

MOUNT VERNON COMMUNITY SCHOOL: MIDDLE LUNCH MENU APRIL '26

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>VARIETY OF PROTEIN, GRAIN, FRUIT, AND VEGGIES INCLUDED THROUGHOUT THE WEEK. VARIETY OF MILK OFFERED DAILY</p>	<p>ALL POSTED MENUS ARE SUBJECT TO CHANGE DUE TO SCHOOL SCHEDULES, SPECIAL OCCASIONS, OR FOOD AVAILABILITY.</p>	<p>1 National Grilled Cheese Month! Grilled Cheese or Fish Sandwich Baked Cheetos Marinated Fresh Vegetables Apple Slices</p>	<p>2 HOLIDAY MEAL! Ham & Cheese Party Potato Bake Glazed Baby Carrots Scratch Hot Cross Buns Fresh Fruit Fluff</p>	<p>3 No School!</p>
<p>6 Crispy Chicken or Breaded Pork Patty on a Bun Local Roasted Red Potatoes Green Beans Fruit Cups</p>	<p>7 Chicken Ranch Wrap or Cheese Quesadilla Tortilla Chips w/ Salsa & Cheddar Cups Roasted Broccoli Cinnamon Baked Apples</p>	<p>8 Half Day! Cheesy Maidright or Cold Ham & Cheese on a Bun BBQ Baked Beans Corn Grapes</p>	<p>9 Build Your Own Burrito Bowl Pulled Chicken or Taco Meat Spanish Rice, Chili Beans Queso Blanco, Pico De Gallo Peppers & Onions Orange Wedges</p>	<p>10 Tony's Scratch Pizza Cheese & Surprise Garlic Breadstick Parmesan Cauliflower Mandarin Oranges Cookie</p>
<p>13 Hot Beef & Cheddar on a Bun or Hot Dog on a Bun French Fries Roasted Fresh Green Beans Peaches</p>	<p>14 Walking Taco Black Beans Cheesy Rice Mexican Street Corn Fruit Cups</p>	<p>15 Pasta Primavera w/ Chicken Or Buttered Bow Ties Roasted Sweet Potatoes Broccoli Orange Wedges</p>	<p>16 BBQ Pulled Pork on a Bun or Cold Turkey & Cheese on a Bun Coleslaw Baked Cheetos Marinated Fresh Vegetables Apple Slices</p>	<p>17 Tony's Scratch Pizza Cheese or Surprise Garlic Toast Caesar Salad Mandarin Oranges Lunch Lady Brownies</p>
<p>20 Chicken Nuggets or Spicy Chicken Sandwich French Fries Mixed Vegetables Pears</p>	<p>21 Loaded Beef or Pulled Chicken Nachos w/ Cheese Sauce Southwestern Bean Dip Spanish Rice Mandarin Oranges</p>	<p>22 EARTH DAY! Grilled Cheese or Spinach Artichoke Grilled Cheese Italian Salad w/ tomatoes, Red Onion, Banana Peppers and Italian Vinaigrette Blueberry & Grape cups</p>	<p>23 Pasta Bar w/ Marinara, Alfredo, & Pesto Meatballs or Italian Chicken Garlic Breadsticks Roasted Broccoli Peppers & Onions Grapes</p>	<p>24 No School!</p>
<p>27 Cajun Chicken Sub Sandwich or BBQ Pork Patty on a Bun Seasoned French Fries Steamed Fresh Green Beans Mandarin Oranges</p>	<p>28 Shredded Beef & Rice Burritos or Cheese Quesadilla Black Bean & Corn Salad Tortilla Chips w/ Salsa Cups Apple Slices</p>	<p>29 HALF DAY! Middle School Cook Out! Hamburger or Hot Dog Assorted Chips Baby Carrots & Capri Sun</p>	<p>30 Build Your Own Burrito Bowl, Fajita Chicken or Carnitas, Cilantro Lime Rice, Queso Blanco, Pinto Beans w/ Salsa, Peppers & Onions Orange Wedges</p>	<p></p>