

Eric - Random
Mandy - Baker
Taylor - Panhel
Charlotte - Panhel
Andrea - Panhel
Meghana - Next
Adrianna - SEnior
Paul - Burton
Mary - McCormick
Matthew - New
Trey - VP New
Kate - Simmons
Sonja - EC
Obasi - IFC
Sam - IFC
Daniel - IFC
Sydney - Maseeh
Alana - MacGregor
Shruti, Billy, Ryan, Sophia
Liana, Anish, Ben, Chloe, Allan, Laila, Jacqueline, Nathan, Andy, Phoebe, Colin

Shruti: "Welcome... document enumerates exact responsibilities of council. We see council as the congress, the legislative branch... there's an accountability that council should follow... and to make sure the UA executive board is accountable for finishing off their responsibilities... we protect student rights... if students weren't being treated fairly... then we together are here to protect students... also, for committee policies... there's 14 executive committees... the council will approve any additional policies, for example the Finboard legislator... council is the governing body that will look over those. Also, have a comprehensive understanding of student voice... in terms of what the UA is proposing as policies or events, we're looking at everyone in this room to really get feedback... and that's how we see council's role. Does anyone have any questions?"

"Hearing none, so last week, we talked about the charge of a committee that was brought to analyze student support resources... an ad-hoc committee, in hopes to become a institute committee... what's happened in the past few weeks is that we've really looked at all these, we've talked to UA student wellness of everything that has been proposed... we've gone to the heads of departments... we've talked to course 6 and course 1... we highlighted empathy from the faculty... especially concentrated on what advisor training could be done, and we got thoughts from the professors themselves and even professors talked about what their day-to-day schedules looked like. We talked about, specifically, an individual development program... so the NSF is the national science foundation, the NIH is the national institute of health... this program basically says, twice a year, this is regulation, you have to talk to your post-doc or graduate student about their larger career goals... instead of talking just about courses, you could perhaps develop and have a larger conversation... instead of just being a 10

minute conversation about courses... and the faculty really liked this... the faculty really liked this, because they said sometimes the interaction can be awkward too... for the bill of student rights, we also talked to the GSC, and that's on sexual assault. We're also looking at the COD policies... a complaint on hazing, and how that's being treated. So given the tragedy that we faced on Sunday, we wanted to talk about doing something together... because this is becoming... we're all doing something separately... and I think if we did something together, it would make a larger impact. I'm not sure exactly what we could do short-term and long-term. We met with class councils, we decided to all talk, because the class councils have interactions with students really one-on-one... we talked yesterday at 7 AM and we have a meeting. So, Liana and Anish, if you wanted to talk about what we discussed... this is really about being a unit."

Liana: "Hi everybody.... I'm the 2017 class president... we kind of discussed this unfortunate trend that happens... it's very circuitous when an event like this happens on campus... the resources are just shoved down a lot of people's throats... that's not doing the prevention of these cases... there have been no steps toward prevention on MIT's campus... we discussed handling these incidents, the ad-hoc committee, and what we as student leaders can do to ameliorate this on campus, as well as Active Minds, administration... it's very hard to come up with an idea to ameliorate student wellness and health... not a priority right now amongst administration... a lot of things affect a lot of students... we're still in the process of figuring out... as an entire cohesive unit, we're presenting this to the administration... so we highly encourage you guys to give any ideas... get a sense of how people feel about mental health and student services..."

Anish: "Just to add to that, the reason why we're here... is because you're representatives of the dorms... we didn't want to take any steps further before we got that input..."

Liana: "We just want to make sure this is a combined effort... we're a combined unit... we're all on the same page..."

Shruti: "I know Panhel, Taylor is doing STAR, for example... I feel like everyone's doing something related to student wellbeing... UA Student Support and Wellness is doing quite a bit... I was able to meet with Matthew's parents... and Matthew's parents leave Friday morning..."

