

Peter Pan Adventures at San Felasco

2025 Event Flyer

San Felasco Hammock Preserve State Park
13201 Progress Blvd., Alachua, FL 32615

[Click for directions](#)



** This Flyer is a live document & subject to change till the Wednesday before the event weekend.*

The Florida Interscholastic Cycling League (FICL) presents Peter Pan Adventures at San Felasco

TABLE OF CONTENTS		
Venue & Event Info Event History Venue History Venue Rules & Regulations Parking Infield Map Weekend Schedule Registration Camping Parking Emergency Action Plan Volunteering Event Supporters	Programs Girls Riding Together (GRiT) Teen Trail Corps (TTC) Adventure Ride Pit Zone Map Rules Guidance Pre-Ride Event Weekend Pre-Ride Ride Before Weekend	Racing Neutral Support Racing - Course Map - Race Schedule - Race Results - Staging Placement - Staging Process Food & Beverage Local Lodging Fun Riding Weather & Refunds Economic Impact

OTHER IMPORTANT RESOURCES

- [NICA Handbook](#)
- [Emergency Action Plan \(EAP\)](#)
- [Volunteer Sign Up](#)
- [Weekend Schedule](#)



Event history

San Felasco Hammock Preserve



Event weekend #4 finds us in Alachua, FL at San Felasco State Park. With nearly 40 miles of flowing single-track mountain bike trails that wind through numerous ecosystems in the Hammock Preserve, there is a little bit of something for everyone. This is one of Florida's truest traditional cross-country trails with double track roads, grass fields and plenty of single-track climbing with a handful of roots to keep you on your toes. Student-athletes will experience a fun but challenging course that starts off on a wide dirt road that transitions into a short section of single track that leads to an open field with grass. From here riders get back on the single-track trail which is filled with twisting turns and roots and eventually drops you back out into a grassy climb to the finish. Plan to spend the rest of your weekend riding the trails at this incredible destination mountain bike haven and we're sure you will see your fair share of wildlife!

Venue history

About the park

San Felasco Hammock Preserve State Park is well...awesome. The park offers plenty of outdoor adventures to hikers, horseback riders, nature lovers and mountain bikers. There are numerous limestone outcrops and extreme changes in elevation that provide ideal opportunities for many species of hardwood trees. Bobcats, white-tailed deer, gray foxes, turkeys and many species of songbirds inhabit the 18 natural communities found in the preserve. And of course, there is excellent mountain biking. On Friday, Saturday AND Sunday of the event weekend, trails will be open to the public so please be aware of other trail users if out exploring be aware, traffic flows both ways on all trails. On Sunday, the NICA course will be closed to the public and only FICL student-athletes should be on course during the race. Learn more about San Felasco [here](#).

OTB 101 & 201 Foundational Skills

These skills are recommended for review in the weeks leading up to the race to successfully complete the race course.

- *101 Shifting*: This course has some longer technical climbs followed by fun descents. Efficient shifting is a great way to conserve energy and ride faster.
- *201 Climbing dismount and restart*: Be prepared to come to a safe stop if needed on some of the technical climbs and then resume riding up the climb.

Venue Rules & Regs

It is your responsibility to understand rules related to the venue, event, and FICL competitions.

Penalties will be assessed to individuals and teams for breaking rules at FICL events. Penalties can include but are not limited to time penalties and event expulsion.

Inappropriate behavior will not be tolerated toward any volunteer, staff member, or other community member; such behavior results in immediate expulsion from the event.

Please familiarize yourself with the [NICA Handbook](#).

- **\$4 per vehicle;** Pay at the venue by scanning the QR code or [pay here](#)
- You are responsible for disposing of your trash. Please practice "leave no trace" while leaving the venue, please take your trash..
- Drone Policy (see [NICA Handbook](#)).

