

## How to make the team...!

Welcome, as your coaches we are excited that you are trying out for the Shahala Boys Basketball Team. So how do you impress us with your skills, and what are we looking for in our players?

First, we look for players that are coach-able. We want players that are going to listen to their coaches and do what is asked of them. Don't bring your attitude onto the basketball court.

Next, we want athletes that are willing to play a team sport... don't be flashy. We like kids who box out and rebound, play tough defense, hustle after loose balls, play aggressively (but not dirty). We like smart players. Don't try to impress us by dribbling between your legs, show that you possess the solid fundamentals needed to play the game at any level.

Be the first one arriving for practice and the last one to leave. Show the coaching staff your work ethic. Hustle hard during drills. Show respect for the coaches and the other players. Ask the coaches to help you with your weaknesses. We all like to practice the things we are already good at but what will you do to improve your weaknesses? Impress us by trying new skills and improving on skills that you are not comfortable with.

Are you a tall inside player? If so, impress us with your rebounding, defense, and some post up moves. Example: a drop-step baseline move

If you are a guard, show the coaches you can handle the ball and keep it under control. If you can shoot the "3", fire some up during shoot-arounds. We like a perimeter player who can shoot the outside shot, but can also drive to the hoop. We need boys who can see the whole floor and pass, and can handle the ball well. Show that you can control the ball under pressure. We can't score if we can't bring the ball up the floor.

Important - you will want to be physically "in-shape" (conditioning) when you arrive at try-outs.

During tryouts, don't be intimidated by taller and faster players. There will always be a few players at try-outs who are better players and who you know will make the team. However, everyone can be an important part of the team.

Remember that hard work, hustle and a good attitude will impress the coaches, even if you're shooting is off that day.

But the most important thing about coming out and playing Eagle Basketball is having fun. You have the opportunity to play in a competitive environment, learn to work as a team, and take what you know and become better. Good luck and let the season begin.

See you on the court!

Coach Love & Staff