

Registration Link



4-H

Join Alamance Community 4-H Today

Using the 4-H's Philosophy, 4-H fosters seven key developmental needs of early adolescence. These needs are;

- Positive social interaction with adults and peers.
- Structure and clear limits.
- Physical activity.
- Creative expression.
- Competence and achievement.
- Meaningful participation in families, schools, and communities.
- Opportunities for self-definition.

Through various program topics youth ages 5-18 can explore their individuality and foster skills needed for life long positive human connection.



View our current program listings [HERE](#)



Enrichment

Be curious, explore, learn, & grow!

Creative Arts: These activities allow children to express themselves creatively. This can include painting, drawing, sculpting, music, dance, drama, and writing.

STEM (Science, Technology, Engineering, and Math): These activities help children develop critical thinking, problem-solving, and innovation skills. STEM activities can include building things, coding, robotics, experiments, and exploring nature.

Language Learning: Learning a new language can help children develop cognitive skills, improve memory, and broaden their understanding of the world. There are many ways for children to learn a new language, including taking classes, using language learning apps, or watching movies and TV shows in another language.

Physical Activity: Physical activity is important for children's physical and mental health. It can help children develop strong muscles and bones, improve coordination, and boost their mood. There are many ways for children to get physical activity, such as playing sports, going for walks, or dancing.

Social and Emotional Learning (SEL): These activities help children develop the skills they need to succeed in school and life. SEL activities can include learning about emotions, understanding social cues, and building healthy relationships.

Life Skills: These activities teach children practical skills that they will need as adults. Life skills activities can include cooking, cleaning, budgeting, and first aid.

Programs are offered afternoons, evenings, and weekends.

Current Offerings



I am brave