Orchestra Karate

What is Orchestra Karate?

Orchestra Karate is a program in which students will learn pieces & scales independently and earn "belts" (strings that can be attached to the bow).

How do I earn belts?

Students will practice in class and outside of class time, then test for the belt by playing the specific pieces & scales for each belt for Ms. Marks during class time

Where can I find the requirements for each belt?

The full orchestra karate document is available on Google Classroom! Materials will also be passed out during class.

What do I do if I finished practicing for all the belts?

Challenge belts will be available for those students who earn their black belt and want to earn challenge belts - more information will be provided

Is Orchestra Karate a part of my grade?

Participation in Orchestra Karate will be factored into your participation grade but will not be graded a separate assignment - it is not mandatory to earn belts BUT all 6th Grade Orchestra students are expected to participate

Important:

- **Yellow Belt testing will begin October 8th, students cannot test for the next belt until everyone has had a turn to test for yellow belt**
    - **After yellow, students can go at their own pace**
- **You can only test for 1 belt at a time**

Yellow Belt - *Violin*

(3 Requirements - “Doni Yar”, “Funga Alafia”, and C Major Scale)

Doni Yar

Armenian Folk arr. Zulal



Funga Alafia

Traditional (Ghana, Nigeria)



C Major Scale



Yellow Belt - *Viola*

(3 Requirements - “Doni Yar”, “Funga Alafia”, and C Major Scale)

Doni Yar

Armenian Folk arr. Zulal



Funga Alafia

Traditional (Ghana, Nigeria)



C Major Scale



Yellow Belt - *Cello*

(3 Requirements - “Doni Yar”, “Funga Alafia”, and C Major Scale)

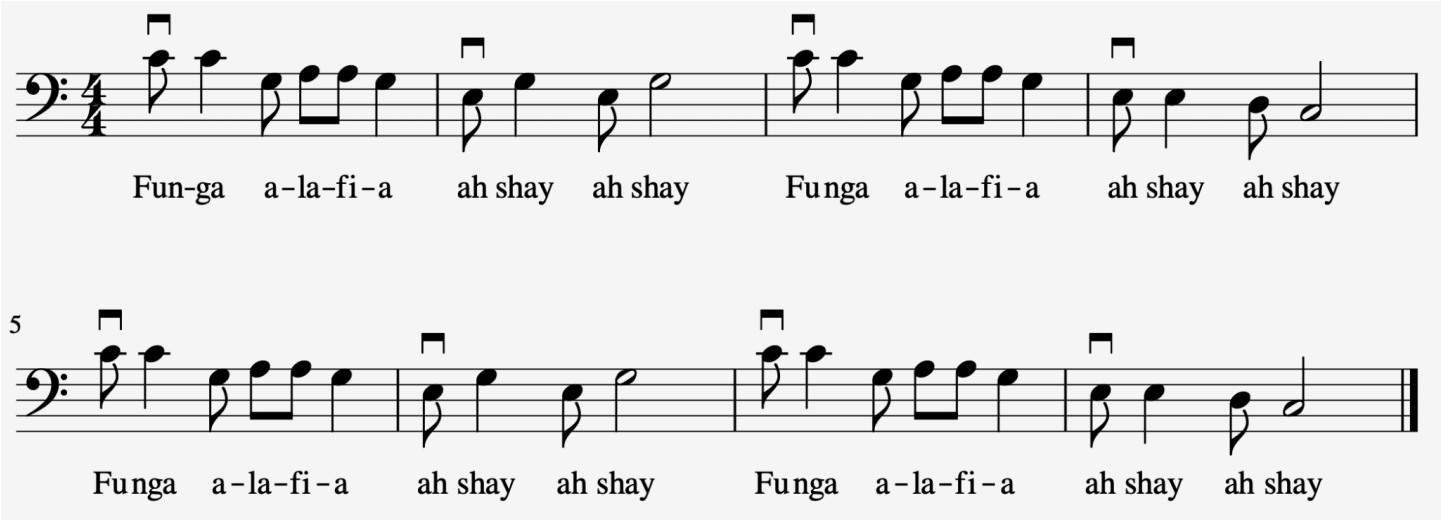
Doni Yar

Armenian Folk arr. Zulal



Funga Alafia

Traditional (Ghana, Nigeria)



C Major Scale

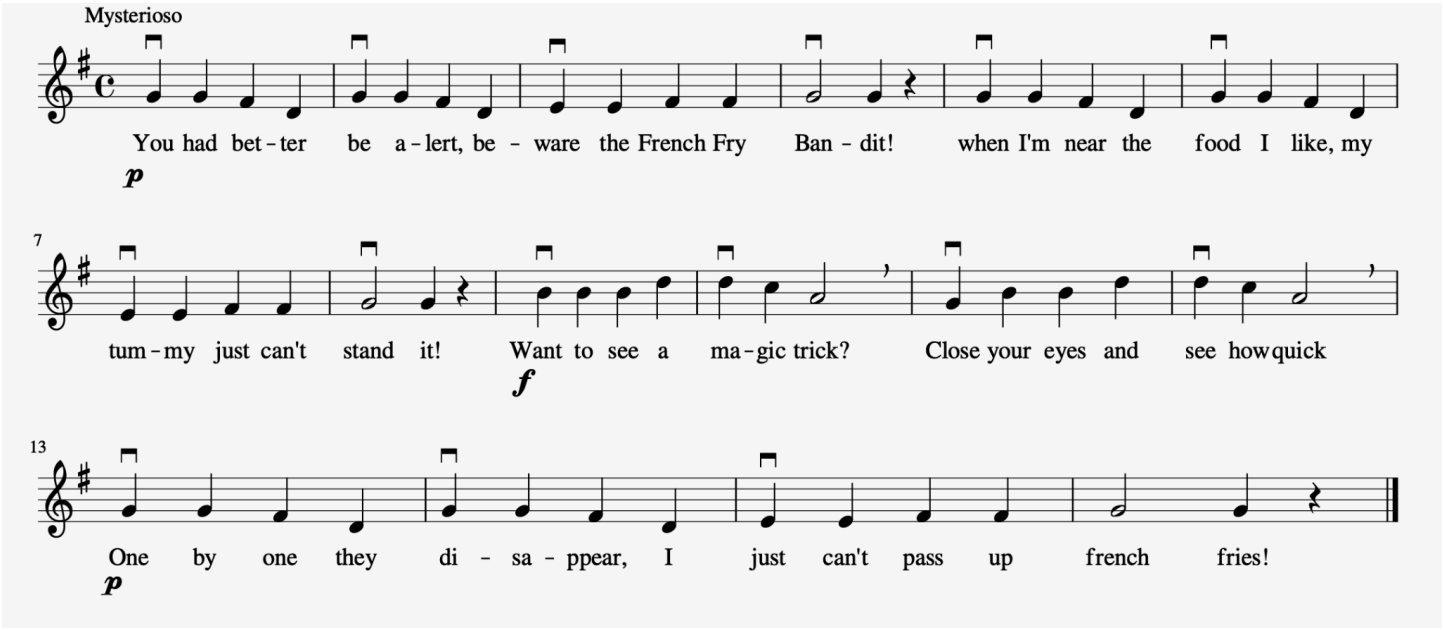


Red Belt - *Violin*

(3 Requirements: “Beware the French Fry Bandit”, “Ode to Joy”, & G Major Scale)

Beware the French Fry Bandit

Polish Folk Song



Ode to Joy

Ludwig van Beethoven



G Major Scale

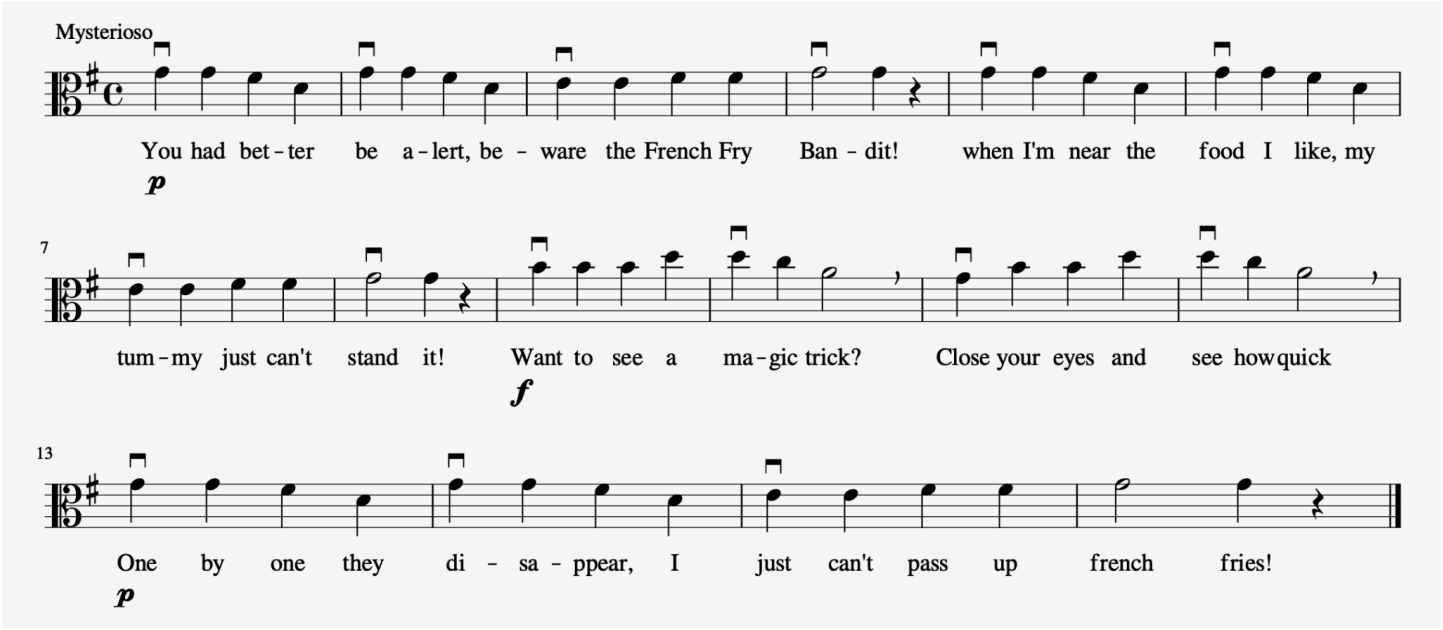


Red Belt - Viola

(3 Requirements: “Beware the French Fry Bandit”, “Ode to Joy”, & G Major Scale)

