



# Asia-Pacific Regional Conference on Population Ageing

11–13 September 2024, Bali, Indonesia

## LOGISTICS NOTES

(Update as of 7 September 2024)

Greetings and welcome to the Asia-Pacific Regional Conference on Population Ageing. This document aims to offer guidance for your participation before and during the meeting.

### GENERAL INFORMATION

#### *About Bali*

Bali, an enchanting island in Indonesia, is celebrated for its rich cultural heritage, breathtaking landscapes, lively activities, delectable cuisine and vibrant nightlife. Situated within Indonesia's expansive archipelago of 17,500 islands, Bali shines as one of the 33 provinces of the Republic of Indonesia. Bali is home to a population exceeding 3 million people, covering both the main island and smaller islands like Nusa Penida. The capital city of Bali province is Denpasar.

#### *Weather*

Bali has a tropical climate with consistently high temperatures and humidity. It experiences two main seasons: the dry season from April to October and the wet season from November to March. September is an ideal time to visit Bali, with temperatures ranging from 20 to 30 degrees Celsius, warm and mostly rain-free.

#### *Local time and time zone*

Bali operates on Central Indonesia Time (WITA), which is 8 hours ahead of Coordinated Universal Time (UTC+8). Time converter [website](#).

Bali's time zone is one hour ahead of Jakarta.

#### *Language*

The official language of Indonesia is Indonesian (Bahasa Indonesia).

#### *Local food*

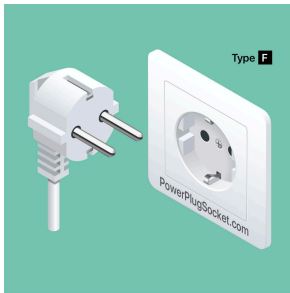
Bali features a rich culinary scene, influenced by various immigrants from different parts of Indonesia and around the world. Rice forms the cornerstone of Indonesian cuisine, including in Bali. Typical dishes feature rice paired with fish, chicken, pork, or beef, alongside a side of vegetables.

Supported by



### *Electricity and power plugs*

The standard electrical voltage in Indonesia is typically 230 volts, and the standard frequency is 50 Hz. In Indonesia, most power plugs and sockets are of type C and F, which are the standard European



2-pin plug design.

### *Currency exchange and ATM*

In Bali, the official currency is the Indonesian Rupiah (IDR). It is recommended to exchange your currency for IDR at authorised money changers or banks to ensure fair rates and avoid scams. These establishments are widely available in tourist areas.

ATMs are also abundant in Bali, especially in popular tourist destinations like Ubud, Kuta, Seminyak, and Nusa Dua. Most ATMs accept international cards such as Visa and Mastercard, allowing travelers to withdraw IDR directly. However, be mindful of potential transaction fees charged by your bank for international withdrawals.

### *Telephone code*

The telephone code for Bali, Indonesia is +62.

### *Mobile connectivity and internet access*

Getting a local SIM card is easy and convenient for staying connected. Before you travel, you may need to check that your mobile phone is unlocked for alternative SIM card usage. You can then purchase local SIM cards from providers like Telkomsel, XL Axiata, Indosat Ooredoo and Smartfren, available at stores in airports and phone shops across the island. These prepaid plans offer data, calls, and texts, with options ranging from small data packages to unlimited plans. 4G networks are available in most areas in Bali, ensuring fast and reliable internet access. Bali generally has good internet coverage. Many hotels, cafes, restaurants, and shopping malls in Bali offer free Wi-Fi for customers.

### *Transportation*

Taxis are widely available in Bali, especially in tourist areas like Nusa Dua. You can hail one on the street or use ride-hailing apps like Bluebird, Grab or Gojek for convenience. These apps also offer motorcycle taxis (ojeks) and car rentals. Many hotels and resorts offer shuttle services to popular tourist destinations and beaches. Check with your accommodation for schedules and availability.

### *Airport*

The main airport serving Bali is **Ngurah Rai International Airport**, also known as **Denpasar Airport** (DPS). It's located in southern Bali, approximately 13 kilometers south of Denpasar, the capital city of Bali province. More information about I Gustu Ngurah Rai International Airport, please visit <https://bali-airport.com/en>.

### *Visa and entry requirements*

The most common entry permit is the Visa On Arrival (VOA) which is applied for at the Visa Desk after arrival at Bali Airport. It is valid for 30 days. Travelers can now apply for your VOA electronically before arrival, avoiding the long queues that slow your arrival down. You can [apply for e-VOA](#) 14 days before your trip and at least 48 hours before your departure.

Please note that if you are from a country that is not on VEA or VOA list then you must apply for a visa to enter Indonesia before coming to Bali in a consulate or embassy outside Indonesia.

### *Tourist levy*

Commencing February 2024, international visitors to Bali will be subject to a one-time fee of IDR150,000 (USD 10). Please note the one-time payment is per each visit/arrival into Bali and applies to adults and children of all ages.

International visitors can pay the tax at LoveBali counters in airports and harbors upon arrival. However, we recommend paying the levy online in advance. Please **ONLY** use the [official Bali Tourism Website](#) to pay the Bali Tourist Tax.

Certain visa categories are exempt from this fee, including diplomatic and official visa holders, conveyance crew, KITAS and KITAP holders, family unification visas, golden and student visa holders, as well as specific non-tourist visa holders.

To qualify for exemption, applications must be submitted 5 days before the planned arrival in Bali, ensuring a seamless experience for those meeting the specified criteria.

### *Electronic customs declaration*

Indonesia now supports submitting the required form on arrival via an online electronic customs declaration. For more information, please visit <https://ecd.beacukai.go.id/>

### *New Mpox Health Pass requirement for international traveler to Indonesia*

Following the WHO's classification of Mpox as a Public Health Emergency of International Concern (PHEIC) on August 14, 2024, the Indonesian Government has implemented new regulations, effective immediately.

All international passengers and aircraft personnel must now complete a Health Pass before entering Indonesia. Please ensure the form is filled out prior to boarding your flight to Bali.

We kindly ask for your cooperation in complying with this new requirement.

Click [here](#) to access the Health Pass Form. Upon completing the form, a QR Code and personal data information will be generated.

### *COVID rules for entry to Bali*

As of June 2023, Indonesia has dropped all Covid requirements for tourists to enter the country. No proof of vaccination is required. No proof of travel insurance is required. No proof of vaccination is required to board domestic flights in Indonesia.

### *Emergency number in Bali*

The main emergency phone number in Bali is 112. When using a local SIM, enter 0361 first, and when using an overseas SIM card dial +62 361 112.

## ABOUT THE CONFERENCE

### *Conference venue*

#### **Bali Nusa Dua Convention Center (BNDCC) - BNDCC2 building**

Address: Kawasan Terpadu ITDC NW/1 Nusa Dua – Bali 80363 Indonesia

T. +62-361-773000; F. +62-361-778880

Website: <https://baliconventioncenter.com/>

BNDCC is situated in the heart of Bali's esteemed luxury district, within the Nusa Dua ITDC complex of Nusa Dua area.

### *About Nusa Dua area*

Nusa Dua, situated approximately 40 km south of Denpasar, is renowned as Bali's premier luxury hub. It features opulent international hotels, deluxe spas, prestigious golf courses, and top-notch convention centers, all designed to showcase the island's beauty in an exclusive setting. Nusa Dua is also recognised as an ideal location for international conventions and exhibitions. Accessible from Kuta (20-30 minutes) and Jimbaran (15 minutes) via the main southern route.

