

Triennial Assessment Tool

Every three years or more often if the SFA desires, the LEA must conduct an assessment of the wellness policy that is made available to the public. The evaluation must address:

- Compliance with the district policy
- The extent to which the local wellness policy compares to the model local school wellness policy
- Progress made in attaining the goals of the wellness policy

Date of Assessment: May 18, 2023		Name of School District: Trion City Schools		Number of Schools in District: 3 Elementary, Middle, High School	
Nutrition Education Goal(s):		Goal Status (select one):	Number of Compliant Schools:	Notes:	
1. Students should receive basic nutrition education.		Completed	All	Nutrition is a component of all PE and Health Classes.	
2. Students, faculty, and staff are made aware of information about Smart Snacks at least once in each school year		Completed		Smart Snack Calculator posted to school website	
3.		Choose an item.			
4.		Choose an item.			
5.		Choose an item.			
Nutrition Promotion Goal(s):		Goal Status (select one):	Number of Compliant Schools:	Notes:	
1. Healthy food choices and meal patterns		Completed	All	Signage in cafeteria and on serving lines promotes the best choices.	
2. School menus and food served are made public at least monthly.		Completed	All	School website and social media platforms display lunch and breakfast menus monthly.	
3. Medical and dental insurance with free screenings for staff.		Completed	All	Staff with insurance have access to free annual screenings, preventative care and coaching calls & monthly "be well" challenges	
4. Wellness Policy posted and available for the stakeholders		Completed	All	Posted to Facebook page and school website.	
5.		Choose an item.			

Physical Activity Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. Students have a celebratory event to promote physical activity annually	Completed	Elementary/Middle	The elementary students have field day where outdoor, physical activities are promoted. Middle School had game day
2. Elementary and Middle school students can participate in afterschool care	Completed	Elementary/Middle	Students have physical play time during afterschool care. Outside –weather permitting
3. Recess/break with physical activity	Completed	All	Daily trips to playground for elementary and break area for middle where they are allowed game time.
4. Sports offered for all students	Completed	All	Various sports are offered at different physical skill levels.
5.	Choose an item.		

Other School-Based Activities that Promote Student Wellness Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. All staff, students, and faculty encouraged to stay hydrated.	Completed	All	Water dispensers and cups available throughout the school buildings and cafeteria. Everyone allowed to also bring their own water bottles.
2. Counseling available to all students	Completed	All	Counselor on duty every day for each school so that students have resource for mental and emotional health.
3. Wellness Committee meets at least 4 times per year	Partially Completed		Work to improve goals of wellness policy and implement plans
4. School nurse available	Completed	All	School nurse onsite available to all students and staff. Offers care and suggestions on wellness.
5.	Choose an item.		
Nutrition Guidelines for All Foods and Beverages Sold to Students	Status (select one):	Number of Compliant Schools:	Notes:

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1. Reimbursable meals, which meet or exceed the nutritional standards required by the State and the National School Lunch and Breakfast programs, are available every day to all students.	Completed	All	
2. All foods and beverages sold on campus meet Smart Snack Guidelines	Completed	All	Smart snack calculator to be used to insure all snacks are within guidelines.
3. Beverages sold to students meet requirements	Completed	All	Reference wellness policy for guidelines for each grade.
4.	Choose an item.		
5.	Choose an item.		
Nutrition Guidelines for All Foods and Beverages Not Sold to Students <i>(i.e., classroom parties, foods given as reward).</i>	Status (select one):	Number of Compliant Schools:	Notes:
1. All principals instruct teachers about nutrition guidelines for foods served during parties or as rewards.	Completed	All	
2.	Choose an item.		
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		
Policies for Food and Beverage Marketing	Status (select one):	Number of Compliant Schools:	Notes:
1. All schools follow nutrition guidelines and fundraising limits for foods and beverages marketed to students and families	Completed	All	Encourage non food sale items as fund raisers And do not sell during reimbursable meal service times. Fund raiser tracking log utilized by Nutrition Director.
2.	Choose an item.		
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		

Wellness Policy Leadership <i>Name of school official(s) who are responsible to ensure compliance.</i>	Title and School	Notes:
1. Ericka Young	Nutrition Manager	
2. Beth Pelham	Elementary Principal	
3. Jason Pelham	Elementary Principal	
4. Bryan Edge	High School Principal	
5.		
Wellness Committee Involvement <i>List of committee members names</i>	Title and Organization	Notes:
1. Jan Prince	Nutrition Staff	
2. Kelsey Brown	Admin. Assistant	
3. Charleigh Crider	student	
4. Erin Tucker	community	
5. Angie Thomas	Parent Coordinator	

Key	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal