

1. The nurse should expect a patient who has chronic renal failure to be given epoetin alfa (Epergne) to:
  - A. elevate the white blood cell count.
  - B. enhance the maturation of thrombocytes.
  - C. increase the production of platelets.
  - D. stimulate the synthesis of red blood cells.
2. To which of the following nursing diagnoses would a nurse give priority when caring for a patient who has syndrome of inappropriate secretion of antidiuretic hormone (SIADH)?
  - A. Decreased cardiac output
  - B. Altered nutrition
  - C. Urinary incontinence
  - D. Fluid volume excess
3. A 48-year-old woman, who does not have a family history of breast cancer, asks a nurse in the ambulatory care center whether she should have a mammogram. Which of the following responses by the nurse would be accurate?
  - A. "At your age, a mammogram is recommended every one to two years."
  - B. "You do not need to begin to get mammograms until you are 50 years old."
  - C. "A mammogram is not indicated unless you have a family history of breast cancer."
  - D. "A mammogram would be necessary only if you feel a change in breast tissue."
4. When planning care for a 14-year-old female who is pregnant, a nurse should recognize that the adolescent is at risk for:
  - A. glucose intolerance.
  - B. fetal chromosomal abnormalities.
  - C. incompetent cervix.
  - D. iron deficiency anemia.
5. Which of the following statements made by a patient who is scheduled for a mammogram indicates a need for further teaching?
  - A. "I will not use underarm antiperspirant before the procedure."
  - B. "A dye will be injected into my vein prior to the procedure."
  - C. "I may experience discomfort during the procedure."
  - D. "My breasts will be compressed while the x-rays are taken."
6. Which of the following findings in a 13-year-old girl who has Crohn's disease would indicate that corticosteroid therapy has been effective?
  - A. Expansion of muscle mass
  - B. Increase in the number of stools
  - C. Moon-like appearance of the face
  - D. Decreased complaints of abdominal pain
7. The teaching plan for a child who is taking long-term corticosteroid therapy would include which of the following instructions?
  - A. Dental check-ups every three months to assess for gingival hyperplasia
  - B. Regular physical therapy sessions to prevent muscular hypertrophy
  - C. Eye examinations yearly to assess for cataract formation
  - D. Regular appointments with a registered dietitian to prevent malnutrition
8. A six-year-old child has a short arm cast placed on the right extremity. While assessing the fingers during the immediate period after casting, a nurse would report which of the following findings?
  - A. Mild edema
  - B. Pain on movement
  - C. Slight coolness of the cast when touched
  - D. Capillary refill greater than three seconds
9. A patient who is undergoing detoxification from heroin complains to the nurse of severe muscle cramps and headache and demands additional Methadone. Which of the following actions should the nurse take first?
  - A. Measure vital signs
  - B. Administer prn. medication
  - C. Provide support and reassurance
  - D. Contact the physician

10. Which of the following measures should a nurse include in the care plan of a patient who has a diagnosis of bipolar disorder, manic type?
- A. Decrease environmental stimuli
  - B. Involve the patient in competitive activities
  - C. Limit the verbalization of feelings
  - D. Foster independent decision-making
11. A nurse should instruct a pre-menopausal woman to examine her breasts according to which of the following schedules?
- A. During the week prior to the onset of the monthly period.
  - B. During every shower.
  - C. Seven days after the menstrual period begins.
  - D. On the same day every month
12. A nurse is taking the history from a patient who is suspected of having Hodgkin's disease. Which of the following questions should the nurse ask to support the diagnosis?
- A. "Do you wake up sweating during the night?"
  - B. "Do you urinate more frequently?"
  - C. "Have you noticed recent memory lapses?"
  - D. "Have you experienced visual changes lately?"
13. A nurse is observed taking all of the following actions when suctioning a patient who has a newly-placed tracheostomy tube. Which of the following actions require intervention?
- A. Applying suction for less than 15 seconds at one time
  - B. Administering 100% oxygen prior to starting suctioning
  - C. Utilizing negative pressure of 120 mm Hg during suctioning
  - D. Deflating the tracheostomy cuff for three minutes before initiating suction
14. Which of the following criteria would be a reliable indicator of improvement in a patient who has a diagnosis of anorexia nervosa?
- A. Electrolyte balance
  - B. Energy level
  - C. Fluid intake
  - D. Desire to eat
15. A nurse evaluates a three-month-old, developmentally- delayed infant for manifestations of cerebral palsy. Which of the following findings would a nurse report?
- A. Exaggerated arching of the back
  - B. Absence of the extrusion reflex when fed from a spoon
  - C. Head circumference measurement less than the 50th percentile
  - D. Slight head lag when pulled to a sitting position
16. To which of the following nursing diagnoses should a nurse give priority in the care of a patient who is receiving chemotherapy for treatment of breast cancer?
- A. Risk for infection
  - B. Stress incontinence
  - C. Altered sexuality patterns
  - D. Impaired physical mobility
17. Which of the following conditions, reported to a nurse by a 20-year-old male patient, would indicate a risk for development of testicular cancer?
- A. Genital herpes
  - B. Undescended testicle
  - C. Measles
  - D. Hydrocele
18. Which of the following criteria would indicate improvement in an outpatient who has anorexia nervosa?
- A. The patient identifies the relationship between emotions and eating behaviors.
  - B. The patient develops a plan to control negative feelings.
  - C. The patient reports putting "thin" clothes on display in her room as a reminder to maintain proper weight.
  - D. The patient avoids contact with her dysfunctional family.



## خاص - منتدى عالم التمريض



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A.

plaque

- deposits in the arteries.  
 B. irregular heart rhythm.  
 C. deep vein thrombosis.  
 D. clot development in the heart.

28. Which of the following clinical manifestations would be most significant when assessing a patient who is suspected of having breast cancer?  
 A. Nipple retraction  
 B. Breast enlargement  
 C. Breast tenderness  
 D. Nipple discoloration
29. Which of the following symptoms I consistent with a diagnosis of borderline personality disorder?  
 A. Magical thinking  
 B. Intense, labile affect  
 C. Avoidance of relationships  
 D. Multiple somatic complaints
30. A patient tells the nurse, "I really don't want to have these shock treatments but my doctor insists." Which of the following responses by the nurse would be therapeutic?  
 A. "We should cancel the procedure until you feel better."  
 B. "Have you talked to your doctor about your fears?"  
 C. "It's normal to feel concerned."  
 D. "This procedure is the best treatment for your condition."
31. A nurse should recognize that hemophilia is transmitted genetically by which of the following inheritance patterns?  
 A. Autosomal recessive.  
 B. Autosomal dominant.  
 C. X-linked recessive.  
 D. X-linked dominant.
32. An infant who weighs 11 lb (5 kg) is to receive 750 mg of antibiotic in a 24-hour period. The liquid antibiotic comes in a concentration of 125 mg per 5 ml. If the antibiotic is to be given three times each day, how many milliliters would the nurse administer with each dose?  
 A. 2  
 B. 5  
 C. 6.25  
 D. 10
33. Which of the following statements, if made by a patient scheduled for a lumpectomy, indicates that the patient understood the preoperative teaching?  
 A. "A portion of the growth will be excised and examined."  
 B. "A needle will be inserted into the tumor and cells will be withdrawn."  
 C. "The suspicious area and some normal surrounding tissue will be removed."  
 D. "The underarm lymph nodes will be surgically removed and sent for analysis."
34. A patient develops stomatitis secondary to radiation therapy for oral cancer. Which of the following nursing instructions would be most helpful?  
 A. Gargle with mouthwash and rinse thoroughly after each meal  
 B. Use ice cold liquids such as tea or cola to relieve discomfort  
 C. Use a toothbrush soaked in saline to clean the mouth  
 D. Drink citrus juices and broth
35. The patient with cirrhosis would have which of the following laboratory results?  
 A. Increased serum albumin  
 B. Elevated serum transaminase

C.

Normal

prothrombin time

D. Increased serum magnesium

36. During labor a woman is receiving magnesium sulfate intravenously. It is essential that a nurse have which of the following drugs available to counteract potential adverse effects?

A. Oxytocin (Pitocin)

B. Sodium bicarbonate

C. Phenytoin sodium (Dilantin)

D. Calcium gluconate

37. Prior to assisting with electroconvulsive therapy, the nurse notices the signature of the patient's significant other on the consent form. Which of the following actions should the nurse take first?

A. Check to verify the legal guardianship for this patient

B. Ask the patient to explain why the form doesn't have the patient's own signature

C. Proceed with the treatment

D. Call a third party to witness the signature

38. A patient is being treated for incapacitating ritualistic behavior. Which of the following behaviors would indicate to a nurse that the patient is achieving a short-term goal?

A. The patient gives up the rituals.

B. The patient identifies control mechanisms.

C. The patient resumes activities of daily living.

D. The patient gains insight into childhood trauma.

39. An 85-year-old patient who lives alone and has major depression is being prepared for discharge. Which of the following nursing actions would be most therapeutic initially?

A. Contact the patient's religious group to obtain a visitor passes.

B. Arrange for food delivery by a home-delivered meals program.

C. Enroll the patient in a day-care center.

D. Refer the patient to social services.

40. The purpose of performing a sterile versus clean intermittent urinary catheterization for a hospitalized child who has spina bifida is

A. to reduce the risk of nosocomial infection.

B. to lessen the probability of a latex-allergy episode.

C. to comply with hospital policy.

D. to prevent the need for an indwelling drainage system.

41. Which of the following findings would lead a nurse to suspect that the ventriculoperitoneal shunt of a seven-year-old child is obstructed?

A. Frequent complaints of tinnitus.

B. Falling asleep daily in school for the past five days.

C. Occasional complaints of abdominal pain.

D. The presence of fever for the past three days.

42. A two-month-old infant who was born with Down syndrome has been recently diagnosed with a ventricular septal defect. Based on a diagnosis of congenital heart disease, the nurse would instruct the parent to report which of the following manifestations in the infant immediately?

A. Mottling with environmental temperature changes.

B. Nasal congestion when recumbent.

C. Brow-sweating during feedings.

D. Tongue-thrusting during episodes of crying.

43. Following a left modified radical mastectomy, which of the following nursing measures should be implemented to prevent complications in the affected arm?

A. Using sequential compression devices on the arm.

B. Applying warm soaks to the arm.

C.

Immobilizing the arm with an arm board.

.D. Elevating the arm on two pillows

44. A boss telephones an employee who is intoxicated, and the employee's spouse reports that the employee is ill. The spouse's behavior is an example of :

- A. dependency.
- B. enabling.
- C. enmeshment.
- D. transference.

45. The purpose for giving a woman dinoprostone (Prostin E2) vaginal gel during labor induction is to:

- A. lengthen the duration of contractions.
- B. dilate the cervix.
- C. intensify the force of contractions.
- D. efface the cervix.

46. A patient who has a diagnosis of glaucoma should be instructed to avoid which of the following activities?

- A. Lifting heavy objects
- B. Watching movies
- C. Drinking beverages that contain caffeine
- D. Eating foods that are high in potassium

47. Which of the following conditions, if reported in a patient's history, should a nurse recognize as a contributing factor to the development of metabolic alkalosis?

- A. Chronic obstructive pulmonary disease (COPD)
- B. Type 1 diabetes mellitus
- C. Cushing's syndrome
- D. Raynaud's disease

48. Which of the following statements, if made by the parent of an 18-month-old child who has experienced two episodes of febrile seizures, is accurate?

- A. "My child will have to take antiseizure medicine."
- B. "I made an appointment to see a genetic counselor."
- C. "My child will probably outgrow these seizures."
- D. "I made arrangements to have oxygen equipment at home."

49. A patient who is admitted for treatment of an eating disorder displays controlling behaviors, takes responsibility for others' actions, and has difficulty identifying feelings. These manifestations suggest

- |                          |                  |
|--------------------------|------------------|
| A. learned helplessness. | B. manipulation. |
| C. dependency.           | D. codependency  |

.50. Which of the following statements about arm protection measures, if made by a patient who has had a right lumpectomy and axillary node dissection, indicates a need for further teaching?

- A. "I plan to get a good tan so that I will look healthy."
- B. "I will wear rubber gloves whenever I wash dishes."
- C. "I will tell lab personnel to draw blood from my left arm."
- D. "I will watch for signs of redness in my right arm."

51. Which of the following observations should be most significant to a nurse when assessing the condition of a six-week-old infant who is suspected of having pyloric stenosis?

- A. Loose stools
- B. Hiccoughs
- C. Projectile vomiting
- D. Distended abdomen

52. Which of the following clinical manifestations should a nurse expect to identify when assessing a patient who has a diagnosis of acute prostatitis?

- A. Penile lesion

incontinence

C. Cloudy urine

D. Abdominal pain

53. Which of the following behaviors is most indicative of impairment due to substance abuse in a nurse?

A. Patients report that the nurse is always distracted and tired during the shift

B. Patients report experiencing pain despite documented administration of pain medication

C. Patients report that valuables are missing

D. Patients report rude treatment by the nurse

54. The mother of a child who has recently had myringotomy tubes inserted bilaterally calls the ambulatory surgery center and tells a nurse, "My child has a large amount of clear yellow drainage coming from both ears." Which of the following responses by the nurse is most appropriate?

A. "Your child may have developed an ear infection."

B. "Water may have gotten into your child's ears during bath time."

C. "The tubes may already be working their way out."

D. "This indicates that the tubes are working normally."

55. A newborn receives erythromycin (Ilotycin) to :

A. boost the immune response.

B. stimulate growth of gastrointestinal flora.

C. prevent bleeding problems.

D. prevent eye infections.

56. Which of the following findings in a pregnant woman's history would identify a need for the woman to receive Rho (D) immune globulin (RhoGAM) at 28 weeks of pregnancy?

A. Rh negative, Coombs positive

B. Rh negative, Coombs negative

C. Rh positive, Coombs negative

D. Rh positive, Coombs positive

57. Which of the following recommendations should a nurse make to a patient who has a diagnosis of chronic prostatitis?

A. "Daily sitz baths will provide comfort."

B. "Cold scrotal compresses will reduce inflammation."

C. "A week of antibiotic therapy should be effective."

D. "Sexual activity should be curtailed."

58. A patient is experiencing an acute dystonic reaction. All of the following prn. medications are prescribed. Which medication should the nurse administer?

A. Chlorpromazine hydrochloride (Thorazine)

B. Lorazepam (Ativan)

C. Diphenhydramine hydrochloride (Benadryl)

D. Alprazolam (Xanax)

59. The outcome that would be most appropriate for a patient who has a diagnosis of agoraphobia would be that the patient will:

A. go shopping in town.

B. touch the neighbor's dog.

C. handle money without wearing gloves.

D. bathe only once a day.

60. A nurse should recognize that the main purpose of inserting myringotomy tubes into the ears of a 10-month-old child is to

A. prevent ear infections.

B. reduce the need for antibiotic therapy.

C.

promote drainage of the middle ear.

D. enhance sound discrimination.

61. A nurse would assess a patient who experiences prolonged vomiting for signs of :

- A. hypovolemic shock.
- B. water intoxication.
- C. metabolic acidosis.
- D. potassium excess.

62. A nurse is preparing a community education program about early detection of prostate cancer.

The nurse should emphasize that

- A. an elevated serum prostate-specific antigen level is the definitive diagnostic test for prostate cancer.
- B. a digital rectal exam is recommended annually to screen for prostate cancer in men aged more than 40 years.
- C. changes in patterns of elimination can be an early indicator of prostate cancer.
- D. frequent urinary tract infections may indicate a high risk for prostate cancer developing.

63. Which of the following findings, if identified in a newborn who is receiving phototherapy, would indicate that the treatment is effective?

- A. Urine output improves
- B. Serum bilirubin level decreases
- C. Stool frequency increases
- D. Direct Coombs test becomes negative

64. A nurse is counseling other personnel working in the pediatric department about the nursing care of children who are receiving ribavirin (Virazole). Which of the following instructions is accurate?

- A. This drug may cause conjunctivitis of the eye.
- B. The patient should be on strict isolation while receiving this drug.
- C. The drug must be administered at the same time each day.
- D. Ambient light should be kept to a minimum during administration of this drug.

65. A child is being discharged from the emergency department with a diagnosis of acute glomerulonephritis. Which of the following measures would a nurse include in the home care plan?

- A. Restrict fluid intake
- B. Weigh daily
- C. Maintain strict bedrest
- D. Limit visitors

66. Which of the following actions should a nurse take when making the first contact with a paranoid patient?

- A. Introduce self and avoid touching the patient
- B. Avoid eye contact and shake hands with the patient
- C. Close the door to the interview room and remain standing
- D. Wait for the patient to initiate communication

67. A male patient's yearly laboratory screening reveals an elevated serum prostate-specific antigen (PSA) level. To which of the following nursing diagnoses should a nurse give priority for this patient?

- A. Defensive coping
- B. Hopelessness
- C. Anxiety
- D. Social isolation



68. A

woman  
reports  
the

all of

following data when giving her history to a nurse. Which one would indicate a risk factor for developing cancer of the cervix?

- A. Diet high in fat
- B. Exposure to pesticides
- C. Menses at age eleven
- D. Multiple sexual partners

69. Which of the following statements should a nurse include when preparing a female patient for a cone biopsy?

- A. "You may experience vaginal bleeding after the procedure."
- B. "Take nothing by mouth for eight hours prior to the procedure."
- C. "There will be a catheter in your bladder after the procedure."
- D. "Douche with vinegar the evening before the procedure."

70. A nurse is educating a patient prior to an intracavitary cesium insertion as therapy for cervical cancer. Which of the following statements, if made by the patient, would indicate the need for further instruction?

- A. "My husband will visit for short periods."
- B. "I will need to ambulate daily."
- C. "I will have a catheter in my bladder."
- D. "My diet will consist of low-fiber foods."

71. A patient, who has prostate cancer that has metastasized to the bones, is scheduled for an orchietomy. The patient asks a nurse to explain why an orchietomy is necessary.

The nurse's response should be based on an understanding that the surgery

- A. prevents metastasis to the testicles.
- B. eliminates production of testosterone, which stimulates tumor growth.
- C. causes interruption of nerve pathways associated with bone pain.
- D. increases the ability of the immune system to fight cancer cells.

