LORIO FORENSICS
Psychiatry, Psychology and Social Work Expertise

Barbara Robles-Ramamurthy, M.D.

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Education

Bachelor of Science, Biology 2008
University of Texas Pan-American

Bachelor of Arts, Psychology 2008
University of Texas Pan-American

Medical Degree 2012
Baylor College of Medicine

Residency and Fellowship Training

General/Adult Psychiatry Residency July 2012 – June 2015
University of Pennsylvania Hospital

Child and Adolescent Psychiatry Fellowship July 2015 - June 2017
Children's Hospital of Philadelphia (CHOP)

Psychoanalytic Fellowship July 2017 – June 2018
Psychoanalytic Center of Philadelphia

Forensic Fellowship July 2017 – June 2018

Hospital of the University of Pennsylvania

Specialized Training

SPACE Training. SPACE, Dr. Eli Lebowitz.
14 hour training program, Virtual 2023

Dialectical Behavioral Skill Training. Behavioral Tech.
40 hour training program, Virtual 2023

Dialectical Behavioral Skills Training. Behavioral Tech.
24 hour training program, Philadelphia, PA 2017

Philadelphia Human Rights Clinic Physicians Training: How to conduct asylum evaluations, Physicians for Human Rights, 2017 Philadelphia, PA, Re-trained March 2021

Adolescent Prolonged Exposure Workshop
Philadelphia Behavior Therapy Association, Philadelphia, PA Aug 2015

Dialectical Behavioral Therapy leader/co-leader specialized experience during Psychiatry Residency training, 2014-2015

Licensure and Certification

Nationally Board Certified in General/Adult Psychiatry, American Board of Psychiatry and Neurology as of September 22, 2016

Nationally Board Certified in Child Psychiatry, American Board of Psychiatry and Neurology as of September 18, 2017

Nationally Board Certified in Forensic Psychiatry, American Board of Psychiatry and Neurology as of November 19, 2021

Language Proficiency

Native Spanish speaker, fully bilingual

Academic Appointments

University of Texas Health San Antonio (UTHSA) MD/MPH Faculty Advisor January 2024-Present

Boards, Advisory Positions and Political Appointments

City of San Antonio Mayor's Fitness Council, Healthy School Committee, May 2023 - Present

American Academy of Child & Adolescent Psychiatry (AACAP) Program Committee, Diversity, Equity and Inclusion Subcommittee, April 2023 - October 2026

American Psychological Association Guideline Update Panel for the Treatment of PTSD in Adults, March 2023 - August 2025

Celebrate Dyslexia Board Member, January 2023 - August 2024

Juvenile Legal System Committee of the Criminal Justice Action Team, Office of the Governor, Pennsylvania, Jan 2022-Dec 2022

APA Spanish Resource Workgroup, January 2022-Dec 2022

City of San Antonio COVID19 Community Response and Equity Coalition, November 2021 - September 2023

South Texas Psychiatric Practice Based Research Network, Director, UTHSCSA (June 2021 - December 2023)

AACAP Program Committee, April 2021 - October 2026

- Presidential Appointment

AACAP Program Committee, Institutes Subcommittee, April 2021-April 2023

APA Presidential Task Force on Racism, Resource Workgroup, January 2021-May 2021

UTHSA Diversity Ambassador for the Department of Psychiatry and Behavioral Sciences, October 2020-June 2021

Trauma Informed Care Consortium, Justice Sector, San Antonio, Texas, July 2020-June 2021

Director, San Antonio Asylum Medicine and Human Rights Program, UTHSA, San Antonio, Texas, December 2019-July 2023

American Psychiatric Association (APA) Council on Minority Mental Health and Health Disparities, May 2018-May 2020

AACAP Diversity and Culture Committee, October 2017-October 2019
- Presidential Appointment

AACAP Deaf and Hard of Hearing Committee, November 2015-2020

University of Pennsylvania Health System (UPHS)-CHOP Alliance of Minority Physicians Executive Board, May 2017-Jan 2018

La Puerta Abierta Board of Directors Member, Philadelphia, PA, July 2015-September 2017

Resident Representative of Regional Council of the American Academy of Child and Adolescent Psychiatry, May 2015-December 2016

APA Minority Fellowship Program Alumni and Mentor Coordinator, January 2015-June 2016

UPHS-CHOP Alliance of Minority Physicians Social and Networking Committee Chair, July 2015-June 2016

APA Council of Children, Adolescents and their Families, July 2014-June 2016

UPHS-CHOP Alliance of Minority Physicians Executive Board Member, May 2014-July 2015

UPHS-CHOP Alliance of Minority Physicians Recruitment Committee, Psychiatry Representative, July 2013-May 2014

Work Experience

Founder and CEO at Teku March 2022-Present

- Provide psychiatric clinical services to children, adults and families
- Support nonprofit program development, implementation and evaluation
- Develop online educational material to promote healthy communication and relationships in families to protect youth mental health
- Foster collaborative partnerships with clinical and non-profit organizations to offer parenting and family mental health educational materials to diverse communities, including Black and Latino families
- Educational and psychosocially supportive services to families seeking solution-based, non-clinical services

Founder and CEO at Saagara PLLC February 2022-Present

- Principal consultant offering Forensic Psychiatric services
- Provide medical educational presentations on a variety of topics including topics related to the interaction between child and family mental health and the legal system

Senior Fellow, Consultant at Meadows Mental Health Policy Institute January 2023-December 2023

- Developed a protocol for the promotion of trauma informed care practices in diverse clinical settings

- Reviewed guidelines for the use of Multisystemic therapy and Functional Family Therapy, which were used to seek state funding to implement these interventions to reduce incarceration rates in Texas
- Supported the preparation of a grant application to OJJDP to support the creation of the Bexar County Continuum of Care to expand mental health care and support access to youth to reduce youth incarceration in Bexar County. Grant was awarded to MMHPI in 2024
- Supported the development of a continuum of best practices along Intercept 0-1 of the Sequential Intercept Model applicable to the El Paso community to reduce youth incarceration
- Clinical expertise support to the implementation of Collaborative Problem Solving education to parents and caregivers in pediatric practices

Medical Director for Psychiatric Services at the Bexar County Juvenile Detention Center, UTHSA Oct 2018-July 2023

- Supervision and teaching of UT Health San Antonio Psychiatry residents, Child and Adolescent Psychiatry Fellows and Family Medicine residents, as well as medical students, October 2018-July 2023
- Improved methods to promote trauma informed care and collaborative care approaches among psychiatric providers, crisis counselors, therapists and correctional officers
- Standardized processes to monitor youth who had been detained for longer than 6 months to ensure their medical, mental health, educational and family connection needs were being adequately addressed
- Developed clinic protocols for commonly occurring mental health needs and conditions to ensure best practices were utilized and there was consistency in the treatment provided to detained youth

Professional Memberships and Organizations

American Academy of Psychiatry and the Law July 2017-Present

American Association of Child and Adolescent Psychiatry January 2009-Present

American Psychiatric Association January 2010-2023

Psychoanalytic Center of Philadelphia September 2017-June 2018

American Association for Social Psychiatry Member, July 2015-2018

Pennsylvania Psychiatric Society August 2012-August 2018

BCM Student Interest Group in Psychiatry October 2010-February 2012

- President

Doctors for Change, Mental Health Committee Coordinator, January 2010-May 2012

Texas Regional Psychiatry Minority Mentor Network, Member, August 2008-May 2012

Peer-Reviewed Publications

Robles-Ramamurthy, B, Ginjupalli M, Ashraf S, Fortuna L. Improving systems of care for immigrant refugee girls: Weaving culture and data to improve clinical care. Child Adolesc Psychiatr Clin N Am. 2026 Jan;35(1):139-150. doi:10.1016/j.chc.2025.04.008.