Colin: "I'm Colin, I'm a freshman... yeah class of 2018 president."

Shruti: "So I think if we just start thinking... if we could all sign a card... to give to their arents before they leave Friday morning"

Sam: "I can imagine a card is initially a good way to show our support... we as a group, collective represent every group on campus... if there was something we could do... I know we can't have candles in front of our dorms... something to place in front of each of our dorms would be helpful... beside just a card that we give to the parents... somethign that shows to the entire community..."

Taylor: "i hate to be this person... and they told students to not do things like that because it encouraged copycats... my concern is in that if any way suicide is glorified it'll make it acceptable."

Adrianna: "Same thing happened at my high school, we've had 4 suicides in the first year and a half... and rather talking about mental health, they just talked about how pretty she was..."

something like the service that happened Tuesday at 6 is a great thing, and just be careful... not to glorify..."

Shruti: "I see where the sentiment was... saying that we're all connected."

Charlotte: "My main concern is that... there's very little we can do... I don't know what we're adding at this point... I'm not sure if that extra step is actually helping."

Shruti: "Maybe we should talk more about the root..."

Mandy: "I know that mental illness is very hard for many people to talk about... very easy for many people to say... look here, here are the resources... it would be very powerful to get people who were affected about it... it's very hard to share... that would be powerful.. showing people there is something to do about it... before it gets to the point where we have to say"

Sophia: "I'm trying to figure out why this bothered me so much, and I think it is because we are all student leaders... I thought after Phoebe we wouldn't have any more of this... it bothered me because we are suppose to protect, the reason I could get through was because I have so many friends... One of the greatest things we can do is share our stories... glorifying the fact that we are all strong people... instead of glorifying suicide... we have the technical copassiby to spread that knowledge... show people we have the ability to be strong (paraphrased)"

Shruti: "When I was thinking of this... everyone's taking jabs at this... and the Chancellor... it becomes really overwhelming for her... and say that the quality and quantity of student support resources is lacking, that's really powerful... students are afraid that if they go to mental health, they will be section twelved... which means that they might have to leave the institute... and bringing this up to the administration as one and saying it's an issue."

Sonja: "So, I was approached by one of my residents... and unfortunately, I didn't have enough time to follow up... and asked if there has been any sort of comprehensive student life, specifically mental health survey in recent memory similar to what we just had on sexual assault... the beauty of that survey asked very specific, very pointed things.. not just "have you been sexually assaulted"... a similar thing... "do you regularly experience times when you don't feel motivated to eat..." the quantities and kinds of mental health on campus... and determining what those barriers are... from people getting help... is a good way to start tackling this."

Shruti: "The 2013 student life survey... but it doesn't have these questions that could point to a mental illness..."

Trey: "I feel like if there was some sort of training or public document about how to recognize signs.... I feel like people are more comfortable talking to their friends or S^3 or something... that's exactly what Reif said.... and he said 'if we just knew what to look out for,' that would be really great."

Sonja: "I think that that's great in that suicide is terrible... but suicide is a very extreme mental health scenario, and while it is important to know the signs... I think it's even more important what signs of depression and anxiety and other mental health disorders so that people can start to get help... or their friends might realize that they need help... before we get to extreme cases... people often talk about depression in that people feel sad, or something like that... and having discussions about what depression looks like, can look like, when it's ok just to be sad and when it's time to reach out... I think that should be expanded into earlier onset situations."

Shruti: "I think we should also try to think... I'm also trying to think of root things, as well..."

Ben: "Um, so, first, I have a question... does this not already exist... my guess is that... there certainly exists resources on signs of depression... I would assume that there are some at MIT... I would hate for us to see to spend a bunch of time writing a document and it sitting on a shelf with a bunch of others... We should make sure people read it... my second point is that... I think there's also a concern here that... if you see something that's wrong with... if you're worried that your friend is depressed... what do you do about that? it's not clear there's a right answer. Do you talk to someone... your GRT or housemaster? Do you suggest they talk to MIT Mental Health? There are a bunch of questions that these raise about confidentiality... these are hard questions... but certainly worth considering."

