

Post-Roe Resources

Contraception

Order Birth Control Pills Online

- [Hey Favor](#)- previously Pill Club
- [Nurx](#)
- [Cost Plus Drugs](#)- Mark Cuban's new online pharmacy with medications for far cheaper than other online & in-person pharmacies.
- [Womb of One's Own](#)- birth control, at-home abortions

Plan B

STOCK UP. Become a provider in your area if you are comfortable. When stocking up, be sure to order online so that pharmacies stay stocked for people who need the pill in the next 24 hours.

Buy in Store

- Sam's Club has Plan B for \$6 and you don't have to be a member to use their pharmacy.
- [GoodRx](#) has coupons for My Way (generic Plan B) to use in store & online.
- UF STUDENTS: Plan B is \$10 in the pharmacy of the Student Healthcare Center!

Order Online

- [Hello Wisp](#)- Levonorgestrel (generic Plan B) for \$17
- [Cost Plus Drugs](#)- Levonorgestrel for \$6.09
- [Yellowhammer Fund](#)- AfterPill (generic Plan B) free for residents in Alabama, Mississippi, and the Florida Panhandle.

Pregnancy & Ovulation

By knowing your own body and your cycle, you can prevent pregnancy.

Ovulation tests can tell you what days you are most fertile so you can take extra precaution during sex at this point in your cycle.

As most states are creating bans on abortions after a certain amount of weeks, knowing you're pregnant as early as possible is vital. TEST EVERY MONTH.

Ovulation & Pregnancy Tests

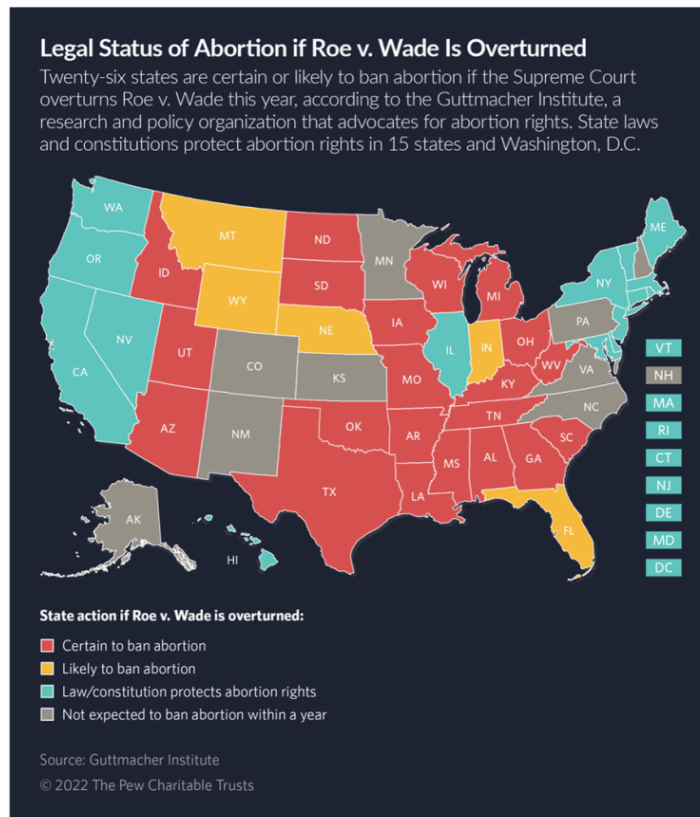
- [Pregmate Ovulation & Pregnancy Tests Strips](#)- includes 50 ovulation tests and 20 pregnancy tests for \$10.99. Also available at [Target](#) for \$19.99.

Sterilization

- [Gynecologists who will perform a tubal sterilization](#)- list of gynos by state who are willing to perform sterilization procedures regardless of the patient's age (as long as you are 21+), marital status, or number of kids. Even lists gynos for Canada, Europe, Australia, and Africa.

Abortion

Map of Abortion Laws in USA



If you live in a state where abortion is legal

If you are comfortable, consider offering a room in your home for those coming out of state to stay in.

In-Person Abortions

- [Planned Parenthood](#)– find a center near you
- [Abortion Finder](#)– find a center (non PP included) near you
- [Menstrual Extraction](#)– non-medical abortion option
- [Manual Vacuum Aspiration](#)– non-medical abortion option
- [I Need An A](#)– find abortion clinics

Order Abortion Pills Online

- [Aid Access](#)- get mifepristone & misoprostol mailed to you wherever you live; also does advanced provision so you can order even when not pregnant
- [Plan C](#)
- [Abortion Pill Info](#)- self-managed abortion

If you live in a state where abortion is illegal

If you need an abortion out-of-state, check abortion funds to see what financial assistance you can get (donations, travel & hotel miles, etc.) If you know someone in an abortion-friendly state, make a plan to stay with them in case.

- [Abortion Funds](#)- financial aid for abortions including travel (donate here)
- [Aid Access](#)- get mifepristone & misoprostol mailed to you EVEN IF YOU LIVE IN AN ANTI-ABORTION STATE; also does advanced provision so you can order even when not pregnant

Privacy

- [Guide to Abortion Privacy](#)

Tips (from Plan C Pills)

- Use privacy browsers like [DuckDuckGo](#), [Firefox](#), [Onion Browser](#), [Orbot](#), or [TOR Browser](#)
- Download a VPN like [Psiphon](#), [Tunnelbear](#), or [Lantern](#)
- Create a secondary email address using a privacy-friendly provider like [Protonmail](#)
- Use encrypted chat services like [Signal](#)
- Turn location services off
 - If heading to a clinic, turn your phone off completely

- DELETE ANY PERIOD TRACKING APP. Information logged can be subpoenaed and used as evidence against you.

