

Name: _____

Blood Pressure

Instructions:

- In partners, take and record each others blood pressure.
- Make sure you are sitting in a desk with your arm straight and your palm facing up.
- Your partner should help you put the arm cuff on your arm and wrap it around your arm just above your elbow
- Be very still as your partner slowly increases the pressure on your arm by pumping the pump until the cuff is inflated.
- Record your results in the table provided.

	Name:	Partners Name:
Blood Pressure:		