Colin: "Alright, so I can't stay for too long... so different things people think about policy and interaction with counselors... so I'll just share them with you guys. So, some opinions about administration: a lot of people, when they go and think of administration, they feel as if they don't care what we think... and they ask, 'hey are you planning on doing anything to prevent these kinds of events from happening?' and they kind of have their doubts about it... and probably if you tell them, they won't do anything anyway and they won't listen to us... some people suggested that the only thing that will work, in this case, if we have any mass student protests... willing to go and make this issue apparent enough to be noticed... someone referenced the black lives matters protest, which was felt all around campus... **people told me that they went to try to receive counseling... and were told that there were no spots available in the next month... and referred to other spots in boston and told they were had to pay. one of my friends tried to take a leave of absence... went to mental health... but after IAP, when he wanted to take this leave, he was told that if he left he would have to reapply to MIT and possibly not get back in... and because of this fear of not getting back in... he's staying here even though he might be in a bad state.** one last thing, I guess I know that one thing that was created to monitor student life... the area directors... a lot of people have told me that they and their dorms are completely against them... they seem to be imposing more rules and restrictions to people than actually helping them than actually providing good."

Jacqueline: "I just want to say that, in addition to doing a lot of these trainings, we have to think long-term because this is something that happens over and over again... so I think that change long-term... how we change our community culture and how we interact with each other... I've heard stories of people coming here and then becoming depression and I think that comes from forming bad habits. If we're able to have more regular events or ways to show that we're here to support each other first... we're all students here but we're all a community first and foremost and showing that more consistently throughout the year.. and doing things that are annual or monthly would help a lot."

Shruti: "We are a community of student leaders, and I think echoing that would be really great... and when you said a lot of... admins aren't listening... and there's such a liability focus of administration... rather than looking at the essence of human interactions... the liability of going to mental health, even the quality of the resources that we have... you know, what will happen once you go... these things need to be clarified. I do think that if we are going to make a powerful stance, it has to be together. Is it a one-page document that says that we as students

believe that administration needs to focus on this and this....that's where I'm seeing... I'm seeing more and more hands, and we don't have more and more time."

Taylor: "One, I've spent the past couple of days talking to Dean Colombo and Chancellor Barnhardt. One, there haven't been any documented students that they can't be there for a month. Because quite honestly, secondhand stories don't help us at all... the Institute has to know about these things is actually a problem... In the worst case, students can wait for 2-3 weeks if they're not urgent. Mental health has been running extra hours. S^3 has been spending more time with students more than they usually do... so villainizing the admins and saying they don't care is not a good thing. Continuing forward though, the Institute policy is if you take a leave of absence for medical reasons you have to reapply to come in and that's for the safety of students. Last thing, is that mental health is not a result of bad habits..."

Colin: "If there's a misunderstanding, I'm saying that it's something shared by our class, and probably your class, as well."

Shruti: "... we're going to move onto the next topic."

Adrianna: "I want to discuss this until there is something we can do..."

Ben: "If the council votes to extend discussion... we're asking for another council meeting next week."

Ryan: "Let's go through all the points and then come back to discussion."

Shruti: "For the discussion... please wait until you're called on. So, we have a new election commissioner, and Billy will discuss exactly what happened. Grace Connors, she was on the election commission this past year... we all need to vote to approve her... this is an urgent matter that elections are happening in a few weeks."

Billy: "Just a little bit of context... our previous election commission chair unfortunately resigned last week... so getting petitions... so that's why we're having a rushed election process... and we do need to approve the election commission chair and the new timeline... you probably saw the email from Shruti on Sunday... and what we have in mind... all the candidates will turn in their petitions... and campaigning will start this Saturday for a week and a half... so that will be the week of the 16th... the voting period will be from Wednesday the 18th to Sunday the 23rd. It's not in line with what we had last year... and we will also vote on Grace Connors as the new commission chair... and at this point, she's the most knowledgeable person to run the election process...to make sure the follow-up will have enough time to run their campaign... any questions?"