Literature & Other Resources

- [Three for Freedom](#)- information and access to birth control, emergency contraception, and abortion.
- “[Crisis Pregnancy Centers](#)”- list of fake abortion clinics
- [Jane's Due Process](#)- legal defense
- [If When How](#)- legal defense
- [We Testify](#)- abortion stories
- [Shout Your Abortion](#)- abortion stories
- [Support Groups](#)
- *Handbook for a Post-Roe America* by Robin Marty

ABORTION FUNDS BY STATE

NATIONAL

Indigenous Women Rising
National Abortion Federation Hotline
The Brigid Alliance
Women's Repro. Rights Ast. Proj.

ALASKA

NW Abortion Access Fund

ALABAMA

Access Repro. Care – SE
AL Cohosh Collaborative
Yellowhammer Fund

ARKANSAS

AR Abortion Support Network

ARIZONA

Abortion Fund of AZ
Tucson Abortion Support Collective

CALIFORNIA

ACCESS REPRO. JUSTICE
WHS Women in Need Fund

COLORADO

CO Doula Project
Cobalt Fund
Repro. Equality Fund

DC

DC Abortion Fund

FLORIDA

Access Repro. Care – SE
Broward Women's Emergency Fund
Emergency Medical Assistance Inc.
FL Access Network
Tampa Bay Abortion Fund
Women's Emergency Network

GEORGIA

Access Repro. Care – SE

IOWA

deProsse Access Fund
IA Abortion Access Fund
Midwest Access Coalition

IDAHO

NW Abortion Access Fund

ILLINOIS

Chicago Abortion Fund
Midwest Access Coalition
Stigma Relief Fund

INDIANA

Hoosier Abortion Fund
Chicago Abortion Fund
Midwest Access Coalition

Stigma Relief Fund

KANSAS

KS Abortion Fund
Midwest Access Coalition

KENTUCKY

A Fund, Inc.
KY Health Justice Network

LOUISIANA

New Orleans Abortion Fund
The Goldstein Fund

MASSACHUSETTS

Abortion Rights Fund of W MA
Eastern MA Abortion Fund
Jane Fund of Central MA

MARYLAND

Abortion Access Fund
Baltimore Abortion Fund
DC Abortion Fund

Stigma Relief Fund

MAINE

Safe Abortions For Everyone ME

The Laura Fund

MICHIGAN

Midwest Access Coalition
Reclaim MI WIN Fund

MINNESOTA

HOTDISH Militia
Just the Pill
Midwest Access Coalition

Our Justice

Stigma Relief Fund

MISSOURI

Midwest Access Coalition
MO Abortion Fund

Right By You

MISSISSIPPI

Access Repro. Care – SE
MS Repro. Freedom Fund

MONTANA

Just the Pill

NORTH CAROLINA

Carolina Abortion Fund

NORTH DAKOTA

Midwest Access Coalition
ND WIN Fund

NEBRASKA

Abortion Access Fund
Chicago Abortion Fund
Midwest Access Coalition

NE Abortion Resources

NEW HAMPSHIRE

Repro. Freedom Fund of NH
The Laura Fund

NEW JERSEY

NJ Abortion Access Fund

NEW MEXICO

Mariposa Fund
NMRCRC

Stigma Relief Fund

West Fund

NEVADA

Silver State Hope Fund
Wild West Access Fund

NEW YORK

NY Abortion Access Fund
STWHS Access Fund

OHIO

Midwest Access Coalition
Preterm Access Fund
Agnes Reynolds Jackson Fund
Women Have Options – OH

OKLAHOMA

Roe Fund

OREGON

CASC
NW Abortion Access Fund

PENNSYLVANIA

Abortion Liberation Fund of PA
Western PA Fund for Choice

RHODE ISLAND

Women's Health and Edu. Fund

SOUTH CAROLINA

Access Repro. Care – SE
Carolina Abortion Fund

SOUTH DAKOTA

JEN

Midwest Access Coalition
SD Access for Every Woman

TENNESSEE

Abortion Care for TN
Access Repro. Care – SE
CHOICES Patient Ast. Fund
Mountain Access Brigade

TEXAS

Clinic Access Support Network
Frontera Fund
Fund TX Choice

Jane's Due Process

Lilith Fund

Stigma Relief Fund
SYS (Support Your Sistah)

The Bridge Collective

TX Equal Access Fund

West Fund

UTAH

UT Abortion Fund

VIRGINIA

Blue Ridge Abortion Fund
DC Abortion Fund
New River Abortion Access Fund
Richmond Repro. Freedom Proj.
Stigma Relief Fund

VERMONT

The Laura Fund
VT Access to Repro. Freedom

WASHINGTON

Cedar River Clinics Fund
NW Abortion Access Fund

WISCONSIN

Freedom Fund
Midwest Access Coalition

Options Fund

Women's Medical Fund

WEST VIRGINIA

Choice Fund
Holler Health Justice

WYOMING

Chelsea's Fund
Just the Pill