Pizza dough (based on a recipe by Jamie Oliver)

You will need:	Ingredients:
metric measuring spoons	1 tablespoon sugar
metric measuring cups	325 ml tepid water
small and large bowl	1 tablespoon dried yeast
scales	500 g flour
tea towel	1 teaspoon salt
knives	oil for greasing
	some extra flour and semolina for kneading

- 1. Dissolve the sugar in the tepid water. Sprinkle the yeast over, mix with a fork and leave for 5-10 minutes until the mixture looks frothy.
- 2. In a large clean bowl, mix the flour and salt. Make a well in the centre.
- 3. Pour all the dissolved yeast mixture into the centre and slowly mix in all the flour to make a moist dough.
- 4. Knead the dough for 10 minutes.
- 5. Place dough in a lightly greased bowl and leave in a warm, draught-free place to double in size.
- 6. When it has doubled in size, knock it back. To do this, knead the dough for about a minute, knocking all the air out of it.
- 7. Divide dough into 5 pieces and roll each into a large round shape about 0.5 cm thick using a rolling pin. Once you have added your topping bake for around 5-7 minutes at 240°C until topping has melted and pizza base is lightly golden.