Beware the French Fry Bandit

Polish Folk Song



Ode to Joy

Ludwig van Beethoven



G Major Scale

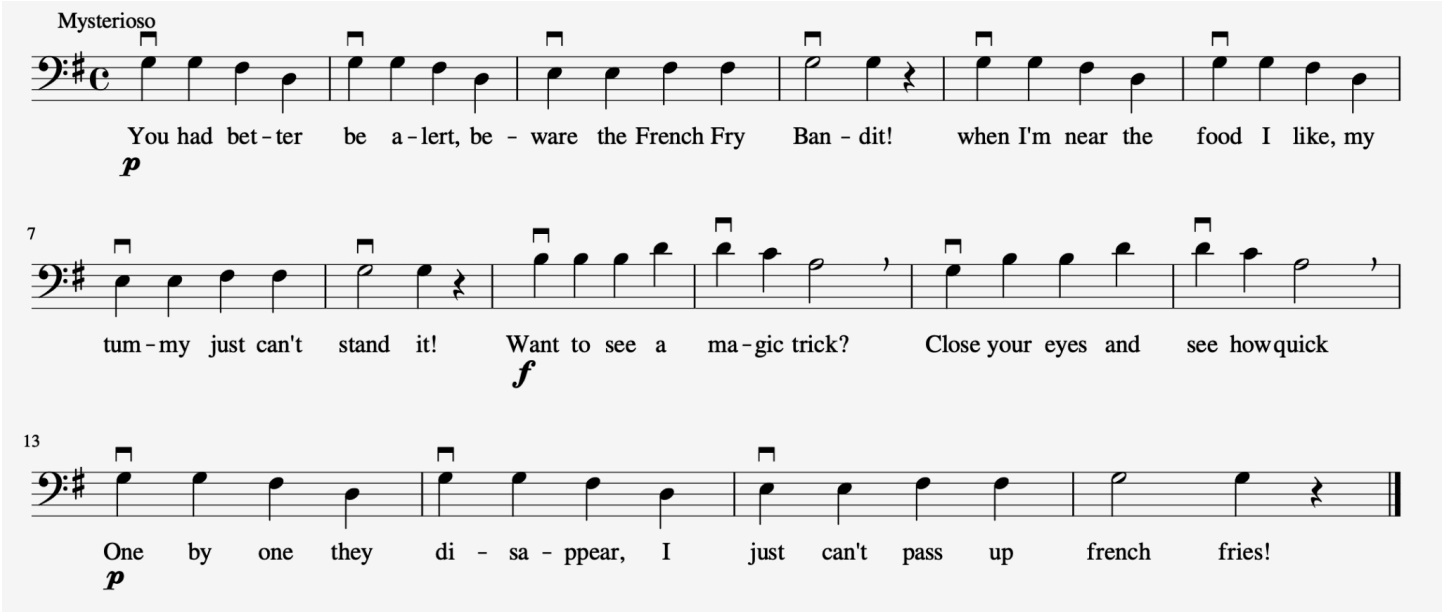


Red Belt - Cello

(3 Requirements: “Beware the French Fry Bandit”, “Ode to Joy”, & G Major Scale)

Beware the French Fry Bandit

Polish Folk Song



Ode to Joy

Ludwig van Beethoven



G Major Scale

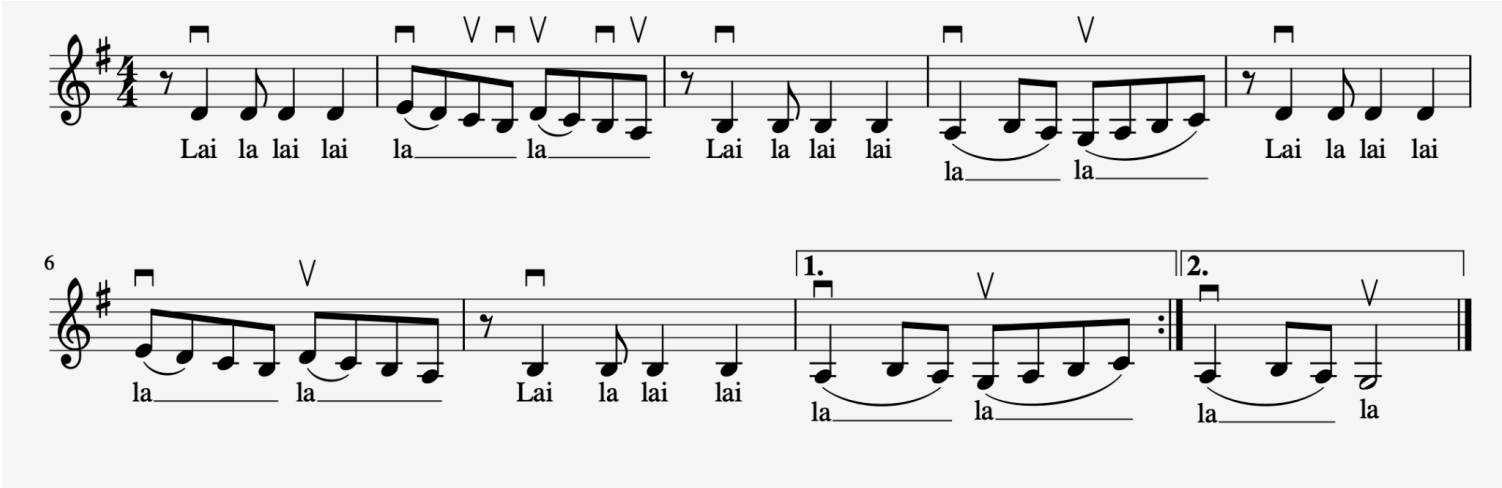


Purple Belt - Violin

(3 Requirements: “Tal’a Min Beit Abouha”, “Choctaw Drum Dance”, and “A.K.I.K.O”)

Tal’a Min Beit Abouha

Iraqi Folk arr. Layth Sidiq



Choctaw Drum Dance

arr. Martha Redbone



A.K.I.K.O

Emeline Michel



Purple Belt - Viola

(3 Requirements: “Tal’a Min Beit Abouha”, “Choctaw Drum Dance”, and “A.K.I.K.O”)

Tal’a Min Beit Abouha

Iraqi Folk arr. Layth Sidiq



Choctaw Drum Dance

arr. Martha Redbone



A.K.I.K.O

Emeline Michel



Purple Belt - Cello

(3 Requirements: “Tal’a Min Beit Abouha”, “Choctaw Drum Dance”, and “A.K.I.K.O”)

Tal’a Min Beit Abouha

Iraqi Folk arr. Layth Sidiq



Choctaw Drum Dance

arr. Martha Redbone



A.K.I.K.O

Emeline Michel



Green Belt - Violin

(4 Requirements: “New World Symphony, “Mo Li Hua”, “Thula Mntwana / Nampaya Omame”, and “D Major Scale”)

New World Symphony

Antonin Dvorak



Mo Li Hua

Chinese Traditional arr. Qian Yi



Thula Mntwana/ Nampaya Omame

South African Zulu arr. Bongi Duma



D Major Scale



Green Belt - Viola

(4 Requirements: “New World Symphony, “Mo Li Hua”, “Thula Mntwana / Nampaya Omame”, and “D Major Scale”)

New World Symphony

Antonin Dvořak



Mo Li Hua

Chinese Traditional arr. Qian Yi



Thula Mntwana/Nampaya Omame

South African Zulu arr. Bongi Duma



D Major Scale



Green Belt - Cello

(4 Requirements: “New World Symphony, “Mo Li Hua”, “Thula Mntwana / Nampaya Omame”, and “D Major Scale”)

New World Symphony

Antonin Dvořak



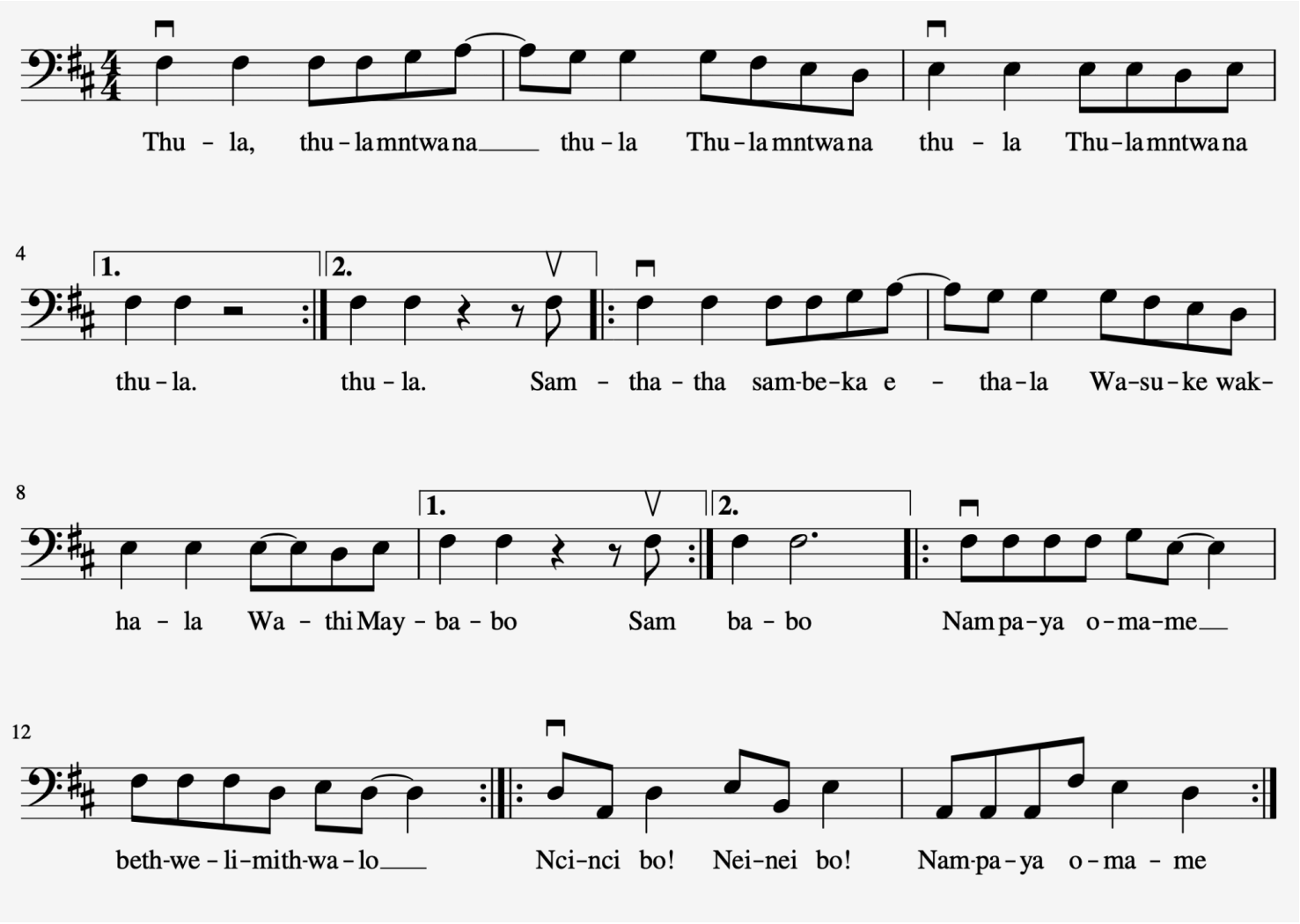
Mo Li Hua

Chinese Traditional arr. Qian Yi

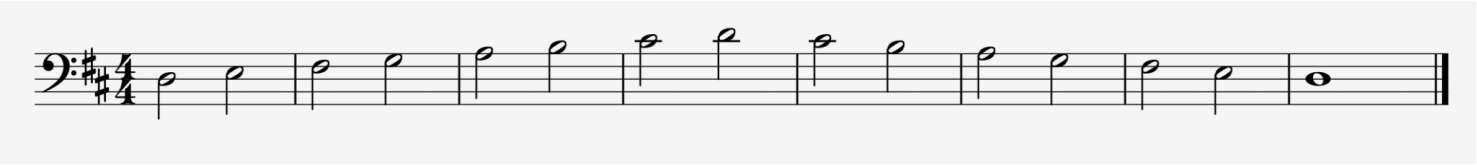


Thula Mntwana/Nampaya Omame

South African Zulu arr. Bongi Duma



D Major Scale



Blue Belt - Violin

(4 Requirements: “Irish Washerwoman”, “Wawanko”, “Kelefaba”, and “F Major Scale”)

