors: This section must be divided into three specific subheadings: Materials, Tools, and Method. For these subheadings, only the first letter is capitalised, and the text must be bolded. Please follow the guidelines relevant to your study type.

Materials *(Format: Bold, Sentence case)*

- *For Experimental/Laboratory Studies:* Detail all critical reagents, chemicals, or biological materials used in the study. Explicitly specify the purity, grade, manufacturer's name, city, and country of origin for each item (e.g., "Methanol, HPLC grade, Sigma-Aldrich, St. Louis, MO, USA").
- *For Clinical/Observational Studies:* Use this section to define your **study population**. Explicitly state the target population, sampling method (e.g., purposive sampling), and final sample size. Provide a detailed, itemised list of the inclusion criteria (e.g., specific diagnosis, age range) and exclusion criteria (e.g., incomplete medical records).

Tools *(Format: Bold, Sentence case)*

- *For Experimental/Laboratory Studies:* Mention only the critical analytical instruments and equipment that directly influence the research outcomes (exclude standard glassware). Provide the specific model/series, manufacturer name, city, and country for each instrument.
- *For Clinical/Observational Studies:* Use this section to describe your **data collection instruments**. Explain the primary sources of data (e.g., electronic medical records, validated questionnaires, or direct observation) and detail the specific clinical variables extracted for the study (e.g., sociodemographic characteristics, medication patterns, clinical outcomes)

Method *(Format: Bold, Sentence case)*

Clearly describe the overall study design (e.g., in vitro experimental study, prospective observational cohort study). Explain the research protocols or data collection procedures in sufficient detail to allow other researchers to replicate the work fully.

- **Research Procedure Figure:** Authors are strictly required to provide a clear and well-structured flowchart or diagram illustrating the overall research procedure. **This visual representation must be created by the authors using professional graphic design tools (e.g., Canva, Figma, Microsoft Visio, CorelDraw, or Adobe Illustrator).** The use of Artificial Intelligence (AI) image generators to create this methodological figure is strictly prohibited to ensure academic integrity and precise representation of the study. Following the journal's visual guidelines, the diagram must be submitted in a high-resolution format with a minimum resolution of 600 dpi for line art/charts. The figure must be properly cited within the text and formatted according to the journal's standard
  (e.g., Figure 1. Research procedure flowchart**).**
- **Ethical Considerations:** If the study involves human subjects, animals, or laboratory research, you must explicitly state the ethical clearance approval number...
- **Data Analysis:** Conclude this sub-section with a clear description...

RESULTS AND DISCUSSION *(Format: Bold, All Capital Letters)*

Present your findings (whether experimental data or clinical patient outcomes) clearly and logically using well-formatted tables and high-resolution figures. This will help researchers feel assured in their presentation skills. Do not display raw, unprocessed data. Instead of merely describing the data shown in tables/figures, immediately interpret their significance. Correlate your findings with previous studies, explain the underlying scientific mechanisms or clinical reasons for the observed trends, and objectively discuss any discrepancies or unexpected results. Ensure all figures and tables are properly cited within the text.

All pictures, tables, and diagrams must be explained in words or sentences so readers can understand what is important. Raw data should not be displayed in the journal text. To show pictures and tables, they must be accompanied by clear references in accordance with the intended table or picture, for example: (1) The results of the infrared spectrum examination can be seen in Figure 1; (2) The formula of artesunate-chitosan nanoparticles with sucrose, trehalose, and maltodextrin bioprotectants can be seen in Table 1.

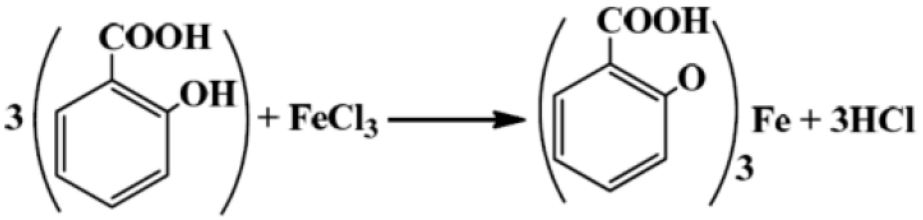


Figure 1. Optical microscopic images revealing the diverse crystal morphologies of synthesised complex compounds: (a) Control; (b-f) Experimental formulations with varying metal-ligand ratios.

