

# **Michelle L. Bradshaw, DC, OTR/L**

Associate Professor  
Department of Occupational Therapy  
School of Health Sciences and Human Performance, Ithaca College  
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## **Education**

### **Doctor of Chiropractic, Cum Laude, December 2003**

New York Chiropractic College, Seneca Falls, NY

### **Bachelor of Science in Occupational Therapy, May 1992**

Boston University, Boston, MA

## **Awards**

Honor Society of Phi Kappa Phi, Ithaca College, Ithaca, November 2018

Nominated by HSHP Dean to participate in HERS Leadership Institute, Ithaca College, Ithaca, September 2017

Alpha Eta Society, Ithaca College, Ithaca, NY, May 2016

Philip G. Striano Memorial Alumni Award, New York Chiropractic College, Seneca Falls, NY, December 2003

Phi Chi Omega Honor Society Member, New York Chiropractic College, Seneca Falls, NY, December 2003

Distinguished Service Award, New York Chiropractic College, Seneca Falls, NY, December 2003

Division I Collegiate Rowing National Champion, May 1991

## **Academic Appointments**

**Tenured Associate Professor, Department of Occupational Therapy, Ithaca College, Ithaca, NY, August 2017- August 2019 and June 2021 to present**

Responsible for a 21-contact hour teaching load, as well as advising students and being active in research and service to the campus and broader community.

**Tenured Associate Professor and Chair of Graduate Studies, Department of Occupational Therapy, Ithaca College, Ithaca, NY, August 2019- June 2021**

Responsible for a 15-contact hour teaching load and 6-contact hour administrative duties, as well as advising students and being active in research and service to the campus and broader community.

**Assistant Professor, Department of Occupational Therapy, Ithaca College, Ithaca, NY, August 2011- August 2017**

Responsible for a 21-contact hour teaching load, as well as advising students and being active in research and service to the campus and broader community.

**Assistant Professor, Department of Occupational Therapy, Tennessee State University, Nashville, TN, August 2009- August 2011**

Responsible for a full-time teaching load, advising students, administrative responsibilities, scholarly work, and actively serving the department, campus, and community.

**Instructor, Department of Occupational Therapy, Tennessee State University, Nashville, TN, August 2007- August 2009**

Responsible for a full-time teaching load, advising students, developing the program, and actively serving the department, campus, and community.

## **Leadership Experience**

**Chair of Graduate Studies, Department of Occupational Therapy, Ithaca College, Ithaca, NY, January 2019-June 2021**

Responsible for overseeing administrative processes of the graduate program in conjunction with the departmental administrative team and Graduate Committee. Projects include graduate student recruitment, admission, and retention, overseeing graduate individual thesis proposal approvals, planning the OT Graduate Research Colloquium, hiring graduate student workers, reviewing and approving graduate individual thesis projects, advising professional entry level graduate students, and representing the department on school and college level graduate committees.

## **Summary of Experience in Occupational Therapy Education**

*OTBS 22000: Adult Clinical Practice in Occupational Therapy* (Lead instructor; 1 cr; approximately 3 Senior-level and 1 Junior-level students); Department of Occupational Therapy, Ithaca College, Fall 2023 and 2024

*OTBS 39901: Ithaca Free Clinic, Community-Based Clinical Intervention* (Lead Instructor; 1 cr; approximately 4 Senior-level students); Department of Occupational Therapy, Ithaca College, Spring 2014, 2021-2024

*OTBS 40000/OTMS 50000: Functional Human Anatomy* (Lead Instructor; 5 cr; approximately 45 Senior-level and 10 graduate students); Department of Occupational Therapy, Ithaca College, Summer 2012-2016, 2018, and 2020-2023

*OTBS 42100/OTMS 52000: Kinesiology* (Lead Instructor; 4 cr; approximately 45 Senior-level and 10 graduate students); Department of Occupational Therapy, Ithaca College, Fall 2011-2017 and 2019-2023

*OTBS 43000/OTMS 53000: Applied Interventions in Occupational Therapy* (Lead Instructor; 3 cr; approximately 45 Senior-level and 10 graduate students); Department of Occupational Therapy, Ithaca College, Spring 2012-2019 and 2021-2024

*OTBS 44000/OTMS 54000: Concepts in Adult Occupational Therapy* (Seminar Instructor in 4 cr course; approximately 8 Senior-level and 2 graduate students); Department of Occupational Therapy, Ithaca College, Fall 2022 and 2023

*OTBS 48100: ICC Capstone in OT* (Lead Instructor; 1 cr; approximately 10 Senior-level students); Department of Occupational Therapy, Ithaca College, Spring 2017-2020, 2022-2024