Kate: "How does selecting a new election commissioner select a new one when it's not rushed."

Billy: "... so the outgoing president and vp select..."

Ryan: "Council approves it."

Sonja: "So we're voting to give our approval"

Kate: "So it's an appointment, not an election"

Billy: "So if you have any concerns, that's why we bring this up to you."

Ryan: "She served for two years, her name is Grace Connors."

15 - 0 - 0

Sonja: "So, this is the second appointment election thing that we have done now with no information about the candidates..."

Shruti: "What would you like to know more of?"

Kate: "Maybe a more open process..."

Adrianna: "If there's a second party being considered at all..."

Shruti: "So it's not an election, it's an appointment... so, you know, even if we interviewed candidates.. we don't have to say who is a candidate... we give them to council and if there's any questioning. But, I agree that perhaps in the future we discuss a little bit more about why the candidate is a good fit.. In Grace Connors case, she's been on the commission on two years, she's been on class council, she's a strong leader..."

Trey: "Does she know she's been selected?"

Ryan: "She's been serving as interim, for now, so she does know"

Shruti: "And she's been working with us on the new timeline... when our previous election commissioner resigned... that week was going to be the formal email, and we received the resignation very early that morning, too... and so it's been a bit of a scramble as a result. So we have a new election timeline that we have to approve, as well... so adequate time for a campaign is 2 weeks... however, if we give candidates two weeks... there's 5 days of voting, but 2 days of voting will happen the saturday and sunday right before spring break"

15 - 0 - 0

Ryan: "I propose we move back to the mental health discussion... and those requesting funding can wait a little longer..."

Shruti: "It's also 8:20... so if at 8:25.... they're here we should go back to funding. So on our continued discussion."

Sonja: "Before we start discussing... especially because we're just going to talk about it until we're satisfied... I would encourage us to come up with a deliverable at the end of the conversation."

Adrianna: "So, going off of what Sonja said... everyone needing to have the same opinion on things..."

Daniel: "We can't just say people need more resources... if we want to have a deliverable, we need to be very careful... we had a survey of a thousand students..."

Adrianna: "So, we should have a survey on how long people have to wait for mental health."

Shruti: "If they do track that data, they do have that information available... so I've asked for this data, and I don't know where exactly it's been collected.. and it would be very easy to collect that. Everyone..."

Meghana: "So there's two routes..."

(minutes have been moved to other document for deliverables)

....

Raichelle and Divya : "Hi we're the two event chairs..."

Raichelle: "So we're going to go over really quickly about the committee... our budget requests..."

Ryan: "So for this group in particular, it's a $\frac{2}{3}$ vote... it's an amending of the budget... \$5,000, but they want to do these extra events... and that's where you determine whether or not it's alright for them to spend... The last two groups are here for the discretionary, \$4000..."

Divya: "Something important... is most of our funding comes from the SAO... they give us the money to get the performer and not much else... and we're hoping to have an ambitious week... organized events... so campus can have a great time for this one week. We're really striving to increase campus unity, inclusion and recognition of student groups... we want to have events that are centered around them... we think Springfest is important for those three reasons... we hope to make every dollar meaningful for every undergrad..."

Raichelle: "One thing I want to mention.... after paying for the performer, we don't have any more outside funds... basically, without any funding.... none of these events will be happening except the concert... Max Brenner... Finale... we have those organized already with those vendors. We've done all of our research and we've already been in contact with the managers. We've gone to students to get their thoughts... we have a mix of off campus events, on campus events... the next thing is traditional, we always endorse Fierce Forever... a few other student groups... we have iFir and Save TFP carnival... then we have the Dandelion Project... UCB Comedy Show... Food Trucks/ICe Cream Competition/Tank TOp Handout Ticket Raffle... BurgerFest Prefest at Asgard... Miracle of Science... the concert... and then an afterparty at a nightclub or other location."

