

- “28 Days To A Client” -




The Real War Mode Day Plan + Report.

[illegible]

Day Number: 6







Date: 3/19/23

Start Of The Day - Time: 5

	 3 Things That I Am Excited To Have In The Future? 
1.	Great relationship with God.
2.	Richest man in History.
3.	Best looking man.

Hour-By-Hour **Tracking:**

[Track+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!





**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**





\$ 5 am: Task \$	Wake up on time, meditate and hydrate.
🔔 Intention 🔔	Set the alarm on both the phone and Alexa far from bed so I can stand up and turn them off.
✍️ Reflection ✍️	nope





\$ 6 am: Task \$	Gym
🔔 Intention 🔔	Do my daily workout exercise.
✍️ Reflection ✍️	done





\$ 7 am: Task \$	Make chocolates
🔔 Intention 🔔	Making chocolate doesn't take long. I can place the chocolate in the grinding machine.
✍️ Reflection ✍️	nope



\$ 8 am: Task \$	Clean room
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 Intention 	Fix up room
 Reflection 	nope

\$ 9 am: Task \$	Work of Personal companies
 Intention 	Improve business's
 Reflection 	done

\$ 10 am: Task \$	Copywriting
 Intention 	Finish or send outreach to prospect
 Reflection 	nope

\$ 11 am: Task \$	Work on moms website
 Intention 	Help mom on whatever she needs with her website
 Reflection 	nope

\$ 12 am: Task \$	Freelancing
 Intention 	Talk to Josh's Dad



 Reflection 	nope
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\$ 1 pm: Task \$	Manufacturer
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 Intention 	Find a supplier for Z
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 Reflection 	done
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\$ 2 pm: Task \$	Package deal
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 Intention 	Make a package with Melodie
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 Reflection 	nope
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\$ 3 pm: Task \$	Manufacturer
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 Intention 	Find a supplier for Z
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 Reflection 	done
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\$ 4 pm: Task \$	Manufacturer
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 Intention 	Find a supplier for Z
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 Reflection 	done
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\$ 5 pm: Task \$	Manufacturer
🔔 Intention 🔔	Find a supplier for Z
✍ Reflection ✍	done







\$ 6 pm: Task \$	Manufacturer
🔔 Intention 🔔	Find a supplier for Z
✍ Reflection ✍	done

\$ 7 pm: Task \$	Manufacturer
🔔 Intention 🔔	Find a supplier for Z
✍ Reflection ✍	done

\$ 8 pm: Task \$	Manufacturer
🔔 Intention 🔔	Find a supplier for Z
✍ Reflection ✍	done

\$ 9 pm: Task \$	Get ready for bed
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 Intention 	Take care of yourself
 Reflection 	done

 10 pm: Task 	Get ready for bed
 Intention 	Take care of yourself
 Reflection 	done



End-Of-The-Day Report:



 What Did I Learn Today? 
give my buttons curves

 What Do I Plan To Do Differently Tomorrow? 
tomorrow I will hustle

 What Do I Plan To Do The Same Tomorrow? 
everything from week 1

 **Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?** 

josh dad

 **What Tasks Were Left Undone?** 

almost all of them

Brain Dump:
Lazy day today (weekend)