72. A nurse should understand that a patient who has supraventricular tachycardia is receiving propranolol hydrochloride (Inderal) in order to

- A. diminish the stroke volume of the left ventricle.
- B. reduce peripheral vascular resistance.
- C. decrease cardiac electrical activity.
- D. inhibit venous return to the right atrium.

73. A pregnant woman has external hemorrhoids and varicosities of the vulva that are painful at times. To help relieve the varicosities, which of the following suggestions should the nurse give to the woman?

- A. "Lie down with a pillow under your hips for a few minutes several times a day."
- B. "Lie on your abdomen and expose the affected areas to the air for 10 minutes three to four times a day."
- C. "Apply pressure to the perineum with a perineal pad."
- D. "Massage the affected areas with a lanolin based cream after each voiding and stool."

74. Before administering furosemide (Lasix) to a patient, the nurse should monitor the patient's serum level of :

- A. albumin.
- B. acid phosphatase.
- C. blood urea nitrogen (BUN).
- D. lactic dehydrogenase (LDH).

75. Shortly after a transfusion is started the patient complains of lower back pain. Which of the following actions should the nurse take first?



A.  
the

- physician  
B. Check the patient's apical pulse  
C. Discontinue the transfusion  
D. Monitor the patient's temperature

76. A schizophrenic patient says to a nurse, "You are wearing a pretty red dress. Tomatoes are red. Vegetables make you healthy. I am not healthy." A nurse should recognize that these statements are an example of

- A. echolalia.  
B. confabulation.  
C. neologisms.  
D. looseness of association.

77. Nursing care for a patient who has multipl myeloma should focus on preventing which of the following complications?

- A. Pulmonary edema  
B. Venous thrombophlebitis  
C. Peripheral neuropathy  
D. Bone fractures

78. When providing anticipatory guidance to the parents of a six-month-old infant, a nurse would give priority to which of the following issues?

- A. Engaging the infant in interactive play  
B. Placing potted plants out of the infant's reach  
C. Adding multivitamin supplements to the infant's diet  
D. Providing the infant with a cool-water-filled teething ring

79. If child abuse is suspected in a family, which of the following approaches would a nurse take: when beginning to interview the child?

- A. Speaking to the child by using specific, anatomically-correct terminology  
B. Expressing concern to the child that something like this could have happened  
C. Assuring the child that any information given will be kept confidential  
D. Providing a private place to talk with t child about the incident

80. A nurse is leading a community meeting at the partial-hospitalization program. One group member talks constantly and interrupts the other patients. The most appropriate action for the nurse to take is to

- A. explain to the member, after the meeting, that group time should be shared.  
B. thank the group member for his contribution and ask the other members for their ideas.  
C. ask the other group members if they are satisfied with the way the group is working.  
D. remain silent and wait for another group member to speak up.

81. Disclosure of confidential information by the nurse about a patient's condition is legal when the information is:

- A. given to law enforcement personnel.  
B. shared with other psychosocial team members.  
C. discussed in private with a family member.  
D. provided to insurance company representatives assigned to the patient's case.

82. Which of the following nursing actions would be most important when caring for a patient who has begun treatment with diltiazem hydrochloride (Cardizem)?

- A. Auscultating heart sounds  
B. Assessing capillary refill  
C. Palpating pedal pulses



D.

Monitoring blood pressure

83. Which of the following statements, if made by a patient who is taking atenolol (Tenormin), should indicate to a nurse that the patient is experiencing adverse effects of the drug?

- A. "I can feel my heart pounding."
- B. "I feel dizzy when I get out of bed."
- C. "I am urinating more frequently."
- D. "I have a severe headache."

84. Which of the following measures is important for a nurse to include in the care of a patient who has septic shock?

- A. Promoting ambulation
- B. Restricting dietary protein
- C. Limiting sensory stimulation
- D. Increasing fluid intake

85. A preterm newborn would receive surfactant (Exosurf) for which of the following purposes?

- A. To stimulate digestive enzymes
- B. To minimize the effects of jaundice
- C. To prevent intracranial hemorrhage
- D. To improve respiratory function

86. Which of the following responses should a nurse expect in a patient who is receiving nifedipine (Procardia), if the medication is having the desired effect?

- A. Decreased blood pressure
- B. Increased peripheral vascular resistance
- C. Improved cardiac contractility
- D. Diminished premature ventricular contractions

87. Which of these groups should a nurse target when planning a community education presentation about testicular cancer?

- A. Daycare providers
- B. Senior citizens
- C. Middle-aged men
- D. High-school students

88. A nurse should be aware that morphine sulfate is administered to a patient who has pulmonary edema in order to:

- A. diminish venous return to the heart.
- B. decrease pain.
- C. decrease the respiratory rate.
- D. reduce the glomerular filtration rate.

89. A woman phones the psychiatric department nurses' station and tells a nurse that her husband was brought to the hospital yesterday after taking an overdose of Aspirin. The woman asks the nurse how her husband is doing. The most appropriate action of the nurse is to :

- A. explain to the woman that she cannot release information about psychiatric patients.
- B. tell the patient that a woman who says she is his wife is on the phone and ask him if he wants the nurse to talk to her.
- C. give the wife a brief accurate report on her husband's condition.
- D. report the woman to the patient's primary doctor.

90. Immediately after delivery a newborn is given to the nurse. Which of the following interventions would the nurse perform first with the newborn?

- A. Dry thoroughly
- B. Obtain the weight
- C. Apply an identification band



D.  
the  
of  
umbilical vessels

91. A woman is eight hours postpartum after a vaginal delivery. The fundus is at the level of the umbilicus and displaced to the right. Which of the following actions would a nurse take first?

- A. Assist the woman to the toilet
- B. Encourage the woman to drink fluids
- C. Massage the woman's uterus
- D. Straight catheterize the woman

92. While working on the adolescent psychiatric unit, the nurse overhears a patient mentioning the name of another resident while he is talking on the telephone. The best response by the nurse would be to:

- A. intervene immediately to remind the patient of confidentiality.
- B. ignore the incident but re-emphasize confidentiality at the next community meeting.
- C. talk with the patient after the phone call is finished.
- D. insist that the patient terminate the telephone call immediately.

93. An elderly postoperative patient is disoriented to time and place. During rounds, the night charge nurse finds him standing at the side of the bed. The patient says to the nurse, "I'm waiting for the bus." Which of the following interventions by the nurse would be most appropriate?

- A. Place the patient in a wheelchair and allow him to sit in front of the nurses' station
- B. Call the patient's family to come and sit with him
- C. Assist the patient back to bed and put on a posey jacket
- D. Re-orient the patient, assist him back to bed and observe him closely

94. A nurse is giving change of shift report and the nurses from the next shift start talking about the birthday party for a co-worker. The best approach for the nurse giving the report is to:

- A. speak more loudly and continue the report.
- B. stop giving the report and wait for the others to finish their discussion.
- C. join in the discussion.
- D. state that she would like to continue with the report.

95. Methimazole (Tapazole) is ordered for a patient with hyperthyroidism. The nurse should instruct the patient to :

- A. eat two to three servings of foods high in iodine each day.
- B. contact the doctor if a sore throat develops.
- C. drink three liters of fluid daily.
- D. use a hard-bristled tooth brush when brushing the teeth.

96. When providing anticipatory guidance, the nurse should recognize that the parent of a two-year old child needs further instruction on safety issues when the parent states;

- A. "My child understands not to go near the pool by himself."
- B. "I watch my child closely when he plays at the neighborhood playground."
- C. "My child's car seat is strapped into the back seat of the car."
- D. "I do not keep cleaning supplies under my kitchen sink."

97. What is the best patient-advocate approach to a patient who wishes to discontinue chemotherapy because of complications of the treatment and recurrence of her cancer, but whose husband wants her to continue treatment?

- A. Encourage the patient to discuss her feelings with you.
- B. Offer to stay with the patient when she talks to her husband and doctor about her wishes
- C. Tell the patient that she should continue with treatment for the sake of her husband and family

D. Talk

to the

physician about the conflict between the patient and her husband

98. Which of the following nursing actions would be most effective when encouraging a depressed patient to be less socially isolated?

- A. Move the patient to a room closer to the nurses' station
- B. Ask a more stable patient to accompany the patient to activities
- C. Assign a psychiatric technician to monitor the patient's activity
- D. Explain to the patient that continued isolation may delay discharge

99. The nurse provides information to a depressed patient and his family about electroconvulsive therapy (ECT). Which of the following statements would the nurse include in the teaching?

- A. "The patient will have minimal muscle twitching during treatment."
- B. "The patient must be in restraints following the treatment."
- C. "The patient will remain awake and alert during treatment."
- D. "The patient must remain flat on his back for one hour after treatment."

100. Which of the following findings, if identified in a patient who is being treated for hypovolemic shock, should indicate to a nurse that the treatment is having the desired effect?

- A. Central venous pressure of 4 mm Hg
- B. Pulse oximeter reading of 98%
- C. Urine output of 50 ml/hr
- D. Temperature of 98.6°F (37°C)

101. Neuroleptic malignant syndrome (NMS) is a potentially lethal complication of treatment with antipsychotic drugs. Which of the following manifestations should the nurse recognize as an early sign of neuroleptic malignant syndrome?

