PARENT/PLAYER INFO PACKET 2026-2027

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SUNSET WEST INFO

Sunset West is a select club for players who want to play organized volleyball competition this winter and spring!

TOURNAMENTS: The club will compete on Sundays (possibly a Saturday) against other USAV teams in the surrounding area. All tournament play consists of at least 3 or 4 matches for each team. Most tournaments are either in the Omaha/Lincoln/Council Bluffs area. Teams will play their first tournament on Sunday **JANUARY 3rd**. The season will conclude the weekend of April 10th & 11th. A complete schedule will be available at the end of December. All teams participate in a minimum of 7 tournaments and regionals. Each girl will play in each tournament, but all participants are not guaranteed equal playing time. Sunset West normally places 9 – 10 players on each team.

PRACTICES AND TRANSPORTATION: We will have week night practices at elementary and middle schools in the metro area beginning the **second** week of January. (1/11) All practices in November and December will be on Sundays at Millard South. Players are guaranteed **one practice per week**, but some teams practice twice. Practice nights and sites are decided after players/parents meet the coaches. Players will receive a ball with their club fees and are REQUIRED to bring their ball to practice and to all tournaments. Transportation to and from practices is not provided; therefore, the responsibility and expense rests with each player and their parents.

FEES AND OBLIGATIONS: The cost for the entire season is as follows:

Price per player: $900

$300 is due **at tryouts** , along with post-dated checks for Jan 8th and Feb 12th with the both post-dated checks are $300. –**ALL 3 CHECKS ARE DUE @ TRYOUTS!**

** Other Payment plans are available on an individual basis**

- Multi-sibling discount
- There will be a FUNDRAISING opportunity.
- Playing USAV involves commitment.
- Girls are expected to attend all scheduled tournaments and practices.
- Refunds are considered on an individual basis

UNIFORMS

You will be provided with 2 uniform shirts, but need to purchase your own black shorts.

EQUIPMENT

Each player will receive a ball, all other volleyball equipment will need to be purchased on your own. (shoes & knee pads, sleeves)

EXTRA APPAREL

There will be an opportunity to order team sweatshirts for an additional cost. (and is not required)

Questions & Answers

What night does my team practice? – It is chosen by the coach & team

Where do they play? – Usually schools or volleyball facility's in the Omaha/Lincoln areas

Parent liaison!

Each team can have a TEAM PARENT, which will help with communication, between club directors, coaches, parents and players!!

Registration problems??

Contact Bill Stanley @ Great Plains during regular business hours 402-593-9670

Calendar of events

November 15	tryouts for 14s, 13s, 12s, & 10s (Millard South)
November 21	tryouts for 15s & 16s (Millard South)
November 22	practices at Millard South (times TBD)
November 29	READY 'SET' GO EVENT @ Millard South – Details TBA

***ALL APPAREL ORDERS ARE DUE on NOV 29th!!!!! ~ fundraising info also

December 6 & 13	OFF (youth basketball)
December 20	practices at Millard South (times TBD)
December 27	practices at Millard South (times TBD)
January 3	IN HOUSE TOURNAMENT @ Millard South
January 8	SERVING clinic – 'see below' – page 5
January 10	FRIENDSHIP TOURNAMENT @ Millard South (team pictures)
January 12-15	week night practices START
January 15	SERVE RECEIVE clinic @ TBD
January 17	FIRST GPVB SANCTIONED TOURNAMENT

TENTATIVE TOURNAMENT SCHEDULE

January 3	'In House' Tournament
January 10	'Friendship' Tournament
January 17	
January 24	
January 31	
February 7	
February 14	
February 21	
February 28	
March 7	
March 14	
March 21	
March 28	EASTER SUNDAY
April 4	

April 10 ~~~ SATURDAY ~~~ Regionals 10's – 13's @ CHI

April 11 ~~~ Regionals 14's-16's @ CHI

FRIDAY NIGHT CLINICS

FOR THE 19th YEAR! – Sunset West will be hosting specific "skill" clinics for current players who would like some extra help and extra reps. Local high school coaches, local college coaches and college players will serve as guest instructors. The clinics are a free service. (check the website for changes).

Times are tentatively scheduled from: 7:30 PM – 8:15* PM (10's & 12's)

* 15 mins are added for photos & autographs 8:30 PM – 9:15* PM (13's & 14's & older)

DATE	SKILL	LOCATION
January 8th	Serving	Millard South**
January 15th	Serve Receive	TBD
January 22nd	Setting	Millard South**
January 29th	Spiking	Millard South**
February 5th	Transition/Defense	Millard South**
February 12th	Blocking	TBD
February 19th	Weights/Nutrition/Leadership (mental strength) ALL PLAYERS 7:00 – 8:00 PM	Millard South

ALSO** – on Fridays we host at Millard South an additional practice will be offered at the opposite time = in the south gym.

IMPORTANT NAMES & NUMBERS

GREAT PLAINS WEB SITE: https://www.greatplainsvolleyball.org/

Sunset West Club Directors

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Notes: