Sample Away Message:

During the COVID-19 school closures, I will be checking my email daily during normal school hours. I will also have zoom office hours from 1:00 - 3:00 p.m. Given that this is Remote Service Delivery, there is no confidentiality in this setting. If you need to meet with me individually, I will provide you with a zoom link for a time that works best for you during the normal school hours.

Below is a list of crisis contacts if there are concerns about anyone's safety and mental health stability.

Crisis Contacts:

Immediate Risk of Harm: 911

Adams County TrueNorth Emergency Services: 1-866-325-0339

Franklin County Keystone Health Crisis Intervention Program: 1-866-918-2555

Wellspan Crisis Services: 717-851-5320

National Suicide Prevention Lifeline: 1-800-273-8255

Crisis Text Line: 741741