Hi Stephanie,

first of all, let me introduce myself, my name is Chung

I've been talking a lot about mental health issues with my partner lately, that's how I came across your Youtbe video on "Coping with Stressful Life Transitions"

I found it very helpful for your audience, especially your quote, "Stress is a part of life, but it doesn't have to be your life."

You could, however, insert a free value to your lead funnel on your website, as I've seen another business do to increase engagement and drive more traffic to their website, which also increase your ranking by google search

As someone who appreciates your work, I also have a suggestion that could improve the clarity and effectiveness of your "9 Weeks to Emotional Healing" messaging.

I've included my suggestion below and would like to discuss it further with you.

I pasted it below for you

Please let me know if you're interested in hearing more about my ideas on how to drive more traffic to your site, so we can schedule a time to chat.

Best regards, Chung