Irish Washerwoman

Irish Jig



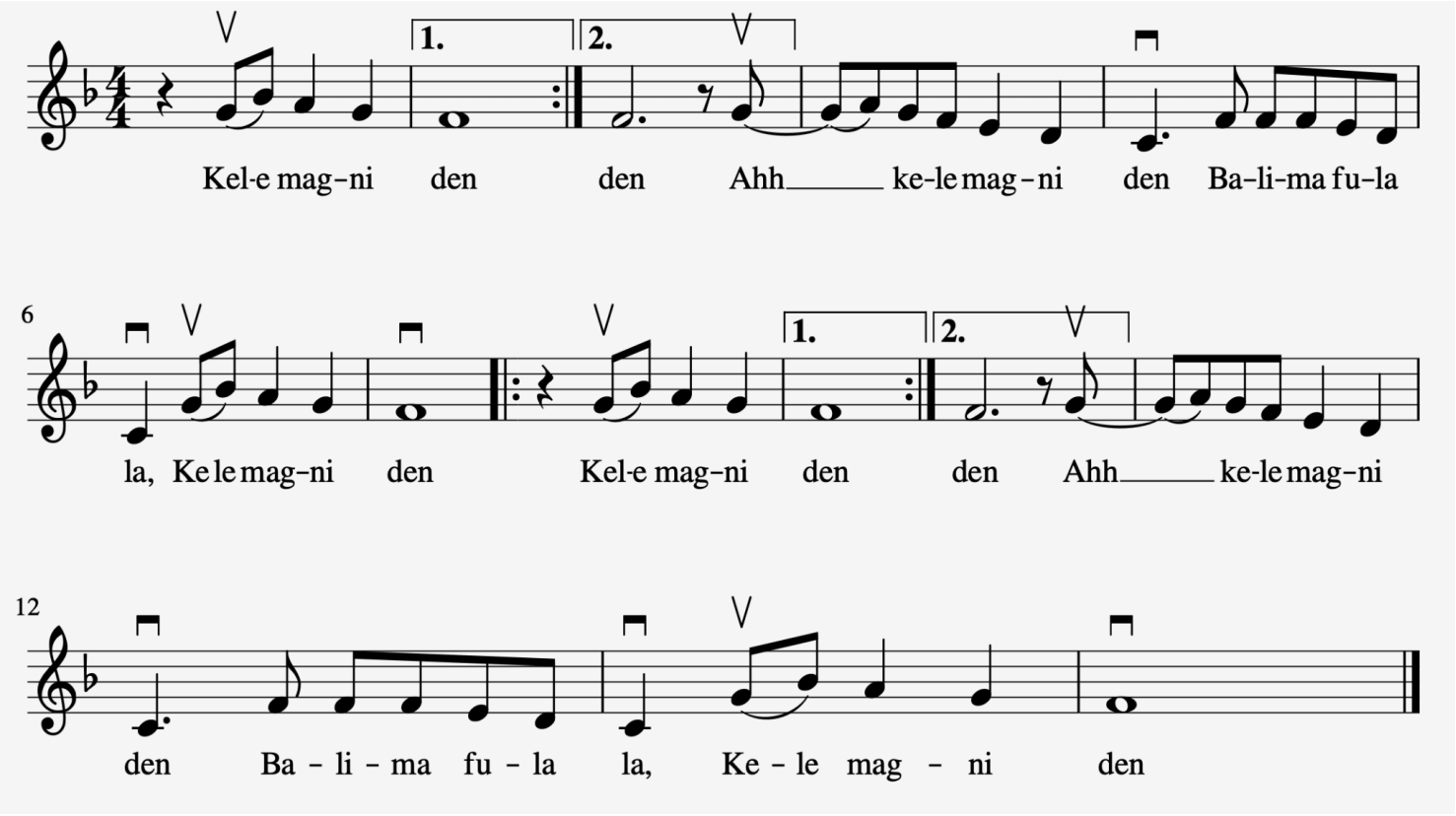
Wawanko

Malian Traditional arr. Yacouba Sissoko



Kelefaba

Malian Traditional arr. Yacouba Sissoko



F Major Scale



Blue Belt - Viola

(4 Requirements: “Irish Washerwoman”, “Wawanko”, “Kelefaba”, and “F Major Scale”)

Irish Washerwoman

Irish Jig



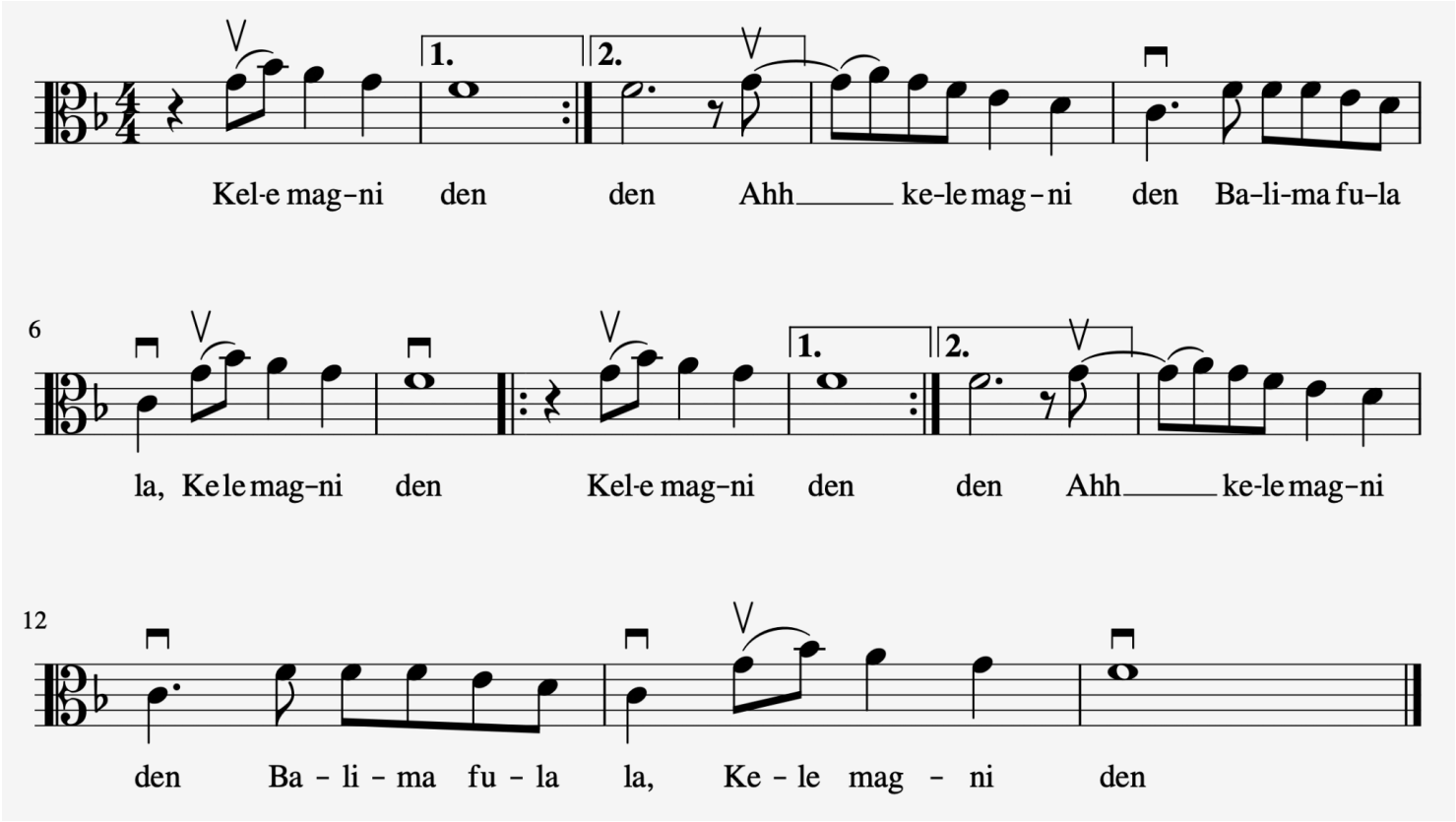
Wawanko

Malian Traditional arr. Yacouba Sissoko



Kelefaba

Malian Traditional arr. Yacouba Sissoko



F Major Scale



Blue Belt - Cello

(4 Requirements: “Irish Washerwoman”, “Wawanko”, “Kelefaba”, and “F Major Scale”)

Irish Washerwoman

Irish Jig



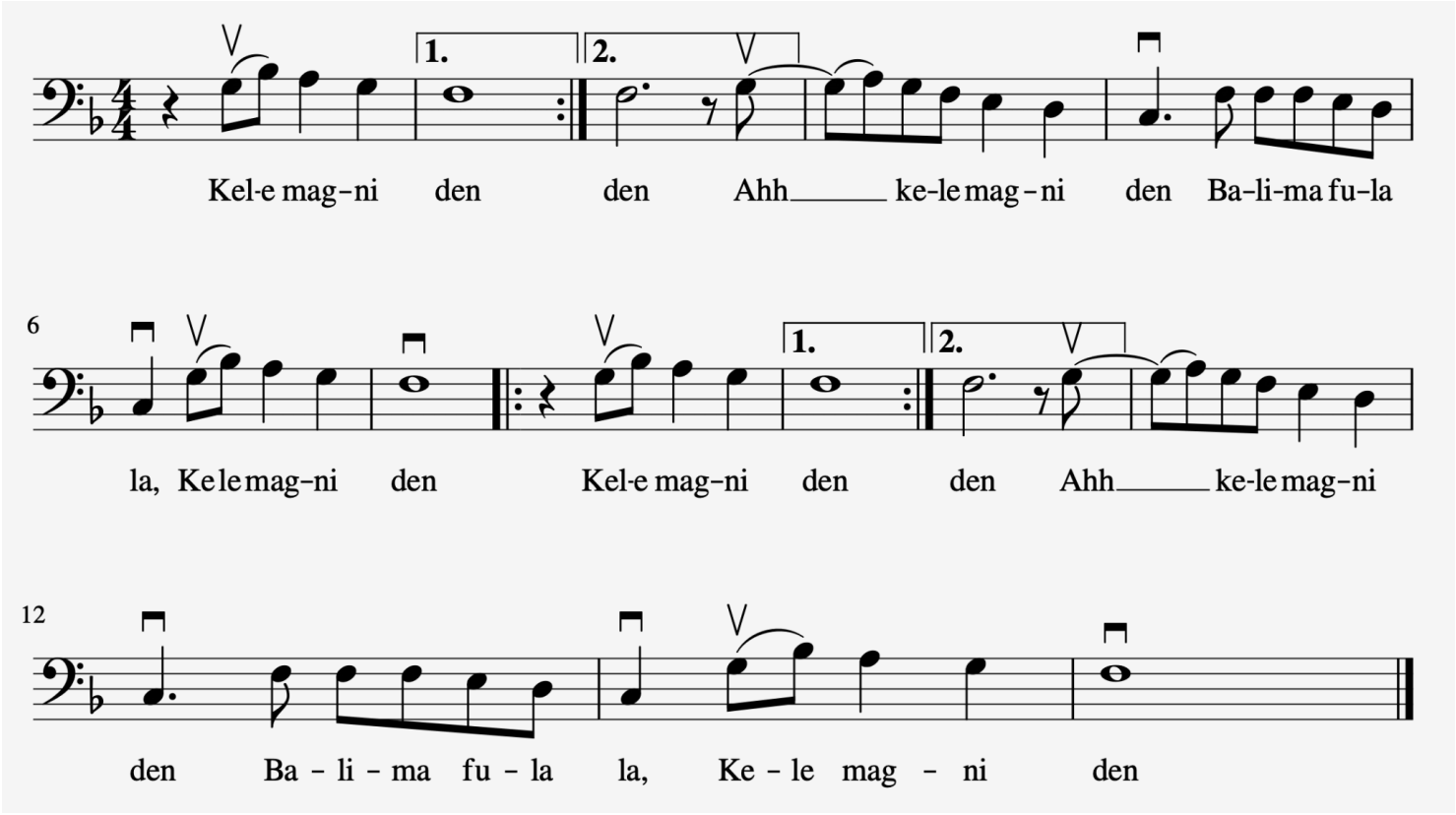
Wawanko

Malian Traditional arr. Yacouba Sissoko



Kelefaba

Malian Traditional arr. Yacouba Sissoko



F Major Scale



Pink Belt - Violin

(4 Requirements: “Excerpt from *Finlandia*”, “40 Wheels”, “Chacarera del Rancho”, and B Flat Major Scale)

