STRICTLY DANCE

SUPERIOR TRAINING, INFINITE POSSIBILITIES

UNDERWOOD TIMETABLE 2026

SUBJECT TO CHANGE

***INVITE ONLY CLASSES**

Age groups = Age is as of 1st January 2026

MONDAY

STUDIO 1			Silver Star & Gold Medal Ballet 4.00-4.45pm	Bronze Star & Silver Medal Ballet 4.45-5.30pm	Intermediate & Pre-Teen Hip Hop 5.30-6.15pm	Lyra 6.15-7.00pm **NON- CONCERT**	**Daddy Daughter 7.00-7.45pm Starting Term 4 Week 3**		
STUDIO 2			Bronze Medal & Bronze Star Jazz 4.00-4.45pm	Silver Medal & Silver Star Jazz 4.45-5.30pm		Intermediate & Pre-Teen Tap 6.15-7.00pm			

Tuesday

STUDIO 1 Ella			*6 &Under Performing team 4.00-5.00pm	6's 8's Junior concert dances combined 4.45-5.00	*Opens Performing Team 4.45-6.00pm	15's & Opens combined Junior concert 5.45-6.00	*15& Under Performing Team 5.45-7.00pm	12&U & Above Extension Program 7.00-8.00pm
STUDIO 2 Bella				10's 12's Opens Junior concert dances combined 4.45-5.00	*8&Under Performing Team 4.45-6.00pm		8/10&U Extension program Ballet/Contemporary Lyrical/Jazz 6.00-7.00pm	
STUDIO 3 Katherine			*10 & Under Performing Team 4.00-5.00pm		*12 & Under Performing Team 4.45-6.00pm			

WEDNESDAY

STUDIO 1				Gold Star & Above Progressive Ballet Technique 4.00-4.45pm **NON- CONCERT**	Intermediate & Above Ballet 4.45-5.30pm		RAD Intermediate Foundation Ballet 6.15-7.00pm **Syllabus Class**	RAD Advanced Foundation Ballet 7.00-7.45pm **Syllabus Class**	
STUDIO 2	Adult Pilates (16+) 9.15am-10.00am				Gold Medal & Gold Star Jazz 4.45-5.30pm	Gold Star & Elementary Ballet 5.30-6.15pm		Gold Star and Elementary Ballet 7.00-7.45pm **Syllabus Class**	
STUDIO 3			Mini movers Ballet 3.30-4.00pm	Mini Movers Jazz/Tap 4.00-4.45pm		Elementary & Advanced Jazz 5.30-6.15pm			

Thursday

STUDIO 1			Pre-Teen Contemporary 4.00-4.45pm	5/6&U Jazz (5-6yrs) 4.45-5.30pm	6&U Hip Hop (4-6 years) 5.30-6.15pm			
STUDIO 2			5/6&U Ballet (5-6yrs) 4.00-4.45pm	Beginner Pointe 4.45-5.30pm **NON- CONCERT**	Pre-Teen IDT 5.30-6.15pm **NON- CONCERT**	Gold Medal & Below PBT 6.15-7.00pm **NON- CONCERT**		

FRIDAY

STUDIO 1			Gold Medal Ballet 4.00-4.45pm **Syllabus Class**	6&U Acro (4-6 years) 4.45-5.30pm	Lyra L1 5.30-6.15pm **NON-CONCERT**	Intermediate Acro 6.15-7.00pm	Pre-Teen & Senior Acro 7.00-7.45pm	
STUDIO 2			6&U Tap (5-6 years) 4.00-4.45pm	Musical Theatre 10&U & Below (Age 7+) 4.45-5.30pm	Pre-Senior & Senior Tap 5.30-6.15pm	Musical Theatre 12&U & Above 6.15-7.00pm		
STUDIO 3			Silver Medal Ballet 4.00-4.45pm **Syllabus Class**	Advanced Ballet 4.45-5.30pm **Syllabus Class**		Silver Star Ballet 6.15-7.00pm **Syllabus Class**		

SATURDAY											
STUDIO 1	Mini Movers Adult Allowed (2-3 years) 8.30-9.00am		5/6&U Jazz 9.45-10.30am	5/ 6&U Ballet 10.30-11.15am		Petite IDT 11.15-12.00pm **NON-CONCERT**	Junior IDT 12.00-12.45pm **NON-CONCERT**	Senior Pointe 12.45-1.30pm **NON-CONCERT**	Senior IDT 1.30-2.15pm **NON-CONCERT**		
STUDIO 2		Mini Mover's Ballet (3-4 years) 8.45-9.15am	Mini Mover's Jazz/Tap (3-4 years) 9.15-10.00am	Bronze Star Ballet 10.00-10.45am **Syllabus Class**		Open Ballet (Gold Star Ballet & Above) 11.15-12.00pm **NON-CONCERT**	Senior Contemporary 12.00-12.45pm	Intermediate Contemporary 12.45-1.30pm		Senior Hip Hop 2.15-3.00pm	

PLEASE NOTE:

- To be able to undergo ballet examinations, students in 6&U Ballet & Above must attend 2 ballet classes per week.
- Students in Gold Star & Above ballet grades must attend 2 ballet classes per week plus Pointe Class to be able to undergo their ballet examinations.
- Performing team students must be attending at least those classes outlined in the performing team code of conduct.
- Students in Contemporary must attend at least one ballet class per week.
- Students in stretch and technique must also be enrolled in a jazz, or ballet class
- Extension Program is available to all students that are also enrolled in a jazz, or ballet class
- Age is as of the 1st of January 2026