

Bay of Quinte Invitational

Boys' Event Entry Sheet

Please fill in and email the sheet (tigger1967@sympatico.ca) to Brian Poste before 3PM on Monday, May 5th. Full entries will be posted to the website www.bqtrack.ca by Tuesday morning. Please check and confirm all entries. Due to the short turn around time, I will be running heat sheets off on Wednesday afternoon. Additions on the day of the event, are subject to availability. If you have any questions, please let me know (Cell: 613-334-9699). **Please provide a seed time for all races to ensure we have appropriate heats set up. If no seed time is entered, the athlete will be placed in the slow heat.**

Limits

Limit of 3 individual events per athlete.

Limit of 3 entries per school.

Thanks - Brian Poste - Entry Convenor

Novice Boys		Junior Boys		Senior Boys		Para	
100m	2	100m	34	100m	66	Ambulatory 100m	102
400m	6	400m	38	400m	70	Intellectual 100m	104
800 m	8	800m	40	800m	72		
1500m	10	1500m	42	1500m	74	Ambulatory 800m	106
100m Hurdles	14	110m Hurdles	46	110m Hurdles	78	Intellectual 800m	108
300m Hurdles	16	300m Hurdles	48	400m Hurdles	80		
High Jump	18	High Jump	50	High Jump	82	Ambulatory Shot Put	110
Pole Vault	20	Pole Vault	52	Pole Vault	84	Intellectual Shot Put	112
Long Jump	22	Long Jump	54	Long Jump	86		
Triple Jump	24	Triple Jump	56	Triple Jump	88		
Shot Put	26	Shot Put	58	Shot Put	90		
Javelin	30	Javelin	62	Javelin	94		
Discus	28	Discus	60	Discus	92		
				Steeplechase	98		

Boys' Entry Form

School - _____

Coach - _____

Email (one that you check!!) - _____

NOTE - PLEASE USE EVENT NUMBER AND NOT EVENT NAME, IT IS EASIER TO ENTER THAT WAY.

[illegible]

NOTE - Relay athletes do not have to be named here. Relay entries are on a separate sheet.