- |                          |                            |
|--------------------------|----------------------------|
| A. Difficulty swallowing | B. Unstable blood pressure |
| C. Muscle stiffness      | D. Respiratory depression  |

102. A patient who had an excision of an anal fistula has sitz baths ordered. The nurse should instruct the patient that the purpose of the sitz bath is to

- A. prevent infection.
- B. relax the anal sphincter.
- C. localize the drainage.
- D. promote comfort.

103. When discussing diet with a newly diagnosed pregnant woman who is diabetic and taking insulin, the nurse should:

- A. emphasize the normalcy of pregnancy and the fact that her prescribed pre-pregnancy diet will be suitable.
- B. explain that pregnancy increases the need for protein and calcium but that will be the only needed diet adjustment.
- C. confirm that dietary and insulin needs may vary throughout the pregnancy thus requiring close follow-up.
- D. instruct her to self-regulate her diet and insulin based on daily urine tests for glucose.

104. To help a mother anticipate the safety needs of her nine-year-old son who is learning to ride a bicycle, the nurse would teach that :

- A. a helmet will reduce his risk of head injury.
- B. the child must never ride without a friend nearby.
- C. a formal course of instruction is recommended.
- D. the child must ride on the sidewalk.

105. A patient who has had a right hip replacement should be instructed to carry out which of the following techniques when turning in bed?

A. both to the before turning

Bring  
knees  
chest

- B. Keep an abductor wedge between the legs
  - C. Maintain flexion of the affected hip
  - D. Move the affected leg with the unaffected foot

106. A patient with cholelithiasis and obstruction of the common bile duct would most likely exhibit which of the following manifestations?



107. When assessing the growth and development of a six-week-old infant, the nurse would expect to observe the infant:

- A. watching his mother's face as she talks to him.
  - B. reaching for an object when it is held in front of him.
  - C. turning from his abdomen to his back.
  - D. crying with tears.

108. The mother of an eight-year-old boy brings her son all of the following toys. When the child is in a mist tent with oxygen, which item should be removed from the environment?

- A. A model airplane
  - B. A board game with small tokens
  - C. A battery-powered cassette
  - D. A friction wheel car

109. A mother in the well-baby clinic makes the following comments about her eight-month old son. Which comment should the nurse discuss with the mother?

- A. "His four-year-old sister helps me to diaper him."
  - B. "He enjoys feeding himself crackers."
  - C. "He is drooling a lot lately."
  - D. "He likes to take his naps in our bed."

110. A nurse should assess a patient who has had a modified radical mastectomy for the development of which of the following potential complications of the surgery?

- A. Thromboangiitis obliterans
  - B. Pneumothorax
  - C. Lymphedema
  - D. Compartment syndrome

111. A nurse is instructing a patient who has multiple sclerosis. Which of the following instructions should the nurse stress?

- A. Avoid extremes of heat and cold
  - B. Eat red meat
  - C. Exercise vigorously daily
  - D. Avoid eating shellfish

112. Which of the following menus would best meet the nutritional requirements of a patient who has major burns?

- A. Cottage cheese, fruit salad, a roll and tea
  - B. Spaghetti with meatless sauce, green salad, garlic bread and coffee
  - C. Roast beef, mashed potatoes with gravy, green beans, fruit salad and milk
  - D. Pork chops, french fries, applesauce and iced tea

113. A nurse is instructing a patient about gastroesophageal reflux disease (GERD). Which of the following instructions should the nurse stress?

- A. Reduce intake of caffeine beverages
  - B. Eat three large meals a day
  - C. Drink milk as a bedtime snack
  - D. Take antacids directly after a meal

114. Which of the following nursing strategies would most likely encourage an ill child to eat?
- Feed the child to be sure she eats all food on the tray
  - Take the child to the playroom for all meals
  - Offer the child foods and fluids she likes
  - Withhold dessert until intake is adequate
115. A patient with hypothyroidism is to receive levothyroxine sodium (Synthroid), 75 mcg by IV push. The medication available is labeled 200 mcg/10 ml. Which of the following doses is the correct amount?
- 5.0 ml
  - 3.75 ml
  - 4.75 ml
  - 2.5 ml
116. A 12-year-old child who has cystic fibrosis plans to play baseball in the summer. A nurse would recommend that the child eat which of the following snack items during games?
- Cheese and crackers
  - Cookies and milk
  - Carrots and celery sticks
  - Apples and melon slices
117. A patient is scheduled to have coronary artery bypass grafting (CABG). The nurse should focus the preoperative patient teaching on
- informing the patient about a low-fat, low cholesterol diet.
  - instructing the patient on how to use an incentive Spirometer.
  - advising the patient to enroll in a cardiac rehabilitation program.
  - explaining to the patient the benefits of stress reduction measures.
118. Which of the following observations of a mother who had a healthy baby 48 hours ago would alert a nurse's concern about the mother's attachment with the newborn?
- She expresses difficulty in finding a name for the newborn
  - She requests that the father change the newborn's diaper
  - She stares out the window while feeding the newborn
  - She hesitates in cleaning the newborn's umbilical cord
119. Which of the following manifestations, in a woman who delivered a newborn 36 hours ago, would lead a nurse to suspect the woman may be experiencing postpartum depression?
- Expressing concern about taking the infant home
  - Delaying her morning shower
  - Exhibiting prolonged periods of fatigue
  - Asking repeated questions about infant care
120. Disulfiram (Antabuse) is prescribed for a patient. Which of the following comments, if made by the patient, would indicate a correct understanding of the action of this medication?
- "I'll drink fruit juice at social gatherings."
  - "I'll take my pulse four times each day."
  - "I'll lie down for half an hour after I take the pill."
  - "I'll take an antacid before my Antabuse."
121. A newborn is given an Apgar score of 8 at one minute after birth. The nurse would expect the newborn to have which of the following findings?
- Heart rate of 96 beats/min, weak cry, pale color and flaccid posture
  - Heart rate of 110 beats/min, weak cry, acrocyanosis and some flexion of the extremities
  - Heart rate of 120 beats/min, lusty cry, acrocyanosis and minimal flexion of the extremities
  - Heart rate of 140 beats/min, vigorous cry, pink trunk and extremities and well-flexed posture
122. A 10-month-old infant who has short bowel syndrome is receiving long term total parenteral nutrition (TPN). Which of the following laboratory results would be most important for a nurse to assess?
- Amylase.
  - Aspartate aminotransferase
  - Blood urea nitrogen.
  - Hematocrit

123. All of the following hematology values are obtained from a woman who is 24 hours postpartum. Which of the following values should concern the nurse?
- Hemoglobin of 9 g/dL
  - White blood cell count of 15,000/cu mm
  - Platelet count of 152,000/cu mm
  - Red blood cell count of 4.2 million/cu mm
124. A patient who weighs 14 kg has a left lower leg cellulitis. The drug ordered is ceftriaxone sodium (Rocephin), 75 mg/ kg/day IV piggy back in two divided doses. Which of the following amounts is correct for each dose?
- 105 mg.
  - 250 mg.
  - 525mg.
  - 1050 mg
125. Which of the following statements, if made by a patient who is beginning lithium carbonate (Eskalith) therapy, would indicate a need for further teaching?
- "I will take all of my daily lithium dose at bedtime."
  - "I will continue to use salt as a seasoning."
  - "I will come to the clinic to have my blood tested."
  - "I will report nausea and vomiting to my nurse."
126. A nurse is preparing a patient for discharge following coronary artery bypass grafting (CABG). Which of the following statements, if made by the patient, would indicate the need for further teaching about the immediate postoperative period?
- "Chicken and fish will be good diet choices for me."
  - "I will wear elastic stockings when I go home."
  - "I can perform my normal activities with frequent rest periods."
  - "Meditation may be effective in helping me to relax."
127. Which of the following findings, if identified in a patient in the immediate postoperative period following coronary artery bypass grafting (CABG), would indicate the need for immediate follow-up by the nurse?
- Chest tube drainage of 75 ml/hr
  - Urinary output of 100 ml/hr
  - Blood pressure of 124/60 mm Hg
  - Oxygen saturation of 92%
128. Which of the following blood values on the laboratory report should a nurse expect when assessing a patient who has emphysema?
- pCO<sub>2</sub>, 52 mm Hg
  - pH, 7.48
  - pO<sub>2</sub>, 94 mm Hg
  - HCO<sub>3</sub>, 21 mEq/L
129. Which nursing diagnosis would receive priority for a preeclamptic woman who is six hours post delivery?
- High risk for injury
  - Sleep pattern disturbance
  - Altered parenting
  - Constipation
130. A nurse observes a nurse's aide taking all of the following measures when caring for a patient who has had a right modified radical mastectomy. Which measure requires immediate intervention by the nurse?
- Encouraging the patient to brush her hair with her right hand
  - Applying a blood pressure cuff to the patient's right arm
  - Elevating the patient's right arm on two pillows
  - Giving the patient a rubber ball to squeeze in her right hand
131. When monitoring a patient who has respiratory acidosis, a nurse would expect which of the following arterial blood gas levels?
- pH, 7.50; pCO<sub>2</sub>, 30 mm Hg; pO<sub>2</sub>, 80 mm Hg
  - pH, 7.30; pCO<sub>2</sub>, 56 mm Hg; pO<sub>2</sub>, 68 mm Hg

C. pH,  
pCO<sub>2</sub>,  
Hg;

88 mm Hg

D. pH, 7.26

1. *Chlorophytum comosum* (L.) Willd. (Liliaceae)

7.38;  
42 mm  
pO<sub>2</sub>,

132. A woman who has been taking oral contraceptives is planning to conceive. A nurse would counsel the woman to seek health care advice if she should not become pregnant within how many months?