### *Transportation options from airport to Nusa Dua area*

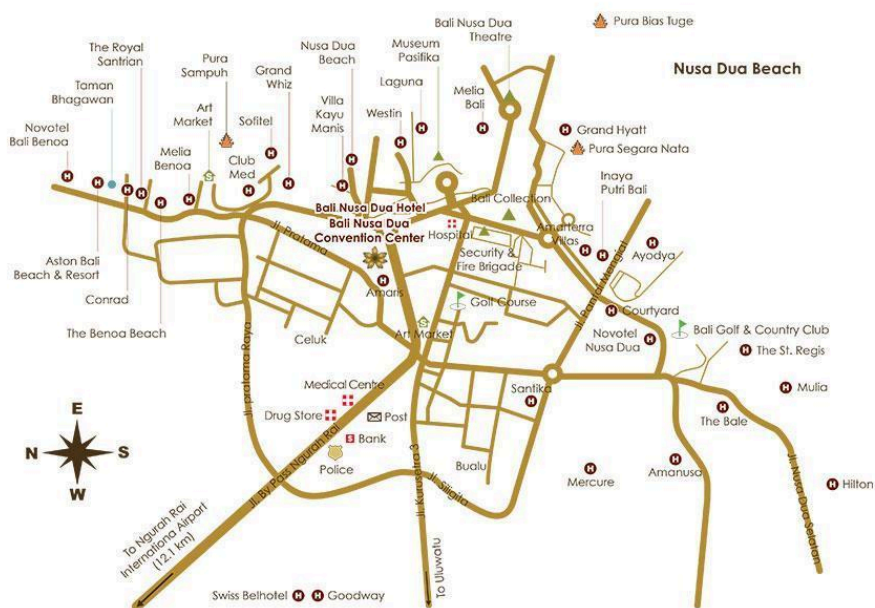
The easiest and safest way to travel from Ngurah Rai International Airport to Nusa Dua is by using a reputable taxi service or arranging a private transfer. Official taxi counters are available inside the airport terminal, and many hotels offer airport transfer services. Ensure you use licensed services for safety. The estimated fare ranges from 150,000 to 250,000 IDR, depending on factors like time of day and traffic. Confirm the fare with the service provider beforehand. The trip to Bali Nusa Dua Convention Center (BNDCC) takes about 40 minutes.

### *Accommodation*

Participants are responsible for booking their own hotel accommodation and are advised to contact the hotel well in advance, especially since September is in high season in Bali. Many prime beachfront properties are occupied by 5-star resorts, while hotels on the Benoa peninsula, 3

kilometers north of Nusa Dua, offer a more diverse range of options, mainly 3 to 4-star establishments.

### Recommended Accommodations Near the Bali Nusa Dua Convention Center (BNDCC)



Source: BNDCC website

### *Transportation to the BNDCC*

Participants are responsible for arranging their own transportation to and from the BNDCC. If you are staying in the Nusa Dua area, you can either use a taxi booked through a taxi app or the hotel's transportation service to get to BNDCC. Some hotels are within walking distance of the conference venue.

Shuttle vans for the conference will be available at the following nearby hotels: Mercure Nusa Dua, Hotel Santika Siligita Nusa Dua, The Nest Hotel Nusa Dua, Grand Whiz Hotel Nusa Dua, Holiday Inn Nusa Dua, and BNDCC Hotel. Please look for the conference sign on the van.

The vans will operate only before the conference starts and after it ends. Please note that some routes may be canceled.

### *Registration*

- For participants arriving early, we are pleased to offer **early registration** on 10 September from 15:00 to 18:00 at the Pecatu Lobby. This is an opportunity to collect your conference materials, including your conference bag, ahead of the official event dates. For participants staying at Mercure Bali Nusa Dua, we provide shuttle buses between the hotel and BNDCC during 15:30-17.30 and after the welcome reception.
- **The registration** will be available on 11 September before the opening ceremony. We encourage early registration to help ease the process on the first day of the conference.

### *Welcome reception*

Date & time: 10 September 2024, 17:00 to 19:00

Location: Legion 6-7, Mezzanine Floor

Hosted by HelpAge International, this gathering offers a relaxed atmosphere for networking and socialising before the conference officially begins. Light snacks and drinks will be provided. Please note that this is not an official event, but a great opportunity to meet fellow participants and kick off the conference experience. Everyone is welcome to join.

### *Refreshments and meal arrangements*

Refreshments including tea, coffee, and light snacks will be provided for all participants during the morning and afternoon breaks at the Petacy Lobby near the plenary rooms on the day of the meeting.

Lunch will be served for all participants at Benoa Hall, located on the 3rd floor of BNDCC2, on 11-12 September.

Participants are invited to the Local Government Forum, including a dinner hosted by Bappenas and The Australian Government through SKALA Program, supported by HelpAge International. The event will take place on 11 September at 18:00 in Pecatu Hall. Attendance is optional.

### *Medical facilities near the conference venue*

In Nusa Dua, Bali, one of the prominent hospitals is the [BIMC Hospital Nusa Dua](#). This hospital provides a range of medical services, including emergency care, general medical treatment, and specialised services. It is a reputable facility that serves both local residents and tourists in the area.