Robles-Ramamurthy B, Ginjupalli M, Ashraf S, Fortuna L. Improving systems of care for immigrant and refugee girls: Weaving personal wisdom, clinical experience, and advocacy to promote public mental health. Child Adolesc Psychiatr Clin N Am. 2025: 138-149. doi: 10.1016/j.chc.2025.04.008

Velez G, Diaz A, **Robles-Ramamurthy B**, Caraballo A. Clinical Considerations around the Development of Latinx Boys and Mental Health Outcomes. Child Adolesc Psychiatr Clin N Am. 2025 Oct;34(4):551-564. doi: 10.1016/j.chc.2025.05.003. Epub 2025 Jul 10. PMID: 41101848.

Yang, P., San Pedro, J., Peche, M., **Robles-Ramamurthy, B.**, Plastino, K. Do Adverse Childhood Experiences Change Medical Student Career Choices? Academic Medicine. Submitted March 2023

American Psychological Association. (2025). APA Clinical practice guideline for the treatment of posttraumatic stress disorder (PTSD) in adults. https://www.apa.org/ptsd-guideline/ptsd.pdf

Robles-Ramamurthy B, Njoroge WFM, Benton TD. Bringing The Village To The Child: Answering The Call To Lead And Transform Child And Adolescent Psychiatry. Child Adolesc Psychiatr Clin N Am. 2024 Jul;33(3):xvii-xix. doi: 10.1016/j.chc.2024.03.012. Epub 2024 Apr 6. PMID: 38823821

Robles-Ramamurthy B, Bath E, Lowenhaupt EA, Tolou-Shams M. Advancing Youth Justice: The Child and Adolescent Psychiatrist's Role. Child Adolesc Psychiatr Clin N Am. 2024 Jul;33(3):397-409. doi: 10.1016/j.chc.2024.03.006. Epub 2024 Apr 16. PMID: 38823812

Snyder, S. E., Mayinja, L., **Robles-Ramamurthy, B.**, El Zarka, A., Bath, E. P., & Folk, J. B. (2024). Comparing Rates Of Mental Health Diagnosis In Adolescents Evaluated At A Community Clinic Versus Detention-Based Clinic: Is Traumatic Stress Still Most Salient? *Psychological Injury and Law*. Advance online publication. https://doi.org/10.1007/s12207-024-09501-y

Malison KA, Avila-Quintero VJ, Al-Mateen CS, Flores J, Landeros Weisenberger A, Njoroge WFM, Novins DK, **Robles-Ramamurthy B,** Taylor JH, Bloch MH, Tobón AL. Racial Implicit Associations in Child Psychiatry. J Am Acad Child Adolesc Psychiatry. 2024 May 30:S0890-8567(24)00305-8. doi: 10.1016/j.jaac.2024.04.013. Epub ahead of print. PMID: 38823476.

Robles-Ramamurthy B, Zaki S, Sandoval J, Dube A, Hlozek S, Fortuna L, Williamson A. Improving Adolescent Sleep in Long-Term Juvenile Correctional Settings: Case Examples with Clinical Research, and Policy Implications. Sleep Advances. 2024 Feb; 5(1): zpae006, https://doi.org/10.1093/sleepadvances/zpae006.

Robles-Ramamurthy, B., Fortuna, L. Editorial: Institutional Commitment is Needed to Promote Antiracist Care of Unaccompanied Immigrant Minors. JAACAP. Online publication March 27, 2023. PMID 36997113

Yang P., Sumner B., Neill J.A., Gomez J., Garza G.L., Alvarez L., Benn V., Wylie A.J., Cordero R., Ratrut O., Lim M., Lim D., Evans J.T.N., Kroll R., Galan M.L., Garza G., Reilly-Sanchez L.M., **Robles-Ramamurthy B.**, Von Stultz J., Osborne J.L., Todd J., Plastino K.A. The Youth Collaborative Mental Health Survey: A Community-Based Participatory Research Approach with Majority Hispanic Youth. *Community Engagement and Scholarship*. 2023 Oct;16(1):8. DOI: 10.54656/jces.v16i1.550

Folk, J., **Robles-Ramamurthy, B.**, Yang, P., Patel, J., Yoon, C., Thomas, A. A Pilot Evaluation of a Comprehensive Dialectical Behavior Therapy for Adolescents in a Juvenile Correctional Treatment Center. Frontiers Child Adolesc Psychiatry. 2023;2. https://doi.org/10.3389/frcha.2023.1207575

Yang, P, Folk, J, Lugosi, S, Bemat, Z, Thomas, A, **Robles-Ramamurthy, B**. Dialectical Behavior Therapy in Juvenile Correctional and Detention Facilities: A Scoping Review. J Correct Health Care. 2023;29(5):355-369. doi:10.1089/jchc.22.05.0041. PMID: 37695814

Yang P., Tsai J., **Robles-Ramamurthy B.,** Emko N. COVID-19 Related Mental Health Among a Sample of Families Transitioning from Homelessness. Journal of Student-Run Clinics. 2022 Oct;8(1). Retrieved from https://journalsrc.org/index.php/jsrc/article/view/347

Robles-Ramamurthy, B., Sandoval, J., Londono-Tobon, A., Fortuna, L. Beyond Children's Mental Health: Cultural Considerations to Foster Latino Child and Family Mental Health, Child and Adolescent Psychiatric Clinics of North America, doi: 10.1016/j.chc.2022.05.005

Pliszka, S.R., Pereira-Sanchez, V., **Robles-Ramamurthy, B**. A review of Clinical Practice Guidelines (CPGs) in the diagnosis and treatment of Attention-deficit/hyperactivity disorder (ADHD). Child Psychiatry Clinics of North America. Under review.

Yang P., Crous Y., Balli-Borrero N.A., Scott B.L., Trujillo A.M., Choi B.Y., **Robles-Ramamurthy B**. Antiracism Work in Schools: Using Dialectical Behavior Therapy Skills to Empower South Texas Educators. Journal of the American Academy of Child & Adolescent Psychiatry. Available online 13 April 2022. https://doi.org/10.1016/j.jaac.2022.03.031

Rafla-Yuan, E., Moore, S., Carvente-Martinez, H., Yang, P., Balasuriya, L., Jackson, K., McMickens, C., **Robles-Ramamurthy, B**. (2022). Striving for equity in community mental health: Opportunities and challenges integrating care for BIPOC youth. *Child Psychiatry Clinics of North America*, 31: 295-312.

