

# POWER SHIFT

Improvisation, Activism, and Community

This informal collection of sources and resources was assembled for [POWER SHIFT](#) by Festival artist-activists and co-curators. These resources inspire us as we improvise, make change, and build community.

Suggestions, additions, and edits welcome at [hopemohr@gmail.com](mailto:hopemohr@gmail.com).

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## Online Resources

### [1000 scores](#)

manuel arturo abreu, [We need to talk about social practice](#), *Art Practical*

### AORTA, [Anti-Oppression Resource and Training Alliance](#)

AORTA is a worker-owned cooperative devoted to strengthening movements for social justice and a solidarity economy.

[Continuum on Becoming an Anti-Racist Multi-Cultural institution](#),  
Crossroads Ministry, Chicago, IL

The Creatives in Place Project (website coming)

### [Dancing While Black Digital Journal](#)

[Podcast: Finding Our Way with Prentis Hemphil](#)

James Irvine Foundation, [Why is Evaluation so White? Perspectives from Evaluators of Color](#)

Morgan Bassichis & Ethan Philbrick, [March Is for Marches: A yearlong musical experiment in improvisation and friendship](#), *Triple Canopy*

mayfield brooks, [IWB=Improvising While Black](#), *Contact Quarterly*

Helicon Collaborative, [Not Just Money: Equity Issues in Cultural Philanthropy](#)

[Intelligent Mischief: Unleashing Black Imagination to Shape the Future](#)

Keith Hennessy, [Questioning Contact Improvisation](#), *dancersgroup.org*

Podcast: [More Than Enough with Mia Birdsong](#)

Movement Strategy Center, [Leading with 100 Year Vision](#)

Maura Keefe, [The Ickey Shuffle and the Dirty Bird: African American Improvisational Dance in the Endzone](#), *maurakeefe.com*

Andrew Susano, [My Story about People of Color's Contact Improvisation \(POC CI\) Jams and Parcon Resilience](#), *Contact Quarterly*

Charmian Wells, [Strong and Wrong: On Ignorance and Modes of White Spectatorship in Dance Criticism](#), *Critical Correspondence*

[What Inclusion and Equity Looks Like: From One Black Artistic Director's Point of View](#)

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## Book Recommendations

Mia Birdsong, [How We Show Up: Reclaiming Family, Friendship and Community](#)

adrienne marie brown, [Emergent Strategy: Shaping Change, Changing Worlds](#)

Stuart Brown, [Play](#)

Kokomon Clotey, [Mindful Drumming: Ancient Wisdom for Unleashing the Human Spirit and Building Community](#)

Ejeris Dixon and Leah Lakshmi Piepzna-Samarasinha, eds., [Beyond Survival: Strategies and Stories from the Transformative Justice Movement](#)

Daniel Fischlin and Ajay Hable, eds., [The Other Side of Nowhere: Jazz, Improvisation, and Communities in Dialogue](#)

Danielle Goldman, [I Want to Be Ready](#)

INCITE! Women of Color Against Violence, [The Revolution will not be Funded: Beyond the Non-Profit Industrial Complex](#)

Resmaa Menakem, [My Grandmother's Hands: Racialized Trauma and the Pathway to Mending our Hearts and Bodies](#)

Mary Overlie, [Standing in Space: the Six Viewpoints Theory & Practice](#)

Lama Rod Owens, [Love and Rage: The Path of Liberation Through Anger](#)

Daniel Quinn, [Work, Work, Work](#)

Malidoma Patrice Some, [Of Water and the Spirit](#)

Sonya Renee Taylor, [The Body is Not an Apology: The Power of Radical Self-Love](#)