Excerpt from *Finlandia*

Jean Sibelius



40 Wheels

Martha Redbone



Chacarera del Rancho

Argentine Folk arr. Sofia Rei & Sofia Tosello



B Flat Major Scale



Pink Belt - Viola

(4 Requirements: “Excerpt from *Finlandia*”, “40 Wheels”, “Chacarera del Rancho”, and B Flat Major Scale)

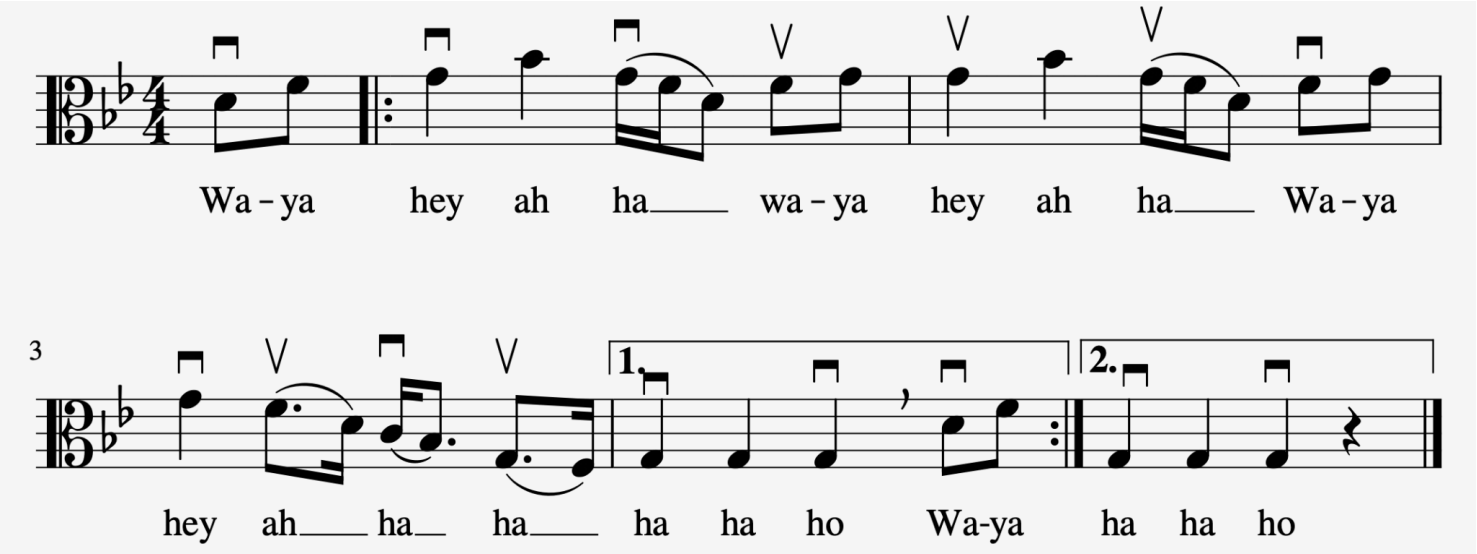
Excerpt from *Finlandia*

Jean Sibelius



40 Wheels

Martha Redbone



Chacarera del Rancho

Argentine Folk arr. Sofia Rei & Sofia Tosello



B Flat Major Scale



Pink Belt - Cello

(4 Requirements: “Excerpt from *Finlandia*”, “40 Wheels”, “Chacarera del Rancho”, and B Flat Major Scale)

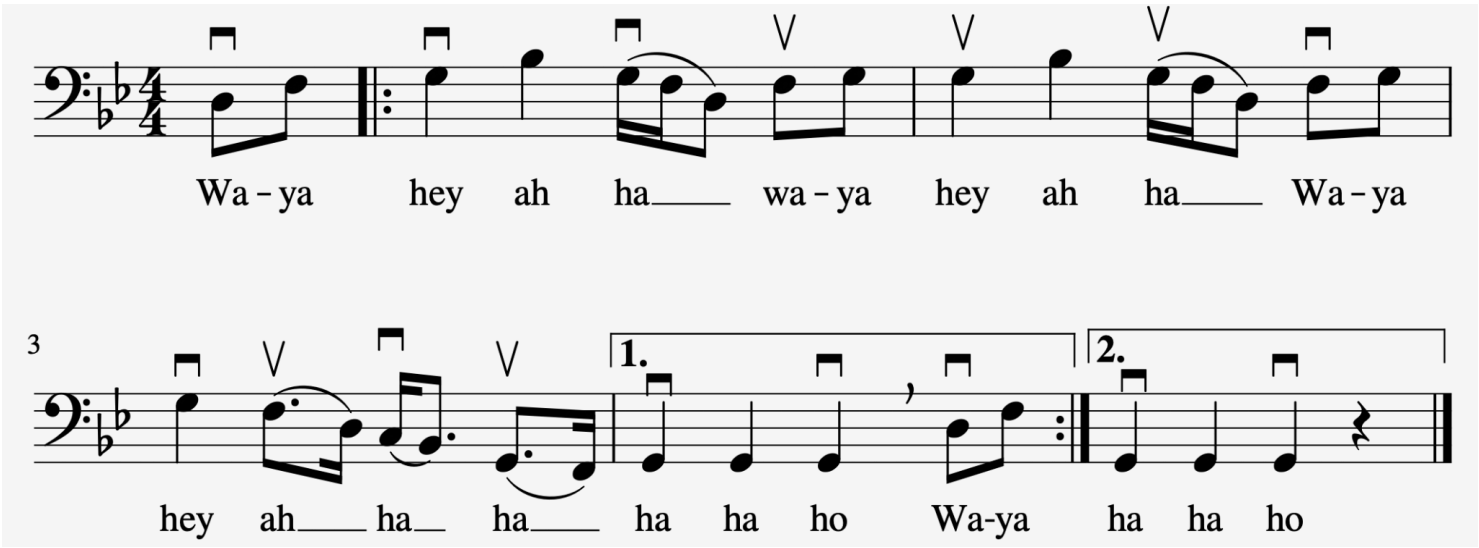
Excerpt from *Finlandia*

Jean Sibelius



40 Wheels

Martha Redbone



Chacarera del Rancho

Argentine Folk arr. Sofia Rei & Sofia Tosello



B Flat Major Scale

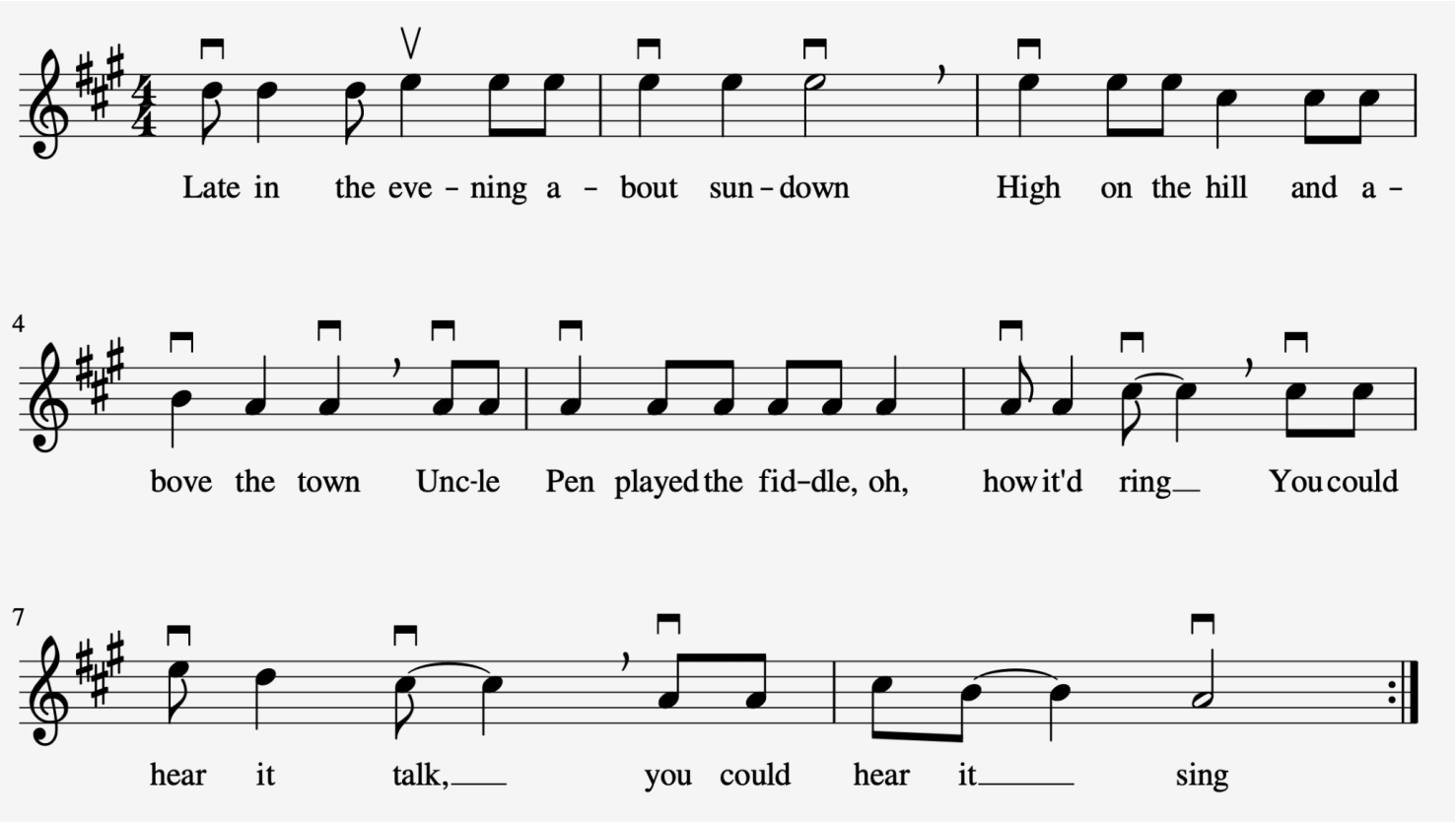


Black Belt - Violin

(4 Requirements: “Uncle Pen”, A Major Scale, “In the Pines”, and E Major Scale)

