



PE Activities to Get Your Body Moving

Click the Colored Link to Start

<p>LISTEN TO SOME PE SONGS</p>	<p>PE SONGS TO GET YOUR BODYING MOVING AND VOICES SINGING</p>
<p>COSMIC YOGA</p> 	<p>LISTEN TO A STORY AND DO SOME YOGA</p>
<p>GO NOODLE!</p> 	<p>RE-FOCUS YOUR BRAIN WITH SOME MINDFULNESS ACTIVITIES</p>