

Canadian Celiac Association- Halifax Chapter

Restaurant List

The following is a list of restaurants and bakeries reported by CCA members that provide gluten-free options. The Canadian Celiac Association, Halifax Chapter does not endorse any products/suppliers; the document is strictly for the sharing of information.

Everyone is strongly encouraged to make contact directly and ask the pertinent GF questions to ensure a safe and enjoyable eating experience!

Bedford

The Cellar Bar & Grill

1516 Bedford Highway

Bedford, NS B4A 1E6

902-835-1592

http://www.cellarbarandgrill.ca/main_v7.swf

managercellarbedford@ns.sympatico.ca

Ivy notes: "If you call ahead they will have rice pasta for one of their great pasta dishes."

Finbar's Irish Pub

1595 Bedford Highway

Sunnyside Mall Unit 1216

Bedford, NS B4A 3Y4

902-832-9170

<http://www.finbars.ca/>

Il Mercato Ristorante

1595 Bedford Hwy - Sunny Side Mall

Bedford NS B4A 3Y4

832-4531

<http://www.il-mercato.ca/>

<mailto:ilmercato Bedford@gmail.com>

Sheila notes: "Il Mercato's in Bedford has been very helpful. They are up to date on what's in their sauces and will ask if they are not sure. They have deleted flour from a cream sauce for (my daughter) - for a scallop dish."

Pete's Frootique

1595 Bedford Highway

Bedford, NS B4A 3Y4

902-835-4997

www.petesfrootique.com/

<mailto:hollyc@petesfrootique.com>

Second Cup

1595 Bedford Hwy - Sunny Side Mall

Bedford, NS B4A 3Z9

902-835-9905

**Sells gluten free cookies (individually wrapped).*

Tomavino's

1475 Bedford Hwy
Bedford, NS B4A 1E8
902-832-1950
<http://www.tomavinos.ca/>

Dartmouth

Dave Doolittle's Taproom and Grill

90 Tacoma Drive
Dartmouth, NS B2W 3E6
902-435-5311
<http://www.davedoolittles.com/>
info@davedoolittles.com

Edgewood Café and Bakery

250 Baker Drive Unit 140
Dartmouth NS B2W 6L4
902-463-3740
<http://www.edgewoodcafe.ca/>

Holiday Inn – Harbor View

101 Wyse Road
Dartmouth NS B3A 1L9
902-463-1100
<http://www.hiharbourview.ca/halifax-hotels/>
info@hiharbourview.ca

Café 101

Holiday Inn Harbourview
101 Wyse Road
Dartmouth, NS B3A 1L9
902-464-5411

Fan's Chinese Restaurant

451 Windmill Road
902-469-9165
<http://www.fansrestaurant.com/>

Garden View Restaurant - Chinese

174 Main Street
Dartmouth NS B2X 1S2
902-435-7777
<http://www.gardenviewrestaurant.com/>

Gleneagle Gourmet Bakery Ltd

978 Cole Harbour Road
Dartmouth NS B2V 1E7
902-462-6606
<http://www.gleneaglebakery.com/>

**Gluten free cakes available, but should call in to pre-order.*

Hamachi Grill & Sushi House - Japanese Cuisine

644 Portland St.

Dartmouth

902-444-4688

http://www.hamachirestaurants.com/portland_street/index.html

Jack Astor's**

107 Shubie Drive - Dartmouth Crossing

Dartmouth NS B3B 0C3

902-468-6080

<http://www.jackastors.com/index.aspx>

Jamieson's Irish House & Grill

5 Cumberland Dr. – Cole Harbour

Dartmouth, NS B2V 2T6

902-433-0500

<http://jamiesons.ca/>

MacAskill's Waterfront Restaurant

88 Alderney Drive

Dartmouth, NS B2Y 2N5

902-466-3100

<http://www.macaskills.ns.ca/>

Moxie's Classic Grill

9 Countryview Drive

Dartmouth Crossing

Dartmouth, NS B3B 0G4

902-406-0044

<http://www.moxies.ca/>

info@moxies.ca

Opa! Greek Taverna

150 Hector Gate

Dartmouth NS B3B 0E6

902-481-7999

<http://www.opataverna.com>

<mailto:manager@opadartmouthcrossing.com>

Palladium Family Restaurant

942 Cole Harbour Road

Dartmouth, NS B2V 1E6

902-434-6402

<http://www.palladiumfamily.ca/>

<mailto:info@palladiumfamily.ca>



The Peppermill Grill – Fine Dining

240 Brownlow Ave.

Dartmouth NS B3B 1X6

902-481-3885

http://www.ramadans.com/index.php?option=com_content&view=article&id=7&Itemid=35&lang=en
<mailto:info@ramadans.com>