Robles-Ramamurthy, B., Coombs, A., Wilson, W., Vinson, S. Black Children and the Pressing Need for Anti-Racism in Child Psychiatry. *Journal of the American Academy of Child and Adolescent Psychiatry*, 60(4): 432-434.

LeRoy, A. S., **Robles, B**., Kilpela, L. S., & Garcini, L. M. (2020). Dying in the face of the COVID-19

pandemic: Contextual considerations and clinical recommendations. *Psychological Trauma: Theory, Research, Practice and Policy*.

Fortuna, L.R., Tolou-Shams, M., **Robles-Ramamurthy, B**., & Porsche, M.V. Inequity and the Disproportionate Impact of COVID-19 on Communities of Color in the United States: The Need for a Trauma-Informed Social Justice Response. *Psychological Trauma: Theory, Research, Practice, and Policy*. Online First Publication, June 1, 2020.

Robles-Ramamurthy, B. Watson, C. Examining Racial Disparities in Juvenile Justice. Journal of American Academy of Psychiatry and the Law. 2019; 47 (1): 48-52.

Robles-Ramamurthy, B., Steinberg. A. School Nurse May Testify About Child's Statement of Abuse in the Abuser's Criminal Trial. Journal of the American Academy of Psychiatry and the Law. 2018; 46 (2): 256-258.

Harris TB, Elkins S, Butler A, Shelton M, **Robles B**, Kwok S, Simpson S, Young DW, Mayhew A, Brown A, Sargent AJ. Youth Gang Members: Psychiatric Disorders and Substance Use. *Laws*. 2013; 2(4):392-400.

Peer-Reviewed Publications in Preparation or Under Review:

Clinical considerations for the development of Hispanic/Latino boys and mental health outcomes. *Child and Adolescent Psychiatry Clinics of North America*. Invited manuscript.

Yang, P., San Pedro, J., Peche, M., **Robles-Ramamurthy, B**., Plastino, K. Do Adverse Childhood Experiences Change Medical Student Career Choices? *Academic Medicine*. Submitted March 2023.

Accepted Peer-Reviewed Publications, In Press:

Caraballo, A., et al. Development of Latinx Boys and Impact on Mental Health. *Frontiers*. Invited Manuscript. Accepted.

Book Chapters

Snyder, S.E., **Robles-Ramamurthy, B.** Psychopharmacology through a developmental systems lens. A Developmental Systems Guide for Child and Adolescent Behavioral Health Practitioners. Chapter 5. Philadelphia, PA.: Temple University Press, 2023.

Robles-Ramamurthy, B., Caban-Aleman, C., Rodriguez, M., Chen, X., Rothe, E., Fortuna, L. Migrant and Refugee Mental Health. *Community Psychiatry*. APA Psychiatric Publishing.

Anderson, A., Andrade, G., Majumder, P., **Robles-Ramamurthy, B**., et al. "Selected Topics in Psychiatry." *Nelson Pediatrics Board Review: Certification and Recertification*. Ed. Terry Dean, Jr. Ed. Louis M. Bell. Philadelphia: Elsevier, 2019. 599-610. Print.

Additional Publications

Robles-Ramamurthy, B. Building Resilience: The Power of Hope for Mental Health. Psychology Today. September 26, 2024. https://www.psychologytoday.com/us/blog/collective-healing/202409/building-resilience-the-power-of-hope-for-mental-health#:~:text=Hope%20fosters%20resilience%2C%20helping%20families,solving%20can%20strengthen%20family%20bonds.

Robles-Ramamurthy, B. Beyond Clinical Walls: New Approaches in Mental Health Care. Psychology Today. June 4, 2024. https://www.psychologytoday.com/us/blog/collective-healing/202406/beyond-clinical-walls-new-approaches-in-mental-health-care

Robles-Ramamurthy, B. Empowered Parenting Requires Radical Acceptance. Psychology Today. February 27, 2024. https://www.psychologytoday.com/us/blog/collective-healing/202402/empowered-parenting-requires-radical-acceptance

Robles-Ramamurthy, B. Ever feel like talking about certain things can be a bit tricky? Those

Nerdy Girls. February 21, 2024. https://thosenerdygirls.org/posts-by-author/?ng_author=9706

Robles-Ramamurthy, B. Enhancing Connections: The Power of Nonviolent Communication. Psychology Today. January 8, 2024. https://www.psychologytoday.com/us/blog/collective-healing/202401/enhancing-connections-the-power-of-nonviolent-communication

Robles-Ramamurthy, B. Supporting Latino Men and Their Mental Health. Psychology Today. December 13, 2023. https://www.psychologytoday.com/us/blog/collective-healing/202312/supporting-latino-men-and-their-mental-health

Robles-Ramamurthy, B. Reducing Stigma Against Mental Illness in Latino Communities. Psychology Today. December 4, 2023. https://www.psychologytoday.com/us/blog/collective-healing/202312/reducing-stigma-against-mental-illness-in-latino-communities

Robles-Ramamurthy, B. "Mi Hijo Does Not Have Depression." Psychology Today. November 28, 2023. https://www.psychologytoday.com/us/blog/collective-healing/202311/mi-hijo-does-not-have-depression

Robles-Ramamurthy, B. Death and Dying: A Reason for Celebration? Psychology Today. October 26, 2023. https://www.psychologytoday.com/us/blog/collective-healing/202310/death-and-dying-a-reason-for-celebration

Robles-Ramamurthy, B. Navigating Parenthood With a Mental Illness. Psychology Today. October 5, 2023. https://www.psychologytoday.com/us/blog/collective-healing/202310/navigating-parenthood-

with-a-mental-illness

Robles-Ramamurthy, B. Enhancing Kids' Well-Being Beyond Clinical Settings. Psychology Today. September 20, 2023. https://www.psychologytoday.com/us/blog/collective-healing/202309/enhancing-kids-well-being-beyond-clinical-settings

Robles-Ramamurthy, B. Learning to Access Your Inner Wisdom. Psychology Today. August 29, 2023. https://www.psychologytoday.com/us/blog/collective-healing/202308/learning-to-access-your-inner-wisdom

Robles-Ramamurthy, B. Fostering Positive Childhood Experiences and Environments. Psychology Today. August 25, 2023. https://www.psychologytoday.com/us/blog/collective-healing/202308/fostering-positive-childhood-experiences-and-environments

Robles-Ramamurthy, B. Learning to Thrive Despite Our Struggles. Psychology Today. Available at https://www.psychologytoday.com/us/blog/collective-healing/202305/learning-to-thrive-despite-our-struggles

Robles-Ramamurthy, B. Teku Parenting. Online Course, Published July 2023. Available at www.jointeku.com.

Robles-Ramamurthy, B., Platt, R. Filling in gaps in mental health care for children in immigrant families. AAP Council on Immigrant Child and Family Health Newsletter. Fall 2022. Invited column.