The figure number must be bolded (e.g., Figure 1). Capitalise only the first letter of the figure caption and align the text to the centre. Ensure the image and its caption appear on the same page. If the image is too large to fit within a standard two-column layout, it may be formatted to span a single column across the entire page width. High-resolution image files must also be submitted separately from the main manuscript document.

Table 1. Artesunate-chitosan nanoparticle formula with sucrose, trehalose, and maltodextrin bioprotectant

The table number must be bolded (e.g., **Table 1**). Capitalise only the first letter of the table title and align the text to **justify (Ctrl + J)**. Tables must be single-spaced and should not be split across multiple pages. Any table notes or annotations must be placed immediately below the table on the same page. If the table is too wide for a two-column layout, format it as a single column.

Materials/Ingredients	**Formula**				
	C*	**F1**	**F2**	**F3**	**F4**
Salicylic Acid (mg)	138	138	138	138	138
Zinc Acetate (mg)	0	45	90	135	180

Note. *C = Control (pure salicylic acid without the addition of metal complexing agent)

***All mathematical equations and formulas** must be clearly typed using a standard equation editor (e.g., Microsoft Word Equation Editor or MathType). The use of image-based formulas (e.g., screenshots or pictures) is strictly prohibited to ensure text searchability and high-quality typesetting.*

- *Each equation must be displayed on a separate line from the main text and numbered consecutively throughout the manuscript. The equation number must be enclosed in parentheses and strictly aligned to the right margin, e.g., (1), (2), (3). All corresponding variables and symbols used in the equation must be clearly defined in the subsequent paragraph.*
- *When referencing an equation within the main text, refer to it explicitly as "Equation 1" or "Eq. (1)".*
  Example of Equation Formatting:
  (Insert 1 blank line space before the equation)

$$Y = \alpha + \beta 1X1 + \beta 2X2 + \varepsilon \quad (1)$$

  (Insert 1 blank line space after the equation)
  Where Y represents the dependent variable, α is the constant, β represents the regression coefficient, X represents the independent variable, and ε is the error term.

CONCLUSION AND SUGGESTION ***(Format: Bold, All Capital Letters)***

Provide a clear, concise summary of the main research findings that directly address the research objectives. Do not merely repeat the data or statistics from the Results section. Evaluate and state the specific limitations (shortcomings) and strengths (advantages) of the study. Finally, provide concrete recommendations for clinical practice or further studies based on your findings.

ACKNOWLEDGMENT ***(Format: Bold, All Capital Letters)***
Briefly acknowledge individuals, institutions, or laboratories that provided significant technical, administrative, or general assistance during the research but do not meet the criteria for full authorship. You must also declare any financial support or funding agencies that made the research possible, including the specific grant or contract numbers.

REFERENCES ***(Format: Bold, All Capital Letters)***
The reference section must be arranged numerically in the exact order of their appearance in the text, strictly following the **Vancouver citation style**. Do not arrange the reference list alphabetically. For in-text citations, indicate references using Arabic numerals enclosed in square brackets (e.g., [1]).