- The staging area is for riders and their coach, ONLY. Parents, spectators, teammates, and friends can head to the Start, Finish, and designated Fan Zones.
 - At the close of FICL activities each day, the Village, PitZone, Festival, Expo, Infield spaces and Course are off-limits.
 - Event staff and volunteers are not responsible for student-athletes outside of event weekend responsibilities.
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Parking

Please read the following parking information carefully!

- Vehicles must park in the designated areas identified with signs at the venue and as shown on the [venue map](#)
 - **There is a \$4 per vehicle fee per day. Please use either the honor box (correct change required) OR you can pay online for a single-use day pass.** Go [HERE](#) (the San Felasco Hammock Preserve website) and scroll down until you see the **Yellow Pay Online button** to purchase your day pass. This method will be quicker as well!
 - All vehicles must abide by the instructions of parking volunteers and/or league staff. Any violators risk imposition of penalties against their respective team
 - Handicap parking is available. Please ask the Parking Volunteer when you arrive.
 - **Vehicles with drop off pass must use the designated loading/unloading zone and immediately move to designated parking areas after unloading at the Pit Zone area. Only vehicles with drop off passes are allowed in the drop off area.**
 - No team trailers are allowed in the Pit Zone. After unloading, these will go into the parking areas
 - Only league staff vehicles are allowed in the Pit Zone. **Driving in the pit zone before, during, or after the race is a team penalty.**
 - Follow the directions of all on-site parking volunteers, staff and signs. Be Respectful.
 - Inappropriate behavior will not be tolerated and will result in immediate expulsion from the event.
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Infield Map

[Map](#) Please note that maps are always tentative and subject to change.

Weekend schedule

Please see the [Weekend Schedule](#) for full details of all event weekend activities.

Registration

No race registration is available at the venue. Head Coaches or Team Directors may visit Registration on Saturday beginning at 11am to pick up Feed Zone badges and any other registration matters.. During this busy time we ask that student-athletes and parents refrain from visiting the registration tent.

Camping

For those interested in camping check [HERE](#) for nearby campgrounds (most of these are for RV's) and [HERE](#) for nearby State Parks.

Volunteering

Volunteering is one of the best ways to get involved. Stay close to the action while helping to ensure the event is a success. Positions are available throughout the event weekend. Remember that you must sign up for your team to receive the volunteer points for end of year awards.

You do not have to be a coach to volunteer. There's a spot for everyone!

PLEASE REGISTER AS A VOLUNTEER!

[CLICK HERE TO SIGN UP!](#)

Not sure which position is right for you? Check out the descriptions and training videos [by clicking here](#).

Once you're signed up, fill out the [volunteer waiver](#), so you're ready to roll upon arrival!

Girls Riding Together (GRiT)

GRiT Tent !

- Come by the GRiT tent for some fun activities
- All student-athletes are invited

GRiT Ride

- Saturday @ 1:30PM - Meet at the GRiT Tent at 1:20PM
- Coach, student-athlete plates are required.
- Bring a bike, helmet, spare tube, and water.
- We'll pre ride the course at a conversational, party pace.

GRiT Tent Activities Include:

- 12:30 PM Bring Your Bike to College Talk at GRiT Tent
- GRiT Coaches Meeting at 1:15 PM
- GRiT Ride Saturday at 1:30 PM
- All tent activities are open to all

*See [Weekend Schedule](#) for details.



Adventure

- Grab your friends from your team or another team to form your RCR Team (Rubber Chicken Relay). Teams must be a mix of male and female riders, and must include at least one middle schooler, coaches are also welcome to participate. Then join us at the Finish Line at 4:30 PM on Saturday to learn all the details. Parents, grab those cowbells and come cheer everyone on.
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Pit Zone Drop Off & Pick Up

Pit Zone Drop Off

Saturday	11:00 AM - 5:00 PM
Sunday	7:30 AM - 8:30 AM

Pit Zone Pick Up

Sunday after *racing* concludes (anticipated 2:30 PM). Vehicles are not permitted in the Pit Zone, vehicles must use the designated drop off area.