*OTMS 61200: Complementary Health Approaches, Integrative Health, and Occupational Therapy* (Lead Instructor; 2 cr; approximately 20 graduate students); Department of Occupational Therapy, Ithaca College, Spring 2017-2024

*OTMS 63900: Occupational Therapy Graduate Clinic Experience* (Lead Instructor; 0-1 cr; approximately 4 graduate students at the Ithaca Free Clinic); Department of Occupational Therapy, Ithaca College, Fall 2015-2017, 2019-2024 and Spring 2014 and 2021-2024

*OTMS 63900: Adult Clinical Practice in Occupational Therapy* (Lead instructor; 1 cr; approximately 2 graduate students ); Department of Occupational Therapy, Ithaca College, Fall 2023 and 2024

*OTMS 67200: Individual Thesis Research 1* (Thesis Committee Chair; 3 cr; 1 graduate student); Department of Occupational Therapy, Ithaca College, Fall 2017 (M. Dussault), 2022 (L. Tasnady), and 2023 (K. Ho).

*OTMS 67200: Individual Thesis Research 1* (Thesis Committee Member; 3 cr; 3 graduate students); Department of Occupational Therapy, Ithaca College, Fall 2019 (A. Chirokas, R. Cohen, and R. Patel), 2021 (C. Teachout), and 2023 (O. Donney).

*OTMS 67300: Individual Thesis Research II* (Thesis Committee Chair; 3 cr; 1 graduate student); Department of Occupational Therapy, Ithaca College, Spring 2018 (M. Dussault), 2023 (L. Tasnady), and 2024 (K. Ho).

*OTMS 67300: Individual Thesis Research II* (Thesis Committee Member; 3 cr; 3 graduate students); Department of Occupational Therapy, Ithaca College, Spring 2020 (A. Chirokas, R. Cohen, and R. Patel), 2022 (C. Teachout), and 2024 (O. Donney).

### **Summary of Clinical Experience**

*Occupational Therapist, Various Medical Settings with Adults, 1996-2003 and 2003-2009*

Provided OT services with adults in ICU, acute care, inpatient rehabilitation, outpatient neurological rehabilitation, long-term care, sub-acute rehabilitation, augmentative communication, home health, and level 1 trauma center.

*Chiropractor, Associate and Sole Proprietor, with Adults, 2004-2007*

Associate chiropractor for clients with personal and work-related injuries, sole proprietor and administrator within a multidisciplinary medical office including chiropractic, massage therapy, and medical services, and community based private chiropractic practice.

*Occupational Therapist, Outpatient and School Based Pediatrics, 1993-1996*

Provided OT services for children in pediatric outpatient clinics and public school systems.

### **Summary of Scholarly Activity**

#### **Peer-Reviewed Publications**

American Occupational Therapy Association; **Bradshaw, M.** (2023). Complementary health approaches and integrative health in occupational therapy. *American Journal of Occupational Therapy*, 77(Suppl. 3), 7713410200. <https://doi.org/10.5014/ajot.2023.77S3001>

American Occupational Therapy Association; **Bradshaw, M.** (2017). Occupational therapy and complementary health approaches and integrative health. *American Journal of Occupational Therapy*, 71(Supplement\_2), 7112410020p1-7112410020p6. doi: 10.5014/ajot.2017.716S08

Dorsey, J. & **Bradshaw, M.** (2017). Effectiveness of occupational therapy interventions for lower-extremity musculoskeletal disorders: A systematic review. *American Journal of Occupational Therapy*, 71, 7101180030p1-7101180030p11. <https://doi.org/10.5014/ajot.2017.023028>

**Bradshaw, M.** (2016). Curricular inclusion of complementary and alternative medicine content in occupational therapy education in the United States. *Occupational Therapy in Health Care*, 30(4), 373-387. doi: 10.1080/07380577.2016.1192312

**Bradshaw, M. L.** (2014). Knowledge, attitudes, and personal use of complementary and alternative medicine among occupational therapy educators in the United States. *Occupational Therapy in Health Care*. doi: 10.3109/07380577.2014.982315

### **Peer-Reviewed Presentations**

**Bradshaw, M.** (2025, April). *Demystifying Integrative Health in Occupational Therapy (IHOT)*. Poster presentation accepted for the American Occupational Therapy Association's Inspire Conference, Philadelphia, PA.