133. A patient says to the nurse, "If you give me a cigarette, I'll go to group therapy." Which of the following responses by the nurse would be therapeutic?

- A. "Here are your cigarettes."
  - B. "All patients on this unit are expected to go to group therapy."
  - C. "You can have one cigarette, then you must go to group therapy."
  - D. "Other patients do not ask me for special treatment. Why are you the only one?"

134. During the initial phase of a therapeutic relationship, a nurse should discuss which of the following topics with the patient?

- A. Maintaining confidentiality
  - B. Developing new coping skills
  - C. Gaining insight into behavior
  - D. Discussing previous faulty relationships

135. A six-year-old child who has celiac disease is selecting food items from a hospital menu.

Based on an understanding of celiac disease, a nurse would discourage the child from selecting which of the following foods?

- A. Fried sweet potatoes
  - B. Corn meal muffin
  - C. Puffed rice cereal
  - D. Whole wheat toast

136. Which of the following findings in a 12- hour-old infant boy would require the nurse to investigate further?

- A. The newborn has voided one time
  - B. The foreskin on the newborn's penis is not retractable
  - C. The newborn has lost 12% of his birth weight
  - D. The newborn is excreting milky-looking fluid from his breasts

137. Which of the following arterial blood gas levels would a nurse expect to observe when monitoring a patient who has metabolic alkalosis?

- A. pH, 7.50; pCO<sub>2</sub>, 38 mm Hg; HCO<sub>3</sub>, 30 mEq
  - B. pH, 7.30; pCO<sub>2</sub>, 56 mm Hg; HCO<sub>3</sub>, 24 mEq
  - C. pH, 7.38; pCO<sub>2</sub>, 42 mm Hg; HCO<sub>3</sub>, 25 mEq
  - D. pH, 7.26; pCO<sub>2</sub>, 37 mm Hg; HCO<sub>3</sub>, 18 mEq

138. A patient is receiving a selective serotonin reuptake inhibitor (SSRI). Which of the following instructions should a nurse give to the patient?

- A. "This medication may make you feel sleepy."
  - B. "You may notice some nervousness or anxiety until you adjust to your medicine."
  - C. "Muscle cramping, especially of your neck, may occur."
  - D. "You will need to avoid cheese, wine and yeast products while you are on this medication."

139. A 14-year-old is admitted to the hospital after being hit by a car while riding her bicycle. She has a closed head injury and was unconscious for several minutes after the accident. While assessing the child, the nurse obtains all of the following data. Which finding definitely requires further investigation?

A. The child does not remember the accident



- B. The asks child what is day it
- C. The child has clear drainage from the left ear
- D. The child's pupils constrict in response to light
140. A patient with a deep vein thrombosis is receiving 1200 units of heparin per hour, intravenously by infusion pump. The solution available is heparin 25,000 units/500 ml. Which of the following is the correct pump setting?
- A. 20 ml/hr
- B. 58 ml/hr
- C. 24 ml/hr
- D. 13 ml/hr
141. Which of the following arterial blood gas levels would a nurse expect to observe when monitoring a patient who has metabolic acidosis?
- A. pH, 7.50; pCO<sub>2</sub>, 30 mm Hg; HCO<sub>3</sub>, 31 mEq
- B. pH, 7.30; pCO<sub>2</sub>, 56 mm Hg; HCO<sub>3</sub>, 23 mEq
- C. pH, 7.38; pCO<sub>2</sub>, 42 mm Hg; HCO<sub>3</sub>, 25 mEq
- D. pH, 7.26; pCO<sub>2</sub>, 37 mm Hg; HCO<sub>3</sub>, 12 mEq
142. A six-month-old infant is suspected of having intussusception. A nurse should expect the child to undergo which of the following procedures?
- A. Colonoscopy
- B. Rectal biopsy
- C. Barium enema
- D. Cholangiography
143. All of the following nursing interventions are included in the care plan for a three month-old infant who has just undergone cleft lip repair. Which of the following interventions would a nurse question?
- A. Apply elbow restraints when the infant is unattended
- B. Offer a pacifier when the infant is fussing
- C. Avoid placing the infant in the prone position
- D. Clean the suture line after feeding the infant
144. Which of the following conditions would a nurse recognize as contributing to the development of metabolic acidosis?
- A. Intermittent episodes of vomiting
- B. Type 1 diabetes
- C. Hypothyroidism
- D. Raynaud's disease
145. A multiparous woman delivered a 30 weeks' gestation stillborn infant. Which of the following actions would a nurse take initially to foster the mental health of the woman?
- A. Encourage the woman to seek genetic counseling
- B. Have a picture of the woman's other child brought to the hospital
- C. Offer the woman an opportunity to see and hold the infant
- D. Make arrangements for a member of the clergy to visit with the woman
146. By the eighth week of pregnancy, a nurse would expect to observe which of the following changes in a woman's physical examination?
- A. Bluish-purple hue to the cervix
- B. Loss of abdominal muscle tone
- C. Fundal height at the symphysis pubis
- D. Milky white discharge from the breasts
147. A nurse should teach parents that transmission of the rabies virus occurs by contact with the:
- A. skin of undomesticated animals.
- B. carcasses of dead animals.
- C. excrement of warm-blooded animals.

D.  
of

infected animals.

148. Which of the following actions by a nurse would be considered punitive?

  - A. Escorting a patient to a seclusion room following an aggressive hostile act
  - B. Confiscating a suicidal patient's scissors
  - C. Telling a patient that he will get an intramuscular injection if his hostile outburst continues
  - D. Inspecting a patient's personal belongings upon admission

149. Which of the following statements, if made by a patient who has iron deficiency anemia, would indicate that the patient understands the medication instructions?

  - A. "I will report any clay-colored stools."
  - B. "I will keep the tablets in the refrigerator."
  - C. "I will take the pills with orange juice."
  - D. "I will expect my urine to become red-tinged."

150. Which of the following stressors would a nurse recognize as having the greatest impact on a hospitalized adolescent?

  - A. Separation from family
  - B. Fear of death
  - C. Loss of academic standing
  - D. Physical disfigurement

151. A patient who has terminal cancer has an order for morphine sulfate (MS Contin) tablets every 8 to 12 hrs prn. for moderate pain or morphine sulfate injections of 10 to 12 mg every four hours prn. Intramuscularly for severe pain. The patient has been receiving MS Contin po. every 12 hours but is experiencing breakthrough pain after about 10 hours. Which of the following nursing actions is most appropriate?

  - A. Administer injectable morphine sulfate, 12 mg, IM, prn.
  - B. Administer the MS Contin, po, every 12 hours
  - C. Administer the MS Contin, po, every 10 hours
  - D. Withhold the pain medications and notify the physician

152. Which of the following outcomes observed by the nurse during the drain cycle of peritoneal dialysis should be reported immediately to the physician?

  - A. Clear yellow output
  - B. Cloudy output
  - C. Patient complaint of slight cramping
  - D. A drain output of 50 cc less than instilled

153. Which of the following conditions would a nurse recognize as contributing to the development of respiratory alkalosis?

  - A. Chronic obstructive pulmonary disease (COPD)
  - B. Episodes of hyperventilation
  - C. Frequent loose stools
  - D. Hiatal hernia

154. When planning preoperative care for a child suspected of having Wilms tumor, the nurse should recognize that which of the following interventions places the child at risk for complications?

  - A. Palpating the child's abdomen every eight hours
  - B. Measuring the child's temperature rectally
  - C. Monitoring the child's blood pressure every four hours
  - D. Monitoring the child's intake and output

155. Which of the following comments by a patient should indicate to a nurse that the patient has ideas of reference?

  - A. "Those other nurses are talking about me."
  - B. "The nurse explained how my medication works."
  - C. "Do all the nurses here have a college degree?"



D.  
nurse  
group  
today?”

156. Which of the following conditions would a nurse recognize as contributing to the development of respiratory acidosis?

- A. Emphysema
- B. Hyperventilation
- C. Diarrhea
- D. Achalasia

157. A woman who is 24-hours postpartum and who has an episiotomy would be instructed to report which of the following findings immediately?

- A. Decrease in urine output
- B. Absence of a daily bowel movement
- C. Presence of lochia rubra
- D. Increase in perineal pain sensation

158. A nurse is counseling a parent of a six month- old infant about beginning solid foods in the infant's diet. Which of the following foods should the nurse recommend be introduced initially?

- A. Poached egg
- B. Strained peaches
- C. Pureed peas
- D. Rice cereal

159. A nurse observes a nurse's aide taking all of the following measures when caring for a patient in the postoperative period following a pneumonectomy. Which measure would require immediate intervention by the nurse?

- A. Assisting the patient to ambulate in the hall
- B. Positioning the patient on the un-operated side
- C. Placing elastic stockings on the patient's legs
- D. Splinting the patient's chest during coughing

160. Which of the following pulmonary findings would a nurse expect to assess in a patient who has lower lobe pneumonia?

- A. Paradoxical chest movement
- B. Eupnea
- C. Bronchial breath sounds
- D. Kussmaul respirations

161. A nurse would assess a patient who has peripheral vascular disease for which of the following venous insufficiencies?