**Offers gluten-free pizza and pasta.*

Rocco's

313 Prince Albert Drive
Dartmouth NS B2Y 1N3
902-461-0211

<http://www.roccosrestaurant.ca/>
<mailto:hannah@roccosrestaurant.ca>

Smitty's Restaurant**

107 Main Street
Dartmouth, NS B2W 1R6
902-435-4444

<http://www.smittys.ca/>

Swiss Chalet

100 Main Street
Dartmouth, NS B2X 1R5
902-462-0906 <http://www.swisschalet.com/home.php>

Vines - Pasta**

4 Panavista Drive
Dartmouth, NS B2W 3M7
1. take out: 902-435-3130
<http://www.vinespastagrill.com/>
info@vinespastagrill.com

Wok Box - Asian

55 Gale Terrace -Dartmouth Crossing
902-406-1965
<http://www.wokbox.ca/>
**Gluten-free lemon, orange and pad Thai sauces. Offers rice noodles.*

Halifax

Bramoso Gourmet Pizzeria

6169 Quinpool Road
Halifax, Nova Scotia B3L 4P8
902-425-2222
<http://www.bramoso.com/>
bramosopizza@gmail.com

Brussels Restaurant and Brasserie

1873 Granville Street
Halifax, Nova Scotia B3J 1Y1
902-446-4700
<http://www.brusselsrestaurant.ca/>
info@brusselsrestaurant.ca

Cheelin Restaurant - Chinese

1496 Lower Water St. – Brewery Market
Halifax, NS B3J 1R9
902-422-2252
<http://www.cheelinrestaurant.com/>

Dofsky's Urban Grill

1583 Brunswick Street
Halifax, NS B3J-3P5
902-425-4278
<http://www.dofskysgrill.com/>
manager@dofskysgrill.com

Chives

1537 Barrington St
Halifax, NS B3J1Z4
902-420-9626
<http://www.chives.ca/>
chefdarren@chives.ca

**Servers very knowledgeable about GF diet call ahead and will make GF biscuits for you.*

Coastal Cafe – brunch

2731 Robie Street
Halifax, NS B3K 4P1
902-405-4022
<http://www.thecoastal.ca/>
contact@thecoastal.ca
Kari notes: "lots of GF options!"

Elements- Variety (Tuscan Influence)

Westin Nova Scotian Hotel
1181 Hollis Street
Halifax, NS B3H 2P6
902-421-1000

Gourmet by Day – Take-out and Catering

1810 Granville Street
Halifax, NS B3J 1X7
902-422-6674
<http://gourmetbyday.com/>
**Offers rice wraps.*

Hamachi House Fine Japanese Cuisine - Sushi

5190 Morris Street
Halifax, Nova Scotia B3J 1B3
902-425-7711
<http://www.hamachirestaurants.com/>

Hamachi Steakhouse & Robata Grill

Bishops Landing
1477 Lower Water Street
Halifax NS B3J 3Z4
902-422-1600

<http://www.hamachirestaurants.com/>

Healthy Habits – Soup and Sandwich Bar

1505 Barrington Street
Halifax, NS B3J 3K5
902-422-4347

The Henry House Restaurant & Pub

1222 Barrington St
Halifax NS B3J 1Y4
902-423-5660
<http://www.henryhouse.ca/>

House of Halal - Ethnic

3559 Dutch Village Road
Halifax NS B3M 2S9
902-455-6328
<http://www.houseofhalal.ca/>
houseofhalalhalifax@hotmail.com

Ivy notes: "Hanaa truly understands GF foods - call ahead to arrange a GF dish."

James Petrie Productions Ltd

Halifax Feast Dinner Theatre

1505 Barrington Street
Halifax, NS B3J 2T3
902-420-1840
<http://www.feastdinnertheatre.com/>
halifaxfeast@ns.sympatico.ca

Janes on the Common

2394 Robie Street
Halifax, NS B3K 4M7
902-431-5683
<http://www.janesonthecommon.com/>
janesonthecommon@eastlink.ca

Lord Nelson Hotel and Suites

1515 South Park Street
Halifax, NS B3J 2L2
902-423-6331
<http://www.lordnelsonhotel.com/>

Montana's Cook House and Bar**

Bayer's Lake Park
194 Chain Lake Drive
Halifax NS B3S 1C5
902-450-1011
<http://www.montanas.ca/>
<http://www.montanas.ca/pdf/nutrition.pdf>

Murphy's on the Water - Seafood

Cable Warf
1751 Lower Water Street

Halifax NS B3J 1S5
902-420-1015
<http://www.mtcw.ca/>
info@mtcw.ca

New York Fries – French Fries
Located all across the HRM
(416) 963-5005
<http://www.newyorkfries.com/>

Opa! Greek Taverna - Greek
1565 Argyle Street
Halifax NS B3J 2B2
902-492-7999
<http://www.opataverna.com>
<mailto:information@opataverna.com>

Opa! Greek Taverna
215 Chain Lake Drive
Halifax, NS B3S 1C9
902-876-8899
<http://www.opataverna.com/contact.asp>
<mailto:manager@opainthepark.com>

Piccolo Mondo – Italian
1580 Argyle Street
Halifax, NS B3J2B3
902-455-8958
Kari notes: "will make any of their pastas with rice pasta - you have to bring it in. For GF tiramisu and other desserts, give 24 hrs notice."

