BEAM method

You will have 10 minutes for this exercise.

Read through Article 2, *How better note taking can improve your memory*, at least one time very closely.

As you consider the various points made in the article, please apply B.E.A.M. to it, which will allow you to compartmentalize the function of each piece within the article. **B.E.A.M. stands for**:

B → Background information included in the source
E → Evidence or examples used within the article to develop/support key points
A → Arguments made within the source, for or against the main issue
M→ Methodologies used to discover new information

Tips for making the process your own:
If you have a print copy, use different colored pens or highlighters to make distinctions between these four different pieces of the article. For example, highlight all background information in blue; highlight all arguments in yellow. Get the same effect on a digital copy using a [reference manager](#) like zotero or annotation tools like [diigo](#) or [hypothes.is](#).

Alternatively, you can create your own code. For example, make a box around all background information; circle any examples used within the source. Or simply write a B, E, A, and M next to the areas that correspond.