

Problem Solving 101 – Exercise

Bad Outcome/Problem

Gold King yet still a Brokie and therefore live a worm-tier life devoid of adventure, abundance and the company of beautiful virtuous females

What contributes to being a brokie despite being in T.R.W?

- Not finishing your checklist daily
- Not reviewing and applying the lessons you've learnt
- Lack of enactment of the 4 Copy Campus Pillars
- Wandering off into loser benders (A little bit adds up over time... all we have is time)

What contributes to being a high performer & earner?

- Finishing the Daily Checklist
- Brutal Obsession
- Treat life and biz like a video game (Cause it is)

Walk the Factory Line & Ask why until you find the root causes

Gold King Brokie → Why? → Lose most days → Why? → Never Get Momentum → Why? → Never Finish Checklist → Why? → Never Practice + review my Notes consistently = No Confidence to do outreach → Why? → Lack of consistent Daily G Work → Why? →

Sleep Schedule all over the Place = Low Energy →Why? → Lack of Discipline to Go to bed on Time (Will stay up late cause I woke up late and on and on it goes) →Why? → Too Hyped up late before bedtime →Why? → Woke up Late + Cranked up on Coffee →Why? → Went to bed late →Why? → Woke up Late..... Okay right!

Strategy to overcome

1. Pull an all-nighter tonight (Currently 3:40am) and then go to sleep on time
2. Drill Bootcamp into your mind and **KNOW** you can help a business
3. Finish your Daily Checklist for FUCKS SAKE (Especially the bookends of it at the very least)
4. Grab your Nuts and send Warm outreach (Go from Coward to Superhero, 0% chance of death from sending a message to your Auntie OR an Old Mate Bro)
5. Jump into the unknown, the hero zone to earn an amazing life
6. Cut the late night B.S and wind down proper, put on Blue Blockers and Chill, Also Cut out Caffeine by Midday
7. Remember **YOU CHOSE THIS** (Read your Ideal Self Document 2x per day + When Needed)