

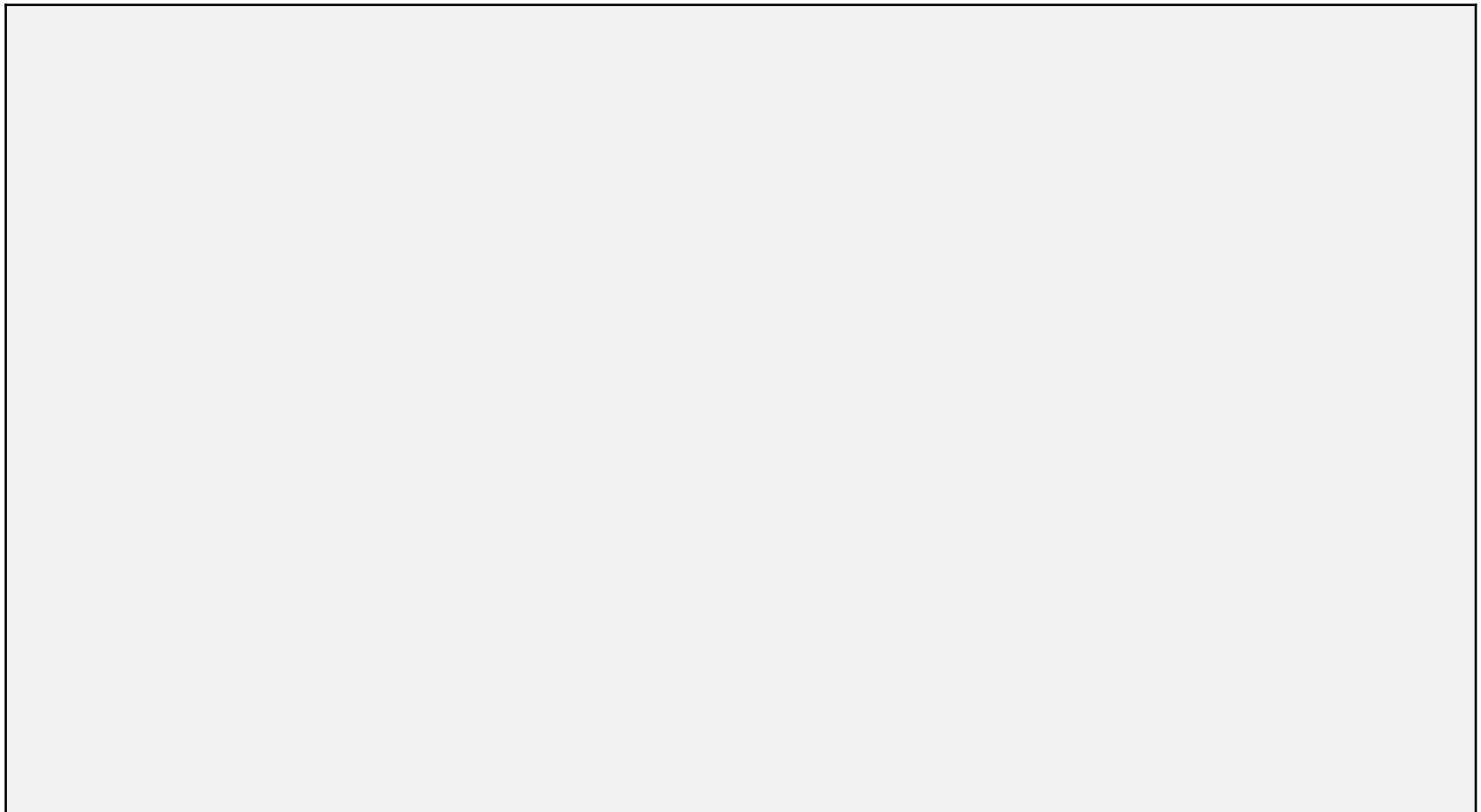
SCALE: HISTORY OF ME

Purpose

Practice scale switching to see how your own history has a lot in common with the Big History story.

Process

1. Take about five minutes to write a “History of Me.” Include whatever you want in your history. Don’t be too worried about spelling and grammar—this is more about the details of your life.



SCALE: HISTORY OF ME

2. Review what you wrote, and then check the boxes below if you included any of the following:

Time scale	Geographic scale
☐ Your time in school ☐ Your childhood ☐ Your parents or guardians ☐ Your parents' or guardians' childhoods ☐ Your grandparents ☐ Anything that happened over 100 years ago ☐ Anything that happened over 1,000 years ago	☐ Anything that's further away than the state you're currently in ☐ Anything that's further away than the country you're in ☐ Anything that's beyond Earth

3. Was your story more “zoomed in” (a smaller time scale and geographic scale) or “zoomed out” (a larger time scale and geographic scale)? Why do you think you wrote your story that way?

4. You only had a few minutes to write your entire history—how did you decide which facts and events were important enough to include?