Pit Zone Drop off/Pick up Rules & Regs

- Only vehicles with a Pit Zone Drop Off Access Pass will be allowed in the drop off areas.
- **Pit Zone drop off can only be accessed during designated times.** See the [Weekend Schedule](#) for details.
- NO parking in the Pit Zone or in drop-off lanes.
 - 1) Unload Pit Zone equipment.
 - 2) Move your vehicle to a parking spot.
 - 3) Return to the Pit Zone to set up your space

Pit Zone Map & Assignments

(assignments in progress)

Pit Zone Rules & Regs

- Have fun!
- Pit Zone areas will be pre-marked by team; larger teams get more space; associated teams will be adjacent to one another.
 - Pit Zone is open for loading/unloading Saturday: 11:00am. Look for signs!
 - No bike riding in Pit Zone - strictly enforced
- **HELMETS ARE REQUIRED FOR ALL RIDERS, COACHES, SPECTATORS, VOLUNTEERS and PARENTS AT ALL TIMES WHILE RIDING - this means during the races, pre-rides, warm-ups, and even casual riding at the race site. (once a leg is over the frame, a helmet should be on)**
- **Garbage expectations - pack in/pack out**
- No Gas Generators in the PitZone
- No inappropriate language allowed
- **Drone use is prohibited at this park!**
- Consider staying for awards to support your teammates
- Athletes only & ONE Coach per team in the staging area - Parents and Coaches should head to the race start spectating fan zone
- Teams are limited on the number of feeders allowed in the Feed Zone. Everyone must have a Feed Zone lanyard. Parents and coaches only, NO student-athletes.
- Teams must remove all garbage from Pit Zone areas whether or not a dumpster is on site
- No Smoking, vaping, tobacco, Alcohol, BBQ's or open flames in Pit Zone
- Conflicts and/or disputes should **not be dealt with in the team Pit Zone area**

- Any violation of the above rules may result in a team penalty and/or expulsion from the Pit Zone and infield area
WALK bikes in Pit Zone - absolutely NO riding.
 - Dogs are permitted at this venue and **must be on a leash no greater than 6ft long, and must remain 10ft away from the race course.**
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Event Weekend Pre-Ride Rules & Regs

- Pre-Ride is permitted on the event weekend during designated times. See the [Weekend Schedule](#).
 - Pre-ride is for registered racers and coaches, only.
 - Adventure and Try-it participants are not permitted to pre-ride the race course on the event weekend.
 - Facilitated Pre-Rides
 - Saturday @ 12:30 PM Coaches ONLY Pre-Ride
 - Saturday @ 1:30 PM GRiT Pre-Ride
 - Saturday @ 2:30 PM - 4:30 PM Pre-Ride Open to ALL registered Student-Athletes & Coaches with race plate on bike
 - Saturday @ 5:00 PM Pre-Ride is Closed - NO riders are allowed on course after pre-ride is closed. Riding the course outside of pre-ride times is a yellow-level penalty (Rule 2.23)
 - Sunday @ 7:30 AM ONLY after announcement is made / NO Pre-Ride can start after 8:00 AM
 - Coach or number plates must be attached to your bike during pre-ride.
 - Ride groups must maintain NICA ratios - students may NOT ride alone.
 - Pre-ride is for course preview, only, and should be ridden at a responsible pace. Pre-ride is NOT a hot lap.
 - Ride groups must proceed with caution and yield to event staff and other park users at all times.
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Pre-Ride Before Event Weekend

Riders and teams electing to pre-ride the course before the event weekend are subject to venue day-use and/or parking fees and are expected to get permission from managers before arrival.

As always, please use care while riding private and public trails as our representation greatly impacts FICL relationships with venues and their park users.

Racing

- There is NO on-site registration for racing.
- Race plate pick-up by Head Coach or Team Director at Registration.