Paul: "I'm under the impression... you're asking for funding for the blue highlighted events..."

Raichelle: "Max Brenner and Finale, so after talking to these two vendors... to accommodate a total of 600 people for \$6500 dollars."

Alana: "that's also the same night as ring delivery"

Raichelle: "We've also taken that into account, that's the only available date... they can also go before or after ring delivery so the event spans a 3.5-4 hour slot."

Charlotte: "How's the sign-up process."

Divya: "We're going to go through AdmitONE and release a roster of events and then a ticket policy..."

Raichelle: "You will have to reserve first to come in at a certain time."

Sydney: "If you do AdmitONE and this is a free event, then everyone will sign-up and only half will show..."

Raichelle: "We'll come back... with feedback."

Divya: "So, after Fierce Forever, it's one of the largest drag shows that happen in the northeastern US, so directly afterward, we were hoping to hold a sushi study break with ORigaMIT, MIT Anime club in the student center."

Sam: "Have you done a survey?"

Raichelle: "We have been holding events since the fall and we've been talking to students since then... I've also been part of class council for two years in the past, so I have a general knowledge on student interest."

Divya: "We also collaborated with TEgan last semester..."

Paul: "How much was the sushi event?"

Divya: "\$3500..."

Raichelle: "The day of the concert... it's going to promote unity within different student groups... you can sign up as a team with your 8.01 class or your fraternity or sorority or other group... and the winning group we'll award them a prize of ice cream... to raise spirit and awareness... Next event is the PreFest burger fest... the cost of that is \$7500 dollars... to offer everyone the chance to get together and get ready for springfest together through burgers, fries, appetizers... a potential Springfest after party... the Middle East costs around \$6000... doing a sort of organized event, this allows for reduced risk with any other policies broken and considering past incidences with houses... a DJ competition, since we know that multiple fraternities have DJs, we could offer a prize... so in total, I just want to summarize... with all of these 5 events.. it's a cost of \$30,000... but if you consider about 4000 undergraduates, it's about \$7.50 per undergraduate for these 5 events on campus, of campus, and considering different student groups.. we've never seen this type of timeline before..."

Eric: "So we voted on a budget three weeks ago..."

Raichelle: "So this timeline normally doesn't happen with springfest. So these five events have not happened before with springfest in the past... we want to make it a bigger week."

Ryan: "They did send me a proposal a day or two before, but I had already sent it to you, so I didn't want to change it..."

Raichelle: "We wanted to make sure that all of our numbers were accurate... so it gave us more time to fine-tune everything."

Taylor: "I'm just confused.... \$30k is a lot of money for discretionary..."

Ryan: "It's a $\frac{2}{3}$ vote to rebudget."

Meghana: "SO you quoted it being \$7.50 per undergraduate... so how many people can each event support?"

Raichelle: "Each event can support from 600 - 800 students... but if you evaluate the past of every UA study break or event... you usually only have 400 students come..."

Paul: "How many is the occupancy for where you're having the concert?"

Divya: "It's Johnson, it's \$4000. Macklemore was sold out. Capital cities was 2,500. So, those were the last two years."

Raichelle: "For the concert itself, we've spent about \$113,000 dollars, for the concert itself, from SAO... so this is a small figure in comparison to what we've spent for the concert."

Chloe: "Have you looked into other events and how they might conflict with events you're having?"

Divya: "So I'm in charge of working with student groups... we've done our best to make the event roster is fluid... so nothing is really..."

Raichelle: "So we've also included iFair and saveTFP carnival."

Chloe: "so that's a pretty big event funded by DormCon... the carnival..."