**Bradshaw, M.** (2025, April). *Rolling Towards Teamwork: Exploring the Influence of Project Wheelchair User on Occupational and Physical Therapy Student Perspectives*. Poster presentation accepted for the American Occupational Therapy Association's Inspire Conference, Philadelphia, PA.

**Bradshaw, M.** (2024, March). *Clinical Learning with Community Members at Integrative Health-Focused Free Clinic*. Poster presentation at the American Occupational Therapy Association's Inspire Conference, Orlando, FL.

Tasnady, L. & **Bradshaw, M.** (2024, March). *The Feminine Self and Occupational Performance in Women with Female Reproductive Organ Cancers*. Poster presentation accepted and declined for the American Occupational Therapy Association's Inspire Conference, Orlando, FL.

Gras, L. & **Bradshaw, M.** (2023, October). Project Wheelchair User: PT and OT Collaboration Innovations in IPE How to Create and Sustain Meaningful Learning Activities and Stakeholders. Session at the Educational Leadership Conference, Philadelphia, PA.

Mason, A. E., Riley, B., Scott, S., Iglthaler, J., Wilkinson, K., Heffron, J., **Bradshaw, M.**, Germain, A., & Cozzolino, M. (2023, April). *The Occupation of Learning: Using Metacognitive Strategies and a Supportive Learning Environment to Develop Lifelong Learners*. Contributor to poster presentation at the American Occupational Therapy Association's Inspire Conference, Kansas City, MO.

Gras, L. & **Bradshaw, M.** (2022, July). *Outcomes of Project Wheelchair User: Occupational and Physical Therapy Collaboration*. Poster presentation at the Heartland Interprofessional Education Conference, Virtual event through Clarkson College, Omaha, NE

**Bradshaw, M.** (2022, April). *Diversifying Occupational Therapy Education and Practice Using an Integrative Health Lens*. Short course presentation at the American Occupational Therapy Association's Inspire Conference, San Antonio, TX

Cohen, R.\*, Dorsey, J., & **Bradshaw, M.** (2021, April). *The Role of Occupational Therapy in the Prevention and Management of Chronic Conditions at a Free Community-Based Clinic*. Inspire presentation at American Occupational Therapy Association Inspire Virtual Event. \*Graduate IC OT student

Patel, R.\*, Scott, S.L., & **Bradshaw, M.** (2021, April). *Individuals with Substance Use Disorders: Lived Experiences, Perceptions of Daily Life, and Behavioral Health Services*. Inspire presentation at American Occupational Therapy Association Inspire Virtual Event. \*Graduate IC OT student

**Bradshaw, M.**, Lubas, M., Shandalov, B., & Vadnais, E. (2019, April). *Complementary and Integrative Health Practices in Occupational Therapy are Here to Stay*. Poster presented at the meeting of the American Occupational Therapy Association, New Orleans, LA.

**Bradshaw, M.** & Wilkinson, K. (2017, April). *Teaching beyond the content: Creating significant learning opportunities in occupational therapy education*. Short course presented at the meeting of the American Occupational Therapy Association, Philadelphia, PA.

**Bradshaw, M.**, Boffoli, V.\* & Recio, M.\* (2017, March). *Effects of a single educational experience about complementary health approaches and integrative health on student attitudes*. Poster presented at the meeting of the American Occupational Therapy Association, Philadelphia, PA. \*Graduate IC OT students

**Bradshaw, M.** (2015, November). *Occupational therapy educator, practitioner, and student perspectives about Complementary and Alternative Medicine*. Short course presented at the meeting of the New York Occupational Therapy Association, White Plains, NY.

Lieberman, D., Arbesman, M., **Bradshaw, M.**, Dorsey, J., Poole, J., Roll, S., Siegel, P, & Snodgrass, J. (2015, April). *Systematic review on occupational therapy and adults with musculoskeletal disorders and arthritis*. Short course presented at the meeting of the American Occupational Therapy Association, Nashville, TN.

**Bradshaw, M.**, Martin, K.\* & Worthley, H.\* (2015, April). *A preliminary look at knowledge, attitudes, and personal use of complementary and alternative medicine among occupational therapy practitioners*. Poster presented at the meeting of the American Occupational Therapy Association, Nashville, TN. \*Graduate IC OT students

**Bradshaw, M.** (2015, April). *Shoulder anatomy and the hemiplegic shoulder: Evidence-based interventions*. Poster presented at the meeting of the American Occupational Therapy Association, Nashville, TN.

**Bradshaw, M.** (2014, April). *Occupational therapy and complementary and alternative medicine from an alternate perspective*. Poster presented at the meeting of the American Occupational Therapy Association, Baltimore, MD.

