

Goal for April 23rd: Discovering the ways to make 5

Before 9:00	Wake Up / Morning Jobs Get dressed, take care of pjs, brush teeth, make the bed	
9:00-9:30	Breakfast and plan the day with your child.	
9:30-10:00	Activity Time	Bottle Bowling Materials Needed: • 5 “bowling pins” use items in your recycle box for bowling pins- things like: empty plastic water bottles, pop bottles, coffee creamer bottles, tall dishwashing detergent bottles, or tall food boxes. ○ Tip: Put about an inch of water in the bottom of the plastic bottles; the pins will still be easy to bowl down, but the bottles won’t fall as easily as they would if there was no water in them. • A ball to roll into the bowling pins Activity: 1. Have children set up bowling pins and practice knocking them down by rolling the ball into them. 2. Keep score by having children write down how many are knocked down and how many remain. To Simplify: Children will love to crash the ball into the pins, encourage children to write the numbers to show their “score.” Model how to write the numbers so they can copy the number, or use a highlighter to write the number and have them trace over the highlighter marks with a pencil. To Challenge: Have the children roll the ball and ask how many they knocked over. Have them cover their eyes- Remind them that they started with 5 and then knocked over <u>2</u> of them. Can they guess how many pins are still standing up without looking? If so, they are subtracting and have a good understanding of the “parts” to the number 5. If this is still too easy...increase the number of pins to 10. Play the same way!
10:00-10:10	Plan for Work Time (playtime): Build your child’s ability to organize their time by having them make a “plan” with you about what they would like to play with. Children do this veryday with us at school. It helps children learn to organize their thoughts. Adults make plans all the time to organize their thoughts (shopping lists are made before going to the grocery store, to do lists are made to help plan your day etc..). Kids will tell you what they are planning to do/want to play with/how they will use toys at	

	home.	
10:10-11:10	Worktime/Kids play WITHOUT ELECTRONICS Kids can use toys to pretend play, build, and create.	
11:10-11:25	Clean Up: Kids clean up the mess they have made while playing.	
11:25-11:35	Recall: Build your child's memory of events by having your child tell you what they did while they played (ask "tell me how you did that" or "what did you do next?")	
11:35-12:00	Prepare lunch: have your child help you prepare lunch. They can help with cooking/setting table- whatever seems appropriate for the meal time.	
12:00-12:30	Lunch	
12:35-1:35	Rest time or quiet activity. Kids that don't sleep at school use this time for book reading, puzzles, board games , card games- quiet/calm types of toys.	
1:30-2:00	Screen time	Try these first: https://youtu.be/6yyz_OycV4A and https://youtu.be/PSIA-u_ABmU If your child can guess the numbers before they show them on the screen for the previous videos, try these for a challenge: https://youtu.be/nKO0yQgJAho and https://youtu.be/ib5Gf3GlzAq
2:00-3:00	Outside Play: Go for a walk outside, ride your bike- enjoy some fresh air.	
3:00-4:00	Afternoon Story and Activity	Read a story from your home with your child. Activity: Write your child's first and last name on the same line on a piece of paper. Ask your child to: - Point to their first name - Point to their last name - Point to the first letter of their first name - Point to the last letter of their first name - Point to their capital or uppercase letter - Name all the letters in their first and last name This is part of the kindergarten assessment, so please make sure your child is able to do these skills. If they are not able to find them, please email me and I can give you some ideas on how to practice the skills.
4:00-5:30	Creative Time	Ideas: build a fort with blankets/chairs, make an indoor obstacle course, bake, craft project, or playdough
5:30-6:00	Dinner: Preschoolers can help you prepare dinner/set the table.	
6:00-6:30	Chores: Specific tasks your child can do by themselves for the family or jobs they help you with.	

6:30-8:00	Free play Bath/Brush Teeth/Pajamas/Ready for bed/Bedtime Story/Bed
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Please upload your pictures/video to this link:

<https://forms.gle/WgNYmYu5kkNeW2ot8>