

30th Annual Girls Cougar Twilight Invitational

Hosted by: Conant High School – Charles Fuetz Field

May 2, 2025

Departure Procedures

F/S at South Campus - Early Dismissal at 2:00pm; Bus Pick Up at 2:15pm Front Door

Jr/Sr at Central Campus - Early Dismissal at 2:15pm ; Bus Pick Up at 2:30 pm by the Trophy Cases

Teams Competing: Barrington, Bartlett, Belvidere North, Buffalo Grove, Conant, Crystal Lake Central, Fremd, Glenbrook North, Hoffman Estates, Joliet West, Maine East, Minooka, Rockford Auburn, Taft, and Wheeling.

SCORING: Relays: 10 - 8 - 7 - 6 - 5 - 4 Class A: 10 - 8 - 7 - 6 - 5 - 4
Class B: 8 - 6 - 5 - 4 - 3 - 2 Class C: 6 - 5 - 4 - 3 - 2 - 1

A team trophy will be awarded to the top scoring team and individual medals will be given to the top three places for each class event.

SCHEDULE OF EVENTS:

5:00pm Field Events (4 attempts – no finals)

Jumps

High Jump/Pole Vault: **Starting Height TBD at coaches meeting**

High Jump: Class **A**, then Class **B**, followed by Class **C**

Pole Vault: **A** goes first. We will run **B** and **C** together, allowing warm-up

Long Jump: Class **A**, Class **B**, Class **C** (50 min each class, cafeteria style)

Triple Jump: Class **C**, Class **A**, Class **B** (50 min each class, cafeteria style)

(Long Jump and Triple Jump will be run at the same time on two boards)

Throws

5:00pm-Throwing Events Begin

Discus: Class **A**, then Class **B**, followed by Class **C**

Shot Put: Class **B**, Class **C**, Class **A**

5:40 Playing of the National Anthem

Field Events 5:00 pm	Order	Class C	Class B	Class A
Discus	A,B,C	Yarbrough	Martin	Jegade
Shot Put	B,C,A	Ramirez	Yarbrough	Jegade
High Jump	A,B,C	Rodriguez	DeGroot	Wikoff
Long Jump	B,A,C	Genens	Thomas	Byrer
Triple Jump	C,B,A	Vertin	Bishop	Borjon
Pole Vault	A, B & C	Undesser	McCollom	Werve
Running Events 5:45	# of Sect.	Class C	Class B	Class A
4 X 800 Relay	1 Section			Getsoian, RodelyK, Stukel, Jorge
4 X 100 Relay	2 Sections			Carlos, Michalesko, Moxley, Egwunwoke
3200m Run	3 Sections	Brushaber	Torres	Kleckauskas
100m Hurdles	6 Sections	Dyxin	Kaney	Caldwell
100m Dash	6 Sections	Davis	Leathers	Egwunwoke
800m Run	3 Sections	Andrews	Getsoian	Joachim
4 X 200 Relay	2 Sections			Carlos, Michalesko, Moxley, Egwunwoke
400m Dash	6 Sections	Thomas	RodelyC	Nahs
300m Hurdles	6 Sections	Musser	Cazares	Caldwell
1600m Run	3 Sections	Hulick	Gummerson	Ledesma
200m Dash	6 Sections	Stanojlovic	Leathers	Michalesko
4 X 400 Relay	2 Sections			RodelyC, Moxley, Joachim, Nahs