## What Is My Mission?

A mission statement is a way to express what you are working towards in your life. A strong view of your mission, also known as your purpose, can help you determine where to focus your energies and aid you in doing "good work" that is excellent, ethical, and engaging.

Below are some questions to help you focus your thoughts and write a personal mission statement.

- 1. What is important to you? What and/or who do you value?
- 2. Where do you want to go in life? What would you like? This can be related to your choice of job, things that you want to do, places you would like to go, an emotion you would like to have, or more.
- 3. What does "the best" look like for you? What is your dream?
- 4. How do you want to act? How do you want people to describe you?
- 5. What kind of legacy do you want to leave behind you? What do you want people to say about you 100 years in the future, when your "good work" is done?

## (Adapted from Andy Andrews)

Here are two examples of what a personal mission statement could look like:

- I would like to become a veterinarian who helps animals live happy lives. I want to bring joy to families by taking care of their pets.
- My dream is to be able to play music as a job or at least in my free time. I'd like music to be a part of
  my life at all times. I want people to see me as someone who helps other people learn about music
  and supports other musical artists.

Write your own mission statement below.

## In addition:

- 1. Please provide an explanation of your mission statement in a paragraph. How did you decide upon it?
- 2. What would it mean to do "good work" if you follow your mission statement? Remember to think about excellence, ethics, and engagement as you write your answer.

<sup>\*</sup>As an alternative, consider creating an infographic of your mission statement which addresses the two questions above.