Uncle Pen

Bill Monroe

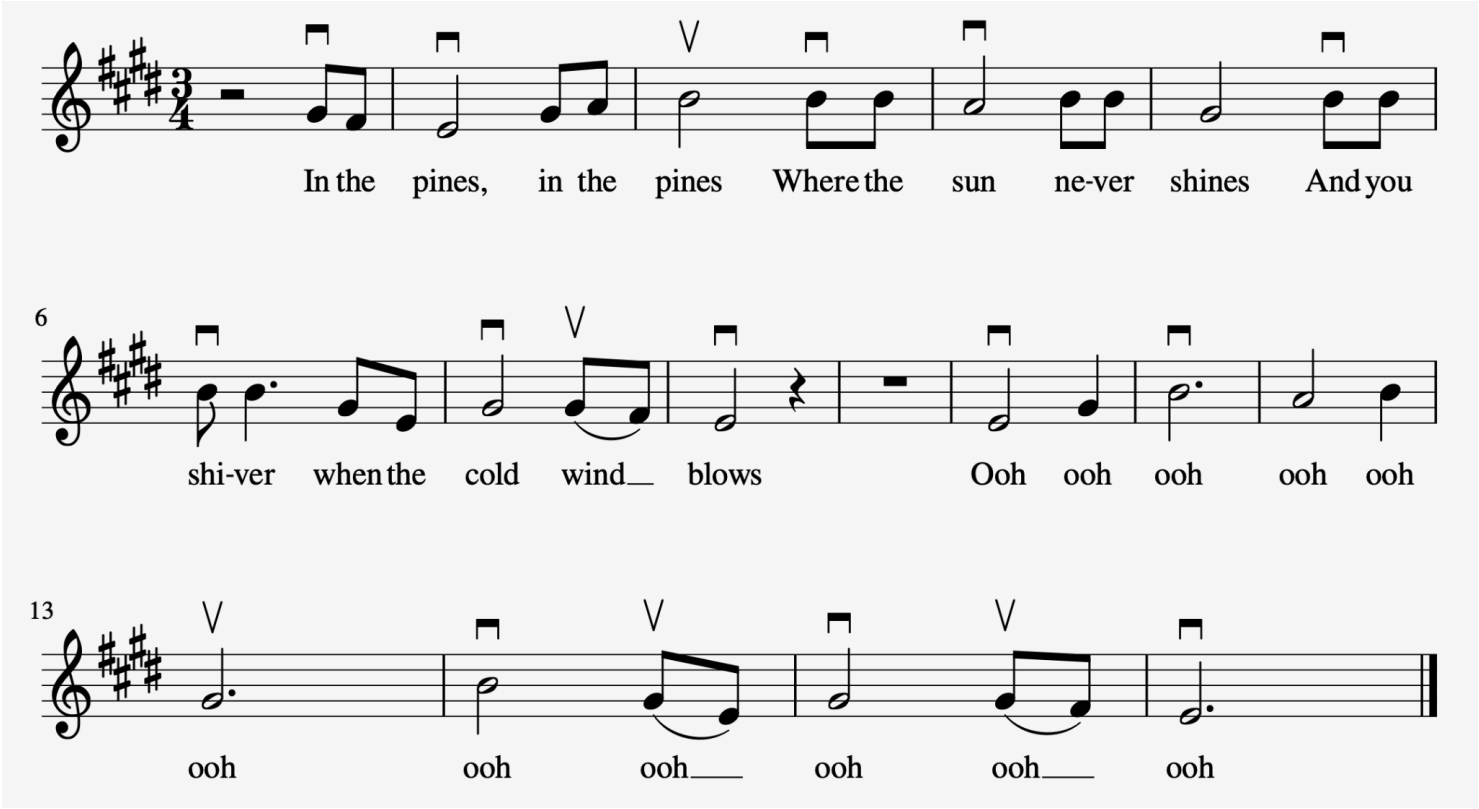


A Major Scale



In the Pines

Bill Monroe



E Major Scale

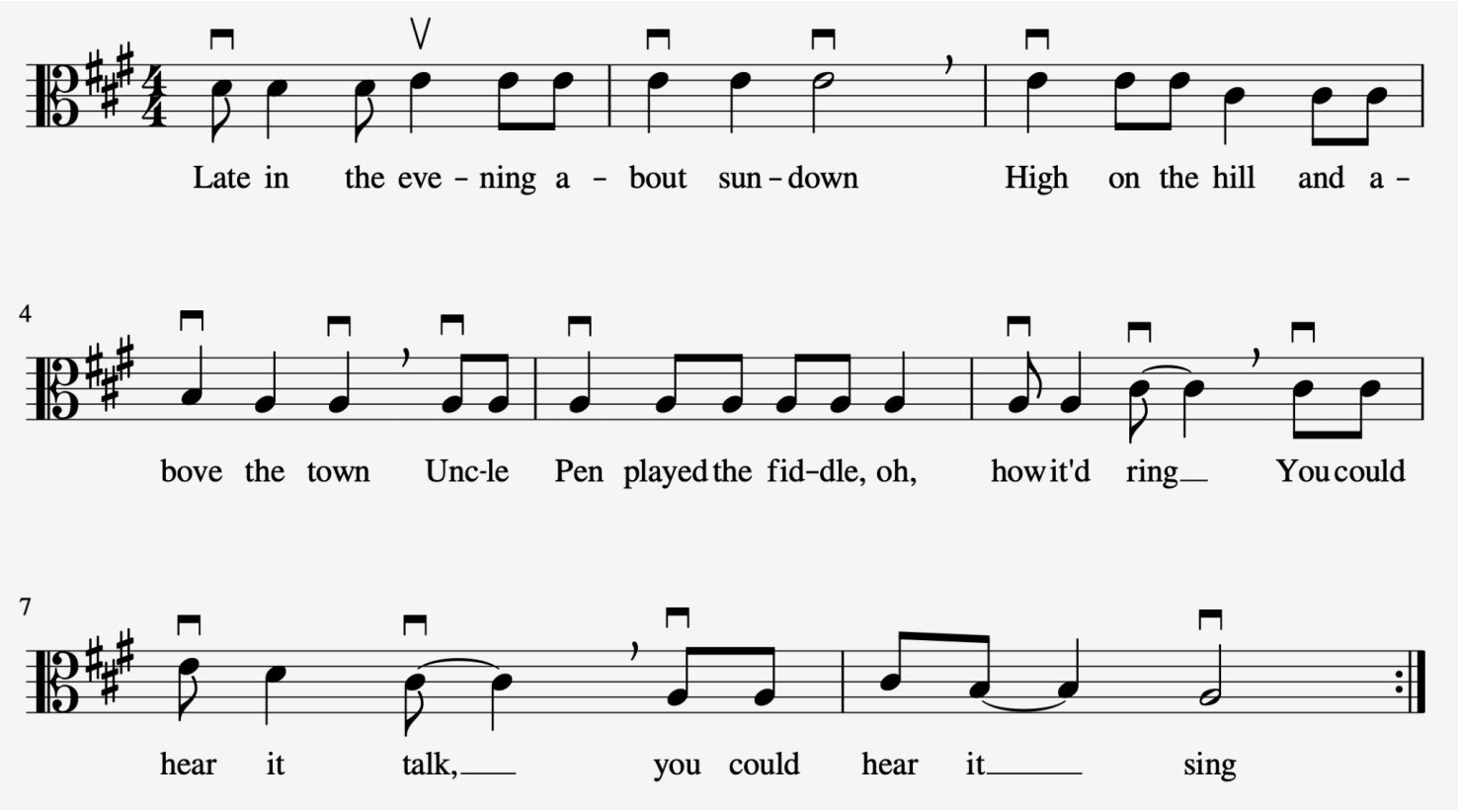


Black Belt - Viola

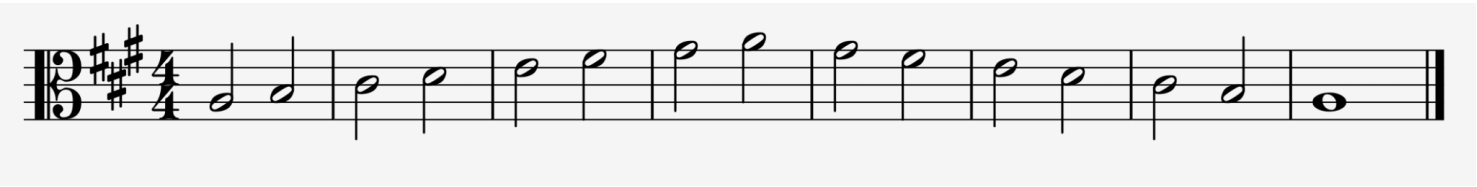
(4 Requirements: “Uncle Pen”, A Major Scale, “In the Pines”, and E Major Scale)

