

ICEBREAKERS AND GAMES

One of the best ways to get people to connect within your group is to get them to laugh together and have fun. A great way to do this is by starting group night with an icebreaker and scheduling game nights or fun activities throughout the life cycle of your group.

ICEBREAKER AND GAME LIST

[This icebreaker and game resource](#) has a ton of great recommendations. The file is broken down into four tabs:

1. Recommended icebreakers
2. Connect questions (designed to be a catalyst for deep connection around different aspects of life)
3. Story Card questions (a list of questions you can use with story cards)
4. Recommended games for groups
5. List of icebreaker websites

STORY CARDS

Authentic connection can be rewarding, and getting beyond simple conversation to meaningful dialogue can be difficult. With Story Cards, it all begins with an easy prompt. Then, each person chooses an image to represent their answer. And in explaining why they chose their image, they tell a story about themselves—a story that helps people find genuine connection.

You can purchase Story Cards [here](#).

3000 QUESTIONS ABOUT ME BOOK

[This book](#) is a great resource for icebreakers. You can find an example of some of the icebreakers from this book, [here](#).

