

Viki's classes timetable (Sarker Danceworks)



Colour code = Location/Type of class

Grey - A private lesson (Pre-booked) - Check Location Tab for Location

Purple - Group sessions at - Winchester Racquets and fitness SDW group class

Pink - A class Viki teaches at 'Enjoy fitness at Otterbourne Village hall

Green - Group sessions at - Thrive and Wild Kingsworthy

Orange - Group sessions at - Thornhill Baptist Church Southampton

Blue - Group sessions at - King's School Winchester

Black - Group sessions at - Martyr worthy Village Hall

Mondays

Time	Class	Location
8.45-9.15am	Adult Abs Blast class	Winchester Racquets and Fitness
10.50-11.30am	Adult Disco Dumbbells class	'Enjoy Fitness Otterbourne
12.00-12.45am	Adult Boogie Wonderland Fitness	Winchester Racquets and Fitness
1.30-2.10pm	Adult Boogie Wonderland Fitness	Thrive + Wild Kingsworthy
2.50-3.20pm	Tap Private lesson (A.T)	Winchester Racquets and Fitness
3.20-3.50pm	Jazz & Technique Private lesson (N.W)	Winchester Racquets and Fitness
3.50-4.20pm	Modern Private lesson (L.M)	Winchester Racquets and Fitness
4.20-5.00pm	Ballet Private lesson (A.W)	Winchester Racquets and Fitness
5.25-6.05pm	Adult Disco inferno class	'Enjoy Fitness Otterbourne
6.10-6.50pm	Adult Disco core class	'Enjoy Fitness Otterbourne
7.35-8.15pm	Adult Advanced Tap class	Winchester Racquets and Fitness
8.15-8.55pm	Adult open level fun street dance class	Winchester Racquets and Fitness

Tuesdays

Time	Class	Location
7.20-8.00am	Adult Circuits class	'Enjoy Fitness Otterbourne
10.10-10.40am	Adult Dance Combat class	Winchester Racquets and Fitness
10.40-11.20am	Adult Stretch and Release	Winchester Racquets and Fitness
11.25-12.05pm	Adult Boogie Wonderland Fitness	Winchester Racquets and Fitness
12.05-12.45pm	Tap Private lesson (B.C)	Winchester Racquets and Fitness
1.10-1.50pm	Adult Beginners Tap (Cross over class)	'Enjoy Fitness Otterbourne
1.30-2.10pm	Adult Movers Tap (Cross over class)	'Enjoy Fitness Otterbourne

2.15-2.55pm	Adult Tap Fitness Open level	'Enjoy Fitness Otterbourne
3.30-4.00pm	Musical Theatre/Technique Private lesson (T.G)	Otterbourne Village hall
5.25-6.05pm	Adult Disco Dumbells	'Enjoy Fitness Otterbourne
6.40-7.20pm	Adult Boogie Wonderland Fitness	Thrive + Wild Kingsworthy
7.50-8.30pm	Adult movers/advanced Tap class	Thornhill Baptist church (South)
8.30-9.10pm	Adult Boogie Wonderland Fitness	Thornhill Baptist church (South)

Wednesdays

Time	Class	Location
10.00-10.40am	Adult Disco Diamonds (Recommended for 60+)	'Enjoy Fitness Otterbourne
10.45-11.25am	Adult Ballet fitness	'Enjoy Fitness Otterbourne
11.30-12.10pm	Adult open level Street Groove	'Enjoy Fitness Otterbourne
12.20-1.00pm	Adult Disco inferno	'Enjoy Fitness Otterbourne
1.30-2.00pm	AVAILABLE PRIVATE LESSON SLOT	Winchester Racquets and Fitness
2.00-2.30pm	AVAILABLE PRIVATE LESSON SLOT	Winchester Racquets and Fitness
4.10-4.20pm	AVAILABLE PRIVATE LESSON SLOT	Winchester Racquets and Fitness
5.30-6.30pm	Adult circuits class	King's School Winchester
6.50-7.30pm	Adult Boogie Wonderland Fitness	Winchester Racquets and Fitness
7.30-8.10pm	Commercial dance (Experienced dancers)	Winchester Racquets and Fitness
8.10-8.50pm	Contemporary dance (Experienced dancers)	Winchester Racquets and Fitness

Thursdays

Time	Class	Location
3.40-4.10pm	Booked private lesson TBC	Martyr Worthy Village hall
4.10-4.40pm	TBC	Martyr Worthy Village hall
4.40-5.20pm	Intermediate Modern Session (ISTD Grade)	Martyr Worthy Village hall
5.20-6.00pm	Modern/Jazz Private lesson (A.W)	Martyr Worthy Village hall
6.00-6.40pm	Adult Movers Tap class	Martyr Worthy Village hall
6.40-7.10pm	Street dance private lesson (B.M)	Winchester Racquets and Fitness
7.10-7.40pm	AVAILABLE PRIVATE LESSON SLOT	Winchester Racquets and Fitness

Fridays

Time	Class	Location
9.00-9.50am	RBD Session at Thorndon school (Priv booking)	Thorndon Hall
10.05-10.45am	Adult Step Aerobics	'Enjoy Fitness Otterbourne
11.10-11.50am	Adult Ballet Fitness	Winchester Racquets and Fitness
11.50-12.30pm	Adult Movers Tap class	Winchester Racquets and Fitness
12.30-1.10pm	Tap dance private lesson (L.W)	Winchester Racquets and Fitness
1.10-1.50pm	Tap dance private lesson (C.W & C.T alternate)	Winchester Racquets and Fitness

Saturdays

Time	Class	Location
9.00-9.40am	AVAILABLE PRIVATE LESSON SLOT	King's School Winchester OR Oasis Southampton
10.00-1.00pm	Theatretrain Winchester and/or Theatretrain Southampton	King's School Winchester OR Oasis Academy Southampton

Sundays

Time	Class	Location
8.00-8.30am	Ballet Private lesson (J.C)	Winchester Racquets and Fitness
8.35-9.15am	Zoom Ballet Private lesson (K.G)	Winchester Racquets and Fitness