Uncle Pen

Bill Monroe

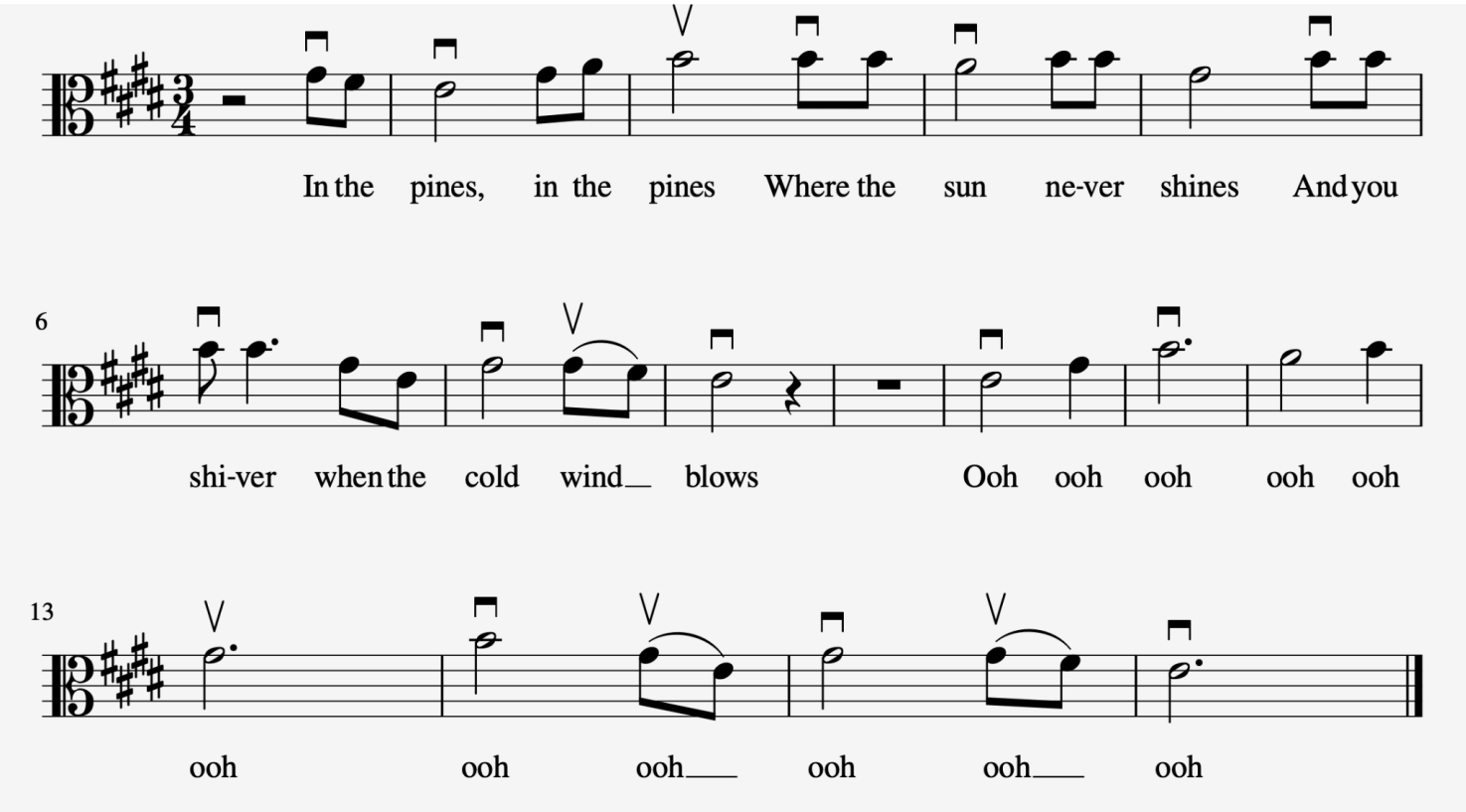


A Major Scale



In the Pines

Bill Monroe



E Major Scale

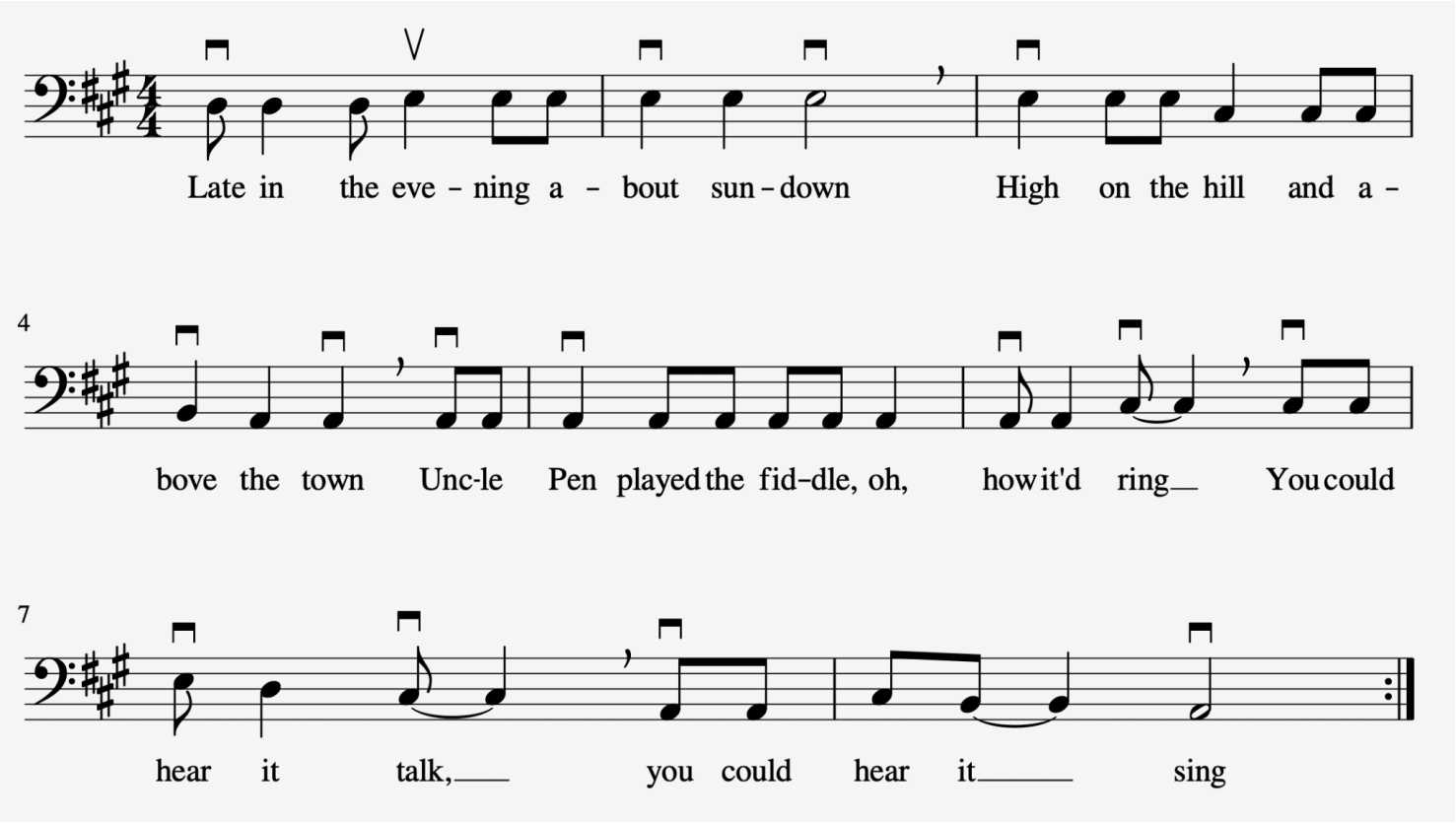


Black Belt - Cello

(4 Requirements: “Uncle Pen”, A Major Scale, “In the Pines”, and E Major Scale)

Uncle Pen

Bill Monroe

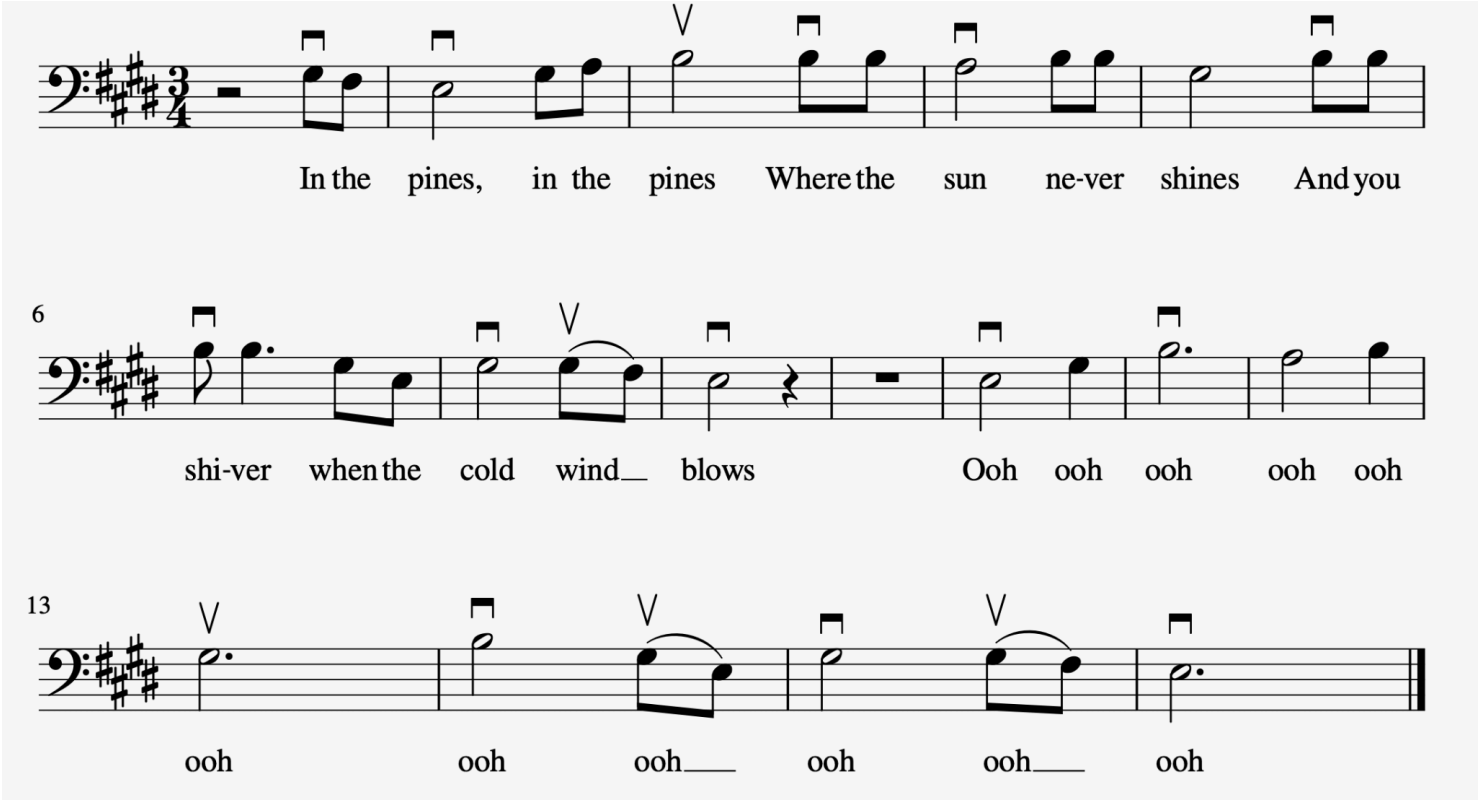


A Major Scale



In the Pines

Bill Monroe



E Major Scale



Challenge Belts

Challenge Belts are earned after students have completed their Black belt and can be completed in any order. There are 4 challenge belts: **Scale Challenge Belt**, **Classical Challenge Belt**, **World Music Challenge Belt**, and **Composition Challenge Belt**. We will not be spending class time learning the requirements of each belt, they should be learned independently.

Scale Challenge Belt - Violin

To complete this challenge belt, student should learn:

- **3** of the following one octave scales
- AND **2** of the following two octave scales

One Octave Scales

B Major



Eb Major



Ab Major



Db Major



Two Octave Scales

G Major



A Major



Bb Major



Challenge Belts

Challenge Belts are earned after students have completed their Black belt and can be completed in any order. There are 4 challenge belts: **Scale Challenge Belt**, **Classical Challenge Belt**, **World Music Challenge Belt**, and **Composition Challenge Belt**. We will not be spending class time learning the requirements of each belt, they should be learned independently.

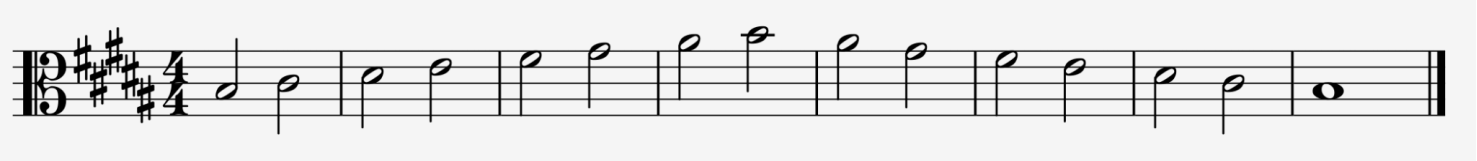
Scale Challenge Belt - Viola

To complete this challenge belt, student should learn:

- **3** of the following one octave scales
- AND **2** of the following two octave scales

One Octave Scales

B Major



Eb Major



Ab Major

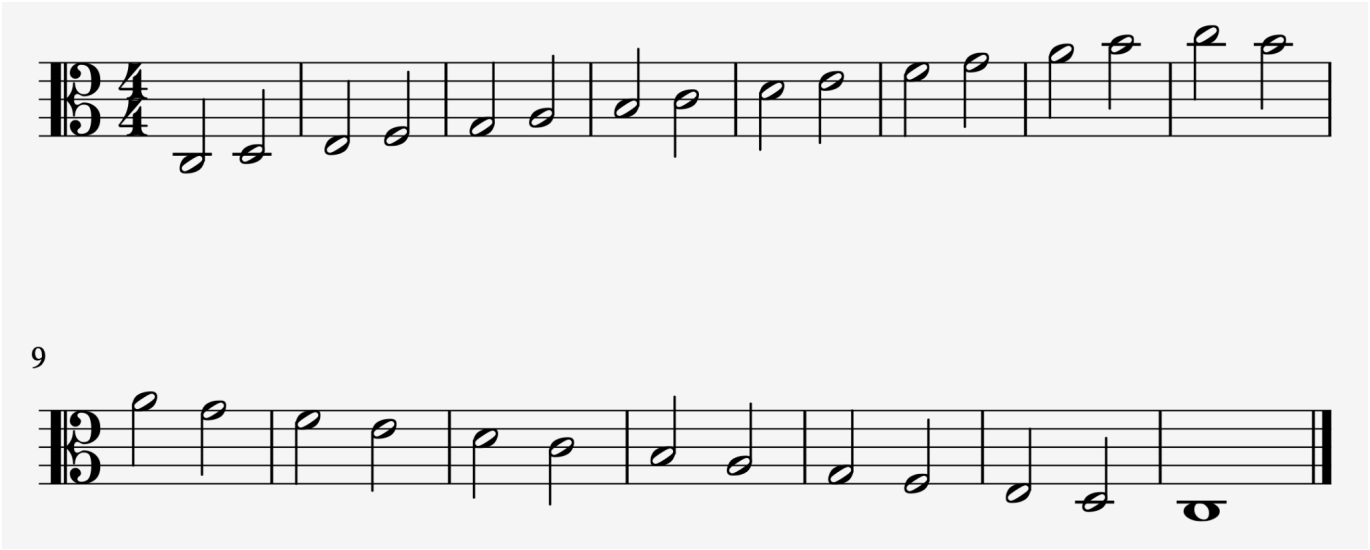


Db Major



Two Octave Scales

C Major



D Major



E Major



Challenge Belts

Challenge Belts are earned after students have completed their Black belt and can be completed in any order. There are 4 challenge belts: **Scale Challenge Belt**, **Classical Challenge Belt**, **World Music Challenge Belt**, and **Composition Challenge Belt**. We will not be spending class time learning the requirements of each belt, they should be learned independently.

