	Title of Module/Course on Sports Massage and Physical Rehabilitation				
Module/Course Title (if used)	**Student Workload** 14 x (3 credits times (50 + 60 +50) minutes)	**Credits (**ECTS**)** 3 credits x 1.59	**Semester** 5th Semester	**Frequency 14**	**Duration** 1 semester(s)

1	**Course Type** a) Lectures	**Contact Hours** 14 x 3 credits x 50 minutes	**Structured assignments** 14 x 3 credits x 60 minutes	**Independent study** 14 x 3 credits x 60 minutes	**Class Size** 40 students
2	**Prerequisites for Participation (if applicable)** Minimum Grade C in Sport Massage and Physical Rehabilitation				
3	**CourseLearning Outcomes** 1. Able to master the theoretical concepts of Sports Massage and Physical Rehabilitation 2. Able to understand theoretical concepts of Sports Massage and Physical Rehabilitation and practice 3. Able to apply and practice according to theory of Sports Massage and Physical Rehabilitation 4. Able to be responsible individually and in groups in applying the theory of Sports Massage and Physical Rehabilitation.				
4	**Target Subject / content** This course discusses the basics of Sports Massage and Physical Rehabilitation, the principles of handling in Sports Massage and Physical Rehabilitation, tools used in the recovery of Sports Massage and Physical Rehabilitation, exercise therapy for sports injuries, the basic program of Sports Massage and Rehabilitation Physical to sports activities, through lectures and discussions				
5	**Teaching Methods** Scientific comprehension, scientific recollection, rememorization, humanistic performance				
6	**Assessment Methods** Students are considered competent and graduate if they at least get a minimum exam score of 68 consisting of UTS, US, structured activities (assignments/T) and participation activities (P).. The final value (NA) is calculated according to the formula: $NA = \frac{(2xP)+(3xT)+(2xUTS)+(3xUS)}{10}$ Convert the scale value of 0 -100 to a scale of 0-4 and the letters are set as follows.				

Letter	Numbers	Interval
A	4.00	85 A <100
A-	3.75	80 A- < 85
B+	3.50	75 B+ <80
B	3.00	70 B < 75
B-	2.75	65 B- < 70
C+	2.50	60 C+ < 65
C	2.00	55 C < 60

	D	1.00	40 D < 55	
	E	0.00	0 E < 40	
7	**This module is used in thestudy program in** S-1Coaching Education Sports			
8	**Responsibilities formodules/courses** Mandatory			
9	**Other Information** 1. Ardhi Mardianto Indra P. (2015). *Benefits of Swedish Massage for Fatigue Recovery in Athletes.* Effector's Journal 27, 1-11. 2. Bambang Trisno Wiyoto. 2011. Remedial Massage: A Guide to Healing Massage for Physiotherapists, Practitioners, and Instructors: Yogyakarta : Muha Medika. 3. Bambang Wijanarko et al. (2010). Sport Massage Theory and Practice : Surakarta : Yuma Pusaka. Becker, 2007. 4. Tommy Fondy. (2016). Sport Massage Practical Guide Caring for and Repositioning Body Injury : Jakarta : PT Gramedia Pustaka Utama Member of IKAPI.			