Raichelle: "We can definitely put that too"

Divya: "We'll definitely reach out to them"

Sonja: "Do you expect this to become an annual cost?"

Raichelle: "So it's a question of sustainability, basically?"

Sonja: "I'm asking you if it's an annual thing, if you say yes, I'm going to ask the treasurer if it's sustainable..."

Raichelle: "So it's a vision that we had"

Sonja: "Do we think this is a sustainable thing? I realize it's not that much..."

Ryan: "So, basically... it wouldn't be sustainable if they held all the events every year... so something that can be done is, if there's a consistency, we can have the student life fee increased slightly... three years ago... so an event like this could become sustainable..."

Sam: "My question is, have you looked into places where you could cut down the \$30k to make it sustainable... so we don't have to spend large amounts from the surplus now."

Raichelle: "So we've looked at outside funding... to do our best to budget what we have based on SAO funding... we could cut events out but itself as a whole package..."

Divya: "I also think something that we're focusing on... getting people to sponsor springfest... and not to take so much money from our own budget... the events are not wasteful..."

0 - 2 - 11

Mandy: "I'm not sure we're completely opposed to the ideas and I think we're just opposed to spending the amount of money"

Raichelle: "I just want to say that it is 30,000 dollars... we spent \$10,000 on Lil' B last semester, which is a third of the cost... they need an extra outlet, a way to be unified... Springfest itself could just be a concert, but it could be so much more... but we spend so much more on small little things that add up... I did my best to reduce the cost... and the question of sustainability, after some time... we could get sponsors and eventually the events will be self-funded."

Shruti: "Also, to give you a root of where this is coming from... council is just reiterating that it should not just be one event, it should be one week... a lot of the council members graduated... even before them it was something reiterated to the UA several times... CPW is our one large week... together, and doing stuff... it really boosts campus morale... we thought this would be very important... that's why we had them look into and negotiate contracts."

Raichelle: "So think about how many study breaks we've had this year as the UA... so instead of doing a \$5000 study break every month, we're doing it during one time..."

Ryan: "We hope to have a meeting next week before elections... perhaps you could come back next week... and council would be okay with in seeing which events we could cut and keep"

Shruti: "Please reach out to Divya and Raichelle... we're going to move on..."

Mira: "Hi guys, I'm Mira... Colleges against cancer is a student group that runs relay for life, events all semester.. where cancer patients can stay.. so, this study break, we thought it would be really cool if students could go to restaurants and dine there, and we could collaborate with the restaurant to get 20% of the profits... we thought it would be great if it was a study break... if you had x amount of money to go to a restaurant with a group of friends to eat with their friends... students would get a subsidy to go dine in with a restaurant. Second option, would be a standard study break catered... somewhere between 15-20% straight to the society, more convenient for students, would be more convenient, on campus... So the budget for this, we were thinking is \$1000 would subsidize 200 students for \$5 each for option 1 and, because CAC hosts other events like relay for life, kickoff week, we've already tapped into LEF funding, Finboard funding, for all of those things... the student impact is that it helps build community at MIT, encourages students to go out to a restaurant... given a little push, it would help... relay for life is usually attended by 800 students on campus every year... all the teams fundraise and try to get money donated to the American Cancer Society so it does matter to students on campus

so the fact that a) students are benefitting from a nice meal and b) its' supporting a cause that MIT students care about..."

(some minutes were lost, but this passed 13 - 2 - 0)

Azaria: "... we've raised about \$15,000... and we've worked our way out of that... we still need to fundraise about \$3000 more to reach nationals... and the UA would match the amount of funding raised to a certain point..."

Kianna: "So that was a big setback for us."

Paul: "I move that we match up to \$1000"

13 - 1 -1

f

Matt: "So, I just wanted to clarify our abstention... New House passed a resolution last year that we abstain on all funding requests sent to council within 48 hours to the meeting... so New House will always abstain within 48 hours..."

