



WW South Invitational #3
Saturday, February 26, 2015
Order of Events

Coaches Meet Information

Date

Thursday, February 26, 2015

Teams

Aurora (Waubonsie Valley), Hoffman Estates, Maple Park (Kaneland), Naperville Central, Palatine

Arriving

Please enter through either [Door 40](#). Buses should park along the North side of the field house or in the back circle.

Team Camps

Please make team camps in Horsley Gym. Teams may *NOT* use the spectator's bleachers.

Starter

Jim Effinger, Wheaton (#11027)

Time Schedule

- 4:30 PM – Coaches Meeting (Finish line)
- 4:45 PM – Coaches/Captains Meeting with Starter at Finish Line
- 5:00 PM – Field Events
- 5:15 PM – Exhibition 55 Meters
- 5:45 PM – Running Events

Meet Format

This will be an unlimited entry meet competed at the Varsity level. All sections will be run fastest to slowest. Please see the [Order of Events](#) for details. We will be using our F.A.T. system to time all running events. We encourage you to run as many relays as possible. It will cut down the number of 200 meter entries. We have reversed the direction of the 55 meters and the 55 meter hurdles so that we now use a common finish line.

Entries

Because we are now using our F.A.T., we will be enter athletes online athletic.net. The only exception to this is with the exhibition 55 meters. These sections will still be F.A.T. timed, but they will not appear in the official results and they do not have to be registered online.

Each head coach has been sent an invitation from Athletic.net. Please accept the invitation as soon as possible and see the [Online Entry Instructions](#). You will have until Noon on Thursday, February 26th to register your athletes. We will **only** accept **scratches** and **very limited changes** once you arrive.

Registration/Entry Notes

- When posting entries on athletic.net, please remember that if you enter a Fully Automatic Time (F.A.T.) you will need to place an "a" after the time. This will indicate to the server that it is an F.A.T. time and it will not be adjusted. Times for all competitors, especially in the 55 meters, 55 Hurdles, and 200 Meters are VERY important.
- All hand timed entries will be adjusted by adding 0.24.
- Please estimate as much as possible. It will allow for better races by mixing the teams.
- For No Time or No Distance, please leave the entry mark blank.
- Every event has unlimited entries except the 55 meters. Teams are limited 6 entries.

Meet Worker

We ask that every team provide one coach to help with a field event. [Please email me \(robert.harvey@cusd200.org\) with your preference](mailto:robert.harvey@cusd200.org). First come first serve.

General Information

- Admission – \$5.00 for adults and \$3.00 for students
- The track is 177.8 m which is 9 laps for 1600 Meters.
- The surface is Mondo Super X (14 MM)
- NO shoes with spikes are permitted.
- Bleacher area is for spectators only
- No gum, food or drink in the field house.
- For the 55 High Hurdles, the athletes will run the hurdles not lanes. The flight of the hurdles represents the lane.
- Please clean your team camp area at the conclusion of the meet.
- No tape may be used on the track. Please use the provided chalk.
- There will be a small concession stand located in the hallway outside the field house.

If you have any questions, please feel free to contact me.

Thank You,

Rob Harvey
Head Girls' Track & Field Coach
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