Robles-Ramamurthy, B. My job security relies on another woman taking care of my children. KevinMD. September 2022. https://www.kevinmd.com/2022/09/my-job-security-relies-on-another-woman-taking-care-of-my-

children.html

Robles-Ramamurthy, B. Supporting Kids After a School Shooting. Psychology Today. June 3, 2022. https://www.psychologytoday.com/us/blog/collective-healing/202206/supporting-kids-after-school-shooting

Robles-Ramamurthy, B. After Uvalde, support children, then take action. San Antonio Express News. May 26, 2022. https://www.expressnews.com/opinion/commentary/article/Uvalde-support-children-take-action-17200957.php

Robles-Ramamurthy, B. Embrace Music to Foster Mental Health. Psychology Today. April 29, 2022. https://www.psychologytoday.com/us/blog/collective-healing/202204/embrace-music-foster-mental-health

Bringuez, B., Hampton, K., Mishori, R., Ramanathan, V., **Robles-Ramamurthy, B**. "Part of my heart was torn away" What the U.S. Government Owes the Tortured Survivors of Family Separation. Physicians for Human Rights. April 19, 2022. https://phr.org/our-work/resources/part-of-my-heart-was-torn-away/

Robles-Ramamurthy, B. Book Bans, Racism and Black Children's Mental Health. Psychology Today. March 9, 2022. https://www.psychologytoday.com/us/blog/collective-healing/202203/book-bans-racism-and-black-childrens-mental-health

Robles-Ramamurthy, B. Racism, Education and Black Children's Mental Health. Psychology Today. March 8, 2022. https://www.psychologytoday.com/us/blog/collective-healing/202203/racism-education-and-black-childrens-mental-health

Robles-Ramamurthy, B. Healing Lessons from 'Encanto.' Psychology Today. January 31, 2022. https://www.psychologytoday.com/us/blog/collective-healing/202201/healing-lessons-encanto

Yang P.,Crous Y., Balli-Borrero N., Choi B.Y., **Robles-Ramamurthy B**. "Antiracism Work in Schools: Using Dialectical Behavioral Therapy Skills to Empower South Texas Educators" *JAACAP Connect*. 2021 July 23;8(1):34-38.

Robles-Ramamurthy, B. How we are failing children of color during COVID-19. February 23, 2021. AAMC News. https://www.aamc.org/news-insights/how-we-re-failing-children-color-during-covid-19

Robles-Ramamurthy, B., Sandoval, J. After the storm, a focus on meeting basic needs. *San Antonio Express-News*. February 26, 2021. https://www.expressnews.com/opinion/commentary/article/Commentary-After-the-storm-a-focus-on-meeting-15981862.php

Robles-Ramamurthy, B. 6 Ways to Engage Families to Support Child Mental Health. *CLOSLER*. January 2021. https://closler.org/connecting-with-patients/6-ways-to-engage-families-to-support-child-mental-health

Clearinghouse Subgroup, Resources Workgroup, APA Presidential Task Force to Address Structural Racism Through Psychiatry. Updated April 30, 2021. https://www.psychiatry.org/File%20Library/Psychiatrists/APA-Report-of-Task-Force-on-Structural-Racism-to-BOT-05112021.pdf

Robles-Ramamurthy, B. Online content editor. National Alliance on Mental Illness: Hispanic/Latinx. https://nami.org/Your-Journey/Identity-and-Cultural-Dimensions/Hispanic-Latinx

Fortuna, L, **Robles-Ramamurthy, B**. A Culturally Informed Response to COVID-19 for the Latinx Immigrant Community. *NAMI Advocate*. Fall 2020.

Breur, J., Chong, N., Diaz, E., Falcone, T., Garcia, L., **Robles-Ramamurthy, B.** Stress & Trauma Toolkit for Treating Hispanics in a Changing Political and Social Environment. American Psychiatric Association. https://www.psychiatry.org/psychiatrists/cultural-competency/education/stress-and-trauma/hispanic

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Robles-Ramamurthy, B., Ambriz, Al, Fortuna, L. Commentary: ICE Must Release Children with Their Families. *San Antonio Express-News*. July 24, 2020. https://www.expressnews.com/opinion/commentary/article/Commentary-ICE-must-release-children-with-their-15431972.php

Robles-Ramamurthy, B., Fortuna, L. The Importance of Addressing Perinatal Mental Health in Unaccompanied Immigrant Youth. *AACAP News*. 2019; 50 (3): 118-119.

Robles-Ramamurthy, B., Fowler, A., Weiss, K. Book Review: Between The World and Me. Journal of the American Academy of Psychiatry and the Law. 2018; 46 (2): 271-273.

Robles-Ramamurthy, B., Concepcion-Zayas, M., Fortuna, L. Immigration and Mental Health: An Opportunity for Advocacy. JAACAP Connect. 2017; 4 (2): 5-7.

Robles-Ramamurthy, B, Fortuna, L, Tillman, C. Unaccompanied Latino Youth: Who is Taking Care of Them. *AACAP News*. 2016; 47 (1): 36-7.

Invited Lectures

Robles-Ramamurthy, B., Developing Your Career in Child and Adolescent Forensic Psychiatry, University of Nebraska Medical Center Department of Psychiatry, June 3, 2026.

Robles-Ramamurthy, B., Yoga and Family Mental Health, Aum Ashram Yoga Chikitsa, May 17, 2026.

Robles-Ramamurthy, B., Reflections of Resilience: Learning From Life's Challenges in Psychiatry, AACAP Annual Meeting in Chicago, October 23, 2025, Invited speaker for the Annual Medical Student and Resident Breakfast.

Robles-Ramamurthy, B., Yoga for Mental Health, Teku Integrative Psychiatry Learning Collaborative, Virtual, July 13, 2025.

Robles-Ramamurthy, B., The 8 Dimensions of Wellness, UT Health San Antonio, Public Health Camp, San Antonio, TX, June 27, 2025.

Robles-Ramamurthy, B., Child and Adolescent Forensic Psychiatry, UT Health San Antonio CAP Fellowship Didactics, San Antonio, TX, May 13, 2025.

Figueras-Daniel, A., Barajas-Gonzalez, G., Rofe, J., Pottratz Acosta, A., **Robles-Ramamurthy, B**., The Impact of Immigration Threat on Educators' Work and Well-Being in Schools: Insights From Educators, Foundation for Child Development, Virtual, April 1, 2025.

Robles-Ramamurthy, B., Byrne, J. A Career as a Physician in Public Health, UTHSA MH/MPH Elective Lecture, San Antonio, TX, January 29, 2025.

Robles-Ramamurthy, B., Siebenaler, S., Baker, Nikisha., SA Smart Mayor's Challenge Expert Panel, San Antonio, TX, January 23, 2025.

Peer Reviewed and Invited Continuing Medical Education Presentations

Robles-Ramamurthy, B. Youth Holistic Mental Health. David Robinson Fellowship, San Antonio, TX. December 7, 2024.

Robles-Ramamurthy, B. School Mental Health: Diagnoses and Interventions for Common Psychiatric Conditions. Judson ISD Professional Development. Live Oak, TX. November 5, 2024.

