

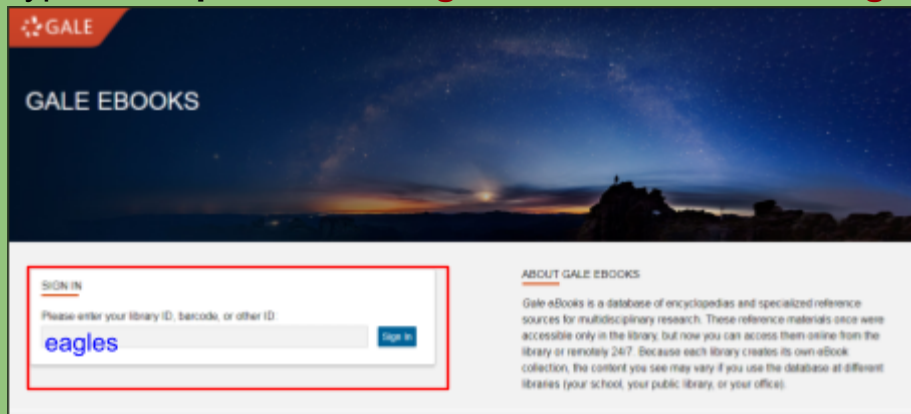
Mental Health eBooks

Directions on Accessing eBooks

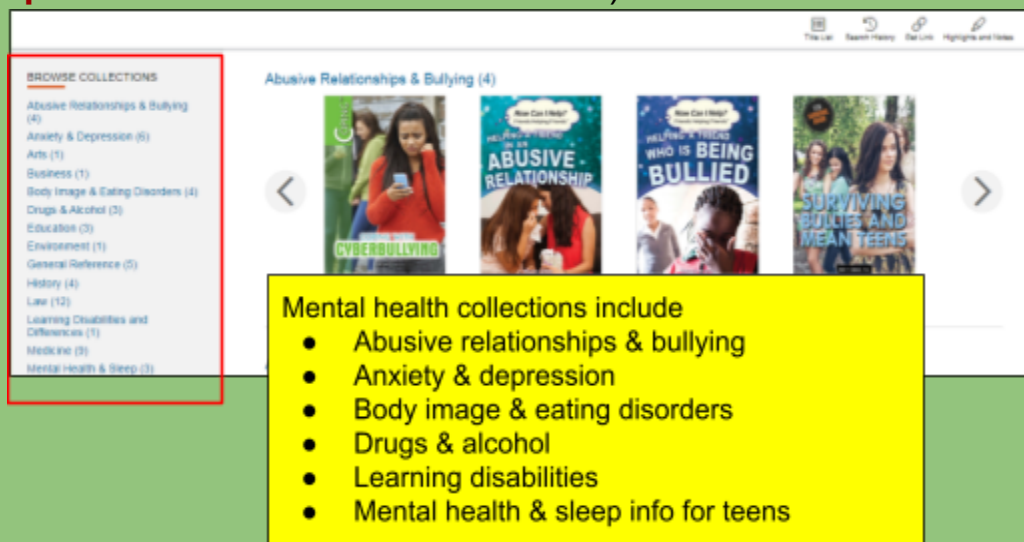
1. Click on the **icon** below.



2. Type in the **password “eagles”** and then click on **“sign in.”**



3. Once you sign in, you can **browse** various **collections**. (*See page 2 to view specific mental health collections.)



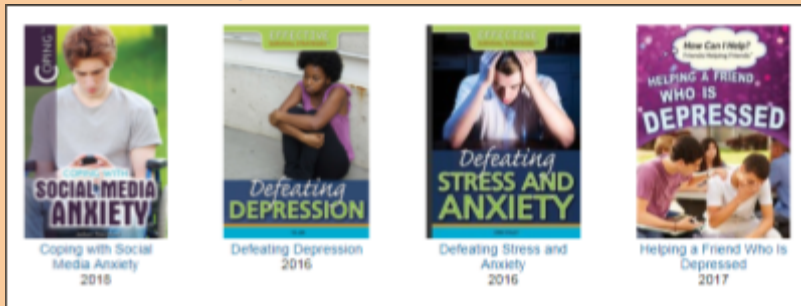
4. Need more help? Check out this [video tutorial](#) on how to use **Gale eBooks**.
[Gale eBooks Video Tutorial](#)

After signing in, click on the links below to directly access collections.

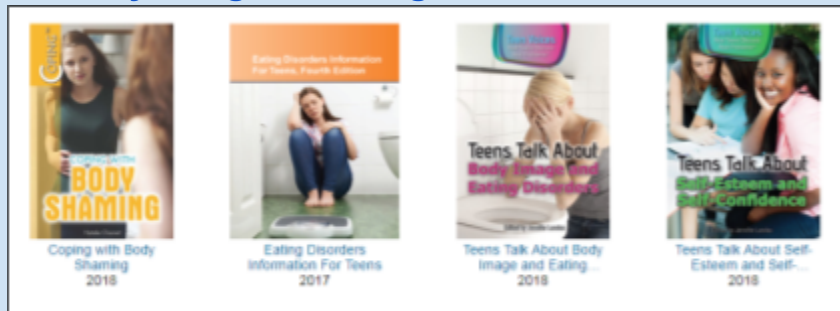
Abusive Relationships & Bullying Collection



Anxiety & Depression Collection



Body Image & Eating Disorders Collection



Drugs & Alcohol Collection



Mental Health & Sleep Information Collection



Sleep Information for
Teens
2018



Teens Talk About Self-
Esteem and Self-...
2018



Mental Health Information
For Teens
2017

Suicide & Grief Collection



Suicide Information For
Teens
2017



Teens Talk About
Suicide, Death, and...
2018

Teen Perspectives on Families Collection



Teens Talk About Family
Issues
2018



Single-Parent Families
2019