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Philippine Health Initiative - PHInternship

Mission Statement

Philippine Health Initiative is a student-run, nonprofit organization that connects underserved pediatric medical and educational facilities in the Philippines to material and financial resources in the United States. We share Filipino culture and collaborate with our communities to enrich all aspects of a child's health.

Description

The PHInternship is a select program for high school students seeking an active volunteer and leadership experience. PHInterns spearhead their own unique initiative to directly support existing PHI programs such as Project Eskwela, Pediatric Care Program Medical Supply, and Seth's Basketball and Outreach. PHInterns play a key role in growing PHI's presence in their local community and sharing Filipino culture.

PHInterns will be expected to uphold our big three:

1) Volunteerism

- Table at events, sharing our mission with guests
- Sort and package materials in Balikbayan boxes for PHI day/general packing events
- Research Filipino culture to educate community members about the values instilled in PHI

2) Leadership and Communication

- Bring PHI's mission their respective school and establish drives/volunteer events for existing programs
- Expand PHI's network through advocacy at school/community organizations
- Act as a key link to younger audience to promote PHI's growth

3) Project Development and Management

- Design a passion project that focuses on spreading Filipino culture and PHI's mission.
- PHInterns will choose a PHI program to support. Projects may include (but are not limited to) item drives, volunteer events, and community outreach.
- The Director of Programs will act as the head advisor to help make their project come to life by the Spring semester. Passion Project support will be available from all PHI E-Board and City Directors.

PHInterns are expected to actively participate and communicate with the Director of Programs. A typical week in the PHInternship will include all aspects of each of our big three. Specific responsibilities include, but are not limited to:

- Garner understanding of all PHI programs and mission
- Attend PHI General Body Meetings each semester
- Share volunteer opportunities with their community
- Communicate with teachers, staff members, leaders to give a platform to their Passion Projects



- Encourage new participants to join PHI volunteer events and team
- Communicate in a timely manner with Director of Programs, EBoard, and City Directors; especially in regards to their Passion Project

Benefits

- **Bright Futures Hours:** PHI hosts plenty of community service events and drives that qualify for the Bright Future Scholarships. Passion Project planning also qualifies for service hours.
- **E-Portfolio:** PHInterns develop a shareable E-portfolio to showcase personal growth as an active leader and volunteer in our community. These e-portfolios look great on college applications!
- **Experience in Project Management:** PHIntern Passion Projects are entirely created and directed by the individual! PHInterns will develop important skills in project management such as interpersonal communication, marketing, fundraising, and more. The PHInternship is a great way to prepare yourself for college and beyond.
- **Networking:** PHI is proudly run by students! Currently, our team consists of college students at notable institutions such as UF, UCF, FSU, and UPenn. From studies in pre-health and business to engineering and media, we encompass an interdisciplinary approach in our nonprofit work. We act as “Near Peer” mentors to high schoolers. We can assist in professional development and help shape personal goals beyond the classroom. PHI is one large family and is a great place to form connections with older peers and other high schoolers alike.

Timeline

- **June/July:**
 - Virtual Onboarding
 - Volunteer/Community Events may be available (not required)
- **August:**
 - In-Person Initiation Meeting (Intro to PHI, Passion Projects Brainstorm)
- **September/October:**
 - Passion Project Planning
 - FAHM Month Volunteer Event
- **November:**
 - Passion Project Proposal Development
 - PHI Day
- **December:**
 - Passion Project Presentations and Planning
- **January-April:**
 - Passion Project Facilitation
- **May:**
 - Final Passion Project events/initiatives
 - Promote PHInternship recruitment
 - PHI Day



Time commitment & meetings

The time commitment is typically **two to four hours a week** in order to be successful, excluding special circumstances or events.

There are **mandatory virtual meetings held at least once a month**. These meetings are 45-60 minutes. The meetings are scheduled to best align the majority of PHInterns schedules. Virtual Meetings will discuss:

- Passion Project brainstorming, planning, and facilitation.
- E-Portfolio Development
- Volunteer events

Additional virtual meetings may be scheduled with the Director of Programs/other Board members to assist PHInterns.

In-Person meetings are not typically mandatory, but are strongly encouraged for Central Florida based PHInterns. In-Person Meetings are a relaxed opportunity for PHInterns to connect with each other and receive active project/e-portfolio assistance from the Director of Programs. Promotional material for social media and the website will also be made during these meetings. In-Person meetings are typically scheduled on a Saturday if the majority of Central Florida PHInterns are available. In-Person meetings locations are up to the discretion of PHInterns, but will be held in a public location such as Winter Park Library, Maitland Library, coffee shops, or cafes.

General Body Meetings involve all members of PHI, and are typically held online once or twice a semester. If an impromptu meeting is not scheduled within a week's notice, it will not be deemed mandatory by the Director of Programs.

Mandatory Events:

- Initiation Meeting (late July/early August)
- PHI Day (November/December, May)
- Large Volunteer Events (such as PHIesta at Orlando Science Center)

FAQ

Do I have to be Filipino?

No! While PHI is a Filipino interest organization, it is not Filipino exclusive. We encourage anyone who is interested to apply.

Who will be leading PHIntern meetings?

The PHInternship is directed by the Director of Programs, and will be the main point of communication.

What exactly is a Passion Project?

A Passion Project is essentially a service initiative created by PHInterns. Passion Projects typically combine personal interests with volunteer events, item drives, or associated outreach/activities to benefit



PHI programs. Due to the unique nature of Passion Projects, the final product will look different for each PHIntern. PHIntern Passion Projects are not strictly limited to specific types of service. Through extensive brainstorming, planning, and guided direction, all final projects will have one thing in common: successful engagement in PHIntern's local community to directly benefit a Filipino community.

General PHI information

Philippine Health Initiative is a registered 501(c)(3) nonprofit organization with the IRS (EIN: 39-4852963).

Philippine Health Initiative is a one-of-a-kind organization. As a cross-continental, youth-led organization, the PHI team is uniquely positioned to create tangible impact in the Philippines and our members make our mission a reality. We are supported by grant organizations (i.e. [TRIIBE](#)), hospitals (i.e. [Nemours Children's Health](#)), and family/friends that are equally invested in the next generation of social impact leaders and making your visions in PHI come to life.

As an organization, we use the platforms Discord and Google Drive to remotely meet, connect, and work together. Our general PHI body typically meets 1-2 times a semester for GBMs and informally get-to-know one another through our semester socials. We want you to feel passionate and connected to the work you do with us, not just going through the motions for the sake of it.

Beyond just an organization, we consider all of our members part of our family. We are excited to potentially welcome you as part of our PHI team and hope that you reach out to our Executive Board members with any and all questions you have.

To learn more and see images of our work, check out our [website](#). Additionally, feel free to follow us on Instagram [@philippinehealthinitiative](#).

PHI attendance policy

Philippine Health Initiative has a three-strike policy. If you know you'll be absent/late to a scheduled meeting, you are required to notify your supervisor at least 24 hours in advance. Failure to notify will result in a strike. Upon the third strike, you will either be placed on probation or be dismissed from their role.

Of course, we understand life happens. If you have an emergency and are unable to do so, we will be understanding of your situation.