**Bradshaw, M.** (2012, November). *What occupational therapists need to know about complementary and alternative medicine: The basics*. Short course presented at the meeting of the New York State Occupational Association, Rochester, NY.

### **Service**

#### **National**

Sum 2023 to present	New York State Representative to American Occupational Therapy Association's Representative Assembly
Fall 2021 Spring 2024	Co-founder and co-facilitator of the American Occupational Therapy Association's Integrative Health Occupational Therapy Community of Practice
Fall 2021 to Fall 2022	Invited author to update AOTA's Complementary Health Approaches and Integrative Health in Occupational Therapy Position Statement
Summer 2020	Invited External Reviewer, National Center for Complementary and Integrative Health Request for Information Strategic Plan Update 2021-2026
Fall 2019	Invited External Peer Reviewer, American Occupational Therapy Association representative reviewing the American Physical Association's <i>Clinical Practice Guidelines for Total Knee Arthroplasty: Pre and Post-Operative Physical Therapist Management for Adults with Osteoarthritis</i>

Fall 2018	Invited External Peer Reviewer, American Occupational Therapy Association representative reviewing the American College of Occupational and Environmental Medicine's <i>Hip and Groin Disorder Practice Guidelines</i>
Fall 2014 to present	Member, American Occupational Therapy Association, Advisory Group for The Joint Commission
Summer 2014 to 2017	Invited Review Author, American Occupational Therapy Association, Systematic Review on Occupational Therapy and Musculoskeletal Disorders and Arthritis
Fall 2015	Invited Author, revision of the Complementary and Alternative Medicine Position Paper, American Occupational Therapy Association
Summer 2015	Invited External Reviewer, American Occupational Therapy Association representative reviewing American College of Occupational and Environmental Medicine's <i>Foot and Ankle Practice Guidelines</i>
Spring 2015	Selected Member, The Joint Commission, Technical Advisory Panel for Advanced Certification in Hip Replacement and Knee Replacement

### **College**

Su 2024	Volunteer, Special Olympics, Health Athlete Screenings, Strong Minds Station, June 15, 2024.
Fall 2023 to present	Member, HSHP Dean's Search Committee
Fall 2020 to Su 2021	Member, Graduate Council Curriculum Sub-Committee
Fall 2019 to Su 2021	Member, Graduate Council
Sp 2019	Acting Member, Graduate Council
Sp 2017 to 2018	College-Wide Requirements Committee Co-Chair representative to the Faculty Council ICC Advisory Committee
Fall 2016 to Fall 2018	Co-Chair, Committee for College-Wide Requirements
Sp 2016 to present	Ithaca Today, Department of Occupational Therapy Representative
Fall 2015 to Fall 2017	Member, Study Abroad Petition Subcommittee of Committee for College-wide Requirements
Sp 2015	Whalen Symposium Abstract Reviewer
Fall 2014 to Fall 2016	Member, Committee for College-Wide Requirements
Fall 2014 to Fall 2017	Faculty Advisor, Women's Rugby Team
Sp 2014	Ithaca Today, Department of Occupational Therapy Representative
Sp 2014	Whalen Symposium Moderator
Sp 2013	Member, College Advisory Committee on Campus Security and Campus Life Committee
Sp 2012	Member, Campus Life Committee
Sp 2012 and 2011	Faculty Moderator, Finger Lakes Environmental Film Festival

### **School**

Sp 2024	5 <sup>th</sup> annual IPE Case Competition Judge, on campus, March 28. 2024
Sp 2023	Presenter, Board of Trustee Immersion Event showcasing occupational therapy student engagement at the Ithaca Free Clinic
Sp 2023	Member, Ad Hoc Committee, Anatomage Anatomy Technology Review
Fall 2019 and 2021	Department of Occupational Therapy Representative, Fall Orientation
Fall 2019 to Su 2021	Member, HSHP Graduate Committee
Fall 2019 to Sp 2020	Member, Ad Hoc Search Committee for HSHP Anatomy Position

Sp 2019	Acting member, HSHP Graduate Committee
Sp 2014	Member, HSHP Search Committee, Director of Cadaver Lab
Sp and Fall 2013	Member, HSHP Cadaver Lab Task Force
Fall 2011 to present	Department of Occupational Therapy Representative, Fall Open Houses
Sp 2013	Department of Occupational Therapy Representative for President's Week Event
Su 2012	Summer Orientation for Occupational Therapy students

