



STANDARDS and OUTCOMES

LAST UPDATED 8.27.25

CSDE Healthy and Balanced Living Framework (2022): Healthy and Balanced Living Curriculum Framework | Connecticut State Department of Education

SHAPE America: Physical Education (2024): SHAPE America's National Standards & Grade-Level Outcomes for K-12 Physical Education define what a student should know and be able to do as result of a highly effective physical education program

SHAPE America: School Health Education (2024): SHAPE America supports the National Health Education standards, PreK-12 and supports health educators with tools and information to establish, promote, and support health-enhancing behaviors in schools