

Hello Families of Painted Hills Middle School:

We are adding some ways for you to keep informed of resources that are available to all families of PHMS. The first item here is how to get in touch with your child's counselor or prevention specialist along with their office hours.

*Estamos agregando algunas formas para que se mantenga informado de los recursos que están disponibles para todas las familias de PHMS. El primer detalle aquí es cómo ponerse en contacto con el consejero(a) o especialista en prevención de su hijo(a) junto con sus horarios de oficina.*

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Household Resources	Educational Tools	Emotional Resources
COVID-19 related resources PSUSD- <a href="https://docs.google.com/document/d/1ghPsRePitCHvRLYL_Ai3w3B1qW12eByX14dOYsL6c2YU/edit?usp=sharing">https://docs.google.com/document/d/1ghPsRePitCHvRLYL_Ai3w3B1qW12eByX14dOYsL6c2YU/edit?usp=sharing</a>	Kahn Academy <a href="https://keeplearning.khanacademy.org/">https://keeplearning.khanacademy.org/</a>	SEL Family Connections page: <a href="https://www.smores.com/k49c8">https://www.smores.com/k49c8</a> <a href="https://www.smores.com/6tepn">https://www.smores.com/6tepn</a>
Go to Basic needs support: <a href="https://iestudents.org/">https://iestudents.org/</a>	<a href="#">Working and Learning from Home During the COVID-19 Outbreak</a>	Centervention: <a href="https://www.centervention.com/social-skills-resources-for-parents/">https://www.centervention.com/social-skills-resources-for-parents/</a>
Community resources: <a href="https://cvhip.com/">https://cvhip.com/</a>	<a href="#">How Parents Can Help Their Kids While Managing Distance Learning</a>	Apps to combat stress <a href="https://www.weareteachers.com/stress-apps/">https://www.weareteachers.com/stress-apps/</a>
PSUSD Family Center services: <a href="https://www.smores.com/6tepn">https://www.smores.com/6tepn</a>	<a href="#">Common Sense Education</a>	Care Solace - <a href="http://www.caresolace.com">www.caresolace.com</a>
	50 best documentaries to watch as a family: <a href="https://www.weareteachers.com/documentaries-for-kids/">https://www.weareteachers.com/documentaries-for-kids/</a>	Family Connections Newsletter

Household Resources	Educational Tools	Emotional Resources
	<a href="#">Schoolphysics</a>	COVID 19 Newsletter: <a href="https://www.smores.com/6mwhp">https://www.smores.com/6mwhp</a>
	<a href="#">The Physics Classroom</a>	
	<a href="#">OWL // Purdue Writing Lab</a>	
	<a href="#">Free Online Math Courses</a>	
	<a href="#">Cool Math</a>	
	<a href="#">Free Math Help</a>	
	<a href="#">Math is Fun</a>	
	<a href="#">Math.com</a>	
	<a href="#">Fact Monster</a>	
	<a href="#">Fev Tutoring</a>	
	<a href="#">Online Math Help &amp; Learning Resources</a>	
	<a href="#">Learn To Be</a>	
	<a href="#">Hippocampus.org</a>	
	<a href="#">CliffNotes</a>	
	<a href="#">SparkNotes</a>	
	<a href="#">InfoPlease</a>	