Champagne-Aves, N, Yang P, Backman AE, Sivachiambaram M, Sevigny A, Reyes C, Sukhera J, Malik S, Shapiro D, **Robles-Ramamurthy, B**. Improving Family Mental Health: Pilot Data From a DBT-Informed Parenting Program. AACAP Annual Meeting. October 28, 2023. New York, NY.

Robles-Ramamurthy, B. A career in Child and Adolescent Psychiatry: Academia, Holistic Health and Social Entrepreneurship. UTHSA MD/MPH Class Dinner Invited Speaker. October 9, 2024.

Robles-Ramamurthy, B. Youth Depression, Anxiety and Suicide. Federation of Tamil Sangams North America 37th Convention, San Antonio, TX. July 5, 2024.

Robles-Ramamurthy, B. Public Mental Health: From Individual to Collective Health. UTHSA Public

Health Camp Invited Speaker. San Antonio, TX. June 21, 2024.

Robles-Ramamurthy, B. Circular Nourishment: How taking care of Mother Earth nourishes our bodies, minds and spirits. Food and Nature Conference, San Antonio, TX. May 18, 2024.

Robles-Ramamurthy, B. Mental Health Equity: How community organizations can serve diverse communities. California's Council of Community Behavioral Health Agencies Race and Social Equity Task Force. Virtual. April 3, 2024.

Robles-Ramamurthy, B. Maintaining Our Health in Academia: Aligning Your Goals, Values and Mission. RAISE for Women in Academia, February 21, 2024, Virtual presentation

Robles-Ramamurthy, B. School-Based Suicide Prevention. SAISD Counseling Staff Professional Development, February 9, 2024, San Antonio, TX

Robles-Ramamurthy, B. Healthy Communication Skills and Family Mental Health, Schenk Elementary School, SAISD, January 25, 2024, San Antonio, TX

Champagne-Aves, N, Yang P, Backman AE, Sivachiambaram M, Sevigny A, Reyes C, Sukhera J, Malik S, Shapiro D, **Robles-Ramamurthy, B**., Improving Family Mental Health: Pilot Data From a DBT-Informed Parenting Program, AACAP Annual Meeting. October 28, 2023, New York, NY

Sidhu SS, Ravinderpal S, Bihani NR, Jacobson SL, Liu HY, Mying MT, Richards MC, **Robles-Ramamurthy B.** Knowing Who You Are: A Transformative, Collective, and Interactive Self-Assessment to Enhance Meaning, Connectedness, and Self-Discovery in Medicine and Beyond. AACAP Annual Meeting, October 27, 2023, New York, NY

Shapiro DN, Barnes AA, Deshpande S, Menon S, **Robles-Ramamurthy, B.,** Self-Compassion, AACAP Annual Meeting, October 26, 2023, New York, NY

Agnihotri O, Champagne-Aves N, Sivachidambaram M, Waxler K, Crous Y, Verduzco-Gutierrez M, **Robles-Ramamurthy, B.**, A Scoping Review of Neuropsychiatric Sequelae of Long COVID-19 in Children and Adolescents, AACAP Annual Meeting, October 25, 2023, New York, NY

McGuire E, Borlik MF, Hajirnis A, Bath E, Cullins LM, **Robles-Ramamurthy B**, Raj A. Getting to Yes:

Contract Negotiation Essentials for Women Child and Adolescent Psychiatrists at All Career Stages Through the Lens of Intersectionality and Structural Bias, AACAP Annual Meeting, October 25, 2023, New York, NY

Robles-Ramamurthy, B. School-Based Suicide Prevention, SAISD Counseling Staff Professional Development, September 15, 2023, San Antonio, TX

Robles-Ramamurthy, B. Patient Centered Care: How Primary Care Providers Can Improve the Mental Health LGBTQ+ Youth, UT Health San Antonio. June 29, 2023. CME Virtual Presentation

Robles-Ramamurthy, B. Public Mental Health: From Individual to Collective Family Mental Health, Child and Adolescent Psychiatry Summer Immersion Program, University of California San Diego June 22, 2023, Virtual Presentation

Robles-Ramamurthy, B. Eating Disorders in Children and Adolescents, UT Health San Antonio, Child Psychiatry Access Network ECHO, May 31, 2023, Virtual Presentation

Robles-Ramamurthy, B., The power of early piloting in entrepreneurial success, New Schools Venture Fund, Communities of Practice Meeting, May 14, 2023, New Orleans, LA

Robles-Ramamurthy, B. Out of Control Kids: How to Advise Parents. UT Health San Antonio, Child Psychiatry Access Network ECHO Session, May 5, 2023, Virtual Presentation

Robles-Ramamurthy, B. Child Psychiatry Access Network ECHO Program Introduction. UT Health San Antonio, Child Psychiatry Access Network ECHO Session, April 5, 2023, Virtual Presentation

Robles-Ramamurthy, B. Child and Adolescent Psychiatrists as Health Equity Experts. Duke University, Child and Adolescent Psychiatry Fellowship Program, April 20, 2023, Virtual Presentation.

Robles-Ramamurthy, B. Treatment of Substance Use Disorders in Youth, Texas Substance Use Symposium, San Antonio, Texas. March 28, 2023

Robles-Ramamurthy B, Rolin S, Gibson-Lopez G, Chakales A, Rumey S, et al. Association of Trauma and Post-acute Sequelae of SARS-CoV-2 (PASC) Symptoms in a Long COVID Physiatry

Clinic. Association of Academic Physiatrists annual meeting, February 2023, Anaheim, CA

Champagne-Aves, N., Sevigny, A., Sivachimdambaram, M., Reyes, C., Yang, P., Gaffney, J., Bao, J., Jones, J., De Leon, S., Shapiro., D., **Robles-Ramamurthy, B**., H.E.A.L. Together SA, Community Mental Health Service-Learning Conference: Mental Health is Public Health, February 4, 2023, San Antonio, TX

Champagne-Aves, N., Bao, M., Jones, J., Gaffney, J., Yang, P., Sivachidambaram, M., Sevigny, A., Champagne, L., **Robles-Ramamurthy, B.,** Fostering Mental Health in LGBTQ+ Young Adults, Community Mental Health Service-Learning Conference: Mental Health is Public Health, February 4, 2023, San Antonio, TX

Robles-Ramamurthy, B. Children's Mental Health Beyond COVID-19, The COVID Curve: Evaluating the State of Child and Youth Health in South Texas, Superintendents' Forum presented by Trinity's Center for Education Leadership in partnership with UT Health San Antonio, February 9, 2023

Robles-Ramamurthy, B. Centering Justice and Healing in Child and Family Mental Health, Grand Rounds presentation, Department of Psychiatry at the University of California San Diego, January 24, 2023

Robles-Ramamurthy, B. Centering Justice and Healing in Child and Family Mental Health, Grand Rounds presentation, Department of Psychiatry at the Institute of Living, Hartford, Connecticut, December 8, 2022

Robles-Ramamurthy, B., et al. Clinicians as Human Rights Defenders: A PHR Human Rights Day Conversation, Panel Discussion hosted by Physicians for Human Rights, Virtual December 7, 2022

Yang, P., Folk, J., Thomas, A., **Robles-Ramamurthy, B**. Gender Differences in Responsiveness to DBT Intervention for Youth in a Juvenile Correctional Facility, AACAP Annual Meeting in Toronto, October 19, 2022, Poster presentation.