Deliverables for Improving Mental Health at MIT

1. Write an opinion piece in the Tech highlighting our general concerns (the article also emailed out) at the Institute and the steps moving forward (from UA Officers, Exec-Wellness Committee, Council) [UA Officers will work with Wellness Committee and send out something within a week via email for feedback and revisions to be voted on at our next meeting; **send out a survey tonight for the best meeting time in the next week so that candidates can also present; would be helpful for the UA Wellness chairs to mention what they are already working on]**
 - a. Make wellness a priority
 - b. "We are concerned with the state of x" is a powerful statement
 - c. This is a way to get people that care to the groups that care (to make that connection, a "call to action")
2. Share student leader stories ("the most powerful thing that some of the strongest people I know went through really difficult times, those stories are what help other students... get students to realize it's okay to ask for that help") [**UA Student Wellness (they're already working on a blog for student experiences with Mental Health), bloggers!!, or a column on the Tech?**]
3. Send out a survey to evaluate wait times and people's experiences with the MIT health experiences (important to be **data-driven**) [**Wellness Committee/Email council TONIGHT asking people who would be interested in helping with this... have a council sub-committee centered on acquiring data for this]**
 - a. Perhaps in collaboration with the ad-hoc committee
 - b. Should avoid questions like "are you suffering from a mental illness," but rather "do you find yourself skipping meals..." etc (like the sexual assault survey)
 - c. Will better highlight the weak points in mental health resources at MIT and how we can improve them
 - d. Important to have them evaluated by a professional to make sure they're not biased
 - e. ****Establish** extended S^3 and Mental Health hours
 - f. ****Increasing** staffing and resources available at Mental Health

4. Establish being able to go to mental health in an anonymous manner, especially helpful for extreme cases to avoid forced mental leave
 - a. Might be a reason that you can't go anonymously. Used to have Nightline and it got leaked to the public and it started to be abused
 - b. Don't think it could be truly anonymous
 - c. NEED TO BE ABLE TO ESTABLISH THAT THE CALLER IS A STUDENT
 - d. In the process of establishing an *online service*, however, *hope to be launched soon*
5. Create wellness chairs in each dorm, to ensure we are addressing issues regarding mental health immediately and shortcomings within and specific to our committee and within the Institute as a whole [**Dorm presidents - reach out to MedLinks**]
 - a. IFC - working with MedLinks and the program as a whole to having wellness chairs
6. Establish office hours as a UA Exec/Council for discussion on anything, to put ourselves out there as people that others can talk to and approach [**In email to council, ask if they would prefer a separate time, and what time would work best, or if we could expand 7-9 PM to everyone**]
 - a. Billy and Shruti have office hours from 7-9 on Mondays, and everyone could come?
 - b. We could email out to the entire undergraduate body
7. Bring mental health liaisons and have office hours in dorms or just to present and answer questions for as long as demand is so high for speaking to mental health professionals
 - a. Hoping that if the UA brought it forward and the student body were behind it, mental health would be more receptive to this idea, they just immediately turned down the idea (could be in the article/email we write -- emphasizing that it has been helpful for other dorms)
 - b. Could bring them in to answer questions
 - c. May only be feasible with a private office in a dorm because of student preferences for confidentiality and discretion
 - d. [**Email Joanne asking her if she knows about research regarding effectivity of mental health professionals within dorms.**]
8. Support mental health short group meetings, perhaps sponsored with coffee [**Ryan's thinking more about this? in terms of budgeting**]
9. Push the evolution of the ad-hoc committee to a permanent committee [**Shruti and Billy will raise this at their next meeting with the committee**]
10. Clarifying the process of readmission, and how we can improve it [**UA Student Support and Wellness already have a specific subset of their committee that's examining this issue.**]
 - a. Form a student support group!
 - b. Administration is working on this right now
11. Collaborating on stress-related events (bringing in therapy dogs, etc.) [**Panhel is planning an event -- reach out to Taylor, Charlotte**]