BIMC Hospital Nusa Dua has a comprehensive pharmacy on site, and stocks both local and imported prescription and over-the-counter medication. Some local brands may be more or less potent than ones you are familiar with, and many are available without prescription, so travellers are encouraged to consult a pharmacist before taking any medication.

Travellers currently receiving gender-affirmative care may wish to consult with their doctor ahead of travel, as services in Bali are somewhat restricted.

**Travellers are strongly advised to purchase travel insurance that includes health cover.** BIMC Nusa Dua has agreements with various global insurance companies which may, in some instances, allow cashless treatment options for travellers. For serious medical emergencies, the hospital can also work with insurers to facilitate medical evacuations, subject to policy provisions.

### *Dress code during the conference*

The dress code for the event is business casual. For the field visit, please wear comfortable and practical clothing suitable for outdoor activities.

### *Field trip (optional)*

Three optional field visits have been organised for conference participants. These visits will allow participants to interact with older people in small communities on the island of Bali, providing insight into their lives.

The online sign up for the field visit will open after the plenary session on 11 September. Each site can accommodate up to 60 participants, and spots will be filled on a first-come, first-served basis.

Dress code: Participants are recommended to wear casual attire and comfortable walking shoes

Detailed itinerary will be provided.

### **Site 1: LLT Karawista Pedungan (Denpasar)**

Located in Pedungan Village, Denpasar Regency, LLT Karawisata provides services for 967 older people. Around 56 of those older people require long-term care.

LLT Karawista provides monthly activities for older people in Pedungan such as dementia exercise, karaoke and yoga as well as routine health check-up and home visit service.

Agenda:

07:30	Depart for Pedungan, Denpasar (one-hour drive)
08:30-11:00	Visit the site
12:00	Arrive back at Nusa Dua (For some participants who will stay on for home visit, the arrival time to Nusa Dua is 13:00)

### **Site 2: LLT Girang Melinggih (Gianyar)**

Located in Melinggih Village, Gianyar Regency, LLT Girang provides services for 1,137 older people. Around 77 people require long-term care. LLT Girang consists of 6 team members and 3 cadres. LLT Girang provides monthly activities for older people such as sports, yoga, dance, and tabuh practices. In addition, LLT Girang assists older people in Melinggih to have access to social protection and health facilities.

Agenda:

07:30	Depart for Melinggih, Gianyar Regency (two-hour drive)
08:30-12:05	Visit the site
Afternoon	Free to explore Ubud area
16:00	Arrive back at Nusa Dua

### **Site 3: Older People School/Sekolah Lansia Wredha Harum Denpasar**

Sekolah Lansia Wredha Harum in Tegal Harum Village, West Denpasar, is the first elderly school in Bali aimed at improving the quality of life for the older people. This school is a collaboration between The National Population and Family Planning Board and the IRL (Indonesia Ramah Lansia) Foundation.

Agenda:

08:00	Depart to Tegal Harum village (one-hour drive)
09:00-12:00	Visit the site
13:00	Arrive back at Nusa Dua

### *Internet service*

Complimentary Wi-Fi is provided in all conference and meeting rooms, as well as in public areas throughout BNDCC.

### *Safety and security brief*

Bali is a vibrant island with much to offer visitors. However, as with any travel destination, it's important to be respectful of the local culture and aware of potential safety concerns.

Following are travel advice from various governments; [Department of Foreign Affairs and Trade](#), Australia, [UK Government](#), US [Department of State](#).

### *HelpAge secretariat office at BNDCC*

A Secretariat room will be located near the plenary hall, with a HelpAge Secretariat sign displayed at the entrance. Participants may access the room only during the hours when the finance desk is open.

### *Finance desk schedule for reimbursement and payment*

The finance desk will be open for reimbursement and payment according to the following schedule:

10 September: During early registration for submitting supporting financial documents or proof of payment.

11-12 September: During coffee breaks and lunch for payment and reimbursement.

### *Conference website*

For latest announcements, programme, speakers and more information about the conference, please visit <https://www.ageingasiaconf2024.org/>.

### *Event secretariat*

For queries, please contact [aprc2024@helpage.org](mailto:aprc2024@helpage.org)