Scale Challenge Belt - Cello

To complete this challenge belt, student should learn:

- **3** of the following one octave scales
- AND **2** of the following two octave scales

B Major



Eb Major



Ab Major



Db Major



Two Octave Scales

C Major



D Major



E Major



Classical Challenge Belt - Violin

To complete this challenge belt, student should learn **4** of the following classical pieces

Minuet in G

J. S. Bach



Nocturne from *A Midsummer Night's Dream*

Felix Mendelssohn



Finale from “Orpheus”

Jacques Offenbach



William Tell Overture

Gioacchino Rossini



In the Hall of the Mountain King

Edward Grieg



Classical Challenge Belt - Viola

To complete this challenge belt, student should learn **4** of the following classical pieces

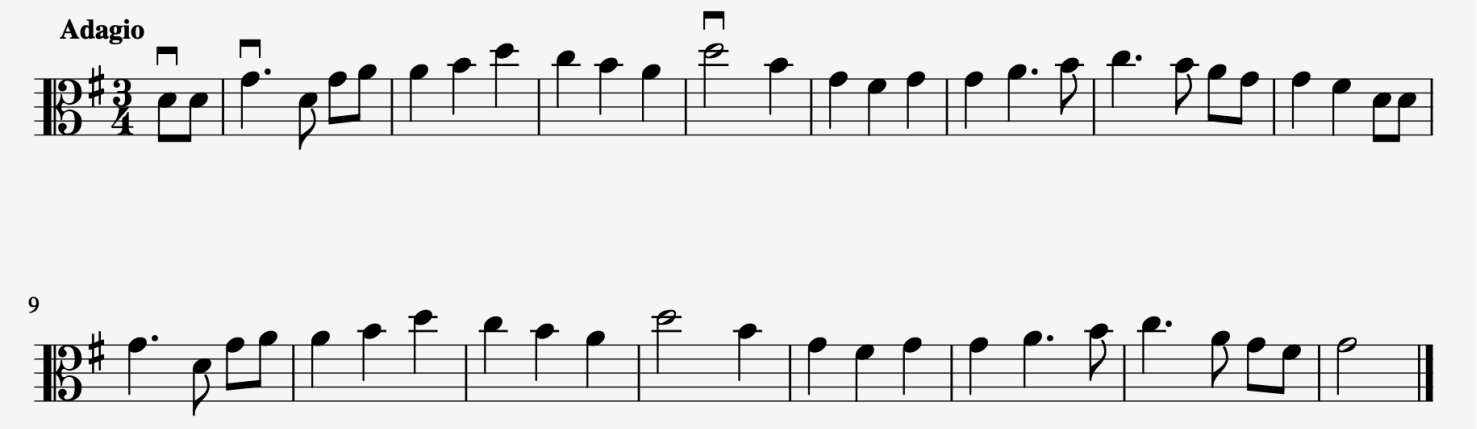
Minuet in G

J. S. Bach



Nocturne from *A Midsummer Night's Dream*

Felix Mendelssohn



Finale from “Orpheus”

Jacques Offenbach



William Tell Overture

Gioacchino Rossini



In the Hall of the Mountain King

Edward Grieg



Classical Challenge Belt - Cello

To complete this challenge belt, student should learn **4** of the following classical pieces

Minuet in G

J. S. Bach



Nocturne from *A Midsummer Night's Dream*

Felix Mendelssohn



Finale from “Orpheus”

Jacques Offenbach



William Tell Overture

Gioacchino Rossini



In the Hall of the Mountain King

Edward Grieg



World Music Challenge Belt - Violin

To complete this challenge belt, student should learn **4** of the following world music pieces

Gong Xi, Gong Xi

Chinese Traditional arr. Qian Yi



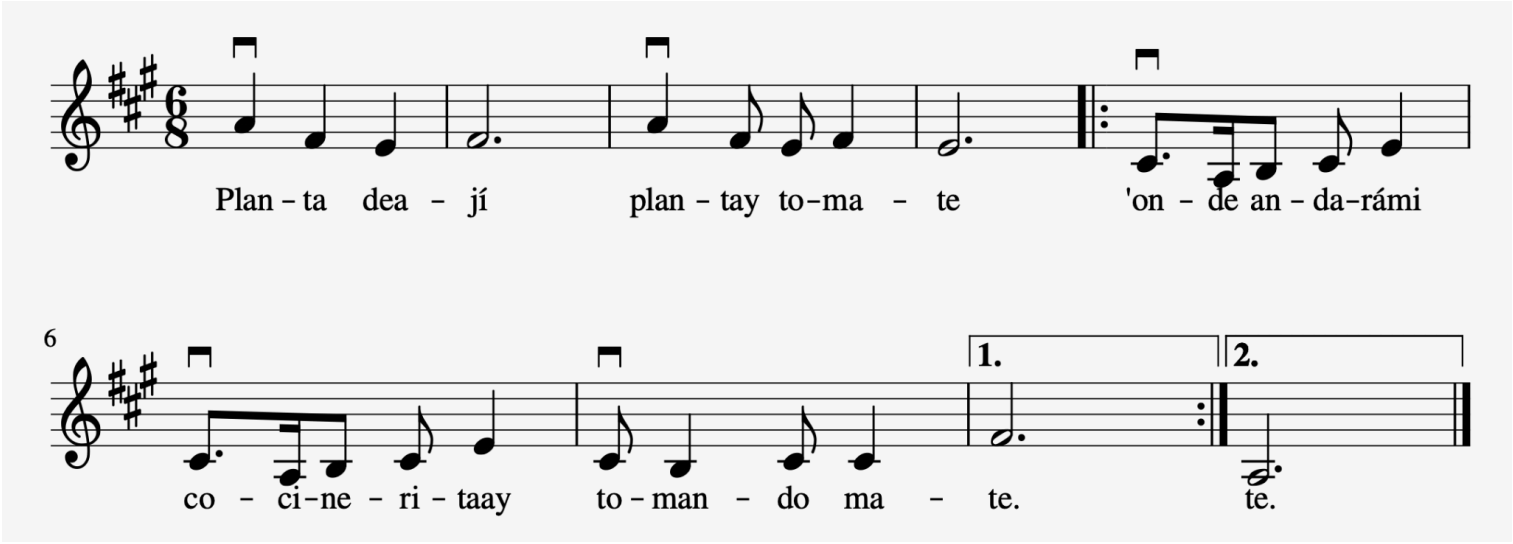
Foag el-Nakhal

Iraqi Folk arr. Layth Sidiq



La Cocinerita

Argentine Folk arr. Sofia Rei & Sofia Tosello



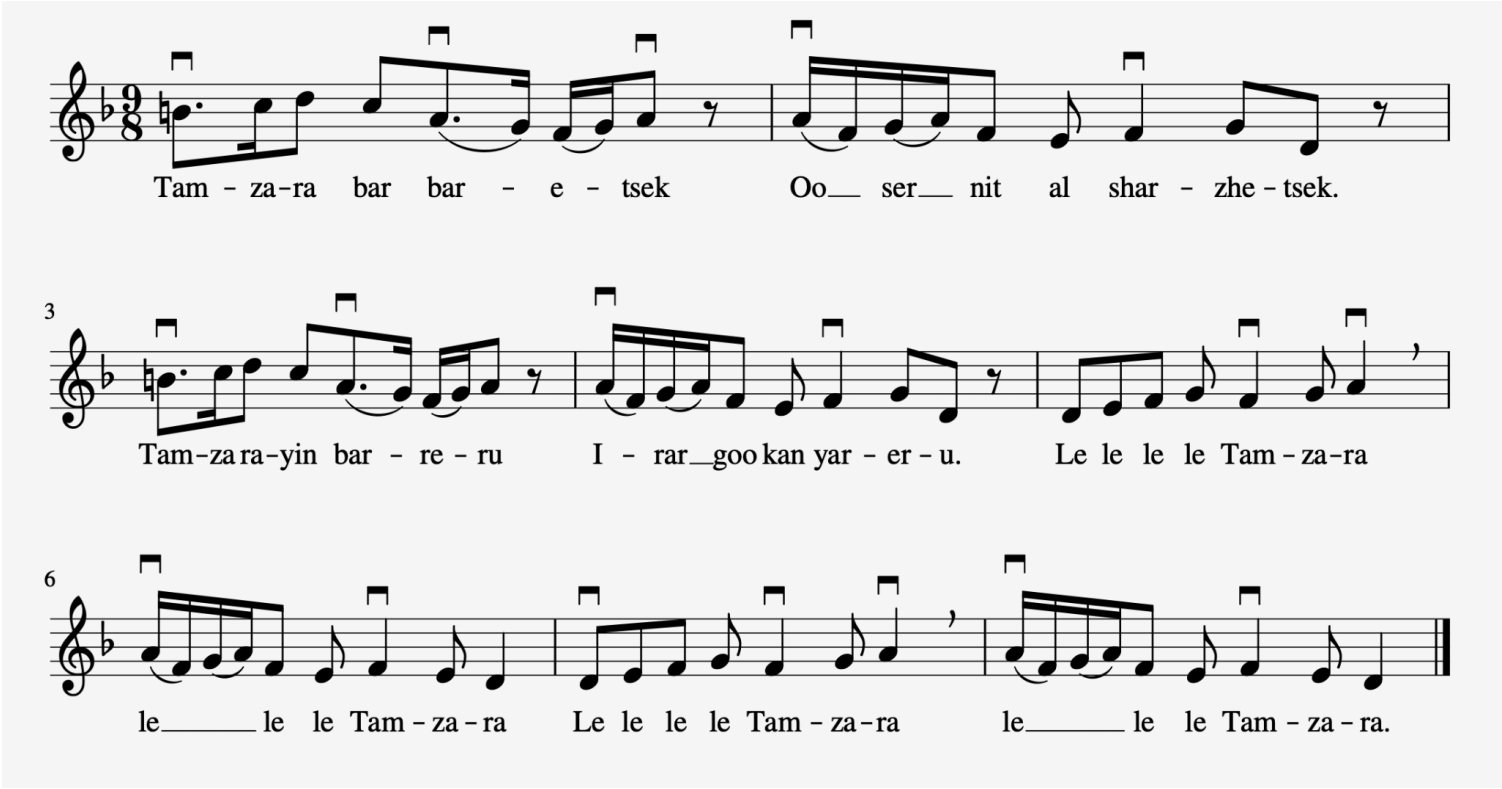
Thalassaki Mou

Greek Folk arr. Magda Giannikou



Tamzara

Armenian Folk arr. Zulal



World Music Challenge Belt - Viola

To complete this challenge belt, student should learn **4** of the following world music pieces