Robles-Ramamurthy, B., Yang, P., Sorensen, C., Joshi, S., Todd, J., Trivedi, M., Adelsheim, A., Poulsen, R. Innovative and Collaborative Ways to Address the Children's Mental Health Crisis: Meeting Patients Where They Are Through Community-Academic Partnerships, AACAP Annual

Meeting in Toronto, October 18, 2022

Robles-Ramamurthy, B., Fortuna, L., Breland-Noble, A., O'Keefe, V., Price, M. Creating Our Own Tables: Innovations in Mental Health Equity, AACAP Annual Meeting in Toronto, October 18, 2022

Ambriz, A.M., Bemat, Z.M., Ginjupalli, P.M., Vilardo, C.T., **Robles-Ramamurthy, B.F.**, & Jimenez, E (2022, April). UTHSCSA Physicians for Human Rights 2nd Annual Conference Focusing on Mental Health [Conference Moderator], UTHSCSA Physicians for Human Rights Annual Conference, virtual

Allison, W., **Robles-Ramamurthy, B**. Powerful Pens Visible Voices, Virtual Panel Discussion hosted by the Center for Health Policy, October 13, 2022

Robles-Ramamurthy, B, Colon-Rivera, H., Shegog, F., Carvente-Martinez, H., Young Males and Depression, Partnership for Male Youth 2022 Symposium, August 17, 2022, virtual presentation

Robles-Ramamurthy, B. Psychoeducation as a Tool for Mental Health, Behavioral Health Support ECHO sponsored by Center for Health Policy at the University of Texas Health Science Center at Fort Worth as a community response after the Uvalde, TX shooting

Robles-Ramamurthy, B. Centering Justice and Collective Healing: The Role of Pediatric Hospitalists in the Children's Mental Health Crisis, Pediatric Hospitalist Medicine National Conference, Plenary Speaker, July 31, 2022

Robles-Ramamurthy, B. Patient Centered Care for LGBTQ+ Patients, CME lecture for the Child Psychiatry Access Network at UTHSA, June 28, 2022, Virtual presentation

Robles-Ramamurthy, B. Eating Disorders in Children and Adolescents, CME lecture for the Child Psychiatry Access Network at UTHSA, June 2, 2022, Virtual presentation

Robles-Ramamurthy, B. Anti-racism and structural humility in Child Forensic Psychiatry, University of Pennsylvania Forensic Psychiatry Fellowship Didactics, May 31, 2022

Robles-Ramamurthy, B. Family Mental Health, City of San Antonio, Community Equity Response Committee, May 19, 2022

Robles-Ramamurthy, B. Healing, Justice and Family Mental Health, UCLA CAP Fellowship, May 13, 2022

Robles-Ramamurthy, B. Angst Movie Screening, Panel Discussion, Organized by the City of San Antonio and University Health System, May 6, 2022

Robles-Ramamurthy, B. Assessment of Anger and Aggression. CME lecture for the Child Psychiatry Access Network at UTHSA, May 5, 2022, Virtual presentation

Robles-Ramamurthy, B. Managing Chronic Illness, CME lecture for the Child Psychiatry Access Network at UTHSA, May 5, 2022, Virtual presentation

Robles-Ramamurthy, B. A child psychiatrist's view on creating positive environments for marginalized youth, Universidad de Sonora, April 26, 2022

Robles-Ramamurthy, B. The Impact of Systemic Racism, Historical Trauma and Health Disparities on Latinx Youth and Families. Invited lecture, AACAP Douglas B. Hansen Annual Update Course. April 2022.

Robles-Ramamurthy, B., Carvente-Martinez, H, Ethical Concerns for Physicians Working in Juvenile Detention, University of Pennsylvania Forensic Psychiatry Seminar, March 22, 2022

Robles-Ramamurthy, B. Healing, Justice and Family Mental Health, UC San Diego CAP Inclusive Excellence Program, March 15, 2022

Robles-Ramamurthy, B. Fostering Mental Health in the Latino Community, LMSA Southwest, March 12, 2022

Robles-Ramamurthy, B. Children's Mental Health, Panelist accompanied by Texas Senator John Menendez, UTSA Dean of Education Mario Torres and Magik Theater Director of Education Lisa Cortez Walden, February 26, 2022, San Antonio, Texas

Robles-Ramamurthy, B. Salud Mental Infantil Durante la Migracion, Central America Donors Forum, October 2021

Robles-Ramamurthy, B., Njoroge, W., Fortuna, L., Londono-Tobon, A., Sobowale, K., Vinson, S. Health Equity in Child and Adolescent Psychiatry for Black and Latinx Children and Families: What is my role? AACAP Annual Meeting, Virtual Presentation, October 2021

Yang, P., Crous, Y., Balli-Borrero, N., Choi, B.Y., **Robles-Ramamurthy, B**. Anti-racism Work in Schools: Using Dialectical Behavioral Therapy Skills to Empower South Texas Educators, AACAP Annual Meeting, Virtual Poster Presentation, October 2021

Robles-Ramamurthy, B. Fostering Latinx Family Mental Health, Latino Health Summit, September 30, 2021, virtual presentation

Robles-Ramamurthy, B. Screening and Panel Discussion: DNA is not destiny, Summer of Resilience Screening and Panel Discussion, Texas Public Radio and City of San Antonio, virtual panel discussion, Sept 2, 2021

Robles-Ramamurthy, B. Immigration Law and Family Mental Health, Mental Health Equity Grand Rounds, Department of Psychiatry, University of Iowa Health Care Carver College of Medicine July 13, 2021

Fortuna, L., Porche, M., **Robles-Ramamurthy, B**. Child Mental Health Disparities and COVID-19, "COVID Heroes" Speaker Series, Department of Biology, University of Nevada, April 27, 2021

Robles-Ramamurthy, B. Immigration and Mental Health. Kairotic Conversations Speaker Series for Virginia Tech's Center for Refugee, Migrant, and Displacement Studies, April 20, 2021

Robles-Ramamurthy, B., Sandoval, J., Dube, A., Williamson, A., Fortuna, L. Dazed and Detained: Sleep Issues in Juvenile Correctional Facilities. APA Annual Meeting, virtual recording, March 12, 2021

Yang P.**,** Kalyanpur N., **Robles-Ramamurthy B**., Emko N. The impacts of COVID-19 on mental health in the transitioning-from-homeless population at SAMMinistries, Virtual Poster presented at: One Year with COVID-19: Research, Responses, and Reflections of Texas Medical Schools Virtual Symposium

Yang P., Crous Y., Balli-Borrero, N., **Robles-Ramamurthy B.,** Developing, presenting, and evaluating anti-racism tools to serve public schools in South Texas, Virtual Poster presented at: 14th Annual CSL Conference: Communicating Hope: Delivering Essential Information in a Public Health Crisis

Yang P.**,** Kalyanpur N., **Robles-Ramamurthy B**., Emko N., The impacts of COVID-19 on mental health in the transitioning-from-homeless population at SAMMinistries, Virtual Poster presented at: 14th Annual CSL Conference: Communicating Hope: Delivering Essential Information in a Public Health Crisis

