

Scripture Memorization and Meditation

Throughout the course, use the following chart to plan and track your progress in memorizing verses. Each week, you can choose from the suggestions provided, or you can choose your own selections. If desired, your personalized plan could even be memorizing a more extended passage, chapter, or even entire bible book over a longer period of time. When you select an option from the chart, mark it with an asterisk - or fill in your own plan in the column on the right.

Each week in class, you will quote the previous week's verse(s) to accountability partners. They do not have to be memorizing the same verses as you. Please be willing to hand them your bible, your note card, or a phone app to have them check your accuracy while you quote the verse. We will strive to memorize verses word-perfectly, but if we sometimes need reminders or corrections, that is okay.

It is a good idea to review your previous verses from time to time, with the goal that you would be able to quote all of your selected verses at the end of the course. This is a challenge, but challenging ourselves in spiritual disciplines is a key way that we grow!

It is best to do all of your memorizing in a particular translation of the bible. Please choose one for the course (and for life beyond the course) and use it consistently. I recommend NASB, ESV, NKJV/KJV, or NIV, though other translations have some merit as well.

Fill in your translation of choice_____

Week and Topic	Level One	Level Two	Level Three	Personalized Plan
1 - Internalize the Word	Joshua 1:8 2 Cor 3:18	Psalms 1:1-3	James 1:21-25	
2 - Motivation	John 17:17 Prov 2:6	Isaiah 66:1-2 Jeremiah 9:23-24	Psalms 119:9-11 Phil 3:7-11	
3 - Techniques	2 Tim 2:15 Prov 23:12	Phil 2:12-13 Col 3:1-2	1 Tim 4:7-10	
4 - Worship	Psalms 150:6 John 4:23-24	Rom 12:1-2 Col 3:16-17	Psalms 63:1-8 Rev 5:9-14 Eph 1:3-8a	
5 - Evangelism	Matt 5:16 John 3:36 Rom 6:23 2 Cor 5:21	Rom 3:23-24 John 11:25-27 1 Peter 3:15	1 John 5:11-13 Eph 2:1-10	
6 - Overcome Sin	Gal 2:20 Rom 13:14 Gal 5:16	Psalms 119:9-11 1 Cor 6:19-20 1 Cor 10:12-13	Eph 6:10-16	
7 - Discipleship	Phil 1:6 2 Tim 2:2	Matt 28:18-20 Luke 9:23-24	Eph 4:11-16	
8 - Prayer	Eph 6:18 1 Thes 5:17	Matt 6:9-13 Col 1:9-10	Matt 7:7-11 Eph 3:14-21	
9 - Thought Life	Isaiah 26:3-4 2 Cor 12:9	Romans 8:38-39 2 Cor 1:3-4	Phil 4:4-9 1 Cor 13:4-7 Gal 5:22-25	
10 - Meditation	Phil 4:8 Psalms 27:4	Deut 6:4-7 Isa 55:7-9	Psalms 23	