**Department**

Fall 2024 to present	Member, Personnel Committee
Sp 2024	Personalized recruiting emails to prospective students and representative at Open House
Sp 2024	Member, Ad Hoc Student Appeals Committee
Sp 2024	Chair, Ad Hoc Departmental Second Year Tenure File Review
Fall 2023 to present	Tri-chair, DEI Committee
Sp 2023	Presenter at Departmental Community Connections on Diving into Health Perspectives, February 23, 2023
Sp 2023	Member, Ad Hoc Student Appeals Committee
Fall 2022 to Sp 2023	Member, Departmental Personnel Committee
Fall 2021 to Sp 2022	Member, Ad Hoc Search Committee for Occupational Therapy Tenure Eligible Position
Fall 2021	Presenter, Things to Consider in Integrative Health Occupational Therapy, Departmental Faculty Meeting, November 30, 2021
Fall 2021	Chair, Ad Hoc NTEN Promotion File Review Committee
Fall 2021	Co-presenter with alumna Rebecca Simon at departmental Alumni Speaker Series on Integrating Spirituality and Other Diverse Practices in Acute Care OT Practice, November 18, 2021
Fall 2020 to present	Member, Departmental Assessment Committee
Sp 2021 and Sp 2022	Member, Ad Hoc Scholarship Application Review Committee, April, 2021, 2022
Fall 2020	Chair, Ad Hoc Graduate Appeal Committee, October-November, 2021
Fall 2020	OT Department First Year Orientation Session, August 11, 2020
Sp 2020	Member, Ad Hoc Departmental Fourth Year Tenure File Review
Fall 2019 to Su 2021	Chair of Graduate Studies, Department of Occupational Therapy
Fall 2019 to Su 2021	Chair, Occupational Therapy Graduate Committee
Sp 2019	Acting Chair of Graduate Studies, Department of Occupational Therapy
Sp 2019	Acting Chair, Occupational Therapy Graduate Committee
Fall 2019 to Sp 2020	Member, Ad Hoc Search Committee for Occupational Therapy Tenure Eligible Position
Sp 2019	Chair, Ad Hoc Departmental Second Year Tenure File Review
Sp 2019	Experience Ithaca, February 18, 2019
Sp 2018	Chair, Ad Hoc Departmental Post Tenure Review Committee
Sp 2017	Hoarding officiant MSOT Hoarding Ceremony, May 21, 2017
Fall 2016	Member, Ad Hoc Internal Transfers Committee
Fall 2016 to 2018	Member, Creating Inclusive Classrooms Committee

Fall 2016 and Sp 2017	Member, Ad Hoc Search Committee for Occupational Therapy Tenure Eligible Position
Fall 2016 to Fall 2020	Member, Department Curriculum Committee
Sp 2016 and 2014	Participant, Insiders Look into Occupational Therapy Practice for Occupational Therapy Students
Sp 2016	Member, Ad Hoc Departmental Diversity Committee
Sp 2015	Member, Occupational Therapy Course Evaluation Revision Committee
Sp 2015	Invited Speaker, Pi Theta Epsilon Induction Ceremony, February 22, 2015
Fall 2014	Invited Speaker, Ithaca College Multiple Awareness Club annual fundraiser, December 10, 2014
Sp 2014 to 2017	Member, Department of Occupational Therapy Lab, Clinic, and Fieldwork Safety Task Force
Fall 2013 to 2018	Chair, Occupational Therapy Student Affairs Committee
Fall 2013	Member, Occupational Therapy Administrative Assistant Search Committee
Sp 2013 to Fall 2013	Member, Occupational Therapy Student Affairs Committee
Fall 2012 to Fall 2016	Member, Occupational Therapy Personnel Committee
Fall 2012 to Sp 2016	Member, Occupational Therapy Capstone Development Committee
Fall 2011 to Sp 2022	Member, Occupational Therapy Graduate Committee

### **Community**

Spring 2021 to present	Volunteer, Cayuga Nation Share Farm, Union Springs, NY
Fall 2021 to Sp 2022	Member, Chronic Care Team, Ithaca Free Clinic, Ithaca, NY
Spring 2015 to 2018	Member, Stewart Park Inclusive Playground Committee, Ithaca, NY
Fall 2015 to 2016	Member, Ithaca Free Clinic Chronic Care Integrative Medicine Project, Ithaca, NY

### **Memberships and Licenses**

Board Certified and Registered Occupational Therapist, licensed in New York, 2011 to present  
Board Certified and Registered Chiropractor, licensed in New York, 2011 to present  
American Occupational Therapy Association Member, 2009 to present  
New York State Occupational Therapy Association Member, 2012, 2015, and 2023 to present  
Honor Society of Phi Kappa Phi, 2018 to present