

- “28 Days To A Client” -

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. ✓/	3 ▾	300 pushups
2. /✗	1 ▾	Go through SSSS
3. ✓/	3 ▾	G work sessions
4. ✓/	3 ▾	Watch morning power-up/Go through announcements
5. ✓/	3 ▾	Fill in the next day for the war mode day plan
6. ✓/	3 ▾	Post my report for the day in the #accountability
7. ✓/	3 ▾	Gallon of water
8. /✗	3 ▾	WAKE THE FUCK UP
9. ✓/	2 ▾	Shower
10. ✓/	1 ▾	Read: “My Utmost For His Highest,” “How To Win Friends And Influence People,” “48 Laws of Power,” and 41 Tenets
11. ✓/	3 ▾	Go on skates to rejuvenate the brain
12. ✓/	2 ▾	Dinner
13. /✗	1 ▾	Look into copyrighting breakdown live call recording
14. /✗	2 ▾	Listen to Arno’s long-form interviews
15. /✗	1 ▾	Breakdown other student work
16. /✗	1 ▾	Keep other GS accountable
17. ✓/	3 ▾	End of the day report
18. ✓/	3 ▾	Get haircut
19. ✓/	3 ▾	Dishes
20. ✓/	3 ▾	The challenge from yesterday

Day Number: 19

Date: 6/3/23

Start Of The Day - Time: 8:00 am

	 3 Things That I Am Excited To Have In The Future? 
1.	To finally make it out of the boot camp within a month
2.	Becoming a Digital Landlord
3.	Having enough money to be financially free and proving my mom wrong, and retiring her

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. My word is IRON WILLED!

(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)

 1 am: Task 	Go back and revise the notes
 Intention 	
 Reflection 	Failed

 2 am: Task 	End of the day report
 Intention 	
 Reflection 	Failed

 3 am: Task 	Make a new list
 Intention 	
 Reflection 	Failed

 8 am: Task 	shower/morning, power up, my utmost for his highest
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 Intention 	
 Reflection 	Task completed

\$ 9 am: Task \$	push-ups/Make the new list/Go back and revise the notes
 Intention 	
 Reflection 	Task completed/🚧In progress🚧

\$ 10 am: Task \$	Go back and revise the notes/Listen to sales call
 Intention 	
 Reflection 	Task completed

\$ 11 am: Task \$	Get haircut/Listen to sales call
 Intention 	
 Reflection 	Task completed

\$ 12 am: Task \$	Challenge from yesterday
 Intention 	

 Reflection 	Task complete
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\$ 1 pm: Task \$	Go back and revise the notes
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 Intention 	
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 Reflection 	Task completed
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\$ 2 pm: Task \$	Dishes/Laundry
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 Intention 	
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 Reflection 	Task completed
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\$ 3 pm: Task \$	Look at the suggestions that wudanethos gave me on my short form copies
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 Intention 	
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 Reflection 	Spent 20 minutes responding to people/Task completed
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\$ 4 pm: Task \$	Analyze my short form copy and go through a new video lesson
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 Intention 	
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 Reflection 	Task completed
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\$ 5 pm: Task \$	“How To Win Friends And Influence People”/SSSS
🔔 Intention 🔔	
✍️ Reflection ✍️	Task completed

\$ 6 pm: Task \$	Dinner
🔔 Intention 🔔	
✍️ Reflection ✍️	Task completed

\$ 7 pm: Task \$	Go through video lessons
🔔 Intention 🔔	
✍️ Reflection ✍️	Task completed

\$ 8 pm: Task \$	landing page
🔔 Intention 🔔	
✍️ Reflection ✍️	Task completed

\$ 9 pm: Task \$	Write down notes/Go through video lessons
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 Intention 	
 Reflection 	Task completed

 10 pm: Task 	Go through video lesson On “how to write email sequences”
 Intention 	
 Reflection 	Task completed

 11 pm: Task 	Go over rewrite of opt in page/See if my email sequence needs work
 Intention 	
 Reflection 	Task completed/ In progress

 12 pm: Task 	See if my email sequence needs work
 Intention 	
 Reflection 	Failed I tried to take a 15-minute nap but I fell into a deeper sleep.



End-Of-The-Day Report:



 What Did I Learn Today? 

Almost to stage 3

NEW What Do I Plan To Do Differently Tomorrow? NEW

No war mode.

NEW What Do I Plan To Do The Same Tomorrow? NEW

Work on boot camp.

📱 Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? [E](#)

wudanethos, chule, and EduardoLG

📝 What Tasks Were Left Undone? 📝

The last 3

Brain Dump: Something I realized at the end of the day I was trying to wake myself up by going on Skates, pushups, jumping Jacks Coldwater on my face. And I was and still tired It boggled my mind, and last night, I dreamt about drinking coffee. shit was pretty good.