Ambriz, A., Ginjupalli, P.M., Canfield, J., Cantway, H., Lopez, O., Luger, G., Hernandez, L., Ballard, C., Jimenez-Gutierrez, E., **Robles-Ramamurthy, B**., Bexar County Immigrant and Asylum Health Resource Database: Outcomes of an Asylum and Immigrant Health Advocacy Program, Virtual Poster presented at: 14th Annual CSL Conference: Communicating Hope: Delivering Essential Information in a Public Health Crisis

Ambriz, A.M., Bemat, Z.M., Ginjupalli, P.M., Jimenez E, **Robles-Ramamurthy, B.,** (2021, January), Community Gathering of Asylum Seeker-Serving Organizations [Conference Moderator], UTHSCSA Physicians for Human Rights Annual Conference, virtual

Robles-Ramamurthy, B. Forensic Psychiatry: A Look Into Ethics and Social Justice. UTHSA Psychiatry Interest Group Meeting, San Antonio, TX, October 28, 2020

Robles-Ramamurthy, B. Panelist. UT Health San Antonio Center for Medical Humanities and Ethics Panel Discussion: Resilience, June 25, 2020

Robles-Ramamurthy, B, Cantway, H., Lopez, O., Asylum Medicine, UTHSA Physicians for Human Rights Student Chapter meeting, San Antonio, Texas, May 28, 2020

Robles-Ramamurthy, B., Dionision, C., Habach, H., Banu, S. Psychiatrists on the Front Lines of the U.S.-Mexico Border Immigration Crisis: Providing Forensic Evaluations and Establishing Asylum Clinics at Academic Institutions, APA Annual Conference, virtual presentation, April 17, 2020.

Robles-Ramamurthy, B., Diagnosis and Treatment of ADHD, Winston School Learning Symposium, San

Antonio, TX, January 24, 2020

Robles-Ramamurthy, B., McMickens, C., Wilson, W., McKnight, S., Black Children's Mental Health Matters, AACAP Annual Conference, Chicago, IL, October 17, 2019

Robles-Ramamurthy, B., Forensic Psychiatry and Juvenile Justice, Child Psychiatry Fellowship Didactic Seminar, University of Texas Health San Antonio, Long School of Medicine, San Antonio, Texas, March 12, 2019

Robles-Ramamurthy, B., Jackson, K. Promoting Resilience in Court-Involved Youth, University of Pennsylvania Forensic Psychiatry Seminar, Philadelphia, PA, April 17, 2018

Robles-Ramamurthy, B., Berkowitz, S., Wood, J. Observational Evaluation of Parenting Group Effectiveness in Pediatric Primary Care, Poster presentation given at the Children's Hospital of Philadelphia Leadership Education in Neurodevelopmental Disabilities Symposium and Research Day, May 2017

Goldberg, K., DeGutis, D., Dreyzehner, J., Cullins, L., **Robles-Ramamurthy, B**., Cultural and Linguistic Considerations in Psychiatric Treatment of Youth with Health Care Disparities: Interplay of Multiple Minority Identities Including Ethnically Diverse Deaf and Hard of Hearing Youth, AACAP Annual Conference, New York, NY, October 29, 2016

Concepcion-Zayas, M., **Robles-Ramamurthy, B**., Padilla, A., Tirado, D., Cho, J., Blau, G. Bringing Our Differences to Practice: Child and Adolescent Psychiatry Education and Systems Based Practices, AACAP Annual Conference, New York, NY, October 26, 2016

Robles-Ramamurthy, B., Murray, A., DuBois, J., Azzinaro, I., Improving Screening and Referral Practices for Adolescent and Caregiver Intimate Partner Violence in a Pediatric Hospital, Poster presentation given at AACAP Annual Conference, New York, NY, October 24, 2016

Robles-Ramamurthy, B. Child Safety Concerns in Families Experiencing Domestic Violence, Penn Affiliates Conference Series: Ethical Dilemmas in Behavioral Health Sciences, Philadelphia, PA, May 20, 2016

Robles-Ramamurthy, B., Dube, A., Baker, Megan, Adolescents' Decision Making Capacity in the Consultation-Liaison Setting: From Juvenile Rights to Case Law, Atlanta, Georgia, May 17, 2016

Robles-Ramamurthy, B., Mack, A. Mis-Use of Factitious Disorder in Another, Practical Applications in Forensic Psychiatry Grand Rounds, Philadelphia, PA, March 1st, 2016

Robles-Ramamurthy, B., Tillman, C., Fortuna, L.. Unaccompanied Latino Youth: Who is Taking Care Them? AACAP Annual Conference, San Antonio, TX. October 28, 2015

Gines, V., Ochoa-Perez, M., Amin, S., **Robles, B**., Harris, T. Post-partum Depression Curriculum for Texas Department of State Health Services, Community Health Worker Training and Certification of State Health Services, Community Health Worker Training Certification. Dia de la Mujer Latina, Inc, Asian American Family Services and Texas Regional Psychiatry-Psychology Minority Mentoring Network, Houston, TX

Gines, V., Valdez, R., **Robles, B.**, Harris, T. Post-traumatic Stress Disorder Curriculum for Texas Department of State Health Services, Community Health Worker Training and Certification of State Health Services, Community Health Worker Training Certification, Dia de la Mujer Latina, Inc, Asian American Family Services and Texas Regional Psychiatry-Psychology Minority Mentoring Network, Houston, TX

Robles, B., Mian, A. Pediatric Mental Health and Hollywood: A Love-Hate Relationship, Final poster presentation as part of the Jeanne Spurlock Minority Medical Student Fellowship, AACAP Annual Conference, Honolulu, Hawaii

Lai, WS., Zapata, A., Mancha, A., **Robles, B**., Gelman, R., Jayaprakasha, GK., Bhimanagouda, P., Ahmad, H. Modified Citrus Limonin-Induced Phase II Enzymes in Balb/c Mice, American Association for Cancer Research, 2008 Annual Meeting, San Diego, California

Robles, B., Trevino, M., The Effects of Alcohol and Caffeine on the Toxicity and Metabolism of Methacrylonitrile in Male Sprague-Dawley Rats. Howard Huges Undergraduate Research Program Fellows Presentation; Edinburg, TX

Select Awards, Honors, and Boards

AACAP Committee on Medical Students and Residents Certificate of Distinction for Inspired Mentorship, 2025

NewSchools Venture Fund, EDge Meet the Moment grant awardee, 2022

Psychiatry Leadership Award, UTHSA, 2022

Blue Ribbon Award, poster presentation on the efficacy of DBT in a youth correctional facility, Center for Medical Humanities and Ethics, UTHSA, 2022

Recognized as one of twenty Women in Medicine by the UTHSA Office of Inclusion and Diversity, 2021

The Elizabeth Weller Award for excellence in clinical care and research in Psychiatry, CHOP, 2017

