

哽塞

場景:返學路上

志明:(一路跑一路食包)死啦!仲有五分鐘就遲到喇!早餐又食唔切。

偉俊:(跑)喂!志明!你又係起身遲咗呀?

志明:(一路跑一路食包)係呀!

偉俊:跑住食嘢你唔驚哽親咩?

(志明突然停下,面色慢慢變紅,呼吸困難)

偉俊:(停下)做咩呀?

(志明眼神驚慌地望住偉俊,一句話都講唔出)

偉俊:(驚訝)你唔係真係哽親呀嘛?

(志明俾唔到回應)

偉俊:自己咳唔咳到出嚟呀?

(志明嘗試咳但唔成功。)

偉俊:唔使驚,我試下幫你。

(偉俊企喺志明身後,雙手橫抱志明腰部,志明腰部向前彎曲,一個拳頭放喺肚上半部,胸骨以下位置,另一隻手包住拳頭)

偉俊:我數一、二、三,你試下用力咳。一、二、三!

(志明咳嘅同時,偉俊用力向內並向上壓志明腹部)

偉俊:再嚟!一、二、三!

(志明咳嘅同時,偉俊用力向內並向上壓志明腹部)

(麵包從志明口中吐出,志明大力啞氣)

志明:.....唔該晒.....頭先啲唔到氣,爭啲暈低.....

偉俊:今次知味道啦,之後唔好再跑住食嘢喇。

偉俊:人哽親嘅時候,會講唔到嘢,呼吸困難,大力咳或者咳唔到,面色通紅,慢慢皮膚、嘴唇變紫,亦可能會失去意識。幫助哽親嘅人時,急救者要企喺哽親嘅人身後,雙手橫抱佢腰部,哽親嘅人腰部向前彎曲,急救者一個拳頭放喺肚上半部,胸骨以下位置,另

一隻手包住拳頭，哽親嘅人咳嘅同時，急救者用力向內並向上壓佢腹部，直至卡喺喉嚨嘅物件吐出。如果唔成功，就要儘快打999送院求助。

00017:《哽塞》FIRST AID- Choking

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MUSIC: Wind Riders - Asher Fulero

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