Pizzatown – Pizza
Located all across the HRM
902-450-0000
<http://pizzatown.ca/>
**Now offers GF pizza crust.*

Redwood Bar & Grill**
30 Fairfax Dr. -Clayton Park
Halifax NS B3S 1P1
902-446-4243
<http://www.redwoodgrill.ca/>
redwoodgrill@eastlink.ca
**GF pasta menu options.*

Rock Island Café
6293 Quinpool Road
Halifax, NS B3L 1A4
902-406-4387
<http://www.rockisland-cafe.com/contact.html>

Saege Bistro
5883 Spring Garden Road

Halifax, NS B3H 4S4
902-429-1882
[http://www.saege.ca/
dining@saege.ca](http://www.saege.ca/dining@saege.ca)

Satisfaction Feast - Vegetarian

3559 Robie St
Halifax, NS B3K4S7
902-422-3540
[http://www.satisfaction-feast.com/
info@satisfactionfeast.com](http://www.satisfaction-feast.com/info@satisfactionfeast.com)

Scanway Catering & Pastry Shop

6088 Quinpool Road
Halifax, NS B3L 1A1
Catering: 902-425-6806
Pastry Shop & Take Home Food: 425-0683
[http://www.scanwaycatering.com/
catering@scanwaycatering.com](http://www.scanwaycatering.com/catering@scanwaycatering.com)

Steak and Stein Family Restaurant**

6061 Young Street
Halifax, NS B3K 2A3
902-454-8814

Swiss Chalet Rotisserie and Grill - Casual Family Dining**

3462 Kempt Road
Halifax NS B3K 4X7
902-454-4226
<http://www.swisschalet.com/>

Talay Thai Restaurant

1261 Barrington St
Halifax, NS B3 J 1Y
902-404-3700
<http://www.talaythaihalifax.com/>

Tarek's Cafe - Middle Eastern Cuisine

3045 Robie Street
Halifax, NS B3K 4P1
902-454-8723

Trinity Restaurant and Catering- Bistro

Park Victoria
1333 South Park Street
Halifax, NS B3J 2K9
902-423-8428

Waterfront Warehouse

1549 Lower Water Street
Halifax, NS B3J 1S2
902-425-7610
<http://www.rcr.ca/restaurants/waterfront-warehouse/>

sales@rcr.ca

The Wooden Monkey – Local and organic

1707 Grafton Street
Halifax NS B3J 2C6
902-444-3844
<http://www.thewoodenmonkey.ca/>
lillymac41@hotmail.com

Halifax Airport

Hilton Garden Inn Restaurant

200 Pratt & Whitney Drive
Halifax NS B2T 0H4
902-873-1400
Clare notes: "a great GF experience".

Quality Inn (Airport Hotel)

60 Sky Blvd.
Goffs, NS B2K 1K3
902-873-3000

Hammonds Plains

Glen Arbor Golf Course

40 Club House Road
Hammonds Plains NS B4A 1T4
902-835-4653
<http://www.glenarbour.com/>

Kentville/Wolfville

Acton's Grill and Café - Seafood/Bistro**

406 Main Street,
Wolfville NS B4P 1C9
902-542-7525
<http://www.actons.ca/>
actons@ns.sympatico.ca

Jan's Gluten Free – Bakery

980 Main St. Hwy 358
Port Williams NS
(902) 678-6249

Kai-Wing Restaurant

3255 Highway 1
Coldbrook NS
(902) 679-6599

Paddy's Pub & Rosie's Restaurant - Irish (Variety)**

24 Aberdeen Street

Kentville NS B4N 2N1

902-678-3119

<http://www.paddyspub.ca/>

mike@paddys.ca

**Janice notes "Rosie's has a GF menu; in the Nov 24th edition of the Chronicle Herald in a letter to the Editor (Page A15) Janice's Dad spoke of Rosie's". Dwayne notes "Paddy's Pub makes GF brunch items (basically GF home fries and GF toast)".*

Rudder's Seafood - Restaurant & Brew Pub

96 Water Street

Yarmouth NS B5A 4B3

(902) 742-7311

<http://www.ruddersbrewpub.com/>

rudders@eastlink.ca

Lawrencetown

Lawrencetown Restaurant

465 Main Street

Lawrencetown NS B0S 1N0

902-584-2200

Lower Sackville

Tom's Family Restaurant - Greek

585 Sackville Drive

Lower Sackville NS B4C 2S4

902-252-8667

<http://www.tomsfamilyrestaurant.ca/index.php>

White Sails – Bakery and Tea Room

12930 Peggy's Cove Road

Tantallon, NS B3Z 2K4

902-826-1966

<http://whitesailsbakery.com/>

**GF Carrot cake, cookies, banana loaf, and squares and breads.*

*** Able to accommodate for children*

If you have a favourite dining location to share for future updates to this list, please contact the Halifax Chapter office at 435-9019 or by e-mail at celiac.halifax@ns.sympatico.ca