AACAP Fellow Advocacy Ambassador, 2017

AACAP Systems of Care Clinical Project Award, 2016

Children's Hospital of Philadelphia Cares Grant Award for community work, 2015

APA SAMHSA Minority Fellowship Program, 2014-2016

Hilde Bruch Award for Excellence in Psychiatry, Baylor College of Medicine, 2012

Select Media

Avoiding social media-caused 'Popcorn Brain.' KENS5. February 22, 2024. https://www.kens5.com/article/news/health/avoiding-the-social-media-caused-popcorn-brain-facebook-instagram-x-san-antonio-texas-digital-media/273-7400b950-f344-444c-a782-142f22ff2a09

Mental health care remains inaccessible for many in San Antonio despite major investments. ABC News4SA. December 11, 2023. https://news4sanantonio.com/news/local/mental-health-care-remains-inaccessible-for-many-in-san-antonio-despite-major-investments-texas-ranks-worst-treatment-facilities-issue

Current as of March 1, 2025

Doctors uncover why ADHD wildly underdiagnosed in girls. KSAT TV. September 11, 2023. https://www.ksat.com/health/2023/09/11/doctors-uncover-why-adhd-wildly-underdiagnosed-in-girls/

'TikTok brain' explained and what parents can do about it. KSAT TV. September 5, 2023. https://www.ksat.com/news/local/2023/09/05/tiktok-brain-explained-and-what-parents-can-do-about-it/

More teens are using TikTok to seek advice for mental health; experts warn against this. CBS. February 27, 2023. https://www.cbs19.tv/article/news/health/tikttok-mental-health-issues/273-b65983e0-f023-4501-9cea-53786d846744

How to survive a layoff. NBC LX News. January 12, 2023. https://www.lx.com/community/how-to-survive-a-layoff/60708/

'It's kind of scary': Uri still haunts San Antonians. Here's what you can do to calm your nerves. San Antonio Express-News. December 28, 2022. https://www.expressnews.com/news/local/article/San-Antonio-careful-winter-storm-Uri-17674611.php#photo-23305353

How to talk to your kids about the Uvalde school shooting. San Antonio Express News. May 25, 2022. https://www.expressnews.com/lifestyle/article/Uvalde-shooting-kids-questions-17198460.php

San Antonio mental health expert's advice on how to talk to kids about Uvalde shooting. MySA. May 25, 2022. https://www.mysanantonio.com/news/local/article/uvalde-shooting-advice-for-kids-17198332.php

Como hablar con los ninos tras la masacre escolar en Texas? Una experta comparte recomendaciones. Telemundo. May 25, 2022.

https://www.telemundo.com/noticias/noticias-telemundo/crimen-y-violencia/como-hablar-con-los-ninos-tras-la-masacre-escolar-en-texas-una-experta-rcna30576

San Antonio residents battle anxiety, depression as COVID-19 challenges our mental health. San Antonio Express News. November 29, 2021. https://www.expressnews.com/coronavirus/article/San-Antonio-pandemic-anxiety-depression-16660436.php

Tips to help parents deal with stress and anxiety as kids return to school. KSAT12 News. August 17, 2021. https://www.ksat.com/news/local/2021/08/17/tips-to-help-parents-deal-with-stress-and-anxiety-as-kids-return-to-school/

San Antonio psychiatrist offers advice on how to guide kids through a reopened world. My San Antonio. March 24, 2021. https://www.mysanantonio.com/lifestyle/article/san-antonio-doctors-tips-for-parents-pandemic-16047694.php

Kids and politics: In a divided country, are children destined to grow up on 1 side? CNN. Oct 28, 2020. https://www.msn.com/en-us/news/us/kids-and-politics-in-a-divided-country-are-children-destined-to-grow-up-on-1-side/ar-BB1at30j?li=BBnbcA1&srcref=rss

Capsulas de cuarentena: El metodo que familias usan para protegerse del coronavirus. Telemundo. Aug 25, 2020. https://www.telemundosanantonio.com/noticias/local/capsulas-de-cuarentena-el-metodo-que-familias-usan-para-protegerse-del-coronavirus/2076046/

Como las familias pueden adaptarse a las clases en casa. Telemundo. Aug 18, 2020. https://www.telemundosanantonio.com/noticias/local/como-las-familias-pueden-adaptarse-a-las-cl

ases-en-casa/2074496/

I don't want to go to school and get COVID: Some kids scared as adults debate the risks of reopening. CNN. July 28, 2020.
https://www.cnn.com/2020/07/28/health/back-to-school-scared-kids-wellness/index.html

Showing compassion, accepting cultures: Preventing suicide in Latino community. CNN. March 26, 2019
https://www.cnn.com/2019/02/11/health/children-teens-mental-health-untreated-study/index.html

Nearly 1 in 7 US kids and teens has a mental health condition, and half go untreated, study says. CNN. Feb 11, 2019
https://www.cnn.com/2019/02/11/health/children-teens-mental-health-untreated-study/index.html

Select Activities and Community Service

UTHSCSA Volunteer to support immigrant children's mental health. March-May 2021

Diversity Ambassador for UTHSCSA Department of Psychiatry and Behavioral Sciences, trained 300 faculty, medical trainees and staff on recognizing and addressing microaggressions in real-time. October 2020-June 2021.

Mental Illness Awareness Week, Bexar County Psychiatric Society presentation to community members, in collaboration with NAMI and NFSP. October 2020.

Community presentation, "Cuidar nuestra salud mental como adultos para poder cuidar a nuestras familias." Iniciativa de Impacto Comunitario Virtual. San Antonio, Texas. October 2020.

UTHSA COVID-19 Healthcare Worker Psychological First Aid volunteer. July 2020.

Volunteer with Physicians for Human Rights, providing pro bono clinical work performing asylum evaluations. June 2017-Present.

Volunteer work with youth peer mentorship program for undocumented Latino immigrants through La Puerta Abierta. 2015-2017.

Penn Medical Student Psychiatry Clerkship Book Club Coordinator. 2014-2015.

Community outreach event through 'Bridging the Gap' where I provided psychoeducation to a group of Hispanic, Spanish-speaking women. 2014.

Community outreach event through 'Bridging the Gap' where I provided psychoeducation to a group of Hispanic teenagers and their parents. 2013.

Organized a community informative event for National Children's Mental Health Awareness Week at Texas Children's. Hospital. Provided green ribbons to raise awareness and educational pamphlets with basic information on children's mental health issues and local mental health services. 2011.

Volunteer/Walker at BCM Out of the Darkness Walk to support the American Foundation for Suicide Prevention. 2011.

Volunteer at BCM Community Health Day. Helped organize event and volunteered on providing basic health checks. 2009, 2011.

Volunteer at Dia de la Mujer Latina Health Fair organized by Dia de la Mujer Latina, Inc. Provided blood pressure and glucose checks. 2009.

Testimony Experience

Deposition - District Court of Travis County, Texas, 126th Judicial District, 9/10/2026, Meredith Wong Individually and On Behalf of Minor Child W.W., Plaintiff vs Randy Membreno and RPM Holdings, LLC, Psychic Injury, Injuries and Trauma, Retained by Paul Samuel for the Plaintiff

Current as of March 1, 2025