- A. Paresthesias
- B. Bounding pedal pulses
- C. Intermittent claudication
- D. Edematous ankles

162. A young boy who is receiving chemotherapy develops alopecia and says to the nurse, “I'm so ugly. I've lost all my hair.” Which of the following responses would be appropriate for the nurse to make to the child?

- A. “Did you know that because your hair fell out, we know that the medicine is working to make you better?”
- B. “Would you like to see some pictures of famous men who are bald?”
- C. “It's hard to look different from the way you used to look.”
- D. “You can wear a baseball cap until your hair grows back.”

163. A patient expresses many physical complaints during the first two weeks on the alcohol rehabilitation unit. The results of physical examinations have been negative. The patient frequently approaches staff members to request medication for her discomfort. Based on the patient's behavior, which of the following interpretations is correct?

- A. The patient is trying to make the staff feel guilty.
- B. The patient is attempting to relieve her anxiety.

- C. The patient is experiencing organic pain from alcohol withdrawal.

- D. The patient is using a more mature way of meeting her needs than alcohol.
164. Which of the following foods should be removed from the dietary tray of a patient who has hepatic encephalopathy?

- A. Pasta  
 B. Spinach  
 C. Fresh fruit  
 D. Eggs

165. A patient who had a tonsillectomy reports spitting up copious amounts of blood at home 10 days after the operation. Which of the following actions would the nurse instruct the patient to take first?

- A. Take nothing by mouth and go to the emergency room  
 B. Gargle with warm saline solution  
 C. Drink ice cold water  
 D. Apply direct pressure to the carotid artery

166. Which of the following behaviors would indicate the greatest improvement in a patient who was admitted to the hospital with a diagnosis of hyperactivity?

- A. The patient completes an assigned task  
 B. The patient frequently apologizes for his behavior  
 C. The patient takes naps during the day  
 D. The patient shows interest in the other patients on the unit

167. When admitting a four-day-old Hispanic infant to the pediatric unit, the nurse notes irregular bluish discoloration over the infant's sacrum and buttocks. The nurse should recognize that this is a:

- A. sign of child abuse and is reportable.  
 B. manifestation of a rare bleeding disorder.  
 C. normal variation in the skin assessment of a newborn.  
 D. result of a traumatic birth injury.

168. The nurse assessing a toddler who has an acute upper respiratory infection notes that the child has been vomiting. The nurse correctly interprets the vomiting as

- A. an indication that the child also has a gastrointestinal infection.  
 B. a sign that the child has been drinking too much fluid.  
 C. a sign that the child is unable to mobilize secretions in the lungs.  
 D. a common manifestation of respiratory illness in young children.

169. A patient in the recovery room complains of incisional pain. Which of the following nursing interventions would be most appropriate?

- A. Give meperidine (Demerol) 50 mg, IM, as ordered  
 B. Encourage deep breathing exercises  
 C. Place the patient in a prone position  
 D. Give acetaminophen (Tylenol), two tablets as ordered

170. Which of the following nursing measures would be most appropriate in the care of a patient who has acute epistaxis?

- A. Tilt the patient's head back  
 B. Place the patient's head between his legs  
 C. Pinch the nose and have the patient lean forward  
 D. Place warm compresses on the patient's nasal bridge

171. Which of the following questions is most important for a nurse to ask when taking a history from a patient who presents with symptoms of peripheral arterial occlusive disease?

- A. "Do your legs hurt while walking?"

you

- B. "Do notice swelling in your legs at night?"

C. "Do you have calf pain when you flex your foot?"

D. "Do your feet feel warm after exercise?"

172. When assessing a woman who is six days postpartum following a vaginal delivery, a nurse would expect to describe the lochia in which of the following ways?

A. Red in color with occasional small clots

B. Brown in color without clots

C. Pink in color with occasional small clots

D. White in color without clots

173. The purpose of ordering treatment with an angiotensin-converting enzyme (ACE) inhibitor for a patient who has heart failure is to :

A. diminish the stroke volume of the left ventricle.

B. reduce peripheral vascular resistance.

C. improve cardiac electrical conduction.

D. enhance venous return to the right atrium.

174. To which of the following nursing diagnoses would a nurse give priority when caring for a patient who has septic shock?

A. Initiating a bowel program

B. Encouraging deep breathing

C. Increasing sensory stimulation

D. Promoting fluid intake

175. Which of these findings should a nurse expect to identify when assessing a patient who is receiving radiation therapy for cancer of the esophagus?

A. Peripheral neuropathy

B. Gingival hyperplasia

C. Alopecia

D. Hypersalivation

176. When taking the history of a patient who has multiple myeloma, a nurse would expect the patient to report which of the following symptoms?

A. Back pain

B. Blurred vision

C. Hair loss

D. Cloudy urine

177. A nurse would recognize that adolescents perceive which of the following issues as being a priority?

A. Nutrition

B. Safety

C. Education

D. Privacy

178. A seven-year-old girl is to begin her first immunization schedule. According to recommended guidelines, which of the following vaccines is not needed?

A. Polio

B. Measles

C. Pertussis

D. Mumps

179. An elderly widow who has dementia of the Alzheimer type says to the nurse who offers her breakfast, "Oh no, honey. I have to wait until my husband gets here." The nurse should say to the woman;

A. "Your husband died six years ago. Let me put milk on your cereal for you."

B. "I've told you several times that your husband is dead. It's time to eat now."

“You’re  
to have  
a long

- 


**WWW.NURSEPS.COM/vb**
- "You're  
to have  
a long
- C.  
going  
to wait
- time. Your food will get cold."
- D. "Why do you think he's alive? Why can't you just eat your breakfast?"
180. Which of the following findings would a nurse identify as indicative of septic shock in a patient?
- A. Bradycardia
  - B. Flushed appearance
  - C. Cool, clammy skin
  - D. S3 gallop
181. The nurse should instruct a patient who is to receive digoxin (Lanoxin) to report development of which of the following side effects?
- A. Ringing in the ears
  - B. Loss of appetite
  - C. Signs of bruising
  - D. Sensitivity to sunlight
182. A 16-year-old female who has cystic fibrosis and is sexually active asks a nurse, "Can I get pregnant?" The nurse's response would be based on the understanding that cystic fibrosis:
- A. causes sterility in females.
  - B. leads to a higher incidence of spontaneous abortion.
  - C. may result in problems with infertility in females.
  - D. does not affect the reproductive system.
183. Which of the following instructions should a nurse give to a patient who has a history of venous leg ulcers in order to prevent recurrence?
- A. "Sit with your legs dependent whenever possible."
  - B. "Use warm compresses on your legs in the evening."
  - C. "Examine your legs for areas of redness every day."
  - D. "Keep your legs flexed when standing for long periods."
184. A woman, who is 30 weeks pregnant and attending the prenatal clinic, has symptoms of pregnancy-induced hypertension. Which of the following findings is indicative of this condition?
- A. The woman has been getting short of breath when climbing the second flight of stairs to her family's apartment.
  - B. The woman has had a craving for salty foods lately.
  - C. The woman has a blood pressure of 124/80 mmHg, compared with 90/60 mm Hg a month ago.
  - D. The woman has gained three pounds (1.4 kgs) during the past month.
185. Which of the following responses of a female patient who is codependent and has low self-esteem indicates that nursing interventions have been successful?
- A. The patient encourages her 16-year-old daughter to prepare her own breakfast.
  - B. The patient regularly prepares refreshments for her reading club.
  - C. The patient refuses help from her child with meal preparation.
  - D. The patient seeks other family members' approval prior to preparing meals.
186. A four-month-old infant who has acquired immune deficiency syndrome (AIDS) and is living with the biological mother would receive the injectable form of polio vaccine for which of the following reasons?
- A. Improved absorption
  - B. Improved immunity
  - C. Decreased viral shedding
  - D. Decreased risk of anaphylaxis
187. Which of the following parameters should be given priority when caring for a patient with hypoadrenalinism (Addison's disease)?
- A. Evaluating pulmonary function
  - B. Monitoring blood sugar

C.

Measuring blood pressure

D. Assessing neurological status

188. Which of the following comments, if made by the spouse of a patient who has been newly diagnosed with schizophrenia, would indicate that the spouse has a correct understanding of the disorder?

- A. "I can't wait for these illness-related problems to disappear."
- B. "My spouse and I will need ongoing psychiatric support in the community."
- C. "I'll be glad when my spouse becomes the person I married again."
- D. "My spouse will no longer live with me because permanent hospitalization is necessary."

189. A physician has written all of the following orders for a patient who has a diagnosis of septic shock. Which order should the nurse carry out first?

- A. Obtain culture specimens
- B. Initiate antibiotic therapy
- C. Insert indwelling urinary (Foley) catheter
- D. Apply antiembolism stockings

190. A child presents with periorbital edema, dark colored urine and decreased urine output. A priority question for the nurse to ask when obtaining the history from the parent is,

- A. "Has your child been diagnosed recently with strep throat?"
- B. "Does your child get short of breath when playing?"
- C. "Is there any history of liver disease in the family?"
- D. "Does your child seem to be more tired than usual?"

191. When assessing a 14-year-old girl who has mittelschmerz, a nurse would expect the girl to have which of the following symptoms?