Virtual Course Ride-Along *COMING SOON*

[Race Wave Schedule](#) *TENTATIVE*

[Course Map](#) *TENTATIVE*

Staging Placement

Riders are first sorted by the following criteria:

1. Category
2. Average speed from prior races
3. Randomized

Staging Process

Race plate numbers are assigned to match placement within a category. This is a mass start race of the season. See [race wave schedule](#) for start time and cut off times. Coaches will assist in getting riders outside the correct staging box using posted signs. Each group receives its own start time.

It is imperative that all riders follow the directions of the staging officials which may include instances where riders will be shifted from right/left and/or forward/back within the staging box.

If a rider is late to staging, they will be placed in the back of their group.

The staging officials will use the following process to line up riders:

- Start List Order (Coaches receive this document the week of race weekend)
- From front to back of the staging box
- From right to left of the staging box

Chip Timing Process

All riders will receive a permanent number plate with chip timing transponder on the backside. Riders will use the same plate for the entire race series, so please remove this number plate before mounting the bike for transport to prevent loss. **Replacement number plates will be available at the registration tent for \$25.** If you find your original plate after receiving a replacement **DO NOT** use the original without checking in with registration first.

Coach Meeting

A **mandatory head coaches meeting** will be held at **8:30am on Sunday**. Each team must have ONE representative present at the meeting.

Protest Process

Protest forms will be available at the Registration Tent. They may be filled out by the Head Coach or Team Director and submitted to registration prior to the close of the protest period. **Protest forms submitted without the name of the HC or TD will not be investigated.** We are going to try to have live race results online [HERE](#). These results are NOT official, please do not submit protests on unofficial results.

For rules on racing including Staging, Feed Zone, Penalties, etc., please familiarize yourself with the [NICA Handbook](#).

Neutral Support

TBD

Food & Beverage

Zen & Ginger (Saturday only)
Sweet Meat
Radha's Kitchen
Tropical Sno

Local Lodging

Hotels are located within 10-20 minutes away from this location as well as in Gainesville just a little further away. Check out your options [HERE](#). For those interested in camping check [HERE](#) for nearby campgrounds (most of these are for RV's) and [HERE](#) for nearby State Parks.

Local Fun

There's lots to do in Alachua County and the surrounding areas near San Felasco Hammock State Park. Alachua County is known as the home of Gainesville and The University of Florida. Go Gators! There are 7 state parks and many small towns. It's where nature and culture meet! Go [HERE](#) for more ideas on some weekend adventures when you are not racing.

Local Riding

If you and your family are itching to see even more trails than what our race course has to offer, San Felasco has over 40 miles of trails to explore! Check out the [Friends of San Felasco](#) page for more information.

When visiting and riding in local parks, please be kind, respectful, courteous and maintain proper trail etiquette. Spring in Florida is beautiful and some smaller parking areas get busy on the weekends and early evenings.

- Please be prepared to park at alternate locations or trailheads.
 - Please do not park in fields or grass or in undesignated areas.
 - Most of these parks have day-use parking fees.
 - Have fun, be safe and enjoy!
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Emergency Action Plan (EAP)

[Emergency Action Plan](#)

Weather & Refund Policy

[2025 Weather and Refund Policies](#)

Economic Impact



The EIS is extremely important for the league to be able to negotiate better rates and support from local governments. Please complete the survey for every race you attend.

[Economic Impact Survey](#)

Event Supporters

FICL events are made possible by our event partners, sponsors and supporters. Check them out and connect with them on-site!

Contacts

General League Questions: **Jason Miller, League Director**, jason@floridamtb.org

Event Specific Questions: **Jackie Morrison, Race Director**, jackie@floridamtb.org

Rule Specific Questions: **Jason Miller, League Director**, jason@floridamtb.org

Registration Specific Questions: **John Grizzard, Registration Manager**, john@floridamtb.org

Note that most staff arrive at the venue Friday of each race weekend and may not have sufficient cell/data coverage to respond to calls/emails. Please plan accordingly.