To ensure the high scientific quality and indexation standards of the manuscript, authors must strictly adhere to the following reference requirements:

- **Reference Management:** The use of a standard reference management software (such as Mendeley, EndNote, or Zotero) is **mandatory** to avoid metadata errors.
- **Quantity Limits:** The manuscript must contain a **minimum of 25** and a **maximum of 40** references.
- **Recency and Scopus Indexation:** At least **80%** of the cited literature must consist of primary scientific journal articles published within the **last 5 years** before manuscript submission. Furthermore, these primary journal references must be **indexed in Scopus**.
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- **Active DOI / URLs:** Every journal article reference must include an active, clickable DOI (Digital Object Identifier) or a direct HTTPS URL at the end of the citation.
- **Metadata Accuracy:** Except for official government regulations, legal documents, or formal guidelines, the author's names, article titles, and journal names must exactly match the metadata registered on the original publisher's Open Journal Systems (OJS) or official website.
- **Indonesian Articles:** If citing an article originally written and published in Indonesian, **the article title must be translated into English**, followed by the bracketed text "[Indonesian]" to indicate the original language. The journal name should remain in its original published form.

Examples of Vancouver Style References:

1. Standard Journal Article with Active DOI: Darmawan E, Ahmad H, Perwitasari DA, Kusumawardani N. Pharmacist intervention can reduce the potential use of inappropriate drug medications in Indonesian geriatric patients. J Appl Pharm Sci. 2020;10(1):12-18. https://doi.org/10.7324/JAPS.2020.101012

2. Mandatory INPHARNMED Journal Citation: Anikasari E, Okta NA A. Acute changes in random blood glucose levels following atorvastatin therapy in ischemic stroke patients. INPHARNMED J. 2026;10(1):1–10. https://doi.org/10.21927/inpharnmed.v10i1.6943

3. Indonesian Article with Translated English Title: Setiawan B, Pratama R. Evaluation of clinical pharmacy services in regional hospitals [Indonesian]. Jurnal Farmasi Klinik Indonesia. 2023;12(2):45-55. https://doi.org/10.15416/ijcp.2023.12.2.45

4. Official Document / Government Regulation (Exceptions for exact OJS metadata): Kementerian Kesehatan Republik Indonesia. Survei Kesehatan Indonesia (SKI) 2023. Jakarta: Kementerian Kesehatan Republik Indonesia; 2024. https://www.badankebijakan.kemkes.go.id/ski-2023/

(In-text citation examples):

"...has been demonstrated in several recent studies [1, 2]."

"...according to the research conducted by Smith et al. [3]."

1. Anikasari E, Okta NA A. Acute changes in random blood glucose levels following atorvastatin therapy in ischemic stroke patients. INPHARNMED J. 2026;10(1):1–10. https://doi.org/10.21927/inpharnmed.v10i1.6943

2. Setiawan B, Pratama R. Evaluation of clinical pharmacy services in regional hospitals [Indonesian]. Jurnal Farmasi Klinik Indonesia. 2023;12(2):45-55. https://doi.org/10.15416/ijcp.2023.12.2.45
3. Kementerian Kesehatan Republik Indonesia. Survei Kesehatan Indonesia (SKI) 2023. Jakarta: Kementerian Kesehatan Republik Indonesia; 2024. https://www.badankebijakan.kemkes.go.id/ski-2023/

Note (Remove All Annotations from Before Submission)

To maintain high publication standards and ensure seamless indexation processes, authors must strictly adhere to the following general formatting rules throughout the manuscript:

1. **Language and Readability**
   All papers submitted to this journal must be written in good, formal, and grammatically correct academic English. Authors for whom English is not their native language are highly encouraged to have their paper checked by a professional English editing service before submission to ensure scientific clarity.
2. **Data Presentation and Visual Limits**
   The manuscript must not display raw, unprocessed data within the journal text. All data must be synthesized and properly presented. Furthermore, the ideal combined total of tables and figures is 8 items per manuscript, with a **strict limit of a maximum of 8 visual elements** in total.
3. **Supplementary Data**
   For graphs or charts created using spreadsheet software, authors must also submit the original editable data files (e.g., .xlsx) as supplementary material to ensure data transparency and reproducibility. ***To clearly distinguish them from the main text elements, all supplementary tables and figures must be numbered consecutively using an "S" prefix (e.g., Table S1, Table S2, Figure S1). These supplementary files must be explicitly cited within the main manuscript text (e.g., "Detailed patient characteristics are available in Table S1").***