- A. Nausea and vomiting
- B. Heavy menstrual flow
- C. Low-grade fever and malaise
- D. Lower abdominal pain

192. A 30-year-old primigravida at 38 weeks gestation is admitted to the hospital in labor. The woman and her husband both attended education- for-childbirth classes. In the labor room, the husband is timing the frequency of his wife's contractions. If he is timing the frequency accurately, he is noting the time from

- A. the beginning of one contraction to the beginning of the next contraction.
- B. the beginning of one contraction to the end of that contraction.
- C. the end of one contraction to the beginning of the next contraction.
- D. the end of one contraction to the peak of the next contraction.

193. Because a woman is planning to breastfeed her infant, measures to prevent her nipples from becoming sore are discussed with her. Which of the following comments, if made by the woman, would indicate that she understood the instructions?

- A. "I'll use a nipple shield with every other breastfeed during my first postpartum week."
- B. "I'll cleanse my nipples with soap and water before each feeding."
- C. "I'll expose my nipples to the air several times a day."
- D. "I'll apply an antiseptic cream to my nipples after each feeding."

194. Which of the following laboratory results, if identified in a patient who is experiencing vomiting and diarrhea, is most suggestive of hypovolemic shock?

- A. Potassium, 5.6 mEq/L
- B. Hematocrit, 58%
- C. Hemoglobin, 11 g/dL
- D. Calcium, 6 mEq/L

195.

Nursing care for a patient who has polycythemia vera would focus on preventing

- A. dysrhythmias.
- B. hypotension.
- C. thrombosis.
- D. decubitus ulcers.

196. Which of the following concepts should a nurse emphasize when conducting a community education program on reducing the risk of rape?

- A. Rape rarely occurs in rural areas.
- B. The very young and the very old are usually safe from rape.
- C. People who walk in groups are less likely to be raped.
- D. Rape is a response to sexual need.

197. A child who has sickle cell disease should eat foods rich in folic acid. Which of the following foods would a nurse encourage the child to eat?

- A. Peas
- B. Spinach
- C. Squash
- D. Carrots

198. Which of the following instructions regarding skin care should a nurse give to a patient who is receiving radiation therapy?

- A. "Cover the irradiated area with a light gauze dressing."
- B. "Rinse the irradiated area with normal saline solution."
- C. "Apply petroleum-based ointment to the treatment area."
- D. "Use a mild soap to cleanse the affected area."

199. The family you are caring for had a difficult labor and an unexpected cesarean delivery. They voice their displeasure with the way the situation was handled and are threatening to sue. As the nurse caring for this family, you will

- A. carefully document your care on the patient's chart.
- B. delegate routine care to other personnel.
- C. go into the room only when called, to allow for privacy.
- D. contact the hospital legal advisor prior to giving care.

200. An infant born at 34 weeks gestation is at risk for respiratory syncytial virus (RSV). When teaching the family about health care promotion, what primary recommendation should the nurse make to the parents?

- A. "Avoid group settings of other children if at all possible."
- B. "Limit visitation of the infant by anyone who has a cold."
- C. "Use good hand washing techniques."
- D. "Keep the baby out of drafts."

201. A nurse is assessing a patient who presents with manifestations of leukemia. Which of the following blood test results would support this diagnosis?

- A. Platelets, 150,000/mm<sup>3</sup>
- B. WBC, 150,000/mm<sup>3</sup>
- C. Hematocrit, 40%
- D. Hemoglobin, 18.0 g/dL

202. A patient who has a diagnosis of metastatic cancer of the kidney is told by the physician that the kidney needs to be removed. The patient asks the nurse, "What should I do?" Which of the following responses by the nurse would be most therapeutic?

“Let’s  
about

D.

Readily

accepting a substitute babysitter.

211. Test results indicate that your patient is HIV positive. The patient has stated that her choice of infant feeding is breast milk. Your postpartum plan of care should be based on the knowledge that:

- A. breastfeeding should be encouraged for all new mothers to foster maternal-child bonding.
- B. formula-feeding should be encouraged because the mother is not likely to live long enough to successfully breastfeed the infant.
- C. the mother's HIV status should not influence her decision on how to feed her infant.
- D. breastfeeding is contraindicated for HIV positive mothers.

212. A nursing assistant tells the charge nurse that another nursing assistant never cleans up the utility room at the end of the shift. The most effective approach to resolving the conflict would be to:

- A. acknowledge that the nursing assistant who is supposed to clean the utility room may feel overworked.
- B. tell the nursing assistant who never helps clean that she needs to help.
- C. bring both parties together to discuss underlying issues of conflict.
- D. develop a schedule for rotating responsibility for the department's utility room.

213. A patient is admitted to the unit with a tentative diagnosis of Hodgkin's disease. Which of the following findings are most significant in supporting this diagnosis?

- A. Change in mental status
- B. Dependent edema
- C. Distended abdomen
- D. Enlarged lymph nodes

214. Which of the following statements, if made by a 44-year-old female, would support a nursing diagnosis of knowledge deficit: early detection of breast cancer?

- A. "I should not examine my breasts or have a mammogram during my menstrual period."
- B. "I include the underarm area when I examine my breasts."
- C. "Women who practice regular breast self-examination find breast lumps earlier than women who do not."
- D. "Breast self-examination is not necessary if I get regular mammograms."

215. Which of the following measures is most important when providing nursing care for a patient who has disseminated intravascular coagulation (DIC)?

- A. Avoiding intramuscular injections
- B. Limiting green, leafy vegetables
- C. Using automatic blood pressure cuffs
- D. Providing meticulous oral care

216. A patient does not swallow medication, but holds the tablet in her mouth until she is able to expectorate. The nurse should

- A. discuss with the physician the use of aversion therapy to promote patient compliance.
- B. ask the physician for an order to change to an intramuscular form of the medication.
- C. discuss with the physician the use of a liquid instead of a tablet.
- D. ask the physician for an order to discontinue the medication.

217. A child has just undergone a shunting procedure for hydrocephalus. A nurse would question the placement of which of the following patients in the child's room?

- A. A child who has acute glomerulonephritis
- B. A child who has viral pneumonia
- C. A child who has infantile eczema
- D. A child who has undergone an appendectomy



218. A  
should  
which

nurse  
include  
of the

following strategies in the care plan of a child who is receiving cyclophosphamide (Cytoxan) for treatment of Hodgkin's disease?

- A. Monitor the child's intake and output
- B. Assess the child's apical heart rate
- C. Place a footboard at the end of the child's bed
- D. Evaluate the child's hemoglobin level

219. A nurse teaches self-care management to a teenaged patient who is being treated for scoliosis using a Milwaukee brace. Which of the following statements, if made by the patient, indicates a correct understanding of the instructions?

- A. "I can swim for one hour without the brace."
- B. "I must wear the brace over my jacket."
- C. "I can remove the brace for sleeping."
- D. "I must give up driving my car."

220. A patient who has disseminated intravascular coagulation (DIC) is administered heparin sodium. Which of the following responses, if identified in the patient, would indicate that the heparin is effective?

- A. Breath sounds clear to auscultation
- B. Stools negative for occult blood
- C. Pupils equal and reactive to light
- D. Oral mucosa pink and moist

221. Which of the following manifestations would a nurse expect to identify when assessing a patient who has atrial fibrillation?

- |                            |                            |
|----------------------------|----------------------------|
| A. Pounding headache.      | B. Visual disturbances     |
| C. Irregular radial pulse. | D. Elevated blood pressure |

222. A nurse should inform a patient who is taking hydrochlorothiazide (Hydrodiuril) that it is important to make which of the following dietary changes?

- A. Limit green, leafy vegetables
- B. Drink plenty of tomato juice
- C. Decrease ingestion of red meat
- D. Increase intake of oranges

223. Which of the following findings, if identified in a patient who is administered procainamide hydrochloride (Procan SR), would indicate that the patient is experiencing an adverse effect of the medication?

- |                               |                              |
|-------------------------------|------------------------------|
| A. Butterfly rash on the face | B. Blurring of visual fields |
| C. Dryness of the mouth       | D. Ringing in the ears       |

224. Which of the following actions would a nurse take first when caring for a patient experiencing a cardiac arrest?

- A. Initiate cardiac monitoring
- B. Provide intravenous access
- C. Establish an open airway
- D. Obtain a pulse oximetry reading

225. Which of the following comments by a nurse would be most effective in dealing with a patient who has a diagnosis of severe (+3) anxiety?

- A. "Call me when you are calm enough to sit down."
- B. "Sit in this chair."
- C. "Where would you like to sit?"
- D. "How would you feel about sitting down?"

226. At 33 weeks of pregnancy, a woman who has been treated for pregnancy-induced hypertension is admitted to the hospital because her condition has not improved. She is placed on bed rest and started on magnesium sulfate therapy. Which of the following assessments is essential for the nurse to make?

