DISCIPLESHIP WORKSHEET
Ephesians 1 • Rich Man – Poor Man
Our Privileges in Christ • Ephesians 1:1–14

Read Ephesians 1:1–14. Keep your Bible open as you work. Use the verses beside each question to find your answers. Discuss anything unclear with your discipleship partner.

PART 1 – KNOWLEDGE

1. God blesses and chooses us • Read verses 3–4

What kind of blessings has God given us (v. 3)? _____

When did God choose us in Christ (v. 4)? _____

What does verse 4 say He chose us to be? _____

2. God welcomes us into His family • Read verses 5–6

What family relationship does God give us through Jesus (v. 5)? _____

Read verses 4–5 together. What purposes does Paul give for God choosing and adopting us?

_____

What does verse 6 say God has freely given us? How does Paul respond to it?

_____

3. God redeems and forgives us • Read verses 7–8

List the two things Paul says we have in Christ in verse 7. _____

According to verse 7, what connects redemption and forgiveness to God's grace?

_____

Read verses 7–8 together. Which words describe the way God gives His grace?

_____

4. God gives His Spirit • Read verses 13–14

What message did these people hear before believing in Christ (v. 13)?

_____

Who marked them as belonging to God when they believed (v. 13)? _____

Follow the sequence in verses 13–14: What did they hear? How did they respond? What did God give them? _____

PART 2 – CONVICTIONS

1. What usually shapes how I see myself?

☐ what I own ☐ what others think ☐ past failures ☐ what God says about me

Read verses 4–5 again. What has God done for those in Christ? How does that help you think about your own worth?

_____

2. What helps me when I feel guilty?

Read verse 7 again. What does God give us in Christ concerning our sins?

_____

How could remembering this help you bring a sin honestly to God?

_____

3. What stood out to me?

Which blessing in this passage is new to you or especially encouraging? Explain why.

_____

PART 3 – PRACTICES

1. Read and remember

Reread Ephesians 1:1–14 this week.

Choose one verse that helped you and explain it to your partner.

Memorize Ephesians 1:3.

My chosen verse: _____ What it tells me about God: _____

_____

2. Take one practical step

☐ Thank God when I start comparing myself with others.

☐ Confess a sin to God, remembering the forgiveness described in verse 7.

☐ Encourage someone by sharing one blessing and the verse that describes it.

What I will do and when: _____

PART 4 – RICH MAN OR POOR MAN?

Return to verse 3. What kind of blessings does Paul praise God for?

_____

Looking at the rest of the passage, which of these depend on having money?

_____

Which attitude do I recognize this week?

☐ I focus mainly on what I lack.

☐ I am learning to thank God for what He gives in Christ.

Name one blessing you can thank God for even on a difficult day. Give its verse.

_____