Gong Xi, Gong Xi

Chinese Traditional arr. Qian Yi



Foag el-Nakhal

Iraqi Folk arr. Layth Sidiq



La Cocinerita

Argentine Folk arr. Sofia Rei & Sofia Tosello



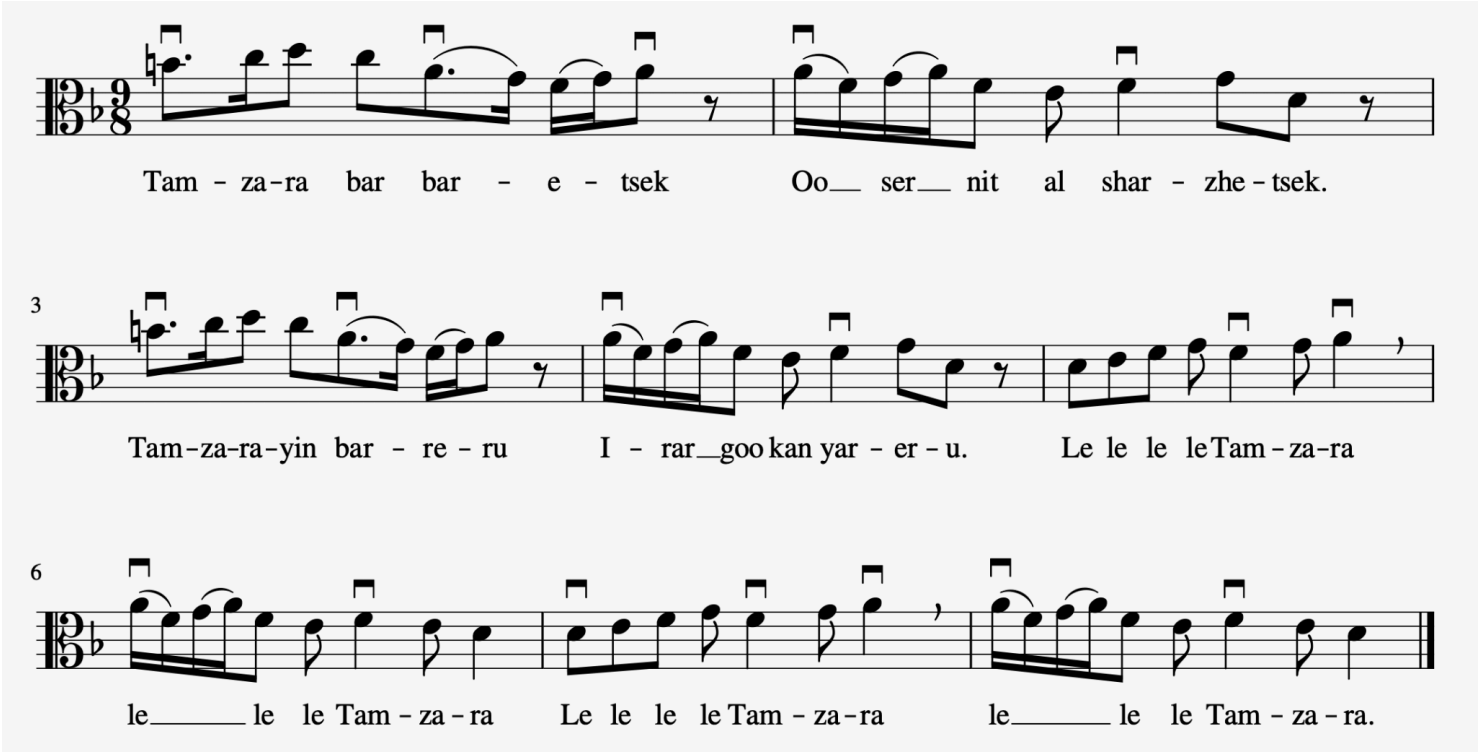
Thalassaki Mou

Greek Folk arr. Magda Giannikou



Tamzara

Armenian Folk arr. Zulal



World Music Challenge Belt - Cello

To complete this challenge belt, student should learn **4** of the following world music pieces

Gong Xi, Gong Xi

Chinese Traditional arr. Qian Yi



Foag el-Nakhal

Iraqi Folk arr. Layth Sidiq



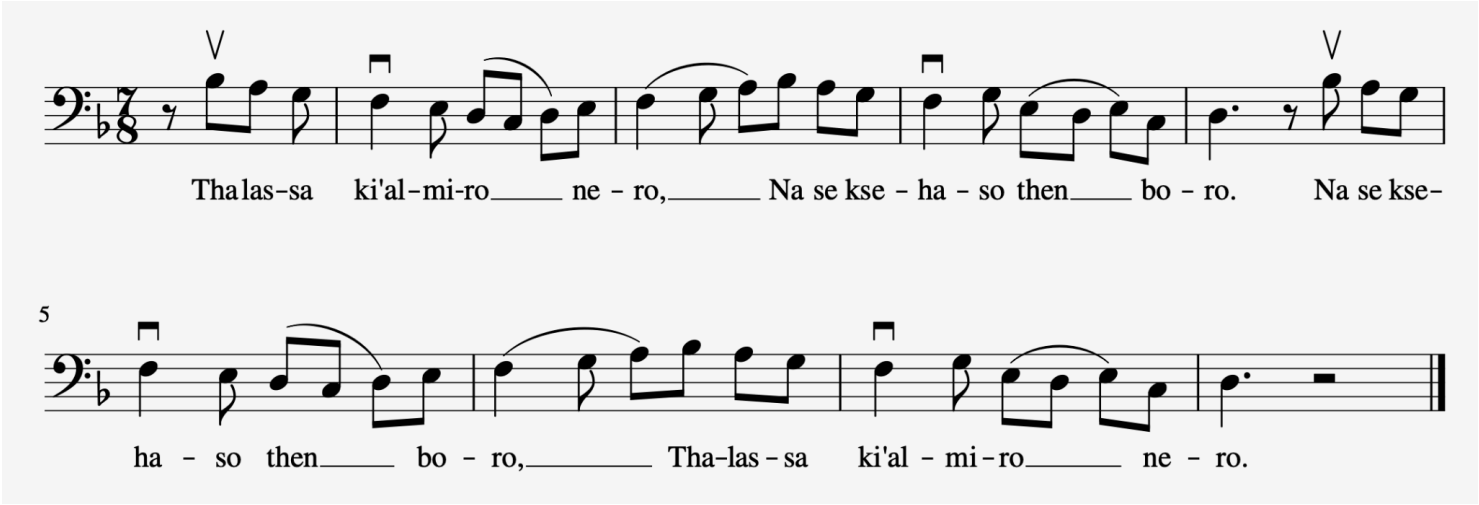
La Cocinerita

Argentine Folk arr. Sofia Rei & Sofia Tosello



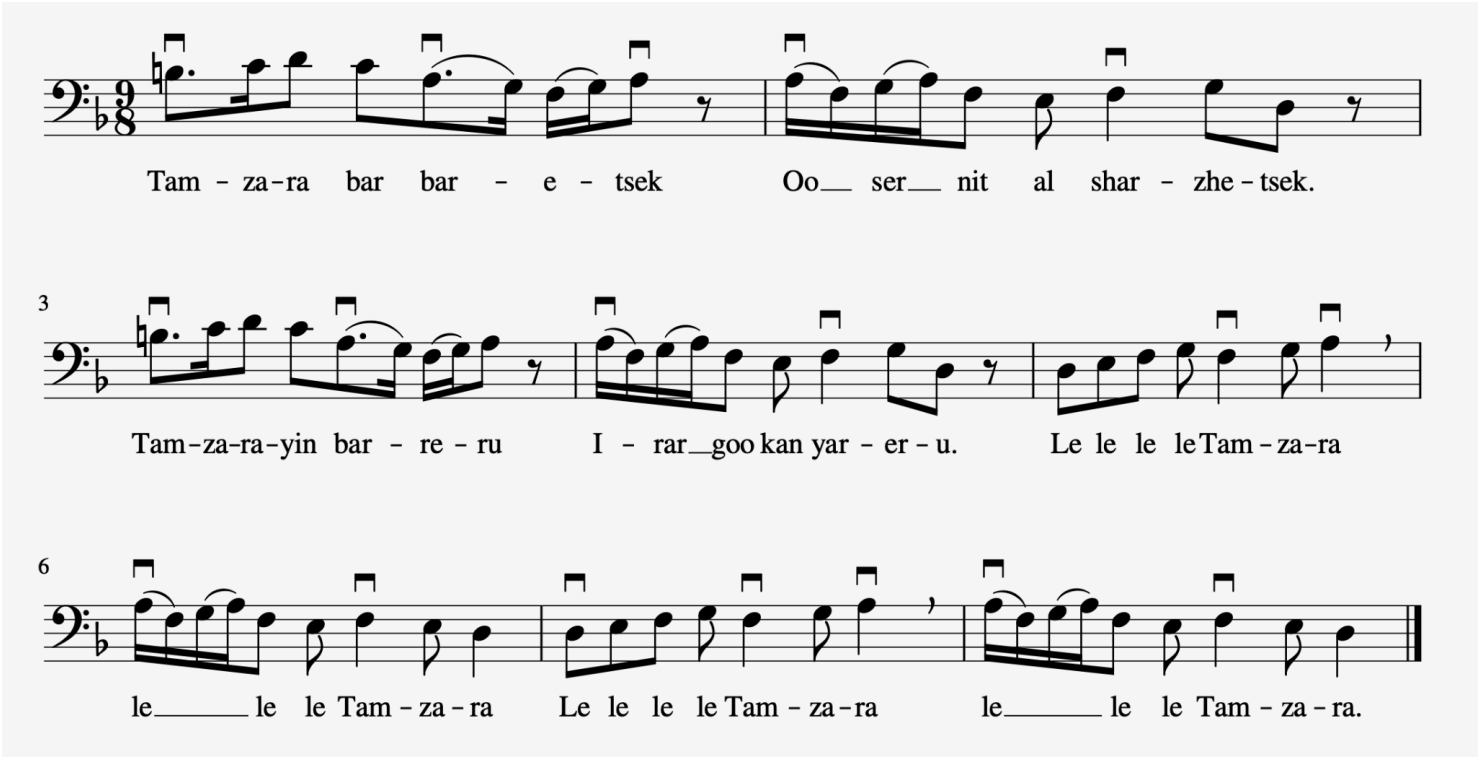
Thalassaki Mou

Greek Folk arr. Magda Giannikou



Tamzara

Armenian Folk arr. Zulal



Composition Challenge Belt

To complete this challenge belt, students will create **4** compositions using blank staff paper (attached)

Composition Requirements

- Number of Measures: At LEAST 12 measures
- Key Signature: Each composition should be in *different* key
  - C Major, G Major, F Major, Bb Major, A Major, E Major
  - (If you want the extra challenge, you can compose in a key we did not discuss in Orchestra Karate or in a minor key)
- Time Signature:
  - One composition in 4/4
  - The rest can be in any time signature (4/4, 6/8, 3/4, 2/4)
- Rhythm:
  - At least **4** syncopated rhythms in EACH piece
    - (Eighth Note, Quarter Note, Eighth Note)
  - At least **4** dotted rhythms in EACH piece
    - (Dotted Quarter Note, Eighth Note)