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# **Apple-Cinnamon Donuts**

### Ingredients

2 cups, oat flour

1/2 cup coconut sugar

1/2 teaspoon sea salt

1 tablespoon baking powder

1 teaspoon cinnamon

2 tablespoon melted coconut oil

1/2 cup almond milk

1 egg, beaten

1 teaspoon vanilla

1 cup grated apple

3/4 cup cinnamon chips

#### **Glaze**

1 cup powdered sugar

1 tablespoon warm water, use more if needed

#### **Powdered Cinnamon Sugar**

1 cup powdered sugar

1 teaspoon cinnamon

#### Instructions

- 1. Preheat oven to 350 degrees and lightly grease a donut pan.
- 2. Whisk flour, sugar, salt, baking powder, and cinnamon together.
- 3. Mix in the oil, milk, egg and vanilla.
- 4. Stir in the grated apple and cinnamon chips until combined.
- 5. Transfer batter to piping bag for easy filling or just spoon each cup to about 3/4 full.
- 6. Bake until donuts are light golden brown and spring back when touched, about 15 to 20 minutes.
- 7. Let cool slightly before removing from pan.
- 8. Blend powdered sugar and warm water to make dipping glaze in a small bowl.
- 9. Dip or pour glaze over donuts.
- 10. Sprinkle chopped cinnamon chips or candy sprinkles over glaze.

#### **Powdered Donuts**

Mix together powdered sugar and cinnamon, dust cooled donuts with sugar mixture.

## **Enjoy!**