- A. Obtaining the woman's weight daily
- B. Assessing the woman's abdominal circumference daily
- C. Observing the woman for jaundice
- D. Checking the equality of the woman's femoral pulses

227. An infant has a temperature of 104°F (40.0°C). Which of the following interventions would be most effective in reducing the infant's fever?
- Placing the infant on a cooling blanket
  - Putting the infant in a tub of tepid water
  - Administering the prescribed antipyretic to the infant
  - Sponging the infant with alcohol
228. Which of the following comments by the spouse of a patient who abuses alcohol indicates a correct understanding of the term "blackouts" as applied to alcoholism?
- "My spouse only drinks after work."
  - "My spouse's drinking causes him to forget some events."
  - "My spouse becomes angry when he's drinking."
  - "My spouse's employer doesn't know he drinks."
229. A nurse should assess a patient who has had a recent myocardial infarction for which of the following symptoms of pericarditis?
- Dull pain while sitting
  - Burning pain in the chest
  - Throbbing pain radiating to the jaw
  - Sharp pain on inspiration
230. Which expected outcome should be given priority in the nursing care plan for a patient with adult respiratory distress syndrome (ARDS)?
- Systolic blood pressure greater than 90 mm Hg
  - Oxygen saturation greater than 95%
  - Respiration rate less than 20/min
  - Heart rate less than 100/min
231. A patient who is connected to a cardiac monitor develops a heart rate of 40 beats per minute. Which of the following actions should a nurse take first?
- Establish intravenous access
  - Call the physician
  - Check the patient's blood pressure
  - Position the patient flat in bed
232. A patient is brought to the emergency department following a severe automobile accident. By the time the patient's spouse arrives, the patient has died. The spouse demands to see the body. Which of the following responses should a nurse make?
- "It would be best for you to talk to the doctor first."
  - "You really don't want to see your spouse. The injuries are too severe."
  - "If you wish, I will stay with you while you are with your spouse."
  - "You might want to talk to your children before you see your spouse."
233. A community health nurse teaches a mother comfort measures for her six-year-old child who has varicella zoster. Which of the following actions, if taken by the mother, requires further intervention?
- Applying a cortisone-based cream to the child's lesions
  - Patting the child's lesions with calamine lotion
  - Bathing the child in a tepid oatmeal bath
  - Trimming the child's fingernails very short
234. Before administering the measles, mumps and rubella (MMR) vaccine to a 12-year-old child, it is essential that a nurse assess for an allergy to
- peanuts.
  - eggs.
  - seafood.
  - milk.

235. A nurse is caring for a patient on a mechanical ventilator with positive end-expiratory pressure (PEEP). The nurse should recognize that the purpose of this treatment is to
- increase pulmonary vascular permeability.
  - increase intrathoracic pressure.
  - improve pulmonary tidal volume.
  - maximize alveolar gas diffusion.
236. A nurse is planning a community education presentation on domestic violence. Which of the following factors should the nurse include?
- Instructions on harmonious living with a spouse
  - The telephone number of the local safe house
  - Ways to include the extended family
  - Assertiveness training
237. A nurse is caring for a patient who has just had an endotracheal tube inserted. Which of the following actions would the nurse take first?
- Inflate the cuff with appropriate volume
  - Auscultate for bilateral breath sounds
  - Tape the tube securely in place
  - Suction for pulmonary secretions
238. When caring for a patient who is on a mechanical ventilator, the nurse should monitor the patient for which of the following complications?
- Flail chest
  - Pleural effusion
  - Pneumothorax
  - Pulmonary embolus
239. Which of the following nursing interventions would be most effective in helping a parent who is grieving the loss of a young child?
- Schedule times to discuss family pictures with the parent
  - Encourage the parent to have another child as soon as possible
  - Recommend frequent periods of sleep during the day
  - Distract the parent from thinking about the child
240. Which of the following nursing actions should be carried out first when a patient requires tracheostomy care?
- Cleansing around the tracheostomy tube stoma
  - Deflating the tracheostomy tube cuff
  - Removing the inner cannula from the tracheostomy tube
  - Suctioning the tracheostomy tube
241. A nurse caring for a patient from a different culture notices that the patient did not eat the food on the meal tray. Which of the following comments by the nurse demonstrates an understanding of cultural diversity?
- “What foods do you eat at home?”
  - “You need to eat to keep up your strength.”
  - “You will lose weight if you do not eat.”
  - “Why didn’t you tell me you don’t like hospital food?”
242. A six-week-old infant who has a complex congenital heart defect is hospitalized and awaiting surgery. The infant experiences a hyper cyanotic episode. Which of the following actions would the nurse take first?
- Suction the infant



- B. the in knee-chest position  
C. Hyperextend the infant's neck  
D. Take a pulse oximetry reading on the infant

243. Which of the following suggestions should a nurse make to a known poly substance abusing woman who is 18 weeks pregnant?

- A. "If you cannot stop taking drugs, you might consider terminating the pregnancy."  
B. "You should stop using all drugs immediately before your baby develops birth defects."  
C. "If you enter a drug treatment program now, your baby will be born healthy."  
D. "It may not be possible for you to stop drugs completely, but you should consider limiting the drugs you use during pregnancy."

244. Which of the following complications are most likely to develop in a patient who is undergoing mechanical ventilation?

- A. Stress ulcers  
B. Paralytic ileus  
C. Urinary retention  
D. Peripheral neuropathy

245. Which of the following statements, if made by a patient who is being discharged following a lumbar laminectomy, would indicate a correct understanding of the discharge instructions?

- A. "I will clean my incision daily with peroxide."  
B. "I will only sit for short periods of time."  
C. "I will eat foods that are low in fiber."  
D. "I will wear an abdominal binder for support."

246. A two-year-old is being discharged from the ambulatory surgery center 10 hours after undergoing a tonsillectomy. Which of the following findings would prompt the nurse to delay discharge?

- A. Complaints of pain  
B. Frequent swallowing  
C. Refusing to speak  
D. Continual mouth breathing

247. To which of the following nursing diagnoses should a nurse give priority when planning care for a patient who is in cardiogenic shock?

- A. Risk for infection  
B. Altered nutrition: less than body requirements  
C. Altered tissue perfusion: peripheral  
D. Fluid volume deficit

248. A nurse observes a colleague performing an assessment of a child who has a head injury by using the Glasgow coma scale. Which of the following assessments, if performed by the colleague, indicates the colleague needs instruction regarding the use of this scale?

- A. Motor response  
B. Deep tendon reflexes  
C. Verbal ability  
D. Eye opening

249. Which of the following statements, if made by a patient who has had a basal cell carcinoma removed, would indicate to the nurse the need for further instruction?

- A. "I will use sunscreen with at least a sun protection factor (SPF) of 15."  
B. "I will use tanning booths rather than sunbathing from now on."  
C. "I will stay out of the sun between 10:00 a.m. and 2:00 p.m."  
D. "I will wear a broad-brimmed hat when I am in the sun."

250.  
which

following nursing diagnoses would a nurse give priority in the care of a patient whose blood test reveals a red blood cell count of 3.0 million/mm<sup>3</sup>?

- A. Risk for activity intolerance
- B. Risk for fluid volume deficit
- C. Risk for impaired skin integrity
- D. Risk for infection

## Answers Practice Examination 2

*Correct Answers for CGFNS Practice Examination 2*

1 D	2 D	3 A	4 D	5 B	6 D	7 C	8 D	9 A	10 A
11 C	12 A	13 D	14 A	15 A	16 A	17 B	18 A	19 C	20 D
21 A	22 B	23 A	24 A	25 B	26 D	27 D	28 A	29 B	30 A
31 C	32 D	33 C	34 B	35 B	36 D	37 A	38 C	39 A	40 A
41 B	42 C	43 D	44 B	45 D	46 A	47 C	48 C	49 D	50 A
51 C	52 C	53 B	54 D	55 D	56 B	57 A	58 C	59 A	60 A
61 A	62 B	63 B	64 A	65 A	66 A	67 C	68 D	69 A	70 B
71 B	72 C	73 B	74 C	75 C	76 D	77 D	78 B	79 D	80 B
81 B	82 D	83 B	84 D	85 D	86 A	87 D	88 A	89 A	90 A
91 A	92 A	93 D	94 D	95 B	96 A	97 B	98 B	99 A	100 C
101 C	102 D	103 C	104 A	105 B	106 B	107 A	108 D	109 D	110 C
111 A	112 C	113 A	114 C	115 B	116 A	117 B	118 C	119 C	120 A
121 C	122 B	123 A	124 C	125 A	126 C	127 D	128 A	129 A	130 B
131 B	132 B	133 B	134 A	135 D	136 C	137 A	138 B	139 C	140 C
141 D	142 C	143 B	144 B	145 C	146 A	147 D	148 C	149 C	150 D
151 C	152 B	153 B	154 A	155 A	156 A	157 D	158 D	159 B	160 C
161 D	162 C	163 B	164 D	165 A	166 A	167 C	168 D	169 A	170 C
171 A	172 B	173 A	174 D	175 D	176 A	177 D	178 C	179 A	180 B
181 B	182 C	183 C	184 C	185 A	186 C	187 C	188 B	189 A	190 A
191 D	192 A	193 C	194 B	195 C	196 C	197 B	198 D	199 A	200 C
201 B	202 A	203 D	204 D	205 A	206 D	207 C	208 D	209 B	210 C
211 D	212 C	213 D	214 D	215 A	216 C	217 B	218 A	219 A	220 B
221 C	222 D	223 A	224 C	225 B	226 A	227 C	228 B	229 D	230 B
231 C	232 C	233 A	234 B	235 D	236 B	237 B	238 C	239 A	240 D
241 A	242 B	243 D	244 A	245 B	246 B	247 C	248 B	249 B	250 A

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Thanks for all.