

5th Grade Unit 7 Resource Page

Building Social and Emotional Skills in Elementary Students: Empathy

<https://www.edutopia.org/blog/project-happiness-empathy-randy-taran>

VOLLEYBALL DECK OF CARDS

<https://www.pecentral.org/lessonideas/ViewLesson.asp?ID=132664#.XuEFVojYrrc>

VOLLEYBALL FRENZY

<https://www.pecentral.org/lessonideas/ViewLesson.asp?ID=12661#.XuEFFeYjYrrc>

RESOURCES TO USE THROUGHOUT THE YEAR:

[American Heart Association - Jump Rope for Heart](#)

[Brain Breakers](#)

[CATCH](#)

[Choose My Plate](#)

[Elementary PE Games](#)

[Flag House YouTube Channel](#)

[Fuel Up to Play 60](#)

[Go Noodle](#)

[It's Time Texas](#)

[Online Physical Education Network](#)

[PE Central](#)

[PE Central Adapted Page](#)

[PE Universe](#)

[PhysEdGames](#)

[Physical Education Update](#)

[Texas Association for Health, Physical Education, Recreation and Dance \(TAHPERD\)](#)

[The PE Specialist](#)

